

# *Upton St Leonards Life* *incorporating Church News*

Issue 109

September 2023



**Don't miss our next Village Show on Sat 9th September**

The photos below are from last year. See Page 19 for final details/request for help



**Upton Church needs our help!! - See page 2 for details**

# Let's Raise The Roof

## UPTON ST LEONARDS VILLAGE CHURCH NEEDS OUR HELP –

We are all well aware our church is in dire need of a new roof; it is leaking badly and the wet weather isn't helping. The cost of urgent repair is at least £350K if not more.

We may think that a problem regarding the church isn't our concern as there are a lot of us in the village who don't consider themselves "church goers" but the majority of us have used and will expect to use the church in the future.

Our church is used for a multitude of different things – the main one of course, is enabling regular church goers to enjoy their faith along with other like-minded people but as a community, we also expect to use it for happy events such as christenings and weddings and sad events such as funerals, burials and laying of ashes.

If our church were to close, which is a possibility if the money cannot be found for repairs, where in our village would we christen our children, see them get married, renew our wedding vows or say good bye to our loved relatives or friends and maybe have them buried in the graveyard or lay their ashes or place flowers in remembrance?

The church bells would no longer sound throughout the village to commemorate special events like the late Queen's Jubilees and the King's coronation and the Church Tower wouldn't be available to light up for personal anniversaries, in remembrance of our own people loved and lost but always in our hearts.

The church alone cannot meet the repair costs. Match funding and other external funding is being sought but we need to demonstrate our determination by raising a large amount in the first instance.

Fundraising for £350K plus is a daunting task and we need help. Is here anyone out there with experience of fund raising who is willing to give of their time and knowledge? Does anyone have any ideas for fund raising events and willing to help organise them? If you do think you could help then please contact our churchwarden, Gill Howell Tel: 07896 646119.

Our fund raising started off a few weeks ago with a music event in the church. Our next event is our Open Day, Flower Festival and Church Fete at the Church on the 2<sup>nd</sup> September. Please do come to support our fund raising efforts and also to view the church refurbishment plans. Another opportunity to do the same is at the Harvest Festival service on the 3<sup>rd</sup> September and also during the afternoon of the Upton Show on the 9<sup>th</sup> September.

As part of our fund-raising efforts, we are organising an envelope (see below) to be delivered to every house in the village asking for donations towards the church roof appeal, any amount would be gratefully received. A gift aid envelope is also included. The envelope will be landing on your doormat at the end of August. Please consider carefully whether you are able to give a donation – small or large it all helps, but in all honesty the larger the better. **"LET'S RAISE THE ROOF" as a community to save our village church and benefit us all.**

### Did you know YOUR Village Church needs YOU?



The Roof **MUST** be repaired

#### Ways you can donate

At the Church Open Day 2<sup>nd</sup> September 11- 4pm

OR

Please use this envelope for Cheque/Cash

(we can collect)

Or Bank Transfer (using **ROOF** as reference)

Any queries contact Churchwarden Gill Howell

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# What's Been Happening in Upton?

## News from the Stanley Allotments

What a growing season we have had – full of challenges. A late Spring meant a late start for us, but we managed sowing and planting during April and May. Then came HOT, DRY June! “Oh no we thought, not another year of constant watering”. Never mind – we just got on with watering seedlings and plants and gathered a good crop of rhubarb. Then July hit us with what seemed like non-stop rain! OK – so no need to water, but didn't the weeds enjoy themselves?! Do we weed or do we harvest our crops? Soft fruit grew well and the blackbirds enjoyed themselves, but left us some. We lifted early potatoes and had a reasonably good crop. Salad and roots are doing well, so are the slugs and snails!

Several plot holders are growing flowers and they are blooming beautifully. August has brought us mixed weather, but we're hoping the warmer temperatures will spur the squashes, pumpkins, beans and tomatoes into action. We're keeping an eye out for the dreaded blight, especially as it thrives in warm, wet weather.

Now September is here we are busy getting ready for the Village Show with lots of fantastic produce to exhibit.



If you feel like having a challenge next year there may be a few plots available, so get your name on the list with the Parish Clerk and you could be joining this wonderful Community at the Stanley Allotments. You can contact Roy Balgobin as follows -

uslclerk@btinternet.com or

mob: 07977 560114

**Peter Macey, Site Manager**

## Summer Skittle Competition@ the BMI

The BMI summer skittles finished on Thursday 3rd August. This friendly competition takes place each year for approximately 7 weeks. This year there were 12 teams, divided into 2 groups with the first games beginning on 19<sup>th</sup> June.

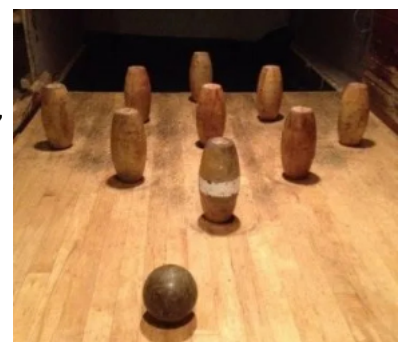
The semi- finals took place on Tuesday 1st August between Scotties Lot and Ten Pin Bowling, and Lumberjacks and Lousey Losers. The scores were pretty even in both semi-finals, but Scotties Lot and Lumberjacks eventually won their games.

The final took place between Scotties Lot and Lumberjacks on Thursday 3<sup>rd</sup> August. Scotties Lot were the winners on the night but only by a small margin of 2 pins. The runners up were given a medal each and the winners given shields. The highest score for women was won by Pauline Morgan of Lumberjacks.

There was a 3 man tie for the highest men's score of 65, between Les Colman, Steve Locke and Don Robins. The winner was decided by a bowl off, with Steve Locke obtaining the highest score.

Pat Brown presented the winning team with the “Knuckles Cup” in memory of her late husband Terry.

The evening finished with some light refreshments prepared by Lorraine.



# What's Been Happening in Upton?

## USL Ladies Probus Club

Our July meeting was a trip to the Gardens Gallery, Montpellier Cheltenham. The exhibition at the Gallery was entitled 'So much Beauty' & featured photographs by Martin Fry. Anyone who missed this outing can buy Martin's photographs at the Candle Box near Gloucester Cathedral - or wait until our September meeting.

Those few members who stayed on in the BMI enjoyed a discussion of various current affairs hitting the headlines.

August's meeting had our own member Sue Wilson giving us a talk entitled 'Behind the microphone...Life as a BBC broadcaster'.

In September, Martin Fry will return with another of his beautiful slide shows of his photographs accompanied by hauntingly appropriate music. It will be another chance to buy more of Martin's lovely photographs!

Please come & join us in the BMI from 10am on Wednesday September 20th.

## Upton History Group

Mike Stratford receives an engraved tankard from the Village History Group as thanks for 13 years as Chairman. During this time he has only missed 2 meetings and organised many exhibitions.



The group was started 25 years ago on 21st September 1999 by Ken Herbert and David Chave.

There will be a celebratory social evening on 16th November 2023 – watch this space.

The group's 2023 season kicks off on 21st September with a talk on the renowned local company of HH Martyn and their links to the Titanic, Mosquito aircraft and Horsa glider.

## TWYVER WI MEETING 14<sup>TH</sup> AUGUST 2023

We would normally have had a summer hiatus but due to the Coronation and Easter falling so close together we had no meeting in April, so for August this year we decided to meet up at the Village Hall for something a bit different. We all arrived looking forward to the evening of a programme of fun and food.

A questionnaire treasure trail around the village was organised followed by Pimms and a food sharing supper brought by members for our get together.

We kept our fingers crossed and were blessed with a balmy evening, the contingency plan being an indoor quiz should the weather fail. Groups set off with questions in hand and pens poised and just over an hour later we arrived back at the hall to be greeted by a wonderful spread laid out for us by our committee and volunteers. The winners were announced – Joint First place went to 3J's and a T and The Three Musketeers. Well done to all those who took part.

We all learned a little bit more about our village history, had great food and company. Thank you to Millie and all the team who organised this great evening.

Our next meeting is 11 September, all welcome. Next month's speaker is Kirsty Bingham, Midwife, Herbalist, Surgeon discussing Witch, Women and medicine in Tudor England.

Linda Munnoch



# What's Coming Up in Upton? - cont'd

**Saturday 16<sup>th</sup> September**

## **BMI Autumn Quiz**

Open to members and signed in guests  
@ 8.00p.m.

Please add your name to the booking sheet in the  
BMI

By Thursday 14<sup>th</sup> September  
£1.50 per person for teams of up to 6  
(Minimum £6 for teams up to 4)



**Sunday 17<sup>th</sup> September**

## **Sunday Lunchtime Jazz at The BMI**

1.00p.m.-3.00p.m.  
With J G Jazz & Swing Trio

Open to members and signed in guests



## **Saturday 23<sup>rd</sup> September Entertainment Night at The BMI**



With  
"The Social Fretwork"  
From 8.00p.m.  
Open to members  
and signed in guests

## **USL History Group**

Our new season starts on Thursday 21<sup>st</sup>  
September in the village hall at 7.45pm. A talk  
will be given by James Rendell on H. H.  
Martyn, a local manufacturing company with  
links to The Titanic and WW2 Aircraft.

Our annual membership fee is £7.50 and £2  
per session for visitors.

We meet on the third Thursday of every other  
month at the same time in the same place.

**New members are very welcome so do join  
us.**

Julie Winstanley  
Secretary, USL History Group

## **MacMillan Coffee Morning**

Don't forget we will be holding  
our annual Macmillan coffee  
morning outside the shop on



**Friday 29th September**

**from 9:30 am onwards.** There will be chairs,  
tables and shelter too if needed. We will be offering a  
takeaway service as well. Hoping for a good turnout.  
Let's appreciate the great work done by Macmillan.

Cake Donations welcome 🍰 🧁 .

See you all on Friday 🍰 ☕

Thank You 😊

**Seeta and Rahul  
(USL Village Store and Post Office )**

**Saturday 7<sup>th</sup> October**

## **Bak2Bak at The BMI**

Open to members and signed in guests  
@ 8.00p.m.



# The Sick Note

Dear Sir, I write this note to you to tell you of my plight  
And at the same time of writing I am not a pretty sight  
Me body is all black and blue me face a deathly grey  
And I write this note to tell you why I'm not at work today

While working on the 14<sup>th</sup> floor I had some bricks to clear

Now to throw them down from such a height was not a good idea

Now the foreman wasn't very nice and him being an awkward sod

Said I'd have to cart up and down the ladders in me hod

Now clearing all them bricks by hand was going to be very slow

So I hoisted up a barrow and secured the rope below

But in me haste to do the job I was too blind to see

That a barrow full of building bricks was much heavier than me

So when I untied the rope below the barrow dropped like lead

And holding tightly to the rope I started up instead

I shot up like a rocket and to my dismay I found

That halfway up I met the barrow coming down

Well the barrow broke me shoulder as to the ground I sped

And when I reached the 14<sup>th</sup> floor I banged the pulley with me head

Well I clung on tight though numbed with shock from this almighty blow

And the barrow spilled out half its bricks 14 floors below

Now when these bricks had fallen from the barrow to the floor

I then outweighed the barrow and started down once more

Still holding tight on the rope I sped towards the ground

And landed on the broken bricks that were scattered all around

I lay there moaning on the ground, I thought I'd passed the worst

When the barrow hit the pulley wheel and its bottom burst

Well a shower of bricks rained down on me

I hadn't got a hope

As I lay there moaning on the ground I let go the blessed rope

Now the barrow being heavier started down once more

And landed right on top of me where I lay upon the floor

I broke 3 ribs and my left arm, and can only say

I hope you will appreciate why I'm not at work today

**Sorry Boss**



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*Open Day September 2nd*

*Lots to see and do!*

## *St Leonard's Church*

*Website*

[www.uptonstleonardschurch.co.uk](http://www.uptonstleonardschurch.co.uk)



### *Services for September*

September 3 <sup>rd</sup>	8.00 am	Holy Communion
	10.00 am	Harvest Festival
September 10 <sup>th</sup>	10.00 am	Holy Communion
September 17 <sup>th</sup>	10.00 am	Holy Communion
September 24 <sup>th</sup>	10.00 am	Holy Communion



### *Harvest Festival*

*Sunday 3<sup>rd</sup> September*

*10.00 am*

*On the Green*

*Open to everyone please come and join us*

*Auction of produce in the old school room after the service*



### *Volunteers Needed*

Do you have an hour or two to spare?

Help is needed to keep the churchyard looking its best.

Anyone who has some time to spare to help out will be welcomed with open arms.

Please contact Gill if you are able to help

*Thank you*

**Churchwarden: Gill Howell**

**Interment and burial of ashes enquiries**

**Church Administrator:**

**Jenny Cunningham**

**Wedding & Baptism Enquiries**

**Sue Downey - Parish Safeguarding Officer**



### *August 500 Club Winners*

<b>1<sup>st</sup> Prize</b>	<b>£30.00</b>	<b>No. 60</b>
<b>2<sup>nd</sup> Prize</b>	<b>£20.00</b>	<b>No. 51</b>





# Operation Christmas Child 2023

## November 13<sup>th</sup> - 20<sup>th</sup>



There will be three ‘packing parties’ in the area and a coffee morning to raise funds for this charity in the coming weeks, please keep a watch for advertisements of when these events will happen.

For further information visit their website: [www.samaritans-purse.org.uk](http://www.samaritans-purse.org.uk)

Or contact Jenny Cunningham

### Children’s Corner



Read the story below about Noah’s ark, find the words in bold and circle them in the grid.

The words can appear in any direction; diagonally, horizontally, vertically, or even backwards.

God saw how **sinful** the earth had become. But **Noah** was a **godly** man. So God said to Noah, “Make yourself an **ark**. I am going to bring a **flood** that will **destroy** every living **creature**.” You and your **family** will go into the ark. Bring a **male** and **female** of every living thing into the ark. They will be kept **alive** with you. Take every kind of **food** that you will need. Noah did **everything** just as God **commanded** him. Noah and his family enter the ark. **Rain** fell on the earth for 40 days and 40 nights. The waters rose on the earth. Every living thing on earth was wiped out. Only Noah and those with him in the ark were left. The **waters** flooded the **earth** for 150 days.

Then the ark came to rest on a **mountain**. After 40 days Noah sent out a **raven**. It kept flying back and forth. Then Noah sent out a **dove**. But water still **covered** the whole earth and the dove returned to the ark. Noah waited seven more days and sent the dove out again. In the evening the returned with a fresh olive **leaf** in its beak! Noah waited seven more days and sent the dove out again. This time it did not return.

So Noah, his family and all the **animals** came out of the ark. Then God said to Noah and his sons. “I will never destroy all living things again. I have put my **rainbow** in the clouds, It will be the sign of the promise between me and the earth.”



Lord, we thank You for saving us like You saved Noah. You sent Jesus so that we could believe in Him. Help us to be better friends with You and give us the strength to do the right things that You want us to. Amen.

# Jesus Remains the same through all life Changes.

## Change

### Hebrew's 13 -8

At the beginning of August the Flourish team led a 10 am service, and chose as their theme 'Change'. Changes are expected in the church and parish of Saint Leonards and we hope to find a priest in charge who will help us build our congregation and retain the loyal members of the church.

During the service those attending were asked to write on a post it note what they hope a new vicar will bring to us and what we as a community can offer them. A few examples are on the post-its below. There were many more and each had a valid point. Maybe you have an idea, please let us know! Any suggestions will be seriously considered when the PCC puts forward a job description for consideration.

#### Below is the message the Flourish team delivered to us.

*A process will begin shortly to enable the two benefices of Hucclecote and Upton to begin working together more closely, quite a change and maybe a challenge for us here. We will soon start the process of looking for someone to fill our .5 post vacancy and together, hopefully, with funding being agreed, a .5 Youth Worker. Our Services may have to change slightly but this need not be negative, we should welcome change and pray that this works out for the best for us.*

*When we, the Flourish Team, lead Sunday Worship we try and make our services more interactive and varied and we know that exploring new ways of worship is encouraged by the Church of England. I am sure our new Minister will come to us with lots of new ideas and we as a congregation must welcome changes with open arms because*

*what is the alternative, no Church here, something none of us want, as I said at the beginning Jesus remains the same through change. We would like you to take a few moments to think about what lies ahead in the coming months and to jot down what changes you would maybe like to see here at St Leonard's or what you think we need to look for when appointing our new Minister. We shall then gather these up and offer them in prayer and.... you never know some ideas could be used during the process of appointing the new Vicar.*

Opportunities to involve the young and children in worship.

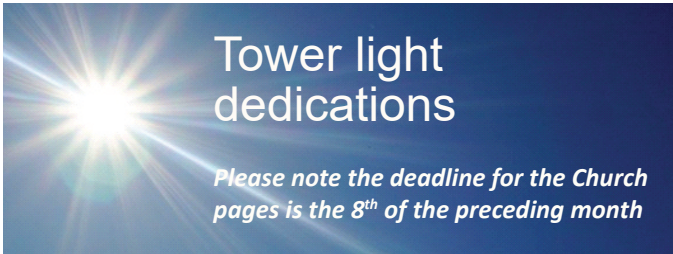
Pastoral care

Presence of Church in the community

6pm Service once a month

*I see this as an exciting time ahead, we have a good congregation and together with our team of willing helpers we must keep going and live in the light of God's love and continue growing together in faith and let's hope things are sorted quickly.*

Jackie Clouting



On September 8<sup>th</sup>, the Tower Lights are lit in remembrance of Norma Brinkley, who passed away this day 30 years ago. Forever in our hearts. Kindly sponsored by her sons Alan and Peter.

On the 17<sup>th</sup> September, the Tower Lights are lit in celebration of the 19<sup>th</sup> birthday of Ellie Davies, kindly sponsored by her Nanna, Brenda Davies.

On the 30<sup>th</sup> September, the Tower lights are lit to celebrate the marriage of Hannah, daughter of Ray and Diane Busbridge, and Simon of Withington, Gloucester. All the family wish them much love and happiness for the future.

*If you or your family wish to have the lights sponsored in celebration of a birthday, an anniversary, for a loved one's life or any other reason, please contact Jenny Cunningham for more details.*



On July 20<sup>th</sup> Mothers' Union members enjoyed their annual "Bring and Share Lunch" held in the School Room at Upton as St Oswald's have their Food Bank Lunches on Thursdays. The Upton members provided the savoury course and St Oswald's the desserts, all washed down with Margaret Bishop's famous fruit punch. Everyone went home very full, and diets were definitely forgotten for the day!

On September 5<sup>th</sup> between 4 – 5 pm Branch members will take part in the "Wave of Prayer" when we will be especially remembering our Link Dioceses:- Khartoum in Sudan; Dar es Salaam in Tanzania; Bari & Ilesa in Nigeria and Dugapur in India. Due to the timing members decided they would like to take part in their own homes.

The next meeting is on Thursday 21<sup>st</sup> September and is a communion service to be held at St Leonards Church at 2.30pm. Our MU Diocesan Chaplain, the Revd Liz Palin will officiate, and tea will be served afterwards in the School Room. Everyone is welcome to come along and join us.

Kate Gale - Branch Leader



Members of USL Mothers' Union enjoying a trip out to see the famous Thomas Denny stained glass windows at St Christopher's Church, Warden Hill.



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The holiday season is still with us and these poems describe the solitary peace of a warm night at home, a day out listening to a band in the park and reasons for not going to the seaside.

## “By night we linger'd on the lawn”

from In Memoriam by Tennyson 1809-1892

By night we linger'd on the lawn,  
For underfoot the herb was dry;  
And genial warmth; and o'er the sky  
The silvery haze of summer drawn;

And calm that let the tapers burn  
Unwavering: not a cricket chirr'd:  
The brook alone, far off was heard,  
And on the board the fluttering urn:

And bats went round in fragrant skies,  
And wheel'd or lit the filmy shapes  
That haunt the dusk, with ermine capes  
And woolly breasts and beaded eyes;

But when those others, one by one,  
Withdrew themselves from me and  
night,  
And in the house, light after light  
Went out, and I was all alone.

-----

## A Sea Dirge by Lewis Carroll 1832-1898

If you like your coffee with sand for dregs,  
A decided hint of salt in your tea,  
And a fishy taste in the very eggs  
By all means choose the sea.

## Epigrams

Mark Twain : I have found there ain't no sure  
way to find out whether you like people or hate  
them than to travel with them.

Charles Dickens “Our Bore” :

Our bore has travelled. He could not possibly be  
a complete bore without having travelled. You  
cannot name to him any little remote town in  
France, Italy, Germany or Switzerland but he  
knows it well; stayed there a fortnight under  
peculiar circumstances.

## Park Concert by James Michie 1927-2007

Astounding the bucolic grass,  
The bandsmen sweat in golds and reds  
And put their zeal into the brass.  
A glorious flustered major heads

Their sort of stationary charge.  
Their lips are pursed, their cheeks get pink;  
The instruments are very large  
Through which they render Humperdinck.

The sailors and the parlourmaids  
Both vote the music jolly good,  
But do not worry if it fades  
As they stroll deeper in the wood,

Where twenty French horns wouldn't stir  
A leaf. The intrepid band try not  
To mind the applause (as though it were  
A testing fusilade of shot),

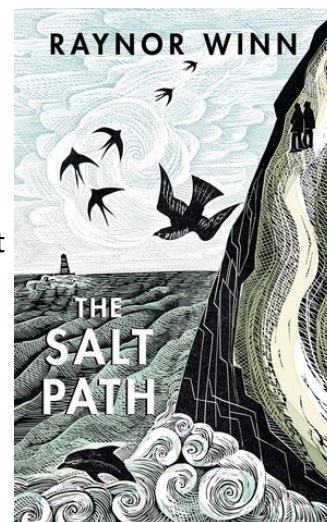
Polish their mouthpieces and cough,  
Then throw their shoulders back to play  
A Pomeranian march. They're off!  
And Sousa scares the tits away.

## Book Review

### The Salt Path by Raynor Winn

Published in 2018.

The Salt Path relates the experiences of Raynor Winn and her husband, Moth, as they walk the 630-mile South West Coast Path after becoming homeless. They have almost no money for food or shelter and carry the essentials for survival as they live wild in the landscape of cliffs, sea and sky. This is an inspiring story of hope and the natural world.



# USL Climate Group

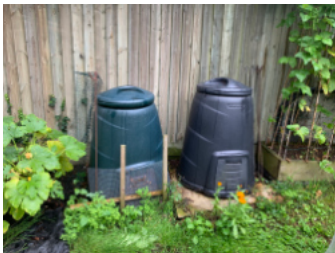
## A beginner's guide to garden composting

It has been estimated that households produce about half a tonne of vegetable waste each year and whilst most of us use kerbside waste recycling facilities, this waste can be very usefully employed at home (or allotment) to generate compost for the garden, veg plot or flower containers. If you have lawns and shrubs these too can generate waste to be beneficially used to enrich our gardens. Composting at home isn't difficult and it doesn't generate environmentally harmful byproducts either.

There are available any number of pieces of kit to enhance natural composting but it doesn't need to be costly or technically challenging either. For millennia gardeners have been simply mixing various compostable wastes in a heap and leaving nature to get on with the degradation process. It can be beneficial to give these processes a bit of a helping hand such as keeping a heap warm in winter or dry during very wet weather, but generally once naturally occurring worms and micro-organisms have entered the waste off it will go.



Building a simple box from waste pallets can make a heap more manageable and possibly more aesthetic, whilst plastic purpose manufactured products often appear on free websites. There does however need to be a bit of thought about what products can and will compost and how much to add at any one time. Most modern papers have biodegradable inks which will compost, although "scrunching" helps by providing greater surface area to biological processes, cardboard if torn apart, vacuum cleaner contents and pet hair will all compost. Composting



is mainly about balanced mixing of wet waste materials eg. veg waste and lawn clippings (technically referred to as green) and dry waste such as paper, card and animal hair (referred to as brown) to achieve a good mix. Too much green and the compost will potentially become too wet and may begin to smell, too much brown and the composting process can slow or even stop.

Most successful composting knowledge is gained by 'trial and error' although the internet contains vast amounts of both general advice through to highly scientific research which can be useful if things go wrong. My compost helps improve the yield in all our vegetable beds with very little input from me other than to keep it topped up with raw material. Happy composting.

## Information

**PILATES**  
*with Sam*

### **New Mixed ability Pilates class**

Starting Friday 8th  
September

9.30-10.30am

Upton St Leonards  
Village Hall



For further information contact Sam on  
07894 757 360

hello@pilates-withsam.co.uk

### **Upstagers New members' evening**

**Wednesday 13th September**

Have you always wanted to 'tread the boards'? Come and join us on 13th September 7.30pm - 9.30pm at the Village Hall for a new members' evening. This will be a chance to meet the existing members of the group as well have a go at reading some scenes of plays and performing them to the rest of the group on our stage.

**UPStagers**  
Amateur Dramatic Society

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Husband & wife team, Dan & Lois

**USL Village Store**  
POST OFFICE

Mon-Fri 7am-7pm  
Sat 7am-6pm  
Sun 7am-12pm

Your Village Store and Post Office

**SHOP LOCAL**

We stock local fruit, veg, meat, milk, bread, lardys and cakes. Groceries, toiletries, snacks, sandwiches, drinks, cards and stationery and many other surprising items.

**SUPPORT LOCAL!**  
Rahul and Seeta  
Churchfield Road 01452 618189



Dates, times, venues and contacts for the Yoga, Pilates and Art classes that run every week can be found over the page.

# VILLAGE DIARY

## SEPTEMBER

3	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
4	Mon	Coffee Club	BMI	10.00a.m.
4	Mon	Upton WI	Pavilion	2.00p.m.
4	Mon	Parish Council Meeting	Pavilion	7.30p.m.
5	Tue	Rubbish and food waste week. Garden waste for those with brown bins		
5	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
5	Tue	Tuesday Probus	BMI	10.00a.m.
5	Tue	Tennis Club Members Evening	Tennis Courts	6.00p.m.
5	Tue	Badminton	Village Hall	8.00-10.00p.m.
6	Wed	Bell Ringing Practise	Church	7.30p.m.
6	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
6	Wed	Bingo	BMI	8.00p.m.
9	Sat	Upton Show	Village Hall and Grounds	2.00p.m.
10	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
10	Sun	Copy date for October issue of <a href="#">USL Life</a>		
11	Mon	Coffee Club	BMI	10.00a.m.
11	Mon	Twyver WI	Village Hall	7.30p.m.
12	Tue	Recycling and food waste week		
12	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
12	Tue	Tennis Club Members Evening	Tennis Courts	6.00p.m.
12	Tue	Badminton	Village Hall	8.00-10.00p.m.
13	Wed	Wednesday Probus	BMI	10.00a.m.
13	Wed	Upstagers Amateur Dramatics and new members evening	Village Hall	7.30p.m.
13	Wed	Bell Ringing Practice	Church	7.30p.m.
13	Wed	Bingo	BMI	8.00p.m.
16	Sat	Autumn Quiz		BMI 8.00p.m.
17	Sun	Sunday Lunchtime Jazz	BMI	1.00-3.00p.m.
17	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
18	Mon	Coffee Club	BMI	10.00a.m.
18	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.
19	Tue	Rubbish and food waste week. Garden rubbish for those with brown bins		
19	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
19	Tue	Tuesday Probus	BMI	10.00a.m.
19	Tue	Tennis Club Members Evening	Tennis Courts	6.00p.m.
19	Tue	Badminton	Village Hall	8.00-10.00p.m.
20	Wed	Ladies probus	BMI	10.00a.m.
20	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
20	Wed	Bingo	BMI	8.00p.m.
20	Wed	Bell Ringing Practice	Church	7.30p.m.
21	Thu	History Group - History of H H Martyn by James Rendell	Village Hall	7.45p.m.
23	Sat	Entertainment Night	BMI	8.00p.m.
24	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
25	Mon	Coffee Club	BMI	10.00a.m.
26	Tue	Recycling And food waste week		
26	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
26	Tue	Tennis Club Members Evening	Tennis Courts	6.00p.m.
26	Tue	Badminton	Village Hall	8.00-10.00p.m.
27	Wed	Wednesday Probus	BMI	10.00a.m.
27	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
27	Wed	Bingo	BMI	8.00p.m.
27	Wed	Bell Ringing Practice	Church	7.30p.m.
28	Thu	Craft Club	The Old School Room	10.00-12.00p.m.

## OCTOBER

2	Mon	Upton WI	Pavilion	2.00p.m.
2	Mon	Parish Council Meeting	Pavilion	7.30p.m.
7	Sat	Entertainment Night	BMI	8.00p.m.
9	Mon	Twyver WI	Village Hall	7.30p.m.
10	Tue	Copy date for November issue of USL Life		
16	Mon	Abbeydale Garden Club	Village Hall	7.30p.m.
18	Wed	Ladies Probus	BMI	10.00a.m.
26	Thu	Craft Club	The Old School Room	10.00-12.00p.m.
29	Sun	Comedy Night	BMI	8.00p.m.

## NOVEMBER

4	Sat	Entertainment Night	BMI	8.00p.m.
6	Mon	Upton WI	Pavilion	2.00p.m.
6	Mon	Parish Council Meeting	Pavilion	7.30p.m.
10	Fri	Copy date for December issue of USL Life		
13	Mon	Twyver WI	BMI	7.30p.m.
15	Wed	Ladies Probus	BMI	10.00a.m.
16	Thu	History Group – Social Evening	Village Hall	7.45p.m.
19	Sun	Sunday Lunchtime Jazz	BMI	1.00-3.00p.m.
20	Mon	Abbeydale Garden Club	Village Hall	7.30p.m.
25	Sat	Entertainment Night	BMI	8.00p.m.
30	Thu	Craft Club	The Old School Room	10.00-12.00p.m.

Contact Paula Quinn to get an event mentioned in the diary.

## Weekly courses

This section lists the courses that run every week.

Activity	Day	Venue	Contact	
Yoga	Mondays 10am	Village Hall Annex	Lara Bricknell	07876 764425
Chair-based Pilates	Wednesdays 1.30pm	Pavilion	Angela Harris	
Dance Workout	Tuesdays 7pm	Pavilion	Debra Law	07505 761420
Seniors Fitness	Thursdays 9.30am	Pavilion	Deb Locke	07738 104404
Tai Chi	Thursdays 10.00	Village Hall Annex	Christina Caldwell	
Art Class	Tuesdays 2pm	Village Hall Annex	Christine Hughes	01452 614227

## Can You Help?

**HELP A CHILD LEARN TO READ**

Read with me is urgently calling for Gloucestershire volunteers to hear primary school children read.

Are you interested in helping children to develop skills they need to ensure they enjoy the future they deserve?

Do you have an hour or two to spare, once or twice a week?

If you'd like to find out more please email:  
[julie@readwithme.org.uk](mailto:julie@readwithme.org.uk)  
 or call: 0776 5800231

[www.readwithme.org.uk](http://www.readwithme.org.uk)




**Read With Me**

Children who are unable to read properly at 7 never really catch up. These children do less well at school, have reduced employment choices, earning opportunities and a greater chance of going to prison.

Children who can't read can't take advantage of their education or play a full part in society.

96 % of primary school teachers are concerned about pupils' speech and language

200,000 children leave primary school unable to read every year

1 in 4 five year olds struggles with basic vocabulary

And these statistics are from before Covid made everything even harder for schools, parents and children.

## Upton Show - Saturday 9 September 2023

There are just 8 days to go before Upton St Leonards Annual Show takes place on Saturday 9th September 2023

The gates will be open at 2.00p.m. with a great selection of stalls, raffle and tombola, together with a bouncy castle and teddy tombola for the children.

The marquee will be full of exhibits including vegetables, flowers, produce and handicrafts, and its always exciting to see who has won the trophies this year!

It is still not too late to enter any of the classes in the show as the closing date for entries is 8.00p.m. on Wednesday 6th September. Entry forms are available from the Village Stores and Portway Farm Shop.

We would be grateful to receive donations for the tombola and also cakes and biscuits for the refreshments. We also need volunteers to help on the day to set up, help with the refreshments and to clear up after the event. If you can spare an hour or so it would be a great help. Contact Kate Brooks

Entries for the various classes to No 4 High Street, Upton St Leonards please.



## UPTON ST LEONARDS LIFE

Web site <https://usllife.org.uk>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

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### Next month's editor



Use the postbox at the Village Hall or via the "Contact Us" box on our web page to pass messages to us.

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## Happy 9<sup>th</sup> Birthday to USL Life

On behalf of village residents, a big thank you to all the volunteers and contributors who have worked hard over the last 9 years to generate content, create and deliver our monthly village newsletter.



## The Latest Upstagers Performance Dying for a Leek

It was another excellent production from the group with a well thought out plot which saw almost every character having a motive for doing in Del Fyniam so kept everyone guessing until the end.

The meal was lovely and overall the evening was fun and good value.

Thanks to all members of The Upstagers who made it such an enjoyable evening.



## BMI Pig Roast - Saturday 12 August

A well attended event where everyone enjoyed the Pork Rolls, the weather held and the evening was rounded off with music and dancing at The Disco

