



Upton St Leonards Life *incorporating Church News*

Issue 50

October 2018



*Upton
Show 2018*



See
page 2
For
Full
Report

Upton Show cont'd

Thank goodness the forecast was wrong as the rain stayed away for what was a great Show. The Cotswold Big Band entertained us once again (thank you Gill) and, despite a difficult summer for the gardeners, the exhibits were excellent as always. Thanks to the Children's groups for their input as it is always nice to see the kids' efforts. I felt the flower displays this year were excellent and they received some very favourable comments from the judge. There's a lot of talent out there with lovely displays of crafts, photos and cookery, so well done to everyone who took part.



Paula Quinn won four trophies including the Eacott Perpetual Challenge Cup for the most points won on the day.

Peter Macey won three trophies and two awards including the Banksian Medal for the most points in Sections A and B (vegetables and flowers).

Other winners were Paul Smith, Dominic Everiss, Clifford Alderman, Marian Croose, Valerie Doll, Jim Browne, Moira Pratt, Sara Hemming (see the Upton Show website for a full list of winners and trophies).

In the Children's section Harry Lewis won the Evelyn Rumsey Children's Cup and Jaime Ashworth the Juvenile Cup. Arthur Hemming won the RHS Children's Certificate of Merit.

Two cups are awarded by the Parish Council for the Best Kept Allotment at the Perry Orchard and Stanley sites. L Gapp won the Perry Orchard cup and R Perry won the Stanley cup.

Our thanks to the Parish Council for its support, to the Lady Downe Trust for supporting the marquee, to the Herrings (Farm Shop) for providing the hot dogs and the Scouts for cooking and serving them. Jackie Thorogood and her team did a sterling job serving the refreshments and finally, those other helpers that gave a few hours here and there to make this important Show what it is. Thanks, too, to Bowden Hall, Hatton Court and Hallmark hotel for their raffle prizes.

The Show's AGM is held in late November so I will make an announcement about that in due course BUT:

Colin Freshney, our President, is retiring this year after decades of support as an exhibitor, Committee Member and President. I must include Maureen as well, as she has similarly supported the Show for many years. Peter Macey, our Secretary, is also retiring from that post after 20 years of fantastic input and dedication. The Village owes a large debt of gratitude to them all for their work on our behalf in keeping the Show going.

Cliff Alderman



Thanks to Jim Browne, Linda Munnoch and Andy Russell for the photos

What's Been Happening?

Twyver Walkers

After driving to Twyning and parking at The Fleet, 11 of us ventured on our walk. We walked leisurely to Church End and had a look around their pretty church, made even prettier with the flower arrangements left in there from a flower festival.

From there we carried on to the river, had a quick coffee and biscuit break, and finished the walk by walking along the river back to The Fleet, where we enjoyed a pleasant lunch.

Julie Threlfall, 6th September 2018



TWYVER WI REPORT

President Monica extended a warm welcome to both members and two new visitors after returning from the summer break. Congratulations were given to both Moira Pratt for winning the Novice Cup, (awarded to the person with the highest number of points in the novice category at the Upton Show, held on 8th September) and to Linda Munnoch who won two 1sts, a 2nd and a 3rd in the floristry section. Chris Simpson showed us the finished wall hanging, which had previously won the Gloucestershire Federation design project, by encapsulating so many of our county locations and activities. Chris and her creative team of twelve ladies will ultimately see their winning exhibit in the Gloucestershire Room at Denman College; a fantastic achievement depicting the most wonderful needlework.

Our speaker for the evening was Claire Jenkins, the General Manager of the Cotswold Riding Club for the Disabled.

Claire was as passionate as she was engaging in her enthusiasm for her work. We learned that the club, based at Cheltenham racecourse, celebrated its 50th anniversary back in 2015 and that currently their youngest rider is 3 years of age and their eldest is 76 years young. Claire dispelled the myth that Riding for the Disabled is just children riding ponies, as it is so much more than that; reaching out to older members of the community with dementia and people of all ages in between. It is a community within a community, with 160 volunteers every week enabling the activities to take place 42 weeks of the year and sharing far wider benefits than simply riding for the participants.

Next month's meeting is on Monday, 8th October when our speaker will be author, Mary Johns to talk about 'Five Dogs, Two Cats and A Couple of Mugs'.

New members are very welcome to join us.

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What's been happening? Cont'd

USL LIFE ANNUAL WAYZGOOSE AGAIN



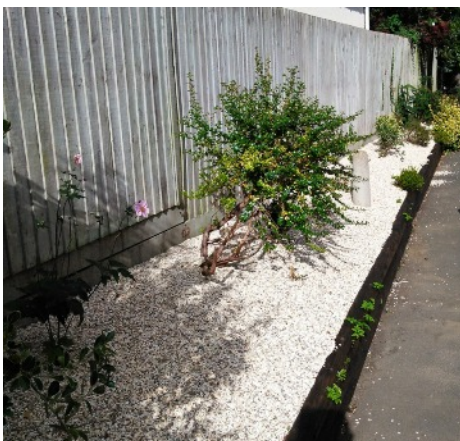
More members of the USL Life Team than ever, including the new editor, gathered for a splendid BBQ in glorious sunshine on Sunday afternoon, 2nd September. It was a wonderful opportunity to say thanks to so many people and to get to know some we hadn't met before.

There was certainly no shortage of delicious salads and desserts to accompany the array of delicacies we'd all brought along for Bob 'the BBQ chef', to mastermind. A big thank you to all who contributed the goodies and to the

people who helped set up the garden for our party, as well as those who helped Pete with the clearing up afterwards, and to Pete himself for hosting the occasion.

Thanks again to Jim for the accompanying photographs showing us all relaxing after our enjoyable year producing and delivering this publication.

If you are looking for something to fill a few hours of your life and feel you can lend a hand in any way, we would be delighted if you would contact one of us to find out more.



Flower Bed by the Post Office

This looks really good now. Many thanks to Jason and Glyn Peart of Upton Builders who cleared out the weeds (again!) and put down a membrane and stone chippings to hinder the weeds' return. Thanks also to Nigel Murrell who applied a new coat of preservative to the wood.

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What's been Happening? Cont'd

UPTON ST LEONARDS WI REPORT

A hidden slice of history on the outskirts of Gloucester City, also described as a river island with meadows growing green, was the subject of a talk by Civic Trust member Tony Condor. Alney Island is the hidden gem, overlooked and understated, but has been and still is a bastion against invasion, erosion, fights and disputes against our enemies; battles have been fought and won. This strategic piece of land stands defiant and strong, bounded by the mighty River Severn.

It was originally part of the manor of Maisemore and served to protect St Peter's Abbey, Gloucester Cathedral and its citizens with all its surrounds of this fair city. In 1235 Burgesses paid £23 for grazing rights for their sheep, cows etc. causing a dispute amongst Freemen who claimed they, not the Council, had common rights for grazing cattle and sheep from Candlemas, February, to midsummer. Cows had to feed on grass. Farmers based their plans on this saying "If Candlemas be fair and bright, Winter would take another bite, If Candlemas bring cloud and rain, Winter will not come again."

In 1513 the Abbot laid a writ against 12 Burgesses to dig out ditches. The Freemen celebrated in triumph,

marching through the City with trumpet, horns and tabors blaring. The castle, standing at the Southgate entrance to the city, was damaged in 1265. The previous year the castle bridge was burnt down. The castle held a prominent position against invaders. In 1483 Alney created areas for sport, archery, racing at Sudmeadow and the 1st May 1858 Gloucester's 1st cricket club was founded. This area of land, Alney Island, so revered by our past ancestors, so historic, so well used years ago, is a hidden gem often overlooked because of our busy lifestyles today.

A warm round of applause followed our talk with a vote of thanks from Marlene. This was a good start to our Autumn season with 4 visitors to our meeting. Business was brief as Lynne welcomed all ladies. On Wednesday 5th September a group of us are going to Painswick Golf Club for afternoon tea and Upton Show on 8th September. On Tuesday 9th October our lunch club hope to meet at New Dawn at Norton. Spaces were still available for the talk from Goodwins Funeral Director on October 18th and the Christmas decoration workshops on Oct 25th and November 1st.

We meet again on Monday 1st October for poems by "The Bard of Barnwood" Margaret Daniels. All ladies very welcome.

Kathy Quant.

Healthy Living Group

On 12 September eight villagers joined Millie Barnes, for an evening discussion on healthy living. After introductions, the subjects discussed ranged from blood pressure monitoring, on-line health apps, low carbohydrate meals and useful websites to exercise. Members reported on the improvements to their health already since the first meeting. We looked at simple ways of improving our health and making these everyday habits. The group decided to meet monthly for the time being. Future meetings are planned on Wednesdays 17 October, 14 November and 12 December in the Pavilion at 7pm until 8.30pm.

The group may be of particular interest to Diabetics and anyone who wants to maintain or improve their health. If you would like to consider joining the group, do come along, you will be very welcome, contact Millie.

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We are situated on Upton Hill in Upton St Leonards.

Grove Court is 100 yards past the Kings Head Pub on the right hand side. Collection service available.

What's coming up?



The UpStagers Drama Group

Present

The Farndale Avenue

Housing Estate Townswomens Guild Dramatic Society's production of

A Christmas Carol

at

The Village Hall

29th 30th November & 1st December

ADVENT WINDOWS

I am trying to set up the first Advent Windows event in our village. The idea consists of having numbered windows that are lit up on the corresponding date and a trail map for people to be able to search and find them. Coopers Edge already do this and it is extremely popular. I have already publicised this on Facebook and have had a good response so far. However, to make it a fun 'trail' I could do with a larger spread around other parts of the village...areas such as Bondend Road, The Stanley, Bowden area, Perry Orchard, High Street, St Leonards Close and any other outlying areas who haven't already been in touch. The primary school has already said "yes", as have lots of other kind people. If you are willing to host a window please get in touch using one of the methods below; I will be in touch soon. Some examples of ideas can be found on the USL Advent Windows website (which will host all of the updates/pictures once it gets going).



Ring in Peace - A concert of remembrance and hope

Music by Sir Edward Elgar, John Rutter and Ian Venables. Soloist: Rebecca McNaught

Tewkesbury Abbey - Saturday 10th November at 7.30pm

The Philomusica Soloists, Chorus and Orchestra, Conductor: Linda Parsons; Leader: Christopher Horner

Tickets £12 (accompanied under 16s free) Available from 01905 350340, from the Abbey Shop, at Tickets@philomusica.org.uk, or on the door.

What's coming up?

FIREWORKS & BONFIRE UPTON VILLAGE HALL

MONDAY 5th NOVEMBER

Bonfire lit at 6-30 gates open 5-30
Admission on the gate £4-50 adults, £2-50
children

Family £12-00 (2 Adults 2 Children)

Refreshments, games etc

Hope to see you there



Royal British Legion Poppy Appeal - 2018

The usual house-to-house sale of poppies will be made during the fortnight leading up to Remembrance Day. Please give generously to help our servicemen/women and their families. Thank you to everyone who continues to help with the collection. We will have the poppies on sale at Morrisons and we need as much help as we can get to cover the dates 29 October to 11 November. If you have an hour or two to spare and would like to help with the collections, please contact us; any time that you can spare will be greatly appreciated. House-to-house collection Jenny Cunningham, Morrisons collection - Jim Browne

Upton Show needs some storage space

Has anyone got some space in a garage or shed to store the Upton Show tents? Stacked neatly the tents need a space about a metre square and a metre high for the fabric, plus room for 70 or so poles 2.5 metres long. If you can help please call Peter Macey.

SPRING SHOW 2019

Next year's Spring Show will be on 30 March. Here is an advance notice of some of the classes.

Photography

Little and large

Opening the presents

Fun in the sun

The changing seasons

Animal world

Fascinating clouds – black and white print only

A few of my favourite things – children up to 16 only

Handicraft - adult class

A handcrafted greeting card

Charity

- A twiddlemuff to be donated to Saintbridge House Care Home. Pattern available online, see *
- A sewn drawstring bag 12" x 9" to be donated to Operation Christmas Child
- A knitted fairy mouse to be donated to the James Hopkins Trust. Pattern available from Val Doll

The preserves and pickles classes will all stay the same as previous year's, lemon curd, jam, marmalade, jelly and chutney. Hopefully this gives everyone plenty of time to get those preserving pans, needles and cameras out so we can have a bumper amount of entries in next year's show. Full schedules will be available in January.

* www.repod.org.uk/downloads/Twiddlemuffs_Instructions_24-01-15.pdf

We will remember them . . .

The last few weeks of WW1 saw continued intense fighting, and in October 1918 yet another Upton villager was killed - the last on the Upton Roll of Honour (though at least one more died soon after the war as a direct result of injuries received).

Henry Charles Ridler

Henry was born in Upton St Leonards in 1898. He joined the Gloucestershire Regiment and had regimental no 26768. He was then transferred to 1st/8th Battalion Lancashire Fusiliers, regimental no. 49067. He was killed in action near Cambrai on 23 October 1918, aged 20. He is buried at Quiévy Communal Cemetery Extension, near Cambrai, Northern France.

Henry was one of 5 sons born to Albert Ridler and Alice Jane Middlecote. They lived on Upton Hill. His older brother William George Ridler died at the battle of the Somme in 1916. Another older brother Albert also fought in the war, surviving.

The Poppy Fields

In fields of green
Red poppies grow
Tall; straight towards the light
And still at noon.
By evening
They are fading into night.

The dawning of the morning brings
A misting of the view
And silently red petals
Downfloat amidst the dew.

At noon this day
Beyond me now
The field is bare of red
And all are gone and all are lost
Forever as the dead.

By a Villager

Marking the centenary of the end of WW1, there will be a number of events in November. There will be an exhibition in the Church on Saturday November 10 and Sunday November 11 about those from the Village who served and those who died, with services of remembrance. New remembrance plaques inside the church will be erected and dedicated. At the exhibition on Sunday 11 November music and songs from the period will be performed.





Photo by Jenny Innes

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Priest in charge: Rev. Clodagh Ingram

Curate: Rev. James Turk

You will be very welcome at all of our services

Church Calendar for October

Sun 7	8.00 am	Holy Communion service
	10.00 am	Celebration Service with Baptism
Mon 8	4.00 - 4.30	Evening Prayer
Tue 9	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 10	4.00 - 4.30	Evening Prayer
Sun 14	10.00 am	Communion Service
Mon 15	4.00 - 4.30	Evening Prayer
Tue 16	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 17	4.00 - 4.30	Evening Prayer
Sun 21	10.00 am	Communion Service
	6.00 pm	Evening Prayer
Mon 22	4.00 - 4.30	Evening Prayer
Tue 23	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 24	4.00 - 4.30	Evening Prayer
Sun 28	10.00 am	Communion Service
	4.00 pm	Word and Worship
Mon 29	4.00 - 4.30	Evening Prayer
Tues 30	9.30 -9.50	Morning Prayer
	9.50-12.00	Coffee & Chat
Wed 31	4.00 - 4.30	Evening Prayer

Dates for your Diary

Tues 2 nd Oct	Music Group - 7.00 pm in the Church
Wed 3 rd Oct	Alpha Course - 7.30 USL Primary School
Thurs 18 th Oct	Mother's Union 2.00 pm in the Church
Sun 4 th Nov	St. Leonard's Day celebration 10.00 am Bring & Share Lunch
Sat 10 th Nov	Service of dedication WW1 Plaques 2.30 pm
Sat 10 th & Sun 11 th Nov	- WW1 Exhibition

Alpha Course

A chance to explore the Christian Faith.
Come along whatever stage you are in your faith journey.

Wednesday evenings

at Upton St. Leonard's Primary School

3rd October – 28th November

7.30-9.00 pm

&

One Saturday 17th November 10am-3pm

No meeting on 24 Oct (Half Term)

Music Group

Tuesday 2nd October

at 7.00 pm in the Church

For those who have a heart for worship, and a love of music.

For more info see James, or just come along.

Everyone is welcome.


Word and Worship

Sunday 28th October 4.00 pm
an informal service filled with the opportunity to praise God in song and learn something from his Word.

Mothers' UNION

Thursday 18th October

2.00 pm in the Church

Members - Please bring your favourite reading

Children's Society Collection 2018

Rachel Ball and Ann Herring have completed the annual counting of money in Children's Society boxes held by residents, and the amount raised was £377. "This is a wonderful result", writes Rachel, "and will be much appreciated by the Children's Society. I want to thank all those who have contributed so generously towards the work of the Society".

If there is anyone who would like to hear more about the Children's Society, or have a collection box, please let Rachel know.

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk



Invitation to a Celebration

St Leonard's Day falls on the 6th November every year. Traditionally the Sunday nearest to the date of a Church's named saint has been marked by the holding of a Patronal Festival. The Festival was seen as a birthday celebration. So this year we will be marking St Leonard's Day on Sunday 4th November at 10.00 am with a celebration giving thanks for all our volunteers.

We are in the extraordinarily joyful position of having volunteers from both the village and beyond, alongside members of the church volunteering in all sorts of ways to help keep our worshipping community flourishing and maintain the church building and the churchyard.

All good birthday parties include family and friends so I am extending an invitation on behalf of the St Leonard's PCC to the many volunteers, without whom we would not be the community of faith, worshipping in our village context that we are enabled to be. Please join us on Sunday 4th November at 10.00 am for our Celebration Service and then stay for lunch.

It seems an opportune moment to thank each one who volunteers in any capacity in and around the village. Much of what enables Upton St Leonards to be the community it is happens through the work and commitment of dedicated volunteers. God gives each one of us gifts and talents for the building up of the wider community and when that happens we glimpse God's Kingdom: a kingdom of love and mercy. Thank you and may you know God's blessing in your lives.

Clodagh



Painting - 'Homecoming of a Soldier' by Maurice Bishop

World war one centenary – memorial for the Church

Since 2014 our USL Life articles under the heading "We Will Remember Them" have featured those men from Upton St. Leonard's named on our War Memorial, in the month of the centenary of their death in World War One. Private Henry Ridler who died on 23 October 1918, just 3 weeks before the end of the War, is the last named of 37 on the stone memorial at the entrance to the churchyard. Research by History Group members has identified some inaccuracies regarding the names and dates. Additionally, there are 3 men buried with full military honours in our churchyard who are not listed on that memorial.

Corporal Ernest Clarke was found dead of exposure on 24 November 1915 at Pincott Farm, Private Renford Hooper died on 27 September 1920 of wounds received earlier during the war, as did Private William Webb on 25 Jun 1921 (his brother John died on 2 September 1918 and is listed on the Memorial).

Our project to place two wooden plaques inside the church on the wall of the South Aisle will include all 40 names and is nearing completion. The picture shows the eventual position – the boards in oak are presently having the names added by our sign-writer.

A short Service of Dedication will take place during the WW1 Exhibition weekend in the church organised by Mike Stratford – and will be at 2.30pm on Saturday 10 November. The Hooper family will be returning to the village and we hope that relatives and friends of other men named will also be able to join us for the Dedication.

Generous grants from Lady Downe Charity, the Parish Council and the PCC, and donations from ex-servicemen in the village, have raised £1950 – a further £200 is needed to complete the project which will also include a shelf on which to place the Poppy wreath and a book with the known details and photos of the 40 men. The Churchwardens will be happy to receive any contributions. It is hoped that

residents young and old will undertake further research for the book, to record more of the lives of these local men who left our village a hundred years ago, never to return.

WE WILL REMEMBER THEM

Roy Roberts (PCC) and Mike Stratford (History Group)



St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Tower Floodlighting

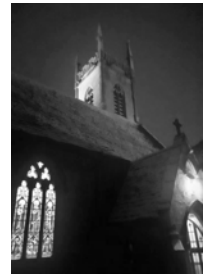
The Tower Lights are lit on the 4th October in memory of Rich on his birthday. Sponsored with much love by Mum and Libby.

On Wednesday 10th October, the Tower Lights are lit in remembrance of Derek Brinkley who passed away three years ago on this day. Kindly sponsored by his son, Alan.

On the 11th October the Tower will be lit in memory of Chris Rumsey on her birthday. With love and so many happy memories from all the family.

The family of Mr Denis Devereux wish to light the Tower of Upton St. Leonards Church on the evening of his 97th birthday, October 12th. As a family, we lived for many happy years in Upton St. Leonards and we remember the 'golden moments' we shared together. We never stop thinking about him and loving him. He is greatly missed by us all. From Jane, Barry, Richard, Yvonne, Nan and all his grandchildren and great-grandchildren.

On Wednesday 17th October 2018, the Church Tower Lights are being sponsored by Ruth Edgington and family in loving memory of Michael William Edgington, who passed away on this day 12 years ago.



If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday, anniversary, baptism or in remembrance of a loved one please contact Jenny Cunningham for more details. There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too. Please note that the deadline of the Church News is the 10th of the preceding month.

Songs of Praise August 2018

On the evening of August 19th we were blessed with perfect weather for our Songs of Praise service or perhaps we should call it Praises in Song when we praised and thanked God for our NHS with it being the 70th anniversary this



year. The Rev. Clodagh Ingram led the service and the Gloucester Brass Band who were on great form as always (conducted for the first time by Dave Knight) accompanied everyone in their singing. People who had worked and are still working for the NHS had been invited to give us a brief account of the different work they had been involved with. The first person to come and share their experiences was Jane



who is a nurse and has nursed in a wide range of settings such as being a midwife, a breast cancer support nurse, involved in palliative care and setting up the Maggie's centre in Cheltenham. She went on to choose a favourite hymn "How Great Thou art" which took her back to her childhood



days hearing the Salvation Army playing this at St. Ives. Other speakers included Penny who worked as a district nurse, Neil who had been involved with managing finances and then Ginny and Rachel who have benefited from the care and treatment they have received over the years from the NHS. All speakers chose their favourite hymn and our conductor for the evening Dave chose the final hymn "O worship the Lord" for what better reason than being the first hymn he'd learnt to play on the trumpet at twelve years old!! During the service we were joined by a four legged friend who



was happy to sit still through the prayers and walk freely along the rows during the hymns!!! We trust he found his way safely home!! Finally we were reminded that most of us have in some time of our lives been treated by the NHS and the service was a great opportunity to say thank you to God for our NHS as we just never know when we might next need them.

Photographs by Dan Ingram

Sheila Thomas

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Holy Ground - Coopers Edge 8/9 September 2018



Rev James Turk, Bishop Rachel, Rev Mark Close Vicar of Hucclecote enjoying a moment on Holy Ground



Gathering on Holy Ground



Standing on Holy Ground



Bishop Rachel prays over school and work bags praying a blessing on the work of the year to come.

Who's who at the Parish Church

Priest in Charge:

Rev Clodagh Ingram

Curate:

Rev James Turk

Churchwardens:

Keith Robbins

Rachel Hall

PCC Secretary

Sarah Kent

pccsecretary@uptonstleonardschurch.co.uk

Church Treasurer

Vacancy

Baptism & Wedding Enquiries:

Church Administrator - Jenny Cunningham

Deanery Synod Representative

Dorothy Cox

Bell Tower Captain:

Charlie Burnett

Mother's Union

Rachel Hall

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obligation*



Arts Page

This month we offer you harvest fruits in abundance together with Alexander Pushkin's thoughts on autumn in Russia, his homeland. We also quote from an illustration by Adrian Bell (1901-1980), in his book *Men And The Fields*, of a Suffolk farm in 1930 after the harvest.

GOBLIN MARKET by Christina Rossetti (1862)
(This is an extract from a narrative poem which tells the story of Laura and Lizzie who are tempted with fruit by goblin merchants)



Morning and evening
Maids heard the goblins cry
"Come buy our orchard fruits,
Come buy, come buy:
Apples and quinces,
Lemons and oranges,
Plump unpecked cherries,
Melons and raspberries,
Bloom-down-cheeked peaches,
Swart-headed mulberries,
Wild free-born cranberries,
Crab-apples, dewberries,
Pine-apples, blackberries,
Apricots, strawberries;-
All ripe together
In summer weather,-
Morns that pass by,
Fair eves that fly;
Come buy, come buy;
Our grapes fresh from the vine,
Pomegranates full and fine,
Dates and sharp bullaces,
Rare pears and greengages,
Damsons and bilberries,
Taste them and try:
Currants and gooseberries,
Bright-fire-like barberries,
Figs to fill your mouth,
Citrons from the South,
Sweet to tongue and sound to
eye;

AUTUMN by Alexander Pushkin (abridged)

October's come – the groves already shaking
The last leaves from the naked branches; cold
Has breathed, the road's becoming frozen, still
The stream runs, babbling, beyond the mill
But on the pond the ice has taken hold;

Ordinarily the days of late autumn are abused,
But I, dear reader, love her for her quiet beauty
That glows so modestly. I love her as one loves
A child unloved in its own family. To speak truth,
Of all the seasons of the year I welcome her alone.
There is much in her that is good, and I,
Who am not a vainglorious lover, have found
In my wayward fantasy something special in her.

And with every autumn I come into bloom
Afresh; the Russian cold is healthy for me;
I love again the daily air we breathe;
Sleep comes in its proper time, and so does hunger;
Lightly, joyously beats my heart, desires seethe,
Once more I'm full of life, happier, younger.....

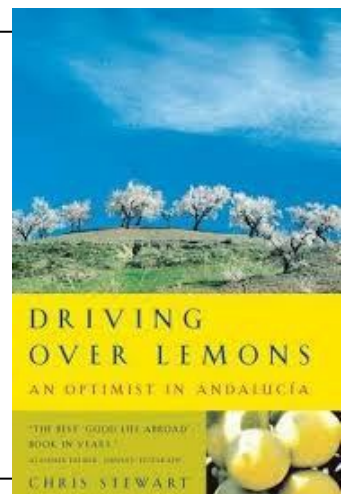
Men And The Fields

The way into the stackyard from the fields is harvest worn.
Straws hang from the boughs of the elms and a few lie
scattered on the track: the earth is pounded by hooves and
worn almost to a shine by the iron of the wagon wheels. The
way into the stackyard is lined with implements: a balance
plough, a cultivator, a hen coop with a brood of chicks running
in and out on to the roadway and pecking up the grains
shaken from the passing wagons.

BOOK REVIEW

Driving Over Lemons – An Optimist in Andalucia by Chris Stewart (1999) ISBN 0-9535227-0-9

Chris Stewart, ex-drummer (briefly) of Genesis, uses an intriguing title to conjure up hot summer days and sleepy Spanish villages. The setting is the Alpujarra (1200 metres above sea level), south of Granada with a backdrop of lemon, almond and olive groves. He then changes the temperature by describing farming during a harsh winter – without running water or electricity in the farmhouse and with no access road. This book has sold over a million copies and been translated into 9 languages. If you enjoy it there are two sequels.



“The Owl and the Pussycat”

(alternative version and drawing by Ted Gardener)



The owl and the pussycat went to sea
in a beautiful pea green boat.
They took some honey and plenty of money
wrapped up in a scruffy old coat.

So they sailed away for a year and a day,
Now what kind of a trip was that?
They both fell in the sea and got wet through you see
Just a bird and a soggy old cat.

Now you and I know that this isn't so,
'cos cats are no good at sea,
And owls cannot swim, so if 'twas left up to him
they both would have *Porrished* you see.

“Now” said the owl “we both smell quite foul”
“We’ll go back in the sea for a scrub,”
“And we should be clean if you know what I mean.”
“Then we’ll go home in this leaking old tub.”

So they headed for shore and set sail once more.
They wanted to get home by ten.
They both agreed that there was no need
To ever go boating again.

Hot Air Balloon landing in the Glebe Field on Thursday 30th August.

After undertaking a rather close inspection of the Church Roof, the Balloon with two crew members and two passengers on board, eventually made a safe landing in the Glebe Field watched by a number of Upton residents, several of whom helped with the clearing up and packing away of basket and canopy. I am happy to report no damage was done to the Glebe Field.

The trip had started from Staverton earlier in the evening and after landing the passengers celebrated a special event with a glass of champagne.
David Hunt



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Spotlight on ...

Roger Brown - painter/decorator



For 43 years Roger Brown has been painting and decorating for a living. He was born and bred in the Stroud area and as a boy his family lived by a farm and it was there that Roger spent every minute of his free time, hoping that one day he too would become a farmer. This was not to be. Roger's father was determined that his son should do an apprenticeship in engineering, so Roger embarked on that when he left school. Six months later he quit - being confined all day long in a factory was simply not for him. So he joined his elder brother for a while in his painting/decorating business. Roger has never forgotten his very first job which was cleaning out and repainting a Mrs. Joseph's gutters! Roger was immediately hooked - he thoroughly enjoyed himself - this was the career for him. Then for a decade he worked for a builder who had a contract doing

up Whitbread pubs.

In 1989, Roger set up his own business and has been running that ever since. He and his young family moved away from Stroud and came to live nearer Gloucester. For the past 18 years he has been a resident in the centre of Upton St. Leonards. During all this time he has painted and decorated innumerable homes and other buildings in Upton and all the surrounding areas. Highly experienced and completely reliable, Roger is a very handy person to know. He has enjoyed meeting so many people and doing PVC on modern buildings in particular, but interior work continues to keep Roger busy. He has witnessed so many fashions in wallpapering



and in the use of colour. These days there is quite a demand for one feature wall in a room; borders and dado rails are less in demand than they were at one time. The strangest requests have to be respected: one gentleman in a grand Victorian house in Cheltenham required his lounge ceiling, cornices and all, to be painted in black. Another client who was a heavy smoker and spent his life sitting in a chair in his living room could not be persuaded to move whilst Roger and a colleague repainted the ceiling above him. He preferred to continue sitting there with a sheet erected over and around him to prevent the smoke from contaminating the fresh paint!

Roger is a real family man and he and his wife are now grandparents, but he has no intention of putting his brushes away yet and selling his van. So if you want some decorating done, he can still be contacted via his advertisement in USL LIFE.



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GEORDIE JIM'S BEEF RENDANG

During my years living in Hong Kong, I attended many Asian cookery classes by my wonderful mentor Felicia Wakwella Sorensen. I have modified the original recipe to my taste but I am sure that you will enjoy this gorgeous curry.

INGREDIENTS:

- 1½ kg best braising steak cut into large cubes about 3cm.
- 10 shallots
- 1 onion, chopped
- 2 stalks lemon grass
- 6 cloves of garlic
- 1½ tbsp. chopped ginger
- 8 fresh red chillies
- 1 inch piece kha (galangal)
- 1 can 400ml coconut milk
- 2 tsp. salt
- 1 tsp. turmeric
- 2 tsp. ground cumin
- 1 tbsp. ground coriander
- 10 curry leaves
- 2 inch piece of cinnamon
- 1 tbsp, of palm sugar (or soft brown sugar)
- 2 tbsp. tamarind paste (or freshly squeezed juice of 1 lime)
- 2 tbsp. dark soy sauce
- 3 tbsp. sunflower oil

METHOD:

Put the shallots, onion, garlic, ginger, kha (galangal), lemon grass, chillies into a food processor and blend to a fine paste.

Heat the oil in a large saucepan or casserole dish and fry the paste gently for about 4 minutes stirring all the time. Add the turmeric, cumin and coriander and stir for another 2 minutes.

Add the Beef and stir until all the meat is coated with the paste and spices. Cook for 5 minutes constantly stirring until the meat has started to turn slightly brown.

Pour in the coconut milk and if more liquid is needed pour in some cold water and mix well. Add the curry leaves, cinnamon stick, sugar, tamarind paste (or lime), soy sauce and salt and bring to a simmer.

Reduce heat, let the mixture bubble gently and stir it occasionally until it becomes very thick. This should take between 2 to 3 hours until the meat is very tender but not falling apart and most of the sauce has been absorbed into the meat.

TIPS:

Cook the curry the day before and keep in the fridge and then just warm up the next day. Freezing is also good with a great mature flavour.... Now just ENJOY.



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We have put as much in here as space permits.
 Events happening weekly are only shown for
 the first month.

VILLAGE DIARY

OCTOBER

1	Mon	Yoga.....	Village Hall.....	10.00-11.30a.m.
1	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
1	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
1	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.00p.m.
1	Mon	Yoga.....	Pavilion.....	5.30p.m.
1	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
1	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
2	Tue	Recycling and Food Waste Week		
2	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
2	Tue	Tuesday Probus.....	BMI.....	10.00-12.00p.m.
2	Tue	Junior Jujitsu.....	Pavilion.....	4.00-5.00p.m.
2	Tue	Brownies.....	Pavilion.....	5.30p.m.
2	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
3	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
3	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
3	Wed	Bingo.....	BMI.....	8.00p.m.
3	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
3	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
4	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
4	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
4	Thu	Fitness - Three 30 min sessions.....	Pavilion.....	6.00-7.30p.m.
8	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
8	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
8	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
8	Mon	Yoga.....	Pavilion.....	6.30p.m.
8	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
9	Tue	Rubbish and Food Waste Week and Garden Waste for those with brown bins		
9	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
9	Tue	Junior Jujitsu.....	Pavilion.....	4.00-5.00p.m.
9	Tue	Brownies.....	Pavilion.....	5.30p.m.
9	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
10	Tue	Copy Date for November issue of USL Life		
11	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
11	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
11	Wed	Bingo.....	BMI.....	8.00p.m.
11	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
11	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
12	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
12	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
12	Thu	Fitness - Three 30 min sessions.....	Pavilion.....	6.00-7.30p.m.
15	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
15	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
15	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
15	Mon	Yoga.....	Pavilion.....	6.30p.m.
15	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.45p.m.
16	Tue	Recycling and Food Waste Week		
16	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
16	Tue	Junior Jujitsu.....	Pavilion.....	4.00-5.00p.m.
16	Tue	Brownies.....	Pavilion.....	5.30p.m.
17	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
17	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
17	Wed	Bingo.....	BMI.....	8.00p.m.
17	Wed	Healthy Living Group.....	Pavilion.....	7.00-8.30p.m.
17	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
17	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
18	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15a.m.
18	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
18	Thu	Get Together Club.....	Village Hall.....	2.30-4.30p.m.
18	Thu	Fitness - Three 30 min sessions.....	Pavilion.....	6.00-7.30p.m.
22	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
22	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
22	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
22	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
23	Tue	Rubbish and Food Waste Week, also Garden Rubbish for those with brown bins		
23	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15p.m.
23	Tue	Senior Circuits.....	Pavilion.....	11.00-12.00p.m.
23	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
24	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
24	Wed	USL Ladies' Probus Club.....	BMI.....	10.15-12p.m.
24	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
24	Wed	Bingo.....	BMI.....	8.00p.m.



24	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
24	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
25	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
25	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
25	Thu	Get Together Club - Sausage and Mash.....	Village Hall.....	1.00-4.00p.m.
25	Thu	Fitness - Three 30 min sessions.....	Pavilion.....	6.00-7.30p.m.
29	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
29	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
29	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
29	Mon	Upton WI including AGM (date moved to avoid Nov 5).....	Village Hall.....	7.30-10.00p.m.
30	Tue	Recycling and Food Waste Week		
30	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15p.m.
30	Tue	Junior Jujitsu.....	Pavilion.....	4.00-5.00p.m.
30	Tue	Brownies.....	Pavilion.....	5.30p.m.
30	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
31	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
31	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
31	Wed	Bingo.....	BMI.....	8.00p.m.
31	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
31	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.

NOVEMBER

5	Mon	Bonfire Night.....	Village Hall.....	5.30p.m.
5	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
12	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
14	Wed	Healthy Living Group.....	Pavilion.....	7.00-8.30p.m.
15	Thu	History Group - "In a Foreign Field Where Men from Upton Lie".....	Village Hall.....	7.45-9.15p.m.
17	Sat	Entertainment Night.....	BMI.....	8.00p.m.
19	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.45p.m.
26	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
26	Mon	Lady Downe Charity.....	School.....	7.30p.m.
29	Thu	Get Together Club.....	Upton St Leonards School.....	2.00-4.00p.m.
29	Thu	UpStagers: A Christmas Carol.....	Village Hall.....	TBA
30	Fi	UpStagers: A Christmas Carol.....	Village Hall.....	TBA

DECEMBER

1	Sat	UpStagers: A Christmas Carol.....	Village Hall.....	TBA
3	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
3	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
8	Sat	BMI Pensioner's Lunch.....	BMI.....	12.00p.m.
10	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
12	Wed	Healthy Living Group.....	Pavilion.....	7.00-8.30p.m.
13	Thu	Get Together Christmas Lunch.....	Bowden Hall.....	12 for 12.30p.m.
15	Sat	BMI Christmas Draw.....	BMI.....	8.00p.m.
17	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.45p.m.
22	Sat	Family Party.....	BMI.....	TBA
24	Mon	Christmas Eve Entertainment.....	BMI.....	8.00p.m.
31	Mon	New Year's Eve Entertainment.....	BMI.....	8.00p.m.

Contact Paula Quinn to get your event in the diary



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Diana Rosewell - Creative Artist

Interview with Linda Munnoch

I'm a great believer in promoting and singing the praises of our local gifted creative artists. In this world of hi-tech and fast interaction, taking time to breathe and create wonderful things has been rather overlooked and yet



never more important than in our current climate of change. Thank goodness there are pockets of innovation still alive and well and thriving. I attended a coffee morning a few months ago in support of funds for USL Life hosted by Paul and Diana at their lovely home and was completely overawed by the wonderful stained-glass items, in and around their home, all lovingly made by Diana, so she very kindly agreed to talk to me about her lifelong passions. I was not prepared for all the other wonderful talents this lady has for silk painting, beading and various other projects she has on the go.

I'm going to pass you over to her now and

let her tell you her story in her own words:

"The beauty of most hobbies is that they have no class or other barriers - just like minded people becoming friends through an activity.

I come from an artistic family - my father, Les Roberts, was a commercial artist. He found teaching me his skills rather difficult as I am left handed! So I found my own way of developing my skills. I went to Wynstones School, which suited me well as it let me find my own abilities. Painting, drawing, sewing, woodwork and cane work were all part of the daily school life at Wynstones. Like a lot of people then I married young and made clothes for myself and children, staying up late many a time to finish a dress I wanted to wear the next day.

SILK AND BATIK WORK

Eventually, feeling like trying something new I enrolled on a course at the Guildhall for silk painting and Batik - great I thought - this suits my slightly quirky artistic nature, then cushions and pictures soon followed all over the house.

MOSAICS

Creating Mosaics was and is a passion of mine. Cutting little bits of glass or ceramics and making a picture is great fun. Anyone can do this and you could surprise yourself by what you make, from a coaster to a picture for the garden. Just be creative.

STAINED GLASS

Glass has been a really thrilling hobby for me, maybe the most demanding - hard on the hands and physically hard on my body.

All the learning was worth it because what I created was unique and will last for many generations. I have made lamps and pictures for the family, (I hope they look after them) and many things for us.

I did a stained glass course at Stroud Art College which qualified me to go to Swansea University - they specialised in glass work. Sadly I did not take up the opportunity as I felt too mature (that is too old!) to start a 3 year course.

UPTON ST LEONARDS LIFE

Web site: <http://uslife.org.uk/>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

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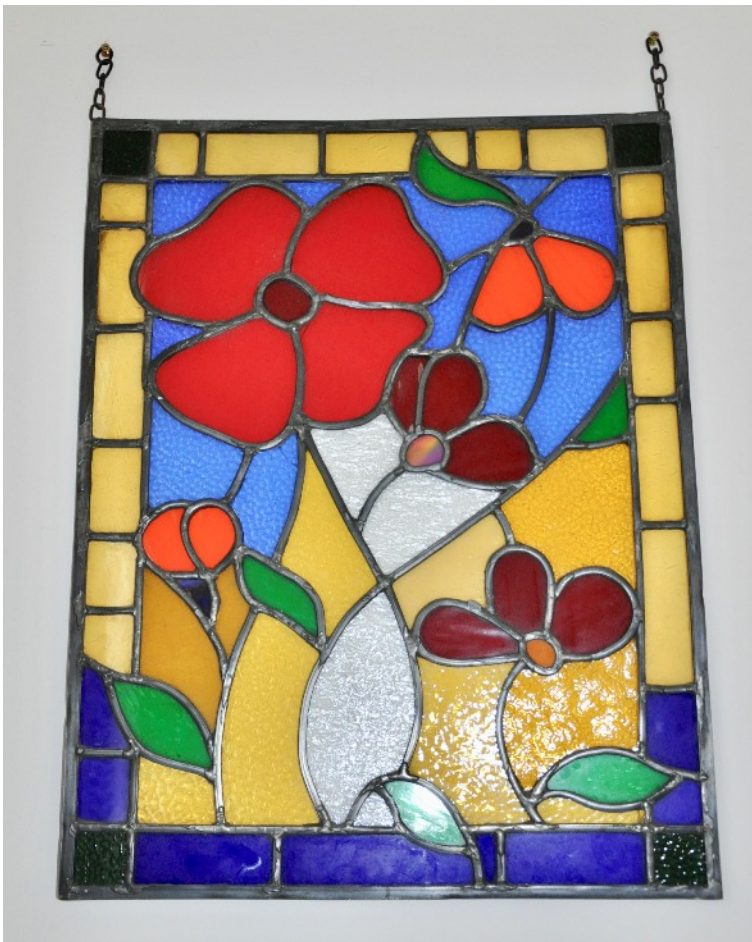
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Continued on Back Page



BEADING

Beading for jewellery was my next passion, working with tiny tiny beads. I never realised how much patience I had.

Seven years ago four beading friends and I started a Beading Club at Longford Village Hall, called Gloucester Beaders. Every

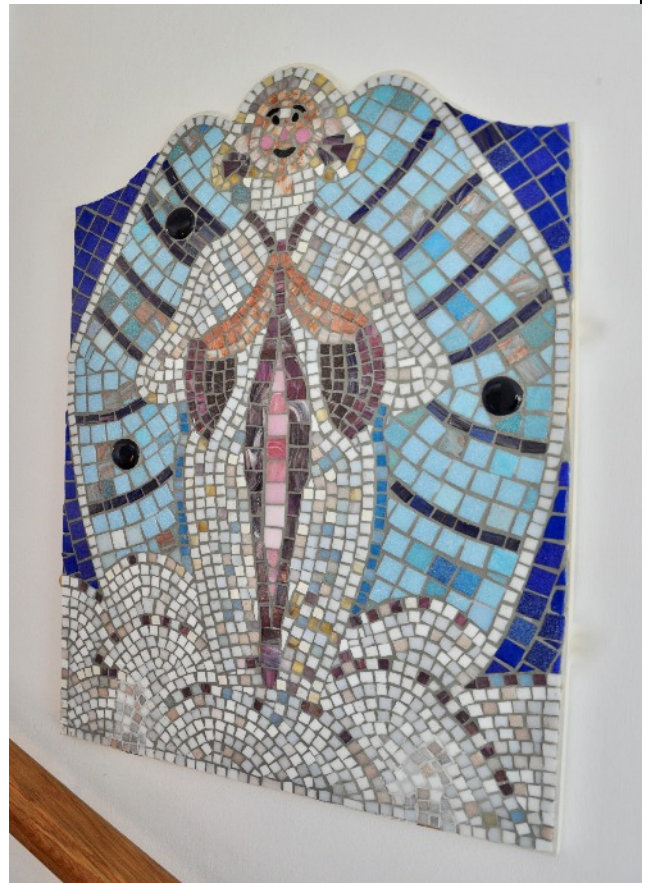
year we have 60 to 70 members. People come not knowing how to bead and then within a few months are making beautiful things. Five of my friends from Upton come - Margaret, Anita, Sue, Hazel and Myra - and they have become talented beaders. Let me know if you are interested in joining - or maybe I could start an Upton group.

Nowadays I still work with all my interests at different times and find time for our big garden. My one hobby I keep tampering with is water colour painting so maybe that will be my next serious challenge.

My hobbies are the second love of my life, first of course is my very patient husband along with my

grown up kids. I know I don't now play golf as a lot of you do but that was one hobby that got away when I found it was not for me. DIANA ROSEWELL

Thank you Diane for this interview and thanks again to Jim for the photos.



If you have any unusual hobbies or interests we'd love to hear from you. Linda Munnoch