

# *Upton St Leonards Life* *incorporating Church News*

Issue 26

October 2016



## **Upton St Leonards**



## **Gnome Hunt**

**SUNDAY 2<sup>nd</sup> OCTOBER 2016**

**See Page 7  
For full details**

## **The Harvest Festival Service**

**Will take place on**

**Sunday 9<sup>th</sup> October**

**At 11.00 am**

**Perry Orchard Allotments**

An auction of Harvest Produce will take place and all proceeds will go to the Church Funds.



We look forward to seeing you at our  
Open Air Service

## **USL Show**

<http://www.uptonstleonardsshow.com/>

### **CONGRATULATIONS**



**A full list of the  
Trophy  
Winners  
can be  
found on  
page 9.**

**Winner of Class 94 - Autumn Cone**



**British Summer Time  
Ends**

**Sunday, 30<sup>th</sup> October**

## **Half Term**

20<sup>th</sup> - 30<sup>th</sup> October

Halloween Activities in our county can be seen using the following link.

<http://www.exploregloucestershire.co.uk/page725.asp>



The current copy of each Newsletter and all previous editions can be found on our website

<http://www.usllife.co.uk>

# Letters to the Editor



## Exciting news from the Village Hall

There have been a number of projects recently to enhance the village hall so that users have a better experience.

A few years ago we built the new entrance and extension and created the Training room and the Parish Office. Toilet facilities were refurbished and the old plastic chairs were replaced by more comfortable ones. We have also improved the look of the building by having the outside completely decorated a couple years ago. We replaced a whole section of rendering on the rear gable which was causing damp to penetrate.

This summer we have carried out more improvements. We have replaced the flooring to the stairs which was old, dirty and cracked and laid a new carpet in the old hallway.

However the big recent news is that we have completely replaced the main kitchen. Gone is the old kitchen range and the cupboards and in their place we have installed 2 built in ovens, 2 built in microwaves and hobs in the new work tops. All the crockery is now stored in purpose made drawers capable of taking loads up to 50 kilos. There is a new fridge and an extractor fan..



This was all done for us by The Kitchen Broker of Brockworth. Their designers and installers have done an excellent job and now we must all do an excellent job in looking after it properly. All users should treat it like they would their own kitchen. It must always be left clean and free of any items lying around. Any crockery used must be washed up and put away at all times after use.

The Management Committee has committed £11,000 to this project and we are sure that when you see it you will realise it represents very good value for money. It is hoped that all users will enjoy this excellent new facility.

**The Village Hall Management Committee**

## Pavilion Improvements

As mentioned in earlier editions, the Parish Council has set aside funds for internal refurbishment in the Pavilion. Most of the ceiling lights have been replaced with modern energy efficient fittings and the walls and ceilings have been repainted. New flooring will be laid downstairs and WiFi will be installed.

**A reminder that the Pavilion Lounge can be booked for parties and meetings. To make a booking call Andy Russell on 610002.**

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# What's been happening in Upton?

## Upton St Leonards Annual Show

This was the first time we have had Upton Show after its name change from Upton Flower Show (which we felt conveyed the wrong image - the Show is much more than flowers!). As usual we had a marvellous collection of fruit and vegetables, cakes and biscuits, jams and pickles, photos and handicrafts and various Children's sections. We cannot have the Show without you.



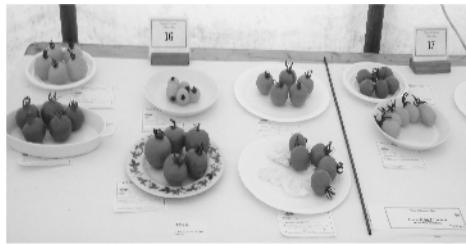
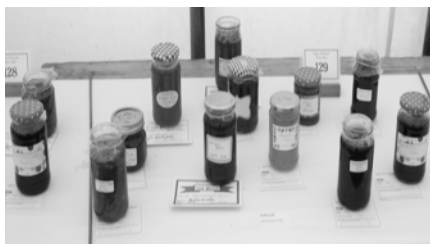
In no particular order we are grateful for Jackie Thorogood and her team for providing the refreshments throughout the day and to the wonderful donations of cakes for sale at the Show. Thanks to the Cotswold Big Band for once again entertaining us as we viewed the exhibits and the side stalls. This wasn't an easy task as the indifferent weather kept the usual crowds away. Thanks also to the volunteers who helped us set up and dismantle throughout the weekend. Thanks to Anne and Andrew Herring for providing the hot dogs and to the Scouts for cooking and serving. Finally our thanks go to the Parish Council and the Lady Downe Trust for supporting the Show financially.

We look forward to seeing you all again next year, on the 2<sup>nd</sup> Saturday in September. Please check on our website <http://uptonstleonardsshow.com> next spring, to get a preliminary version of the Show Schedule and see future editions of Upton St Leonards Life for exhibit adverts. Very well done to all the winners and thanks to all who entered.

Please see page 9 for the full list of winners.

Cliff Alderman

### Produce Photos from the Show



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# More reports from the Upton St Leonards Show

Although the sun deigned to turn up 30 minutes after the show finished those who did get there on time had a great afternoon, apologies nevertheless, to all the children (and some adults) for the failure of the bouncy castle to show up ..... Next year!!

In the show tents there were some great exhibits, not least the giant pumpkin, which needed 4 men to carry it in and the lovely photo of a child alone on the beach silhouetted against the evening sky. I quite fancied the job of cakes and preserves judge although all that tasting must be so stressful! The flowers and flower arranging classes were a delight to the eye and although entries were down, the children's classes showed what a talented lot of youngsters are amongst us.



There is a list of the special award winners on page 9.

However, the show can only work because of a great team of volunteers behind the scenes. Before show day Mrs Rumsey collects and collates all entries, quite a task when one person put in 62 entries across the classes. Our admin team now lives in the 21<sup>st</sup> century as a result of our new computerised results system, kindly devised by Maurizio Fagini, efficiently entering the results from our team of expert judges and their stewards.

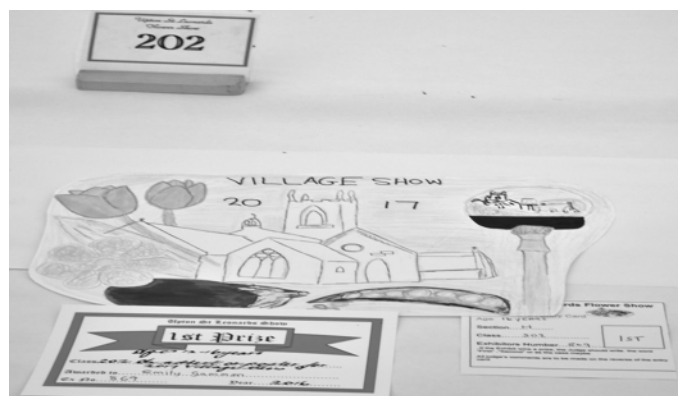
Jackie Thorogood and her Bake Off team (thanks to all who provided cakes) amazingly fed everyone with tea and show stopper cakes and as always there was a queue at the Scouts hot dog stand. As always, there is the 'Heavy Gang' who put up and dismantle the marquees and clear up the field. All this can only work because Peter Macey our oh so efficient Secretary works tirelessly all year round to bring everything together on the day.

Finally a mention must be made to our star attraction, the Cotswold Big Band so ably lead by Upton's own Gill Mew who played all afternoon and in the words of one visitor 'held the show together'. Never fear Peter has already booked them for next year!

## Floral



## Handicrafts



# CLIMBING FOR CROHN'S AND COLITIS UK



## SCAFELL PIKE



*Andrea Dawson*

On Saturday, 10th September, Millie Barnes and I climbed Scafell Pike, England's highest mountain at 978 metres, in aid of Crohn's and Colitis UK.

Our first attempt on the previous day turned out not to be viable with rain and high winds forecast, but with the absurdities of our British climate, the following day thankfully dawned bright and clear and we set off to scale the summit, sporting our fundraising tee shirts.

Armed with rucksacks full of energy giving foods, plenty of fluids, an array of clothing, compasses, maps and all the other paraphernalia that is essential for such a climb, we set off to achieve the challenge we had set ourselves.

Our approach was from Wasdale Head, a remote valley in the Western Fells. We were immediately struck by the sheer grandeur and majesty of our surroundings as we began our walk by the side of Wast Water, England's deepest lake. Although this is the shortest and most direct route it is also unrelentingly steep and we were grateful for the practice walks we had completed during the past months to improve our stamina.



With heavy rains from the previous day, crossing the beck at Lingmell Gill was a little precarious and we were glad of our poles to steady us as we stepped, hearts pumping, through the rushing water.

On reaching the summit we took the final steps to the flat top of the circular stone cairn, next to the OS trig point. The views were astoundingly beautiful albeit in soft focus, due to a light mist, but this only seemed to enhance the wonder of our ethereal surroundings.

We had hoped to be able to see the Isle of Man, being told that it was visible on a clear day. However whilst it was clear below the summit, the slight haze at the top prevented this, although it didn't prevent us from being welcomed to the Isle of Man on our smartphones! (in silent mode of course). The mysteries of modern telecommunications....



After boosting our calorie intake with a few chocolate bars and the famous Kendal Mint Cake, we reluctantly agreed it was time to make our descent. This required a great deal of concentration

over the rocky terrain and as neither of us were keen to sustain any injuries, conversation was somewhat restricted! All the while we were being passed by more and more eager climbers; some going up, some going down, climbers of varied nationalities, ages and abilities, with several stopping us on the way to tell us about someone they knew with Crohn's; one chap even gave us a tenner and wished us good luck!

After several hours or so of picking our way down the stony lunar-like landscape we finally reached the safety of the Wasdale Head Car Park, feeling both exhilarated and proud that we had accomplished our walk without mishap.

**We would both be delighted to see you at our Coffee Club Autumn Charity Morning at the BMI on Monday, 17th October to support this very worthwhile charity. Please see separate advertisement for details.**

# USL Coffee Club...Goes from strength to strength

In the six weeks following the launch of the Coffee Club at the BMI, there has been an unprecedented response. At the most recent meeting 35 visitors called in to just enjoy catching up with friends and meeting new faces.

Special thanks go to Marilyn Bannister and Millie Barnes for initiating the original concept and to Alec Russell at the BMI for providing the lounge as the venue and of course - the biscuits!!

If you haven't been yet, **Coffee Club takes place every Monday from 10 am - 12 pm.** Why not pop in?

We are currently looking for **Volunteers** to drive/collect anyone who may need transport. If you feel you could offer your help then please contact either Marilyn or Millie .



## UPTON ST LEONARDS WI SEPTEMBER MEETING

At our meeting our speaker, Fiona Wareing took us back to September 1942 and recruitment for the Women's Land Army. These girls were most important in keeping the country fed during World War 2 and for reducing our reliance on imported food. Fiona kept us laughing with her anecdotes of recruitment procedures and life for the women of the Land Army.

We are holding a further beading workshop on 26<sup>th</sup> October and our next luncheon club get together is on 27<sup>th</sup> September. GFWI are holding several events including a visit to **Tyntesfield House at Christmas** at

the end of November and a **Crafts for Christmas Taster Day.** Boards were put out for all these events.

Our next meeting is on 3<sup>rd</sup> October where, in a change to our advertised programme, Alexandra Stanbrook will be talking on "Hilarious Hats".

Boxes to be filled for Samaritan's Purse will be available at this meeting. We would also like every member to bring a wrapped parcel (value approximately £1) and for every member to buy one of these boxes to raise money for the Denman Appeal. We hope this will be well supported. Visitors are very welcome.

*Lynne Cook*

## TWYVER WI SEPTEMBER MEETING

Our speaker this month was Natalie Mignotte who talked to us about Seasonal Colours in the Garden.

Rather than focusing solely on Autumn, Natalie took us through all the seasons by means of a Powerpoint presentation. Members were able to enjoy each season in turn by looking at some beautiful photographs depicting an impressive array of colours and textures in both small and large scale landscapes.

The vote of thanks was given by Hazel Day who thanked Natalie for her very knowledgeable talk on both flora and fauna alike.

President Margaret Buckley reminded members that Twyver WI are hosting the Robinswood Group Meeting on Friday, 28<sup>th</sup> October at USL Village Hall at 7.30 pm where a main course and a dessert will be provided by Twyver volunteers.

With Remembrance Day not far off, members were encouraged to knit or crochet a poppy and to bring it to next month's meeting. (Pattern on-line).

Our next meeting will take place on Monday, 10<sup>th</sup> October and our speaker will be one of our own members, Sue Downes who will talk to us on Life in Occupied Guernsey in WWII.

Visitors will be made very welcome.



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# Sports News

## Cricket Club

The 2016 playing season has finished. Both the Saturday teams, having been promoted at the end of last year, took a while to adapt to the higher standard of cricket in the divisions they had reached, but both teams held their own, and the first XI came a very creditable 4th in their competition, in the end just one spot off the next promotion. By contrast the Wednesday team stumbled and will probably be relegated.



The club set some important targets for increasing the size and skill levels in the youth set-up, and there was lots of progress. The U-13 and U-11 youth teams played better and won more games than in 2015. We have also gradually built up a cadre of older boys and without doubt next year we will have a team at U-15 - which means we will have reached one of our targets. We have gradually been introducing some of the older boys to full adult league cricket. There has been a real "buzz" at the youth training sessions with increased numbers and the new training capability made possible by the nets.

Which brings me to the nets. Undoubtedly the 2016 season has marked a landmark with the arrival of the nets, and what a difference the facility has made to the club! On most summer evenings there were groups or individuals making use of them. One school group has used them regularly and a Gloucestershire disabled team has been there most weeks.

*Andy Russell*

## What's Coming Up in Upton?

**ATTENTION!**

**They're on the Loose!**

**CAN YOU FIND THEM?**



### **UPTON ST LEONARDS GNOME HUNT**



**SUNDAY 2<sup>nd</sup> OCTOBER 2016**

**STARTING AND FINISHING at the Village Hall. (Pushchair friendly)**

**CLUE MAPS ISSUED between 1.30pm & 3:30pm. Map £4.**

**Refreshments in the Hall from 1.30pm – 5.30pm**

**Delicious Cakes**

**Prizes**

**GNOME Selfies**

**Raffle**

**!SEE YOU THERE!**

**All funds will be split between Cheltenham & Gloucester charity FOCUS (Funds for Oncology Centre Users & Supporters), and St Leonards Church.  
FOR MORE INFORMATION CALL Marilyn Bannister**

# What's coming up in Upton, cont'd?

## Coffee Club

### Autumn Charity Morning

BMI Club, Upton St Leonards

Free Parking

### Bring and Buy Sale

Monday, 17<sup>th</sup> October 10 am – 12.00 pm

In aid of

**CROHN'S &  
COLITIS UK**

Cake (with its Recipe) Table,

Bring a Book & Buy a Book Table

Raffle Table

Admission on the door - £2.00 - to include  
tea/coffee and home-made cake

Bring your friends; Make new friends

Details from: Millie Barnes or

Andrea Dawson

Andrea and Millie climbed Scafell Pike (England's Highest  
Mountain) in September to raise funds for Crohn's & Colitis  
UK.

Please come and support their efforts for this great  
charity.

Saturday 8<sup>th</sup> October 2016

It's Entertainment Night at the B.M.I.

With

**Bak 2 Bak**

From 8.00 pm

Open to members & signed in guests



Saturday 29<sup>th</sup> October 2016

It's Entertainment Night at the B.M.I.

With

**The Dudettes**

From 8.00 pm

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## Upton St Leonards Show Trophy Winners 2016

Anne Hemsley	The Eacott Perpetual Challenge Cup - most points in the show
Anne Hemsley	The John Millard Perpetual Challenge Cup - most points in vegetables & fruit
Douglas Monkman	The Christine Rumsey Memorial Cup - most points in classes 16 to 22 vegetable & fruit
Anne Hemsley	Upton St Leonards Flower Show Perpetual Challenge Cup - most points in preserves & pickles
Douglas Monkman	The Robert Wallace Perpetual Challenge Cup - most points in rose classes
Anne Hemsley	The Stan Hooton Memorial Rose Bowl - most points in the vegetable classes
Paula Quinn	The Royston Gardiner Memorial Salver - most points in the flowers
Valerie Moore	The Dinkie Gardiner Memorial Rose Bowl - most points in the flower arrangements.
Paula Quinn	The Ethel Edey Memorial Cup - most points in the home produce
Marian Croose	The Rumsey Memorial Trophy - most points in handicraft
Jackie Hastings	The Joan Finch Memorial Salver - best soft toy
Anne Hemsley	The Bob Ayland Memorial Shield - most points in vegetable & fruit from the Village allotments
Douglas Monkman	The Abbeydale Gardening Club Shield - most points in show by a member
Richard Webb	The Joseph T C Edey Salver - most points in the photographic section
John Hemming	The Fred Ball Memorial Trophy - most points obtained by a novice in veg & flower
Anne Hemsley	Presented by The Abbeydale Gardening Club for Class 71 "Bowl or Vase of Garden Flowers"
Peter Macey	Presented by The Abbeydale Gardening Club for the "Best in Show" Flowers
Anne Hemsley	Presented by Upton St Leonards W.I. for Class XA1 - A child's pencil case
Anne Hemsley	Presented by Flower Show Committee XA2 - A decorated dog coat
Sue Harries	Presented by Twyver W.I. for Class XA4 - A funny limerick
Peter Macey	Top Tray sponsored by Tania Walters Estate Agents
Peter Macey	Top Vase sponsored by Tania Walters Estate Agents
Richard Webb	Royal Horticultural Society - Banksian Medal & Certificate
Sally Webster	Men v Women Classes 110 & 111 - shortbread fingers
Steve Barnes	Best Allotment at The Stanley
Linda and Fiona	Best Allotment at Perry Orchard

### Children's Sections

Annabelle Munnoch Lea Cousine Saskia Desforages-Poths	}	Joint winners - Evelyn Rumsey Cup - most points in section H, classes 182 to 186
William Dodd Eleanor Cleverley	}	Joint winners - The Juvenile Cup - most points in section H classes 187 to 192
Emily Gammon		Ethel Wallace Perpetual Challenge Cup - most points in section H classes 193 to 197
Rose Lennon		RHS Children's Certificate of Merit - most points in section J classes 200 to 205





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## CHURCH NEWS

### *Churchwarden Keith Robbins writes about St Leonard:*

Dear Friends, this year St Leonard's Day (6th November) falls on a Sunday and we will celebrate our patronal festival in church.

In England there are 177 churches named after St Leonard.

So who was St Leonard? Well, it is documented that he was a French nobleman who became a Christian around 496. The King wanted him to continue with his noble duties; Leonard declined and went instead to the monastery of Micy near Orleans. The fact that he became the patron saint of midwives arises from the legend that King Theodebert was hunting in a forest near Leonard's hermitage when the Queen was suddenly taken with birth pangs. Leonard came to her aid with prayers and practical help and she had a fine baby.

Once Leonard became a monk he tried to help prisoners and pleaded for their release with many prison governors. As true Benedictines the monks earned their living by agriculture and used their earnings to help the poor. Leonard used his money to ransom prisoners; thus he also became the patron saint of prisoners. He died in about 559.

There is also a legend that he once visited England and lived for some years in a forest in Sussex. In a fight with a dragon he was wounded, killed the beast, so holy was the saint's blood that where it touched the ground, lilies-of-the-valley sprang up, and they have flowered in spring time ever since.

The forest is known as St. Leonards Forest today, and there are places where beds of wild lilies-of-the-valley can still be found.

So there you have it, a brief summary of our patron saint.

Bless you all. Keith

### **Baptism and Wedding Bookings**

The church office is now closed until further notice.

For baptism and wedding bookings contact either Rachel Hall, phone 610521 or for e-mail enquiries write to Jenny Cunningham, jennycunningham46@googlemail.com

### CHURCH CALENDAR - OCTOBER

Sunday 2nd

8.00am Holy Communion

10.00am Family Service

Tuesday 4th 9.00-10.00 Church open for coffee & chat

Sunday 9th

11.00am HARVEST FESTIVAL SERVICE

at the Perry Orchard Allotments

See the separate notice for details.

Tuesday 11th 9.00-10.00 Church open for coffee & chat

Thursday 13th 2.00pm Mother's Union meeting

Sunday 16th

10.00am Holy Communion

6.00pm Evening Service

Tuesday 18th 9.00-10.00 Church open for coffee & chat

*On Saturday 22<sup>nd</sup> at 4.30pm there is a Diocesan farewell service for Revd Robbin Clarke in the Cathedral. You are welcome to attend.*

Sunday 23rd

10.00am Holy Communion

Tuesday 25th 9.00-10.00 Church open for coffee & chat

Sunday 30th

10.00am Holy Communion

### **Who's Who at the Parish Church**

#### **Priest-in-Charge:**

Vacancy

#### **Churchwardens:**

1 Keith Robbins

2 Vacancy

#### **PCC Secretary:**

Roy Roberts

#### **Church Treasurer:**

Vacancy

#### **Deanery Synod Representative:**

Dorothy Cox

#### **Bell Tower Captain:**

Roger Fry

#### **Mothers' Union:**

Rachel Hall

#### **Church Cleaning Rota:**

Claire Appleyard

#### **Church Flower Rota:**

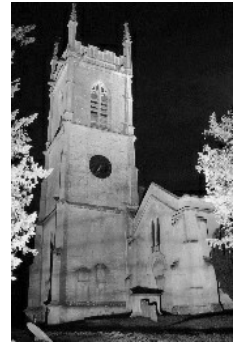
Evelyn Rumsey

#### **Electoral Roll Officer:**

Naomi Stanley-Gunn

## CHURCH NEWS

### Tower Floodlighting Sponsorship Details



On Sunday 2nd October the Tower Lights are light in celebration of the baptism service of Joseph Lester taking place in St Leonards Church that day. Kindly sponsored with love by his parents Neil and Stephanie.

4th October: Remembering Rich with love always, especially on his birthday on this day. Sponsored by Mum and Libby.

On Monday 10th October, the Tower Lights are lit in remembrance of Derek Brinkley who passed away one year ago on this day. Kindly sponsored by his son, Alan.

On the 11th October the Tower will be lit in memory of Christine Rumsey, with love on her birthday. Sponsored by her loving family.

On Wednesday 12th October the Tower Lights are lit in memory of Mr Denis Devereux who would have been 95years old on this day. Kindly sponsored by his daughter Jane Holmes and all of his family.

On Monday, 17th October, the tower lights are being sponsored by Ruth Edgington and family, in loving memory of Michael William Edgington, who passed away on this day, 10 years ago.

*If you or your family wish to have the lights sponsored in celebration of a birthday or anniversary or for a loved one's life or any other reason then please contact\* Jenny Cunningham for more details. There is no set amount for this, just what you would like to give to the Church in order to help cover running costs. If you are able to gift aid any donation this will help us too. Please note that the deadline to ensure a dedication gets in this newsletter is the 10th of the preceding month.*

*\* - please notice the new contact name and number for Tower Floodlight Sponsorship*



### FAREWELL TO REVD ROBBIN CLARK

**Revd Robbin Clark took her last service at Upton St Leonards in September. She was presented with a painting of the church.**

**She has only been with us a few months, sadly. We wish her well in her retirement back home in USA.**

### MORE TALES FROM THE CHURCHYARD - EPISODE 4

Back in August the PCC secretary forwarded to me an e-mail from a John Ridgeway in New South Wales, Australia enquiring about his Ridgeway family relatives who lived in Watery Lane, Upton St Leonards, and who by all accounts were and may continue to be regular worshipers at our historic church. Of course I contacted our "guru" Rachel Hall straightaway and surprise, surprise, she immediately said, "Oh yes, his relation Rita McDougall lives opposite me in Perry Orchard, and she regularly attends the 10 o'clock service." Rachel called round to see Rita and gave her all the information and Rita was absolutely delighted. Contact has been made with John Ridgeway and arrangements have been made for a big occasion in 2017. Thank goodness we can call upon Rachel who was thrilled herself to be able to assist in uniting families from the other side of the world. Once again her knowledge has been most useful, so a big thank you!

In the churchyard itself we are doing our best to keep on top of all the mowing and strimming, and cutting back trees and saplings that have grown over the years unchecked. This has only been possible with the help of volunteers who have been an enormous help and we are truly grateful. Special thanks to Alan Brinkley, Mike Stratford, Mike Barnfield and the USCAN gang and others who have helped as well. With all this work, the churchyard does actually look very well kept, and we hope relatives of those buried, and people simply walking through, find it a peaceful and fitting area.

Hopefully the grass will slow down a bit now and we can concentrate on tending some of the really old table tombs and other old graves which will soon be covered again in ivy if left unchecked.

Sheila Thomas

# HARVEST FESTIVAL

**SUNDAY 9TH OCTOBER**  
**11.00AM IN THE PERRY ORCHARD ALLOTMENTS**

After last year's very successful service, of course we had to do it again! What better way of celebrating the Harvest than sitting among all the vegetables in the fresh air. As last year, Gloucester Brass will be providing the music. And as last year, the service will be followed by a produce auction.



The picture was taken at last year's open air Harvest Festival Service.



**The  
Children's  
Society**

## **Children's Society Box Collection 2016**

Rachel Ball organises collecting boxes for the Children's Society in the Village, and she writes: "I have just completed this year's counting of the contents. The total collected was over £410. This is an increase on last year's total, so well done to all box holders! On behalf of the Children's Society, I want to thank all of you for contributing so generously to the work the Society does. I know that it is much appreciated and makes a huge difference to the lives of children whom they help."

"If there is anyone who would like to hear about the work of the Children's Society, or interested in having a collecting box, please do contact me. I will be delighted to hear from you."

## **Upton St. Leonards Mothers Union**

Our next meeting is Thursday 13<sup>th</sup> October, at 2.00pm in the Church.

Our speaker is Sister Catherine, who has spoken to us before, but has led such an interesting and busy life, that we are sure you will enjoy her talk.

We would remind you that the subscription for 2017 is due, so please bring some cash with you (total subscription amount to be confirmed).

We look forward to seeing you on the 13th, everyone is very welcome to join us.

# NOTICE



## REMEMBRANCE SUNDAY 13th NOVEMBER 2016

The usual House-to-House sale of Poppies will be made during the prior fortnight. Please give generously to help our servicemen and women and their families. Thank you to everyone who continues to help with the collection. If you have an hour or two to spare and would like to help, please contact us.

We are also hoping to have the poppies on sale at Morrisons and we need as much help as we can, to cover the dates between 28th October and 13th November. Any time that you can spare will be greatly appreciated. Please contact us if you feel you can help us to help others. Thank you, we look forward to hearing from you.

### Royal British Legion Poppy Appeal 2016

House-to-House Collection - Jenny Cunningham  
Morrisons Collection - Meg James



### AUTUMN SCRAMBLE

- |   |                   |    |                 |
|---|-------------------|----|-----------------|
| 1 | UOGDR _____       | 9  | NAIMIGOTR _____ |
| 2 | TSAHERV _____     | 10 | DUOEUCDS _____  |
| 3 | ECOB BW _____     | 11 | LSEOANSA _____  |
| 4 | SLRTEBYU _____    | 12 | ULEQIRSR _____  |
| 5 | KIPMUPN _____     | 13 | HGHDOEEG _____  |
| 6 | RIAFNGO _____     | 14 | NHOLWAELE _____ |
| 7 | THROINANIEB _____ | 15 | KEAR _____      |
| 8 | CANOR _____       | 16 | EASELV _____    |

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## CONTACT DETAILS FOR VILLAGE GROUPS & ORGANISATIONS



Group	Location	Frequency	Name	Tel. No.	Email
Abbeydale Garden Club	VH	Monthly	Maggie Theakston		
Badminton	VH	Weekly	Tony Sharp		
Cricket Club	Rec.	Weekly	Andy Russell		
Football	Rec.	Weekly	Jeff Willerton		
Get Together Club	VH	Monthly	Jackie Clouting		
HIIT, BoxFit, Fit for Life	VH / Pavilion	Weekly	Deborah Locke		
History Group	VH	Bi-monthly	Mike Stratford		Telephone numbers and
Little Mousings	VH	Weekly	Emily Salcombe		E-mail addresses
Mothers Union	Church	Monthly	Rachel Hall		Are removed from this
Needles and Pins	VH	Weekly	Lesley Graysmark		Web version
Pavilion Painters	Pavilion	Weekly	Jill Fleming		
Petanque	Rec.	Weekly	Frank Langley		
Pilates	Pavilion	Weekly	Rob Sharpe		
Playgroup	VH	Daily	Registration Team		If you wish to make
Probus Ladies	BMI	Monthly	Pam Tickner		Contact with any of
Probus Upton Men	BMI	Fortnightly	Jeremy Dancey		These organisations
Probus Upton Twyver Men	BMI	Fortnightly	Paul Rosewell		
Rabbit Club	VH	Bi-monthly	Rose Vye		You can use the
Stitchers Group	Pavilion	Weekly	Rachel Hall		"Contact us"
Tai Chi	VH	Weekly	Toni Pennells		
Tennis Club	Rec.	Weekly	Maureen Snell		Section of the website
Upstagers	VH	Weekly	Ann Pearson		
WI Twyver	VH	Monthly	Myra Williams		And we will
WI Upton	VH	Monthly	Diane Thomas		Forward your message
Yoga	VH	Weekly	Jan Walters		
Yoga	VH	Weekly	Caroline Pashby		To be appropriate
Zumba Toning	School	Weekly	Regina Spence		person
Rainbows (5 - 7 years)	VH	Weekly	Paula Axten		
Brownies (7-10 years)	Pavilion	Weekly	Abbie Fairs		
Brownies (7-10 years)	VH	Weekly	Beth Gill		
Guides (10 - 14 years)	VH	Weekly	Rachael Willerton		
Beavers (6-8 years)	VH	Weekly	Linda Atkinson		
Cubs (8-10.5years)	VH	Weekly	Rose Trott		
Scouts (10.5 - 14 years)	VH	Weekly	Paul Emmett		
Explorers (14 -18 years)	VH	Weekly	Chris Patterson		

We publish this list a couple of times every year. If your club/organisation entry is wrong, or you want to add a name, please contact Catherine McLean

### Other useful local numbers

Village Hall bookings	Ann Pearson	617349		Gas Emergency	0800 111 999
Pavilion bookings	Andy Russell	610002	andyr2789@gmail.com	Electricity	0800 328 1111
Parish Clerk	Roy Balgobin	621688	uslclerk@btinternet.com	Water	0800 783 4444
Parish Council Chairman	Keith Pearson	617349	knollcott@btopenworld.com	Police (non-emergency)	101
BMI	Alec Russell	616384		NHS direct	111
Store & Post Office	Rahul Odedra	618189		Stroud District Council	01453 766321
Glevum Surgery		529933		Glos'shire Council	01452 425000

## St Leonards Singers at the Cathedral - 26 October



On Wednesday 26<sup>th</sup> October, with the Cathedral Choir away for half-term, the choir for the choral evensong service will be the St Leonards Singers.

The service begins at 5.30 pm and lasts for about 30 minutes.

**You are most welcome to attend**

**This will be the second time the Singers have had the honour to lead a service at the Cathedral.**

## Key points from September's Parish Council Meeting

1. Staites Orchard has now been resurfaced.
2. It was agreed that any future large events using the Recreation Ground would need to be Risk Assessed e.g. to ensure arrangements like vehicle parking were adequately catered for.
3. Refurbishment work on our Pavilion building is nearly complete.
4. A donation of £500 was agreed for the Church restoration fund.
5. In addition to the posts already erected, signage will be placed in the Twyver Bank area to discourage people from parking on the grass.
6. The new kitchen recently fitted in the Village Hall will provide opportunities for future events to consider cooked food as an option.

Another Fly tipping incident has happened in Birchall Lane recently. Please keep a look out and report anyone you see trying to dump waste in our village e.g. vehicle registration details.

**If you'd like to come and find out first hand what goes on in your village, our next meeting is on Monday, 3<sup>rd</sup> October; 7.30 pm in the Pavilion.**

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## News from your Village Agent

We are fortunate enough to live in a beautiful area but it is an area with limited public transport and as such we all tend to rely on our cars. What then when we get older and maybe are faced with having to stop driving?

Many of us enjoy the freedom and independence that driving gives us, and we don't want to give it up. An illness, comments by friends and family or negative stories in the media about older drivers can lead to some people losing their confidence on the road and giving up driving before they need to. But in fact, statistics show that older drivers are relatively safe.

Your licence entitlement will expire when you turn 70, this doesn't automatically mean you have to stop driving – you'll just need to apply to the Driver and Vehicle Licensing Agency (DVLA) to renew it every three years.

However it may be time to give up driving if:

- your reactions are noticeably slower than they used to be
- you find traffic conditions increasingly stressful
- your eyesight is getting worse, or you have a medical condition that may affect your ability to drive safely. It's a legal obligation for you to declare certain conditions and if you have an accident where your health condition may have been a factor and you haven't declared it, you could be prosecuted and your insurance might not cover you.

It is good to have a plan as not being able to drive should not be the end of you getting out and about. Not driving or having lost confidence in driving should not mean that you lose confidence in living. There are local voluntary schemes in most areas with drivers willing to take you to appointments and social activities. My own Dad was faced with this and obtained a mobility scooter which maintained his independence locally. It meant a weekly trip to the shops with me but coupled with a stop for coffee and cake that gave us time together. The clubs and organisations he belonged to arranged pick ups and

new friendships were formed. A Mobility Centre can advise you on the best options for your particular circumstances.

Some of the medical conditions that you must declare are: dementia, diabetes – if it is insulin-treated, Parkinson's, epilepsy, any chronic neurological condition, such as multiple sclerosis, any condition that affects both eyes, or total loss of sight in one eye.

For a full list of medical conditions and disabilities you must declare, check the Gov.uk website at [www.gov.uk/health-conditions-and-driving](http://www.gov.uk/health-conditions-and-driving) or read the DVLA's D100 Driving licences booklet. Ask your GP for advice.

### Other options :

Residents of Gloucestershire who are of pensionable age, or residents who are disabled and/or cannot drive for medical reasons, are entitled to free off-peak travel on local buses anywhere in England.

The Senior Railcard is an annual savings card that's available to anyone aged 60 or over. You buy it for a one-off cost and it will allow you to make big savings on most rail fares in the UK.

Gloucestershire County Council run a county wide scheme called SAGE- Safer Driving with Age. It is a programme which provides support, guidance and coaching if necessary to be able to continue driving for as long as it is safe to do so. The cost is £30 for a one hour assessment and report and it is done from your home and in your own car and on roads you are familiar with.

If you calculate how much it costs to run a car, taking in MOT's, services, annual maintenance, insurance and tax, that can add up to a lot of taxis!

**Gill Cannon: 07776 245767**

**[gcannon@villageagent.grcc.org.uk](mailto:gcannon@villageagent.grcc.org.uk)**



It is with sadness that we announce the death of the Revd E L Phillips, usually known as Bill Phillips.

Bill was very well known as the Padre who was among the Paratroopers involved in the ill-fated Arnhem landings in 1944. He also played rugby for Gloucester in the 1930's.

When he retired, nearly 40 years ago, from a very active ministry, he moved into a house in Woodland Green. He frequently took services at the Church and joined in a number of Village activities and with his wife Nancy, was a very keen golfer. There was much celebration in the Village and Church for his 100th birthday in 2012. He spent the last few years of his very long life in a care home, and died in early September, aged 104.



The picture shows Bill at Kingsholm receiving a special cap to mark his 100th birthday.



We have put as much in here as space permits.  
 Events happening weekly are only shown for  
 the first month or so

# VILLAGE DIARY

## OCTOBER

3	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
3	Mon	Coffee Club.....	B.M.I.....	10.00-12.00p.m.
3	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
3	Mon	Fitness Training (2 separate sessions).....	Village Hall Annex.....	6.00-7.30p.m.
3	Mon	Zumba.....	Upton St Leonards School.....	6.30-7.30p.m.
3	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
3	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
4	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
4	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
5	Wed	Pilates.....	Pavilion.....	9.30-10.30a.m.
5	Wed	Wednesday Probus.....	B.M.I.....	10.00a.m.
5	Wed	Stitchers.....	Pavilion.....	10.30-12.30p.m.
5	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
5	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
5	Wed	Bingo.....	B.M.I.....	8.00p.m.
5	Wed	Tai Chi.....	Village Hall Annex.....	8.00-9.30p.m.
6	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15a.m.
6	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
6	Thu	Get Together Club.....	Village Hall.....	2.30-4.30p.m.
8	Sat	Entertainment Night.....	B.M.I.....	8.00p.m.
10	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
10	Mon	Coffee Club.....	B.M.I.....	10.00-12.00p.m.
10	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
10	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30p.m.
10	Mon	Zumba.....	Upton St Leonards School.....	6.30-7.30p.m.
10	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
10	Mon	Copy Date for November issue of USL Life		
11	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
11	Tue	Tuesday Probus.....	B.M.I.....	10.00a.m.
11	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
12	Wed	Pilates.....	Pavilion.....	9.30-10.30a.m.
12	Wed	Stitchers.....	Pavilion.....	10.30-12.30p.m.
12	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
12	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
12	Wed	Bingo.....	B.M.I.....	8.00p.m.
12	Wed	Tai Chi.....	Village Hall Annex.....	8.00-9.30p.m.
13	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15a.m.
13	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
17	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
17	Mon	Coffee Club.....	B.M.I.....	10.00-12.00p.m.
17	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
17	Mon	Fitness Training(2 sessions).....	Village Hall Annex.....	6.00-7.30p.m.
17	Mon	Zumba.....	Upton St Leonards School.....	6.30-7.30p.m.
17	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.30p.m.
18	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
18	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
19	Wed	Pilates.....	Pavilion.....	9.30-10.30a.m.
19	Wed	Wednesday Probus.....	B.M.I.....	10.00a.m.
19	Wed	Stitchers.....	Pavilion.....	10.30-12.30p.m.
19	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
19	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
19	Wed	Bingo.....	B.M.I.....	8.00p.m.
19	Wed	Tai Chi.....	Village Hall Annex.....	9.30-10.30p.m.
20	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15a.m.
20	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
20	Thu	Get Together Club.....	Village Hall.....	2.30-4.30p.m.
24	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
24	Mon	Coffee Club.....	B.M.I.....	10.00-12.00p.m.
24	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
24	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30p.m.
24	Mon	Zumba.....	Upton St Leonards School.....	6.30-7.30p.m.
24	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
25	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
25	Tue	Tuesday Probus.....	B.M.I.....	10.00a.m.
25	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
26	Wed	Pilates.....	Pavilion.....	9.30-10.30a.m.
26	Wed	Ladies Probus.....	B.M.I.....	10.15a.m.
26	Wed	Stitchers.....	Pavilion.....	10.30-12.30p.m.
26	Wed	Pavilion Painters.....	Pavilion.....	2.00-4.00p.m.
26	Wed	Cathedral Evensong sung by the St Leonards Singers.....	Glos Cathedral.....	5.30p.m.
26	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.



26	Wed	Bingo.....	B.M.I.....	8.00p.m.
26	Wed	Tai Chi.....	Village Hall Annex.....	9.30-10.30p.m.
27	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15a.m.
27	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
27	Thu	Get Together Club.....	Village Hall.....	1.00-4.00p.m.
29	Sat	Entertainment Night.....	B.M.I.....	8.00p.m.
31	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
31	Mon	Coffee Club.....	B.M.I.....	10.00-12.00p.m.
31	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
31	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30p.m.
31	Mon	Zumba.....	Upton St Leonards School.....	6.30-7.30p.m.

Regular weekly events are not shown below here

NOVEMBER

7	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
7	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
10	Thu	Copy date for December issue of USL Life		
10	Thu	Upstagers – A Fete Worse than Death.....	Village Hall.....	7.30p.m.
11	Fri	Upstagers – A Fete Worse than Death.....	Village Hall.....	7.30p.m.
12	Sat	Upstagers – A Fete Worse than Death.....	Village Hall.....	7.30p.m.
14	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
17	Thu	History Group – “Gloucestershire Picture Quiz”.....	Village Hall.....	7.45-9.15p.m.
21	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.30p.m.
23	Wed	Ladies Probus.....	B.M.I.....	10.15a.m.
24	Thu	Get Together Club.....	Village Hall.....	2.00-4.30p.m.
28	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
28	Mon	Lady Downe Charity		

DECEMBER

5	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
5	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
10	Sat	Copy date for January issue of USL Life		
10	Sat	B.M.I. Pensioners Christmas Lunch.....	B.M.I.....	12.00p.m.
12	Mon	Get Together Christmas Lunch.....	Bowden Hall.....	12.30/1.00p.m.
12	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
17	Sat	Carols and Christmas Draw.....	B.M.I.....	8.00p.m.
19	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.30p.m.
24	Sat	Entertainment Night – Christmas Eve.....	B.M.I.....	8.00p.m.
25	Sun	Christmas Day		
26	Mon	Boxing Day		
26	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
31	Sat	New Year’s Eve Party.....	B.M.I.....	8.00p.m.

.....Contact Paula Quinn to get your event in the diary

**COME LITTLE LEAVES**

“Come, little leaves” said the wind one day,  
 “Come over the meadows with me, and play;  
 Put on your dresses of red and gold;  
 Summer is gone, and the days grow cold.”



Soon as the leaves heard the wind’s loud call,  
 Down they came fluttering, one and all;  
 Over the brown fields they danced and flew,  
 Singing the soft little songs only they knew.

*George Cooper*

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# This month's feature article is on Rescue Dogs

When I was asked if I would write an article about rescue dogs, I was a bit dubious but I thought, this is one of my favourite topics of conversation so why not!

There are many people with rescue dogs in and around the village and I meet them regularly on my walks. We love to exchange our experiences, with advice and funny stories. But most of all we agree that the rewards are great, that's not to say there aren't a few hiccups along the way.

I have had dogs for nearly 40 years and they all have been 'second hand' or rescued one way or another. They have settled into my home with the cats that I have had and fitted around my full time employment. For this to work, I have found that a good routine is key, along with plenty of exercise and very few rules!! The rules that do exist have to be adhered to but they have always been accepted and we can then get on with having fun.

Since I retired I seem to be collecting dogs from abroad. I was first introduced to "Greyhounds in Need" by a friend of mine and after reading about the plight of the Galgos (Spanish for greyhound) in Spain, I decide that I had to give a second chance to one of these beautiful dogs. I first met Freddie after she was brought over and was in quarantine kennels in Newnham. From first sight I knew she was the dog for me. Not the best looking dog but I could see that she would be OK, even though she was too nervous for me to get anywhere near her.

As she had to spend six months in quarantine, I visited her at the kennels every Sunday and gradually gained her confidence and we became firm friends. The day came when I was able to take her home and she was quite happy to jump in the car and start her new life. In kennels she had become very destructive and chewed up any bedding that was given her, so poor girl only had a wooden pallet to sleep on. I was quite expecting to have to spend time getting her out of this habit but she has never destroyed anything since. Her frustration at being penned up must have triggered this bad behaviour so I knew that she was happy when she didn't show any signs of doing it at home.

My other two dogs have come from Greece through the charity "The Friends of the Stray of Greece". After looking at their website (the wrong thing to do for any animal lover!!), I saw Pointers that needed homes. I have always had a Pointer and adore this breed so seeing them languishing in shelters in Greece broke my heart. I made enquires as to why there were so many Pointers there and was told that people get them for the hunting season, then tend to leave them behind when the season is over. So Sally arrived here 2 ½ years ago and as there is no

quarantine now, all she had to do was to get her passport and health checks and come over with her foster mother. This re-homing was so successful I couldn't resist looking on the website again, only to find a desperate little soul that had been in a shelter for three years and was unlikely to survive another severe winter in the mountains of Thassos. It took a lot of determination and devotion, by the wonderful people working for the charity, to get her out and I picked her up from Cobham Services in January, so now I have Jasmine.



I urge anyone considering having a companion dog to think about a rescue dog. There are so many beautiful dogs in shelters in this country just waiting for their chance of a new, loving home. These animals seem to know that they have been given a second chance and try their hardest to do what is expected of them and the knowledge that you have made them happy and contented is so worthwhile.

If you do think about rescuing a dog from abroad and possibly from persecution, the rewards are even greater in my opinion, but they often come with a few problems and need a lot of understanding and patience but that is about all they ask for and the rewards are endless. The dogs that find themselves in a rescue centre in the UK are usually well looked after, with good food and veterinary care but the shelters abroad are very short of money and although the people looking after them work so hard to do their very best for the injured and abandoned, only a few ever get the chance of finding a new home..... I wouldn't be without my dogs and the love they give me but those of you out there, sharing their lives with a four legged friend, know what I mean!!!

**With thanks to Viv Bruce**

*Anyone interested in contributing an article for future editions please contact the Editors direct.*

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USL Life is published by USL Life CIC, a Limited Company, and is printed at Leyhill Prison

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