

Upton St Leonards Life

incorporating Church News

Issue 97

September 2022



Please support your Upton St Leonards Annual Show



on Saturday 10 September @ 1400pm
We still need volunteers - can you help?
See Page 4 for more details

Congratulations to USL Life on its 8th birthday!

Climate Change - What can we do to help?



Some village residents recently raised the question of how we as a village could take actions to reduce our impact on the world's changing climate. Please see the back page for more information and response.

Please join Rahul and Seeta at the Village Post Office and Shop Friday 30 September from 9am



We will be holding our 6th annual Coffee Morning to raise funds for MacMillan in support of the great work they do for people dealing with Cancer.

If anyone is able to contribute cakes for the morning they would be gratefully received.

Let Seeta know if you can help.

Advertising

If you use any of the services provided by our advertisers, please mention you saw them in USL Life. They can then understand the impact of their advertising with us. Thank you.

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What's Been Happening in Upton?

Abbeydale Garden Club Summer Show



The August Mini Show was held on a sultry evening towards the end of a major heatwave, but the exhibitors had done their very best to provide an array of flowers and vegetables in as tip-top condition as possible. Anne Evans, who is also judging the Upton Village Show this year, commented on the high standards of the entries, and the



difficulties we have all had in this exceptionally challenging weather, as well as giving us a few tips about the intricacies of presenting items to their best advantage.

The Club Trophy for most points in the Mini Show was awarded to Doug Monkman: watch out for his next exhibits in September! At the end of the meeting Doug presented Anne with a large trug of healthy home-grown vegetables to counteract the effects of the Club's other gift of chocolates, which our judge also most graciously accepted.

To pass the time fruitfully (!) earlier in the evening whilst the main judging was going on, a nerve-wracking quiz was going on and this was won by new member, David, who has recently moved into the village and who scored 21 points out of 23. Members were also encouraged to vote for the best entries amongst a few other exhibits, including craft items and photos.



So we now await the Village Show and wonder who will win the Abbeydale Garden Club Trophy at that in a few weeks' time. New members are always welcome and meetings are held on the third Monday evening of each month at 7.30pm in the Village Hall. See you there!

Barbara Swindin

USL Ladies Probus

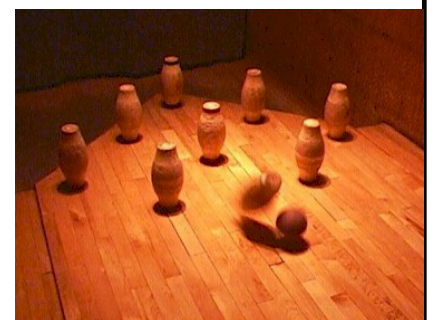
Our own Judy Jackson regaled us with memories - with a lot of mirth - for our July meeting while another talented member from our midst will display her enviable handiwork for the August meeting.

September's speaker will be Mr Howard Pitts who will tell us 'All about Bees'. Please come & join us at 10.30am on Wednesday 21 September in BMI.

"Summer Skittles Competition" at the BMI

Despite there being only 11 teams entering the summer skittles competition this year at the BMI, it was still challenging for all teams. The games were played throughout June and the first two weeks of July.

There were several teams that were only a few points away from participating in the semi-finals. These games were played on Monday 18th July between Lousy Losers and Lumberjacks, and Scotties Lot and Cam's Exiles.



The final was played on Tuesday 19th July between Lumberjacks and Scotties Lot. The scores on the night were very close with Scotties Lot inching ahead with a score of 313 over Lumberjacks with 311. Lisa Robins had the highest score for the ladies with 59 and Dave Brown the highest men's score of 67.

The "Knuckles Cup" was presented to the winning team by Pat Brown. Following the presentation both teams enjoyed a superb buffet prepared by Lorraine.

What's Coming Up in Upton?

Upton St Leonards Annual Show

Saturday 10th September 2022



After all the recent good weather we are hoping it will stay fine for the show. Please come along to support the village and help us make it as successful as last year.

Programme of Events on the day

- | | |
|--------|--|
| 2pm | Gates Open |
| 2.30pm | Family Dog Show (£1 per entry on the day): -
Best Dog
Best Bitch
Dog with the waggiest tail |
| 3.15pm | Dog that looks most like its owner (50p entry on the day) |
| 4.15pm | Prize Giving and raffle draw |

Once again, we have a great selection of stalls, books, tombola, ice creams, hot dogs plus a bouncy castle, teddy tombola and face painting for the children.

The Hall will be open from 8am on the morning of the show for exhibits. These must be in place and ready for judging by 10.15am. All exhibits must be removed from the Village Hall/Marquee by 5.30pm.

It's not too late to enter. Entry forms are available from the Village Stores, Portway Farm Shop or contact Kate Brooks.

The closing date for entry forms is 8pm on Wednesday 7th September. Entry forms to 4 High Street, Upton.



We still need volunteers to help on the day, especially with the refreshments. Even if you can only spare an hour that would be a big help.

We also need cakes, books and Tombola prizes so if you have anything to donate or can assist with cakes & biscuits we would be very grateful.

Please contact Kate Brooks, collection can be arranged.

What's Coming Up in Upton?

Entertainment Night at the BMI

with

The B Flats

Ukulele Band

Saturday 17th September

8.00p.m.



AUTUMN QUIZ

For BMI members and signed in guests

Saturday 24th SEPTEMBER

£1.50 per person for teams of up to 6

(MINIMUM £6 for teams of up to 4)

All profit on the night to be donated to the
bmi charity for 22-23 "THE CT SCANNER
APPEAL @ CHELTENHAMHOSPITAL"

**PLEASE ADD YOUR NAME TO THE
BOOKING SHEET BY THURSDAY 22ND
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ARE SUFFICIENT
COPIES OF QUIZ
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TOGETHER WITH
TABLES ON THE
NIGHT**



Sunday Lunchtime Jazz

At the BMI

Sunday 18th September

1.00 - 3.00p.m.

with

"John Beckingham"

Open to members and signed guests

The UpStagers

Present their latest
production



"Curtain Up on Murder"
(A Murder Mystery by Bettine Manktelow)

October 27th, 28th, 29th

At

Upton Village Hall

**Doors open 7-00pm Performance
starts 7-30pm**

**Tickets £11-00 Adults
£8-00 Under 16s**

Refreshments available

Booking arrangements will be issued next Month.
Also watch Community Facebook page

UPTON ST LEONARDS PEOPLE – The Clack Family

After seeing and reading the USL magazine at Bob and Ann Tranter's home, a number of years ago. I was always encouraged by Bob to put a small piece together about our family. Well now I have retired....I have done.

I was Bob's insurance man for a good number of years, and during our many conversations we realised that his family lived next door to the Clacks in the cottages at Jericho Pitch.

The cottages involved were originally a number of terraced cottages on the left at Jericho pitch on the upper parts of Upton St Leonard's hill. For those who know where this is, you will now realise that in fact they have been converted to a very nice detached residence. This was always known to the family as "Jericho"

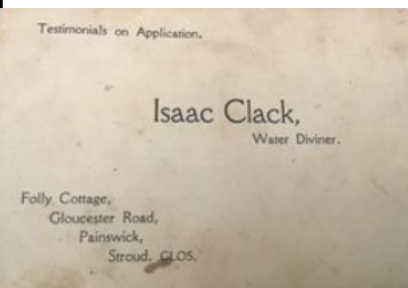
My Dad, Don Clack, was the youngest of a family of 18 children (yes 18 children!). They lived in one of the small terraced properties at Jericho. I always remember my Dad explaining stories about the children's sleeping arrangement, head to toe in beds, and the outside toilet being at the end of a large garden. However his family life was happy and frantic, no doubt with that number of brothers and sisters.

In order to bring them to life, I have included a family picture taken which shows the family including family dog outside the end cottage at Jericho. As you will see there is a large spectrum of ages involved. My Dad is the small fair haired child stood in front of my grandmother with wellies on.

My grandfather Isaac Clack was a farm worker and my grandmother was a mother, which is not a surprise with that number of children. Isaac was well known in the area, and was always frequenting the Kings Head at Upton St Leonards, and the Adam & Eve pub at Paradise on the Painswick to Stroud Road (This pub is no longer there, but now a private house). There is probably no doubts that the cider or beer of these establishments were responsible for the number of family members my Dad enjoyed!



My grandfather was also known for his water divining expertise. Stories go that he was very good at it, and was called on by a good number of farmers in the area to find water for farming purposes. Whilst talking with Bob Tranter he told me that he had heard an old tale that Isaac was responsible for finding water at Stroud's Stratford Park. However I cannot find any written proof of this. Maybe it was another story created at his many visits to the Kings Head Pub!



The story of water divining was true though, and I have included a copy of his business card which shows that he must have regarded it as a craft. My Grandparents and most of my aunts and uncles, including my Mum and Dad are buried in Upton St Leonard's Church, just a stone's throw away from the School which they all attended, or on occasion as my Dad used to put it.

Whilst mentioning the church, the War memorial at Upton St Leonards has included on it, my uncle - Edgar Clack. He was killed in France whilst fighting with the Glosters Regiment. He was 19 years of age and was involved with the defence of the outskirts of Dunkirk at a place called Ledringham. They fought to hold this village and surrounding area in order to slow the advance of the Germans. For anyone knowing WW2 history this was one of many brave acts undertaken by our troops to assist in allowing the retreat of our soldiers off the beaches of France. Indeed the Glosters won the Military Cross for this action. Many of our family has visited his grave in France over the years.

During my visit a number of years ago, and as a mark of respect, I was kindly allowed by the then current owners of Jericho, to take a number of stones from the old house grounds. I took them to France and placed them on his grave and in the ground at the foot of his grave stone. So you will all be pleased to know that at least he still has a piece of Upton St Leonards and Jericho with him.

Finally for the record, the Clacks name will continue for a long time in the future as it appears our genes are good at producing sons! Must have been that Kings Head pub water!

Unfortunately, the relatives in the picture have now all died. Although as a large family, we have many cousins who are still known to each other and are largely based in Gloucestershire.

I am sorry to say, that none of the family live in Upton St Leonards anymore, but who knows what the future holds!!

It is great to see that the village identity continues and best wishes for the future from the Clack family.

Paul Clack

USL Life - We Want Your Views!!

Our village newsletter is approaching its 100th edition soon and the team who produce it each month do their best to keep content relevant and of interest to those who live in the village.

What we would like to do is ask you, our readers, whether there are any things you would like to see covered that are not currently included. Can we improve anything, make it more interesting, etc.

We are therefore asking village residents if they have any ideas or things of interest they would like to raise with our production team?

We would be really grateful for your input so please give us your feedback which can either come via email to any editor using their contact details or via hardcopy through the village hall postbox addressed to the Editor.



Downsizing, De-cluttering or just Getting Rid of Stuff – a chronicle

I have thought about this article for many months. I have talked about this article for many months – and finally, after many months, I have written this article. I suppose that this is the path many of us take to downsize, de-clutter and get rid of stuff.

It is crucial to be in the right mood to start as lots of decisions need to be made about what to do with all the stuff. Starting with “I would like it to go to charity or a good home” ending with “I would like it to GO”.

Upton St Leonards was our fifth move but we had collected very little and had never needed a loft. As our family grew we acquired a lot more stuff and also needed storage, so we had a loft ladder installed; this was a huge mistake although we did not realise that at the time.

After half a lifetime of acquisitions, Stroud District Council offered us a grant for additional loft insulation. We accepted and spent a weekend with help from the family emptying the contents of the loft into the garage. It then took us more than a month to clear the garage. So many decisions had to be made – could I possibly let my ‘A’ Level History essays go? Yes. No one else would be interested. Sadly my “Mother of the Bride” and “Silver Wedding” dresses seemed to have shrunk during storage so they had to go too. Following the additional insulation of the loft I made a resolution that nothing else was ever going to be stored in the loft again, and I have stuck with this.

Now I enjoy giving away some of my possessions to the family, especially if they have fond memories of particular items. For me this is the best and easiest way of de-cluttering.

Finally, the biggest item I got rid of was the easiest. Having stopped driving some time ago I had hoped that I could pass the car to a grandchild but this did not happen. Then I was given the email and telephone number of the Give A Car organisation – giveacar.co.uk. I made a call on a Wednesday afternoon and on Friday morning the low-loader arrived and I waved goodbye to my 20 year old, wheelchair friendly Suzuki and The Huntington’s Disease Association was the benefactor.

Now I am left with an empty garage to store more stuff!!

Ann MorpheW



Focus on a local Business

Clarico Exterior Cleaning

Husband & wife team Lois and Dan Thomas have just started a new window & exterior cleaning business in Painswick & surrounding villages like Upton St Leonards.

Lois says " I grew up in Painswick & worked at The Painswick Pharmacy for 12 years so I'm fortunate to have friendly connections and to know the local areas.

Our advertisement with contact details is on page 16.



John Beckingham's jazz trio

The JG Jazz and Swing Trio is an offshoot of local bandleader John Beckingham's latest 5 piece band. The musicians come together from a wide range of musical backgrounds and have a common passion for the popular music of the 1920s-50s, including the well-known jazz standards, Swing, Latin, Blues, French Jazz, The Great American Songbook and the movie & musical theatre numbers of that wonderful era.

John , Diane and Gilly always look forward to their Sunday lunchtime gigs at the BMI club, where they receive such a friendly and welcoming reception.

John Beckingham (piano and vocals)

Born and brought up in Gloucester, John now lives in Lydney with his wife Pamela. With over 50 years of musical experience , he is a well-known local jazz pianist and bandleader, who started his musical life at the age of 8 as a chorister in Gloucester Cathedral.

In the 60s, John led a very successful local blues band, playing around Gloucestershire. In the 70s, he formed a seven piece showband "Pendulum", which was signed by the Joe Loss agency after a television appearance. The band went on to perform at many prestigious functions and events.

After that, it was jazz all the way! In the 90s John formed the very successful "JB Jazz and Blues Band" touring across the U.K. and Europe. It was the only band to win the prestigious Ken Rattenbury, Staffordshire Jazz Society "Best Band of the Year" award a record three times.

John has been featured on the radio several times, performing and discussing his music, and is regularly invited to present his talk ,The History of Jazz, to local organisations. He also runs his own popular monthly JB Jazz Club in Cheltenham, showcasing bands from around the county and beyond.



Diane (saxophone & flute)

Cheltenham born Diane has taught and played woodwind in and around Gloucestershire for many years. She lives with her musician /music producer husband Paul in Churchdown, where they run Cygnet Studios, hosting small rehearsals, recording sessions and tuition for Woodwind and Drum Kit. When not teaching in the studio, she visits local primary schools and works with individuals, small groups and whole classes.As a teenager, Diane played Tenor sax in the Gloucestershire Youth Jazz Orchestra (GYJO). She worked with METZ big band in its early days, and was the regular Baritone sax player for Crescendo Big Band for many years. Currently first Tenor and vocalist with the Jay Cee Big Band, Diane also plays with a variety of local quartets and trios, including her own Cygnet Quartet, where she thoroughly enjoys exploring the huge variety of jazz styles and genres

Gilly Leeper (vocals)

Was born in Scotland and has lived in Bath, Chicago, Northamptonshire , Stratford upon Avon and London, before finally settling in Charlton Kings with her husband and their two sons 16 years ago.

After leaving drama school in the 80s, she worked professionally as an actor, singer and voice-over artist, appearing in modern and classic plays and musicals across the UK. She spent a year in the original RSC production of Les Miserables in the West End, enjoyed summer seasons in all weathers at Regents Park Open Air Theatre, acted in repertory seasons across the country (including the Cheltenham Everyman), recorded voice overs for cartoons and TV adverts with the John Sachs agency 'Talking Heads', appeared in television and radio dramas and sang in live/recorded concerts at Drury Lane & The Royal Albert Hall, as well as in late night jazz clubs and musical theatre cabaret clubs in London.

Gilly put performing on hold in the late 90s to focus on being a mum and turned to her second love, horticulture, taking RHS qualifications to become a professional gardener. Thanks to John inviting her to join his band, she was delighted to return to singing in 2019 (after an unintentional 20 year gap!) and is particularly enjoying rediscovering the joys of the jazz standards of the 1920s-40s and Latin & French jazz.

St Leonard's Church News



Priest in Charge

Vacancy

Interim Minister:

Rev Philippa Donald

Philippa's parish days are Tuesday, Wednesday and Sunday.

Please feel free to leave a message for her on other days and she will respond when she is next in the parish



St Leonard's church

Website: www.uptonstleonardschurch.co.uk

Churchwarden

Gill Howell

Baptism and Wedding Enquiries

Jenny Cunningham

Dear friends in Upton St Leonard's,
Here is an extract from a talk I gave in church recently about the Lord's Prayer:

"The Lord's Prayer is known by almost everyone. It's the most famous Christian prayer. Everyone's heard it and many of us know it by heart. It's everywhere. But often when something becomes familiar, sometimes the meaning gets forgotten.

Our Father in heaven,

The opening of Jesus' prayer seems normal to us. But when He first said it to the disciples they would have been amazed, perhaps even shocked. To be able to address God as 'Father' was unheard of! The word 'Father' is easy for some people but more difficult for others, depending on their experience of an earthly Father. Jesus is teaching the disciples and us today that God is not a distant God that doesn't care. Even if we have had an experience of a human father who was either not present or didn't care – or both, God is our Heavenly Father, who does care and is there for us.

Hallowed by your name – or - may your name be kept holy.

God is our heavenly Father and we can approach Him anytime we need. But we do so with a sense of reverence acknowledging that He is holy. The name of God is holy and needs to be kept that way. Those who know God and worship him and talk with him don't use his name as a swear word.

Thy kingdom come

When Jesus prays thy kingdom come he's reminding us that our hope is in the kingdom of God. The Kingdom of God does not – yet – rule and reign in

our world. We see it break through when our prayers are answered, when someone is healed, when justice is done, when the poor are cared for – when any of these good things happen, that is God's kingdom breaking through. But the Kingdom of God hasn't fully come. We pray it will one day, whether we see it in this life, or whether we don't. But we pray for it. We can also take comfort in the knowledge that at the end of time, when his kingdom comes, our struggles, trials, and difficulties will be no more.

May your will be done on earth, as it is in heaven.

We often like to think that life is about us. At least I do, sometimes! And our culture today is all about me – the ipad, ipod, the putting yourself first "because you're worth it" as all the advertisements say. But this is a reminder that I am charged with building God's kingdom, not my kingdom. For all who follow Jesus, our lives are about fulfilling God's will and not our own. It's so easy for us to abandon the will of God and start doing what we want to do. But with God's grace for our mistakes and with the help of the Holy Spirit we continually remind ourselves that it's about God's will and his kingdom.

Give us today our daily bread and forgive us our sins

The middle of this prayer is filled with requests for our needs. Our daily bread represents our physical needs, what we need to live in this life. And the forgiveness of our sins is what we need so that we can live eternally with God. In other words, God is interested in providing for us in both the here and now and throughout eternity.

St Leonard's Church News

Like any good father, God wants to provide for his children. He is the bread of life, both physical and spiritual.

as we have forgiven those who sin against us.

What's interesting is that Jesus assumes that when you've been forgiven you will forgive others. He's not saying we **should** forgive others, rather that we **will** forgive the sins of others. That's the mark of true forgiveness. This isn't always easy but when we follow Jesus we are called to be forgiving people.

***And lead us not into temptation
but rescue us from the evil one.***

There's a whole spiritual world out there that you and I aren't privy too. And the reality is we need

God's strength to get by. That means we need to stay in tune with the Holy Spirit to help guide us and direct us. We pray regularly for God's strength to overcome whatever it is we are facing. We cannot do it on our own. We need God's strength. *For thine is the Kingdom, the power and the glory.* The world as we know it, this world, and the next world all belong to God and we thank him for all of it.

for ever and ever, Amen.

With love and prayers from Rev Philippa

Services for September 2022

Sept 4th	8.00am	Holy Communion We welcome Rev Bruce Clifford for our 8.00am Holy Communion. Rev Bruce is a friend of Rev Philippa's, they were ordained together. Rev Bruce used to be vicar at St George's Tuffley.
	10.00am	Morning Worship We welcome Rev Duncan Hutchinson. Rev Duncan is on the leadership team at St Philip and St James' Hucclecote, where Rev Philippa and Ian worshipped for many years before Rev Philippa was ordained
Sept 11th	10.00am	Holy Communion.
Sept 17th		marriage of David Berry and Lisa Mann
Sept 18th	10.00am	Holy Communion
	4.00 pm	<i>Songs of Praise on the village green</i>
Sept 25th	10.00am	Holy Communion

August 500 Club Winners

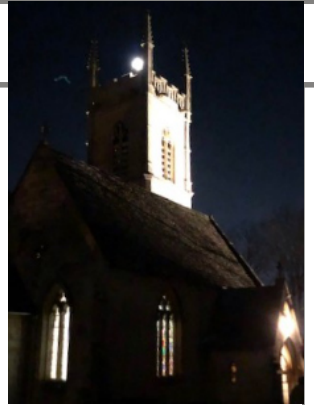
1 st Prize	£30.00	40
2 nd Prize	£20.00	72

If you are unable to come to church and you would like to receive Holy Communion at home at any time, please contact:

Rev Philippa



Tower Floodlighting 2022



Congratulations to Michael and Nesta Beard who are celebrating their Diamond Wedding Anniversary on the 1st September 2022. They were married in St. Leonards Church in a very special service conducted by the Reverend DFJ Davies.

They have wonderful and very fond memories of 45 years living in Upton St. Leonards before retiring to Minchinhampton.

On the 8th September, the Tower Lights are lit in remembrance of Norma Brinkley, who passed away this day in 1993. Kindly sponsored by her son Alan.

On the 17th September, the Church Tower is lit in loving memory of Sarah Elizabeth Crowe, who would have been 53 on this day, from her mother Stephanie, father Ian and her sister Alexandra Louise. "Forever in our hearts"

On the 17th September, the Tower Lights are lit in celebration of the 18th birthday of Ellie Davies, kindly sponsored by her Nanna, Brenda Davies.

If you or your family wish to have the lights sponsored in celebration of a birthday or anniversary or for a loved one's life or any other reason then please contact Jenny Cunningham.

There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to gift aid any donation this will help us too.

If you would like to sponsor the Church Tower Flood Lights then please contact Jenny Cunningham.

Please note the deadline for the Church pages is the 8th of the preceding month



Songs of Praise

On the Village Green

4.00pm Sunday September 18th

We are pleased to be able to welcome you once again to join us for Songs of Praise on the Village Green accompanied by the music of Gloucester Brass



Please come along and join us, everyone is welcome

(in the church if wet)

Refreshments in the Old Schoolroom afterwards

Bible Study

In The Old Schoolroom

Tuesday 6th September

At 7.00 pm

Everyone is welcome to come along and join us



Morning Prayer Resumes on

Tuesday 6th September after the summer break

Every Tuesday morning at 9.00 am

In the old school room

Everyone welcome





At the July meeting members enjoyed their annual "Bring & Share" Lunch with the St Oswald's members providing the meats, quiches and salads and St Leonard's the desserts. It was well attended and a happy occasion with everyone going home very full!

On Monday 5th September Branch members will be taking part in the "Wave of Prayer" from 4 - 5 pm in the Old School Room when we will be especially remembering in our worship our Link Dioceses:- Khartoum in Sudan; Dar es Salaam in Tanzania; Bari & Ilesa in Nigeria and Dugapur in India. The meeting will be preceded by Afternoon Tea at 3pm. There will be a raffle in aid of the Mothers' Union Summer of Hope Appeal.

The September monthly meeting will be a communion service on Thursday 15th September at Upton St Leonard's Church at 2.30pm. All are welcome to join us.

Kate Gale - Branch Leader

Answers for the Summer Hymn Quiz

1. Father, hear the prayer we offer
2. Thine be the glory
3. Tell out my soul
4. The Lord's my Shepherd
5. For the beauty of the earth
6. All people that on earth do dwell
7. Hills of the North, rejoice!
8. Eternal Father, strong to save
9. Jerusalem
10. Praise my soul, the King of Heaven!

Rev Philippa

The Samaritans Purse Shoe Box Appeal is getting ready for it's collection date of

November 14th - 21st 2022

If you have any empty shoe boxes Jenny Cunningham is the person to contact (already decorated/wrapped would be wonderful but not strictly necessary!)

Donations of toys (please keep fairly small as remember they have to fit in a shoebox!) flannels, soap, hairbrushes, combs anything a child may appreciate. A list of suggestions and age groups can be found on their website or contact Jenny.

<https://www.samaritans-purse.org.uk/what-we-do/operation-christmas-child/>



Tea and Natter

We look forward to seeing you

When we re-open after the August break

Please come along and join us

Our next meeting will be on

Thursday 8th September and every Thursday thereafter

2.00 pm - 4.00 pm

In the Old Schoolroom

Lots to catch up on!!!!



Volunteers needed

Would you be able to spare a few hours to volunteer running the Tea and Natter group between 2.00 and 4.00 pm on a Thursday afternoon?

This wouldn't be an every week commitment but however much time you can spare

Contact Gill Howell for more information

Advertising

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View from the french windows

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In the anticipated month of austerity and rising prices we bring you the thoughts of the poet Robert Herrick (1591-1674) who wrote the line "Gather ye rosebuds while ye may".

In this poem he set down the small things that were precious to him concluding that "slight things do lightly please".

His Grange, or private wealth

Though Clock,
To tell how night draws hence, I've none,
A Cock,
I have to sing how day draws on.
I have
A maid (my Prew) by good luck sent,
To save
That little, Fates me gave or lent.
A Hen
I keep, which creaking day by day,
Tells when
She goes her long white egg to lay.
A goose
I have, which, with a jealous eare,
Lets loose
Her tongue, to tell what danger's neare.
A Lamb
I keep (tame) with my morsells fed,
Whose Dam
An Orphan left him (lately dead.)
A Cat
I keep, that playes about my House,
Grown fat,
With eating many a miching Mouse.
To these
A *Trasy** I do keep, whereby
I please
The more my rurall privacie;
Which are
But toyes, to give my heart some ease;
Where care
None is, slight things do lightly please.

*His Spaniel



Our quotations come from the more modern world of Advertising and Publicity.

WANTED – Wet Fish or experienced man or woman to take charge of business. (Bristol Evening Post)

Laker Airways requires Cabin Staff. Applicants should be between 20 and 33 years of age and must be able to swim. (Daily Mail)

Six foot Boa Constrictor, free to a good home, very friendly, good eater, likes children. (Sheerness Times and Guardian)

Tomorrow's Health Walk will start at 10 a.m. Meet outside the Chip Shop. (Hereford Times)

This second poem also by Herrick gives some hope for the future. The Coming of Good Luck.

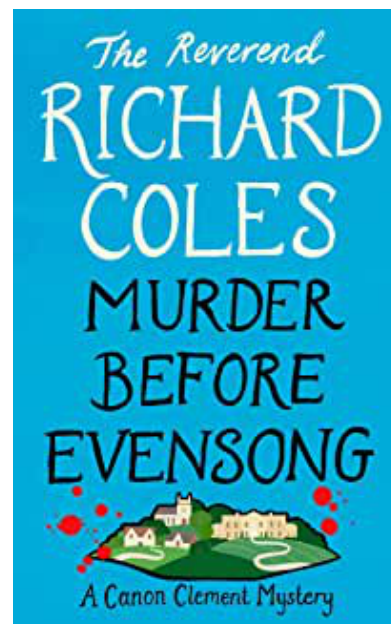
So good luck came, and on my roof did light,
Like noise-less snow, or as the dew of night:
Not all at once, but gently, as the trees
Are, by the sun-beams, tickled by degrees.

BOOK REVIEW

Murder before Evensong by the Reverend Richard Coles.

This is apparently the first book of a trilogy although it is suggested that the series may run and run. Canon Daniel Clement is Rector of Champton and has lived there at the Rectory for eight years with his widowed mother, Audrey, and two dachshunds.

He announces a plan to install a lavatory in the Church and the parish is suddenly divided. Then . . . a dead body is found in the church. To learn more you will have to read the book! Published by Orion Publishing Co.



Information

Deli Edge Cafe - opening in Coopers Edge in September

Delipizza Ltd is a small family business run by husband and wife team Maria & Pano.



They have a well-known airstream trailer serving authentic sourdough pizza and more, offering takeaway based in Churchdown.

The business is expanding and at the end of the summer we're opening a coffee and brunch shop "Deli Edge Cafe" in Coopers Edge. The Café will be open 6 days a week - Tue-Fri 8-5:30pm, Sat-Sun 8-3pm

We will be serving breakfast , soft brunches, cakes and coffee from local Roasters in a lovely new looking relaxing atmosphere.



Advertising in Upton St Leonards Life

We are trying a different layout this month and grouping our advertisers on three pages. On each adverts page, we have also asked those of you who use our advertisers to let them know you saw their advert in our newsletter. This way they can assess the value we are providing for the investment they are making.

Also, if you are using anyone for products / services and they are not currently advertising with us please mention what we offer and if they are interested, they can contact our advertising lead Andy Russell

Have You Been Waiting for an important Operation?

https://www.longlevens-surgery.nhs.uk/practice_news/elective-services-gloucestershire-hospitals-update-4-5-2022

Any patient on a surgical waiting list can ring the number and find out where they could have their surgery or treatment quicker, for instance a Bristol hospital is offering hip surgery to those waiting 18 weeks, its much longer in Glos I understand- nearer 50 weeks wait. Useful to those Uptonites who are in pain awaiting treatment. You have to be prepared to travel of course, to Stroud, Tetbury etc.

The surgery has to refer you to that hospital of course, but this can be done by emailing the surgery to request the referral be sent to where you want to go, no need to ring or visit the medical practice to set the wheels in motion.

Millie Barnes

Upton St Leonards Village History Group

Our new season starts on Thursday 15th September with a talk on the River Twyver by Paul Drinkwater.

His talk will be held in the Village Hall at 7.45p.m.

Annual membership fee - £7.50 per person or £2 per session for visitors.

We meet every other month on the third Thursday. Same time. Same place.

New members very welcome. Do join us.



Advertising

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SEPTEMBER

4	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
5	Mon	Coffee Club	BMI	10.00a.m.
5	Mon	Upton WI	Pavilion	2.00p.m.
5	Mon	Parish Council Meeting	Pavilion	7.30p.m.
6	Tue	Rubbish and food waste week/Garden rubbish for those with brown bins		
6	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
6	Tue	Tuesday Probus	BMI	10.00a.m.
6	Tue	Tennis	Tennis Courts	6.00p.m.
6	Tue	Badminton	Village Hall	8.30-10.30p.m.
7	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
7	Wed	Bingo	BMI	8.00p.m.
8	Thu	Tea and Chat	Old School Room	2.00-4.00p.m.
10	Sat	Upton Show	Pavilion	2.00p.m.
10	Sat	Copy date for October issue of USL Life		
11	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
12	Mon	Coffee Club	BMI	10.00a.m.
12	Mon	Twyver WI	Village Hall	7.30p.m.
13	Tue	Recycling and food waste week		
13	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
13	Tue	Tennis	Tennis Courts	6.00p.m.
13	Tue	Badminton	Village Hall	8.30-10.30p.m.
14	Wed	Wednesday Probus	BMI	10.00a.m.
14	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
14	Wed	Bingo	BMI	8.00p.m.
15	Thu	Tea and Chat	Old School Room	2.00-4.00p.m.
15	Thu	History Group – The River Twyver – Paul Drinkwater	Village Hall	7.45p.m.
17	Sat	Ukulele Band	BMI	8.00p.m.
18	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
18	Sun	Jazz Lunch	BMI	1.00p.m.
18	Sun	Songs of Praise on the Green	Village Green	4.00p.m.
19	Mon	Coffee Club	BMI	10.00a.m.
19	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.
20	Tue	Rubbish and food waste week/Garden rubbish for those with brown bins		
20	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
20	Tue	Tuesday Probus	BMI	10.00a.m.
20	Tue	Tennis	Tennis Courts	6.00p.m.
20	Tue	Badminton	Village Hall	8.30-10.30p.m.
21	Wed	Ladies Probus	BMI	10.30a.m.
21	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
21	Wed	Bingo	BMI	8.00p.m.
22	Thu	Tea and Chat	Old School Room	2.00-4.00p.m.
24	Sat	Autumn Quiz	BMI	8.00p.m.
25	Sun	Tennis Club Members Morning	Tennis Courts	10.00a.m.
26	Mon	Coffee Club	BMI	10.00a.m.
27	Tue	Recycling and food waste week		
27	Tue	Needles & Pins	Village Hall Annex	9.45a.m.
27	Tue	Tennis	Tennis Courts	6.00p.m.
27	Tue	Badminton	Village Hall	8.30-10.30p.m.
28	Wed	Upstagers Amateur Dramatics	Village Hall	7.30p.m.
28	Wed	Bingo	BMI	8.00p.m.
29	Thu	Craft & Chatter	Old School Room	10.00-12.30p.m.
29	Thu	Tea and Chat	Old School Room	2.00-4.00p.m.
30	Fri	MacMillan Coffee Morning	Post Office	from 9.00am

See next page for October and November

OCTOBER

3	Mon	Upton WI	Pavilion	2.00p.m.
3	Mon	Parish Council Meeting	Pavilion	7.30p.m.
10	Mon	Twyver WI	Village Hall	7.30p.m.
10	Mon	Copy date for November issue of USL Life		
17	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.
19	Wed	Ladies Probus	BMI	10.30a.m.
22	Sat	Entertainment Night	BMI	8.00p.m.
27	Thu	Craft and Chatter	Old School Room	10.00-12.30p.m.
27	Thu	"Curtain Up On Murder" (UpStagers)	Village Hall	7.00p.m.
28	Fri	"Curtain Up On Murder" (UpStagers)	Village Hall	7.00p.m.
29	Sat	"Curtain Up On Murder" (UpStagers)	Village Hall	7.00p.m.

NOVEMBER

7	Mon	Upton WI	Pavilion	2.00p.m.
7	Mon	Parish Council Meeting	Pavilion	7.30p.m.
12	Sat	Entertainment Night	BMI	8.00p.m.
14	Mon	Twyver WI	Village Hall	7.30p.m.
16	Wed	Ladies Probus	BMI	10.30a.m.
17	Thu	History Group – "Nurse Edith Cavell" – Mike Stratford	Village Hall	7.45p.m.
20	Sun	Lunchtime Jazz	BMI	1.00-3.00p.m.
21	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.

To place an entry in the Village Diary, please contact Paula Quinn

Weekly courses

This section lists the courses that run every week.

Activity	Day	Venue	Contact	
Yoga	Mondays 10am	Village Hall Annex	Lara Brickhill	07876 764425
Pilates	Wednesdays 9.30am	Pavilion	Philippa Barker	07861 727198
Pilates	Thursdays 1pm	Village Hall Annex	Philippa Barker	07861 727198
Pilates	Fridays 9.30am	Village Hall Annex	Philippa Barker	07861 727198
Chair-based Pilates	Wednesdays 1.30pm	Pavilion	Angela Harris	
Art Class	Tuesdays 2pm	Village Hall Annex	Christine Hughes	01452 614227
Stagehoggers	Contact Amanda	Village Hall Annex	Amanda Williams	07737 500769

Be Careful of Cold Callers

There have been recent incidents of people being asked for payment up front for services not yet provided.

Firstly, if someone calls at your door offering to sell something or provide a service ask them for identification and under no circumstances agree to any payments unless the work has been completed eg cleaning gutters, driveways etc etc.

You can get stickers like the image right, for doors/windows from people like Amazon or others to show you are not interested in any form of cold calling.



Notices

Let the Newsletter Team Know ...

- If you want a wedding acknowledged
- You have a new arrival (new baby)
- You have lost a loved one and want to remember them or give thanks
- If you want to welcome a new neighbour to Upton
- If you want to celebrate an anniversary

... and we will be happy to include (see examples below)

We Welcome two new families to Perry Orchard

Ben and Gabby

Adam, Jasmine and Jamison

The wedding of Emily Stratford and Andrew Dyer took place at Upton Church on Thursday 28th July, followed by a reception at Bowden Hall.

Emily, born at Gloucester Royal Hospital has lived nearly all her life in Upton. Andrew, also born in Gloucester, both now live with their daughter Mabel near Robinswood Park.

Emily can often be seen riding through Upton on her pony Sam or her horse Banjo



UPTON ST LEONARDS LIFE

Web site: <http://usllife.org.uk>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

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Andy Russell
Barbara Swindin
Peter Wilson

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Treasurer: Owen Stinchcombe

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Linda Munnoch
Ann Morphew
Jane Reed

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Clubs / Societies Catherine McLean

/ Organisations:

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Pam Tickner
Kate Davies

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Next month's editor

Andy Russell



Use the postbox at the Village Hall or via the "Contact Us" box on our web page to contact us

DISCLAIMER: USL Life welcomes adverts for goods and services but reminds readers to make their own checks before entering into any contract or other arrangements with advertisers, as USL Life cannot be held responsible for the accuracy of the advertisements.

Gordon William Turner

Gordon's family wanted to express their sincere thanks to all who attended his service and for the many kind words and expressions of sympathy during their sad loss.

His motto was "always keep working, Hard Work never killed anyone". He worked until he was 86 years old!



Climate Change What Can We Do - Cont'd

I currently have the lead role for Environment in the Parish Council and after a useful discussion with the village resident who approached me about our impact on Climate Change, we agreed that it was something we should explore.

I therefore would like to take this forward by asking for volunteers who would be willing to join me in forming a group whose focus would initially be to :-

- Go out and research what others are doing to mitigate the effects of climate change
- Identify simple actions that individuals can do in their own homes to reduce their impact on our climate (and at the same time possibly save money on the rising cost of living)
- Share actions with Upton residents via our village newsletter
- Provide information on any grants or help that exists to support household improvements

If this sounds like something you would like to be involved in please contact Peter Wilson by the 30th September 2022.

A meeting will then be arranged probably for mid October at a venue in the village where the group can discuss and take forward the above actions.

Peter Wilson

