Upton St Leonards Life incorporating Church News

Issue 43 Mar 2018





You can find the
St David's Day Quiz
on page 15



45th ANNIVERSARY SPECIAL SPRING SHOW Saturday, 21st April 2pm - 4pm



See inside for Show Schedule

Schedules & Entry forms with recipes are available in March from the

USL PARISH COUNCIL WEBSITE uptonstleonards-pc.gov.uk
THE LOCAL POST OFFICE or MARILYN BANNISTER
RENT-A-CRAFT STALL contact JACKIE LORD













Letters to the Editor



UPTON WALKERS

New Year's Day 2018 marked 30 years of walking together for the Upton Walkers.



It all started one New Year's Day when a group of friends decided they would like to walk together regularly. Under the leadership of John Day of Perry Orchard and Mike Kenyon of Six Acres, a monthly walk was organised for those who were interested.

Thirty years later we have completed 413 walks totalling approximately 3,962 miles.

The longest walk was about 11 miles but now we only tackle 5 miles or less!!

We have also travelled away on walking weekends and weeks and have enjoyed the company and friendship experienced on those holidays. We continue to walk regularly even if our walks are shorter and less challenging now. A pub lunch is usually included and we are joined for lunch by those who can no longer tackle the walks.

I can thoroughly recommend starting your own group and wish you as much fun and friendship as we have experienced over the past 30 years. Keep on walking!

Ann Howie

FREE CAKES

Hi.

My name is Melanie Russell and I have recently taken over as the Area Co-ordinator for a community group where our volunteers bake and deliver birthday cakes for children all over Gloucestershire who would



not otherwise get one. The families are referred by professionals e.g. Food banks, schools, etc. We have had an increase in referrals more recently, particularly for the Forest of Dean and would like to recruit more volunteers to bake and/or deliver and also welcome donations e.g. candles, cake decorations.

If you would like to help or find out more about this worthwhile initiative, please use the email address below

Freecakesforkidsgloucester@gmail.com

Or go to the website www.freecakesforkids.org.uk or https://www.facebook.com/freecakesforkidsgloucester/forfurtherinformation.

Thank you.

Melanie Russell







What's been happening in Upton?

UPTON ST LEONARDS WI 95th BIRTHDAY CELEBRATIONS

Presiding over our 95th birthday celebrations, our President Lynne was joined by special guests, County Chair Jan Turner, Maggie Vinson and Lesley Watters.

Members and guests were welcomed and a strong rendition of Jerusalem was sung. Minutes were read and approved and forthcoming notices duly given.

Spring flowers adorned small tables as guests and members relaxed for an evening of entertainment provided by Gloucester Strings Ukulele Group. Toe tapping 60's and 70's music was played with members joining in. Marlene sang with the band to "Eyes of Blue, Five Foott Two" while others danced embracing the music, all of us enjoying a happy evening of celebration.

At the centre of our festivities was a beautifully decorated cake, a toast was given to past and present members, also to our future years. Jan Turner cut the first slice of cake which was then enjoyed by our members and guests. The band resumed playing again and rounded off a wonderful "95th" Anniversary.

Marlene gave the vote of thanks, followed by a warm round of applause for the band.

We meet again on Monday 5th March for a talk on "Hearing Dogs for the Deaf" presented by Marlene Watson. All ladies are warmly welcomed.

Kathy Quant



SCOUTS NEWS



On Sunday 21st January, Five Scouts and Two Leaders successfully completed a very gruelling 5 mile practice hike for the forthcoming Scout Cotswold Marathon.

All seven walked from Painswick Beacon to Birdlip Primary School in the pouring rain, in fact to quote one of the Leaders "one of the Scouts was like a duck to water, at every opportunity and jumped in a puddle".

Karen Hawkins

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What's been happening in Upton?

Twyver WI Report

Tywver WI have been asked this year to provide the refreshments for the Village Day on 16th June to which members readily responded with offers of help and the provision of cakes.

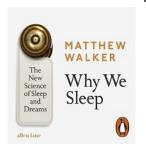
Following the various notices, we welcomed our speaker for the evening, Janet Dowling, a former primary school teacher and now a Solution Focused Clinical Hypnotherapist based in Cheltenham and Winchcombe.

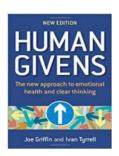
The main purpose of Janet's talk was how to Manage Stress and the importance of sleep - which for many of

Managing Stress

us (members could be seen vigorously nodding their heads in agreement) seems to be an elusive state - especially in the early hours of the morning!

Janet spoke about what prevents us from sleeping and illustrated, through the use of a flip chart, the fight, flight or freeze responses which we use to cope with stressful situations. We learned about the importance of 8 hours sleep a night in order to empty the 'stress bucket' and recommended a number of books that we could read including; 'Why we Sleep' by Matthew Walker and 'Human Givens' by Joe Griffin and Ivan Tyrell.





The vote of thanks was given by Jackie Clouting.

Our next meeting will be on Monday, March 12th when our speaker will be Mike Tookey who will talk to us about Gloucester Street Pastors.

New members are always welcome.

All meetings start at 7.30pm in the Village Hall.

The Upstagers - Aladdin Review

The Upstagers surpassed themselves in their recent production of Aladdin, written by Carol Vye. All three nights were a total sell-out, which is proof in itself of the popularity of our village thespians.



The cast were fantastic, especially Andy Metcalfe as "Widow Twanky" and Martin Atkins as "Abanazer". However all the cast deserved the applause at the end of the evening and it was lovely to see so many younger actors taking on bigger roles. In addition the young dancers from Centre Point School of Dancing, were a delight. Praise must also be attributed to the special effects for this pantomime, especially the lighting, sound effects and the staging, all of which helped to enhance a wonderful evenings entertainment.

Congratulations to all that took part. We now eagerly await the next production in July.

More photographs can be seen on the following page

What's been happening in Upton cont'd

The Upstagers Do It Again!





Widow Twanky and Abanazer



What's coming up in Upton

Upton Shows

Not one, but three major Village Events happening this year!!

Village Spring Show - Saturday, 21st April

Village Day - Saturday, 16th June

Upton Show - Saturday, 8th September

Village Spring Show - A traditional village show

Evelyn Rumsey started the Spring Show with a group of ladies in the early 1970's and it was well known that she was pleased that it continued to be part of the Village calendar.

Donations of cakes for afternoon teas or raffle prizes would be very welcome and could be brought to the Village Hall before 10.30am on the day Or phone Jackie Lord or Marilyn Bannister to collect them the day before.

The History of Village Day

Now a biennial event, Village Day was born after the completion of restoring the Village Green at the top of Bondend Road and Churchfield Road in 2015. Carol Evans provided much of the inspiration for overseeing the work and came up with the idea of having 'an Opening' to celebrate. The day was a great success and the idea of a Village Day, for all the family to enjoy became established.

All proceeds are equally split between the Village Hall, Playgroup and the Church.

We are always looking for helpers and ideas and hope this year's day on the 16th June will be enjoyed by all. Your support is so important. Happy to help? - Then call *Carol Evans*

Upton Show - Traditional Produce, Crafts, Food and much more

Upton Show had an open meeting on 13th February to discuss its future because of Committee changes in the coming months. New faces attended and there were some useful ideas on moving the Show forward, especially with regards to providing value for money and a variety of entertainment.

The Committee is always looking for new faces during the year but two things need to happen by September:

We need a group of 8 strong people plus a few others to set up the Show from the Thursday to Show Day, Saturday 8th September. We don't need you all of the time and the more the merrier. Jobs include putting up the side show party tents, positioning the tables, getting chairs out, hanging bunting ie the bits and bobs that make the Flower Show so special. If we know you can help sooner rather than later it will ease the tension on the Committee members

who often get landed with a lot of this as well as trying to run the Show on the day. ... Continued on page 13







What's coming up in Upton

A REMINDER FOR YOUR 45TH ANNIVERSARY SPECIAL SPRING SHOW

UPTON ST LEONARD'S 45TH SPRING SHOW

AND

RENT-A-CRAFT STALL

SATURDAY 21st APRIL 2018 2 - 4pm

These are just a few Sections in the show. Why not get a schedule and enter? THERE ARE BAKING & FLOWER ARRANGING CLASSES AS WELL.

SECTION E - ARTS & HANDICRAFTS CLASS these items should not have been exhibited in previous shows

- Class 21 A Hand Knitted item up to 4 ply
 - 22 A Hand Knitted item in double knitting
 - 23 A Hand Knitted item in Fancy Wool/Yarn
 - 24 A Crocheted item in any yarn
 - 25 Show us your hidden talents let us see what you have made any media
 - 26 A Picture (Handicraft)
 27 A Picture (Art)
 Max size 18"/46cms square, excluding frame
 Max size 18"/46cms square, excluding frame
 - 28 A Piece of Jewellery made from any media
 - 29 A Quilted item

SECTION XA – OPEN CHARITY CLASSES

XA1 'SALVATION ARMY' Knit 'MITTENS FOR ADULTS' in double knitting- use your own pattern - in any colour. ENTRIES TO BE DONATED.

XA2 'TECKELS ANIMAL SANCTUARY' fill a SHOEBOX for a cat or dog.

ENTRIES TO BE DONATED.

XA3 OPEN CLASS Christchurch Abbeydale Craft Circle -

'THE SAILORS SOCIETY' Knit a 'NECK WARMER' in double knitting – in any colour. ENTRIES TO BE DONATED. Pattern from Val Doll or on line

www.sailors-society.org>uploads

SECTION F – PHOTOGRAPHY – Max size of photograph 12"x8" (30x20cms)

Photographs should not have been exhibited in any previous show and <u>MUST BE EXHIBITOR'S OWN WORK</u>. Photographs may be reproduced digitally or conventionally

- Class 30 'THROUGH A WINDOW'
 - 31 'VINTAGE TRANSPORT'
 - 32 'FAMILY TIME'
 - 33 'DOWN ON THE FARM'
 - 34 'FRUIT(S) AND/OR VEGETABLE(S) STILL LIFE'
 - 35 'A FROSTY MORNING' BLACK & WHITE PRINTS ONLY for this class.

UP TO AGE 16 YEARS

Class 53 A PHOTOGRAPH I HAVE TAKEN – 'MY BEST FRIEND'

45TH SPECIAL ANNIVERSARY CLASS WHY NOT HAVE A GO?

Write a piece, including the words 'ANNIVERSARY' 'SPRING' 'YEARS' 'UNDERGROUND' 'RAINCOAT' 'SPIDERS' no more than 60 words.

SECTION G CHILDREN CLASSES

AGE 7 YEARS & UNDER

- Class 46 MAKE A COLLAGE OF A FLOWER any media A4 size
 - 47 MAKE A CAR out of recycled materials
 - 48 DRAW A PICTURE OF A DRAGON A4 size

AGE 8 - 16 YEARS

- Class 49 DESIGN & DRAW A COVER FOR YOUR FAVOURITE BOOK.
 - 50 A COLLAGE OF A GEOMETRIC SHAPE. use recycled materials A4 size

ANY AGE GROUP

- Class 51 SOMETHING I HAVE MADE any media
 - 52 CHOCOLATE CHIP COOKIES 6 COOKIES to given recipe found on entry form

Schedules & Entry forms with recipes are available in March from the

USL PARISH COUNCIL WEBSITE uptonstleonards-pc.gov.uk Homepage-latest news link
THE LOCAL POST OFFICE or MARILYN BANNISTER

RENT-A-CRAFT STALL contact JACKIE LORD

What's coming up in Upton

Jumble Sale

Saturday 10th March 10 am 'til 12 pm

Admission:

£1 or free with a donation of cat food.

Cat food to be donated to:

Pets Lost & Found Gloucester

Come along for a rumble in our jumble

Upton St. Leonards Village Hall Bondend Road Upton St. Leonards Gloucester

If you wish to donate any jumble Please contact: Jane Ballard



Sunday, 11th March

How will you treat your Mum?

Lunch Perhaps? Afternoon Tea?

Perhaps A Pampering Experience at the newly opened "@ the Salon", Hill Farm, Upton Hill.

Tel: 07392 084444

See our special Business feature in April's issue

SPRING QUIZ

For BMI members and signed in guests

Saturday 24TH MARCH 2018

With Eric @ 8.00p.m

£1.25 per person for teams of up to 6

All profit on the night to be donated to the BMI charity for 2017 - 2018

"AIR AMBULANCE AND MAGGIES"

PLEASE ADD YOUR NAME TO THE BOOKING SHEET BY THURSDAY 22nd MARCH TO ENSURE THAT THERE ARE SUFFICIENT COPIES OF QUIZ SHEETS AVAILABLE TOGETHER WITH TABLES ON THE NIGHT





At Last!

Spring is on its way.

Remember to put your clocks forward on Sunday, 25th March

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You will be very welcome at all of our services

	Church Cale	ndar for March
Sun 4	8.00 am	Communion service
	10.00 am	Celebration Service
	6.00 pm	Churches Together Lent
		Service - St Philip & St James
		Hucclecote
Mon 5	4.00 - 4.30	Evening Prayer
Tue 6	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 7	4.00 - 4.30	Evening Prayer
	7.30 pm	Rev Rob Crofton Licensing at
		St Lawrence Barnwood
Sun 11	10.00 am	Mothering Sunday
		Communion Service
	6.00 pm	Churches Together Lent
		Service at Christchurch,
		Abbeydale
Mon 12	4.00 - 4.30	Evening Prayer
Tue 13	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 14	4.00 - 4.30	Evening Prayer
Sun 18	10.00 am	Communion Service
	6.00 pm	Churches Together Lent
		Service at St. Lawrence
Mon 19	4.00 - 4.30	Evening Prayer
Tues 20	9.30 - 9.50	Morning Prayer
	9.50-12.00	Coffee & Chat
Wed 21	4.00 - 4.30	Evening Prayer
Sun 25	10.00 am	Palm Sunday Communion
		Service
Mon 26	4.00 - 4.30	Evening Prayer
Tues 27	9.30 - 9.50	Morning Prayer
,	9.50 - 12.00	Coffee & Chat
Wed 28	4.00 - 4.30	Evening Prayer
Thurs 29	7.00 pm	Maundy Thursday
		Last Supper
Fri 30	3.00 pm	Hour at the Cross
Sun 1 April	8.00 am	Communion Service
	10.00 am	Easter Celebration followed
		by short Communion
		Service

Who's who at the Parish Church

Priest in Charge:

Rev Clodagh Ingram

Clodagh is available to be contacted Sundays through to Wednesday

Curate:

Rev James Turk

Please note due to James's work commitments, calls, texts and emails will be answered evenings and weekends

Churchwardens:

Keith Robbins

Rachel Hall

PCC Secretary

Enquiries via Rev Ingram or Keith Robbins pccsecretary@uptonstleonardschurch.co.uk

Church Treasurer Baptism & Wedding Enquiries: Vacancy

Church Administrator - Jenny Cunningham

Deanery Synod Representative

Dorothy Cox

Bell Tower Captain:

Charlie Burnett

Mother's Union

Rachel Hall

Church Cleaning Rota

Claire Appleyard

Church Flowers

Jenny Cunningham

Joint Lent Sunday Services with the congregations of St Oswald's, St Philip & St James, Christchurch and St Lawrence.

An opportunity to gather together on

the Sunday evenings

Fruitfulness on the Frontline Modelling godly character Making good work Ministering grace & love Mouthpiece for truth & justice ITFULNESS

of Lent to explore how we can be messengers of the Good News of Jesus Christ in the midst of our everyday lives. See https://www.youtube.com/watch?v=SyMMfyy3FDE

for an introduction.

4th March St Philip and St James, Hucclecote

11th March Christchurch, Abbeydale 18th March St Lawrence, Barnwood

Website: www.uptonstleonardschurch.co.uk

Tower Floodlighting

On the 8th March, Peggy and Mike Blanch will sponsor the lighting of the Church Tower to celebrate their 60th Diamond Wedding Anniversary.

The Tower Lights are lit on Friday 30th March, in loving memory of Viv Pirie (Dancing Queen), who passed away on this day 3 years ago. Sponsored by her loving husband Bob and her parents Gill and Max.

If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday/anniversary/ Baptism or in remembrance of a loved one please contact Jenny Cunningham for more details.

There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too.

Please note that the deadline of the Church News is the 10th of the preceding month



Notice of

Annual Meeting of Parishioners (AMP) to appoint Church Wardens

Everyone on the Church Electoral Roll or resident in the village is invited to attend followed by

Annual Parochial Church Meeting (APCM) open to those on the Church Electoral Roll both to be held at St Leonard's Church on Sunday 22 April 2018 at 12 noon

The Annual Revision of the Electoral Roll 2018 will take place from 18^{th} March -1^{st} April Note: existing members do NOT need to reapply.

New members need to sign up by 1st April.

To be a member of the Church Electoral Roll:

- You must be baptised.
- You must be aged 16 or over (though you can apply in the year you become 16 and your name will be entered once your birth date has passed).
- And have signed an application for enrolment (available in church during the revision period) and a declaration that you are either:
 - a member of the Church of England or a church in communion with the Church of England and either live in the parish OR have regularly attended church services in the parish for at least six months.

OR you are a member of a Church not in communion with the Church of England but which subscribes to the doctrine of the Holy Trinity and you are prepared to declare yourself a member of the Church of England having habitually attended church services in the church during a period six months prior to enrolment.

Thank You



'A Very Merry Christmas'

Rev. Ingram receiving a donation presented to the Church PCC on behalf of 1st & 3rd Upton Brownies and Rainbows.

Thank you to everyone who signed the Church Christmas Card and donated the money they saved from buying cards to the Glos City Mission. We added the tithe from the money raised at the Harvest Allotment Service sale of produce and have sent a cheque for £96.

Website: www.uptonstleonardschurch.co.uk



Rev Clodagh Ingram writes

A Shared Responsibility

"In Loving Memory', our special service at which we remembered loved ones who have died was very well attended, early in the New Year on a cold Sunday afternoon. Grief can be a very isolating experience and to be able to come together as families and a community and remember and give thanks for the people we have loved is significant. It is easy to forget that someone is grieving and even among family members grief is



experienced and expressed in many different ways and we can feel very alone and disoriented in the midst of our loss. One way that people are comforted is through the loving support of family and friends and another

way is to know where their loved one has been laid to rest. As with the service in January people visit the churchyard, individually or in small family groups but everyone does so as part of a wider community, all of whom regard the Churchyard as a special place to be honoured.

Throughout the year many people visit the churchyard, coming to visit a grave or to stand quietly by the Garden of Remembrance. Visits enable a memory or a whispered conversation; a prayer; a grave tended or some fresh flowers left. Over Christmas wreaths and Christmas flowers appeared even at some of the older graves.

Some graves are visited very regularly and lavished with flowers and other mementoes while others do not appear to have been visited for a long time. In reality the signs of visits to a grave or the Garden of Remembrance are not a direct reflection of the number of times a grave is visited nor the depth of grief that is being expressed but I have come to realise that what one family does in remembering a loved one can stir up all sorts of emotions in others who are also grieving.

Those sensitivities are one of the reasons why there are regulations about what is and is not acceptable in the churchyard. It is a communal place of remembering and grieving and we need to be mindful of others. With this in mind I am requesting that all the Christmas wreaths and mementoes are removed by the end of March and I am requesting the same date for removal of any plastic flowers or plastic plants. Those that have not been removed will be tidied up and disposed of. We have a small number of volunteers who work hard to look after the churchyard and if you would like to help look after this special place in the village do get in touch.

Rev James Turk writes

Mothering Sunday

I thought March would be a good time to share with you one of my earliest memories. I warn you now that things may get a little cheesy but, I think, this is a true memory. It was Mothering Sunday and I would have been about four or five years old. Early in the morning my elder sister came into my room and told me to join her in her room. She was making a gift for mum and she had found a roll of wallpaper and she was making a picture. She was using the plain back of a wallpaper roll, and to my



infant mind it was the largest picture I had ever seen! She gave me her crayons and instructed me to draw something too. The only thing I was able to draw at that age were butterflies (the reasons why are lost to me) so that is what I did. I proceeded to draw lots and lots of butterflies. My sister is far, far better at drawing than I have ever been (I am the musical one) but I did my best, and that was the significant thing for me I think. To give my best for mum. Now mum, and indeed my sister, may not remember this picture, but for me it is an early memory and my first experience of Mothering Sunday. It wasn't a religious occasion for us, we weren't a particularly religious family back then, but it was a significant day for me and my sister.

One thing we all share in common is that each one of us has, or has had, a mother. She may have been a wonderful mother, or a terrible mother; she may have been someone with whom we were (or are) very close; or with whom we have had a very difficult relationship. She may have died many years ago; she may still be very much with us today; or alternatively, perhaps we never even knew who she was. But, nevertheless, we all had one, and whoever she was, and regardless of the circumstances of our birth, she gave each one of us a very precious gift - which is the gift of life.

Another thing we all have in common, due to the unique and distinct role the Church of England has in our nation, is another mother - this time, our mother the Church. Just as with our biological mothers, each one of us will have had a very different kind of relationship with her, too. Some of us may have grown up within the Church and never left; others of us may have discovered the Church more recently; some of us may find her a very comfortable and congenial place to be; others of us may come reluctantly, or simply out of a sense of duty, but regardless of the precise nature of our relationship with her, our mother Church offers each one of us another very precious gift - which is this: it doesn't matter who or what we are; it doesn't matter what our relationship with the Church has been in the past, or is in the present - regardless of all of that, she is always here for us, just as the love of God is always here for us.

Tames

Website: www.uptonstleonardschurch.co.uk



Plough Sunday Service Did you miss seeing Andrew Herring's tractor parked outside the Church on Sunday January 21st?

It wasn't there waiting

for a trailer or to pick up a hay bale, but to advertise the Plough Sunday Evening Service, reminding us how the church calendar is so entwined with the farming community. Harvest is the one everyone knows but there are other times during the farming year where historically the community turned to the church, in hope for a good year as well as for celebration and thanksgiving, namely Plough Sunday. Part of the service included a sample of soil and seeds being brought to the front of the church with the prayer, "Bless all soil and the seed, the potential they hold that all may have plenty and be filled. God bless our soil and the seed." This traditional service was reintroduced at St Leonard's in 2014 to give thanks to the farming community for all that they do for us.

The church was decorated with farming implements from a bygone and very manual age. Thanks go to Mel Moore (Grove Court) for the scythe, hay rake, hay knife, harvest jugs and cider barrels called costrels. Interesting to note that in bygone days the costrels were used by the farm labourers as part payment for their labour. They would be filled with cider in the morning and used for refreshment during the day!! Thanks also to Tom Herring for driving and parking the tractor outside the church!

Sunday's service was lead by Rev. Clodagh Ingram, Mrs Anne Herring and our visiting preacher Mr Brian Brobyn, a Reader from the Benefice of Newnham with Awre & Blakeney.

Members of the Upton farming community were there supporting this Plough Sunday evening service. Refreshments afterwards included the "Ploughman's Supper" of bread, cheese and chutney and cider too. Thanks to all those for their generous contributions. The classic hymn "We Plough the Fields and Scatter" was sung - with special note of the chorus "All good things around us are sent from Heaven above, then thank the Lord, Oh thank the Lord, for all His love".

Dates for your diary

Women's World Day of Prayer at St Leonard's Church



March 2nd at 10.30 am

"All God's Creation is Very Good" Led by Rev Clodagh Ingram

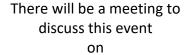
Upton St Leonard's Mothers' Union Our meetings are held in Church at 2.00 pm Everyone is very welcome to join us



Next Meeting Mar 15th Speaker: Sister Catherine "Continuing my Journey"

Village Day Flower Festival St Leonard's Church







Tuesday March 6th at 10.15 am in the Church

If you are unable to attend the meeting but would like to take part please contact:

Rachel Hall

Sunday 1st April

8.00 am 10.00 am **Communion Service** Easter Celebration followed by short communion service



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WE WILL REMEMBER THEM

William Ewart Smith

William Ewart Smith (his name appears on the Village war memorial as just Ewart Smith) was the son of Frank and Alice Smith of Regent Street, Gloucester, born in 1893.

He served in the 2nd/5th Gloucestershire Regiment. He was a Lance Corporal, service number 241144, when he was killed in action 31st March 1918 in northern France, aged 25, and has no known grave. His name is recorded on the Pozieres Memorial to the missing.

Upton Show - continued from page 6

And ... we will need a new Secretary to replace Peter Macey who has done a twenty + year stint. The template is there, it just needs someone with good organisational skills to continue Peter's exemplary master plan, and if you join now you can work with Peter until the show.

Are you that person?

Can you save the Show because without a new Secretary THERE WILL NOT BE A SHOW NEXT YEAR.

Cliff Alderman for Upton Show

Sometimes people are concerned about the time and commitment that they think are requirements of a volunteer role. In the April issue there will be a 'Job Description' which could be done by one person or it could be done by a Job Share arrangement. In the meantime you can also contact Peter direct: details below:

Peter Macey, Secretary, if you can help or need to know

more: uptonshow@hotmail.com

PARISH COUNCIL UPDATE

Thanks to the County Highways, the vast majority of Bondend Road and its pavements were resurfaced during the February half-term .Residents were kept fully informed as to when the road closures would be, and disruption was kept to a minimum. The next phase will include the much needed resurfacing work in Six Acres.



Also week commencing 19th February Highways England are going to carry out vegetation clearance alongside the motorway where it bounds Woodland Green. They will be clearing scrub, brambles etc from the rear of properties on the Highways side of the fencing to a distance of 3m (10ft) and also topping out the Lleylandii trees to a height of around 7m (24ft). This will not reduce cover from the motorway.



The BMI Club

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Our Feature this month is on Andy Russell ANDY RUSSELL – our safe pair of hands!

Introducing Andy Russell well, he's definitely a stalwart in our magazine production and a paid up member of the village, a man of many talents whom most of you will have connected with at some time, on various levels. I was intrigued by his back story, and, having spoken to him for a fascinating couple of hours realised the depth to this man.

Andy was born in Uganda, to parents who were missionaries, and remembers his childhood with great affection. It was always an adventure living in the 'bush' and as part of a community which had to be self-sufficient, learning basic skills was all important. He loved taking things apart to see how they worked, a sure sign of an analytically biased brain!



"Andy (and sister and father) on safari in Uganda"

Attending boarding school in Kenya from the age of 6 would not be every child's dream but he remembers it as being a great adventure, "journeying 200 miles down dusty roads followed by an overnight rail journey to get to the school was exciting!" His one wish now is that he'd learned how to speak more of the tribal languages. One of his fondest memories is that his sister was fluent at four years old, and had to interpret for their mother when speaking with the gardener.

His foray into his lifetime career began at University where he studied mathematics, a natural progression for him and upon entering the working environment he joined GCHQ, ssshhhh!! We're not allowed to tell you any more than that, but he says in the 36 years he worked there he always felt it was a privilege.

He met his wife Mary at University and from 1977 they came to live in Upton. After a couple of house moves in the village they settled in Perry Orchard, where they have lived since 1986. They have four children who are now spread out across the country but while the children were

still quite small he and Mary took off to America on an exchange post in the Washington area for 3 years. His take on this is that this was more like a sabbatical and gave him time to concentrate on maths research. Andy loved taking care of the new recruits at Cheltenham and enjoyed seeing them blossom into their roles. He is proud to remember that while a junior at GCHQ, he worked with some of the heroes of Bletchley Park, who mentored him.

He took early retirement in 2007. Since then he has never stopped - he takes a great interest in all things going on in the village and takes primary roles in the Cricket Club, Church related events, the Footpaths Group, and of course, our magazine as one of our Editors.

One of the newest interests is the phone and computer clinic which is held on a regular basis and is proving to be extremely popular for those new to technology. This is where his taking things apart at an early age comes into force. His love of computing of course goes without saying but he learned to take them apart, change the programming and put them back together, all coming from having a logical and enquiring mind. One of his favourite projects was opening up an early Sinclair and making it work faster and changing codes on early computer games, every tech wizard's dream.

In the early years of computing you had to build your own computers so having an analytical mind was the crux.

His interests outside the village include singing, which he has done for most of his life. He was a member of the St Cecilia Singers and has performed at the Three Choirs festival.

He and Mary are planning to enjoy travelling and always look forward to family get-togethers.



Thank you for your hard work and input over the years Andy and wishing you and Mary all the very best for your future endeavours.

Linda Munnoch

Brain Teasers - answers will be published in the April issue

St David's Day Quiz

A celebration of all things Wales and Welsh for St David's Day.

- 1. What colours are on the flag of St David?
- 2. Which Welshman designed Lady Diana's wedding dress?
- 3. Who was the last native Welshman to hold the title "Prince of Wales"?
- 4. What are the six cities that are located in Wales?
- 5. Which South Wales town was represented in Parliament by the founder of the Labour Party, Kier Hardie?
- 6. Cardiff was voted the Capital of Wales in 1955, which two other towns did it beat to this honour?
- 7. What miracle, according to legend, did St David perform on St Paulinus?
- 8. In which Welsh town would you find a statue of comedian Tommy Cooper?
- 9. In which Welsh town would you find the World's largest Camera Obscura?
- 10. Welsh actor Richard Burton never won an Oscar but on how many occasions was he nominated?
- 11. Who in 1959, became the first Welsh artist to have a UK number one single?
- 12. Which privateer, born in South Wales became Governor of Jamaica in 1674?
- 13. Which is the longest river that flows entirely in Wales?
- 14. Which Welsh football player was voted Italy's Player of the Year in 1958?
- 15. Which Welshman was Surveyor General of India from 1830 to 1843?
- 16. In the well known rugby song what is "Sosban Fach"?
- 17. Which mathematical symbol was invented by Welsh physicist Robert Recorde?
- 18. What are the three National Parks that can be found in Wales?
- 19. Which village stands on the site of St David's miracle of raising the land to form a small hill?
- 20. The city of St David's is located in which Welsh county?

Go to page 20 to find this month's Brain Teaser - Forwards and Backwards





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USL LIFE ARTS CORNER



Welcome to a new feature in which we plan to highlight both topical and thought-provoking ideas.

We do not intend to follow the school assembly pattern of a story, a hymn and a prayer but we are going to start this month with two short poems and a book review. Your comments and suggestions for items for the Arts Corner will help us to develop this feature.

In Memoriam (Easter 1915) by Edward Thomas 1878-1917 (killed at Arras)

The Flowers left thick at nightfall in the wood
This Eastertide call into mind the men,
Now far from home, who, with their sweethearts, should
Have gathered them and will do never again.



An Epilogue by John Masefield born Ledbury 1878, Poet Laureate 1930-1967

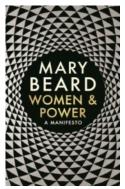
I have seen flowers come in stony places And kind things done by men with ugly faces, And the gold cup won by the worst horse at the races, So I trust, too.

Book Review



This month's book is Women and Power:

A Manifesto by Mary Beard (published by Profile Books £7.99).



As we celebrate the centenary of women getting the vote in Britain we recommend this little book. The book was originally delivered as two lectures and asks the question: what is the relationship between the ancient past and today? The book is easy to read and is a fine work of reference by a Professor of Classics at Newnham College,

Cambridge. It helps to correct misconceptions about an ancient world that still has much to teach us today.

"When it comes to silencing women, Western culture has had thousands of years of practice".



We have put as much in here as space permits.

Events happening weekly are only shown for
the first month or so

VILLAGE DIARY

MARCH

1	Thu	Senior Circuits		
1	Thu	Tai Chi	<u> </u>	
. 3	Sat	Rent a Crowd		
5	Mon	Coffee Club		
5	Mon	Yoga	•	•
5	Mon	Parish Council Meeting		
5	Mon	Fitness Training (2 sessions)	9	
5	Mon	Zumba	•	•
5	Mon	Upton WI	Village Hall	7.30-10.00p.m.
6	Tue	Recycling and Food Waste Week		
6	Tue	Needles & Pins	•	•
1 6	Tue	Senior Circuits		
6	Tue	Junior Jujitsu		•
6	Tue	Badminton	9	
7	Wed	Wednesday Probus		
1 7	Wed	Stitchers		•
7 -	Wed	Pavilion Painters		•
7	Wed	Upstagers Amateur Dramatics	5	•
7	Wed	Bingo		•
7	Wed	Tai Chi		
8	Thu	Senior Circuits		
8	Thu	Tai Chi	viilage Hall Annex	9.30-10.30a.m.
10	Sat	Copy date for April issue of USL Life	Villaga Hall	10.00.13.00
10	Sat	Jumble Sale		
12	Mon	Coffee Club		
12	Mon	Yoga	•	•
12	Mon	Fitness Training (2 sessions)	<u> </u>	•
12	Mon	Zumba	•	•
12	Mon	Twyver WI	Village Hall	7.30-9.45p.m.
13	Tue	Rubbish and Food Waste Week/Garden Waste for those		
1 42	- .	with brown bins	Vella de Hall Addis	0.45.42.45
13	Tue	Needles & Pins	=	· ·
13	Tue	Tuesday Probus		
13	Tue	Senior Circuits		•
13	Tue	Junior Jujitsu		
13	Tue	Badminton		
14	Wed	Stitchers		
14	Wed	Pavilion Painters		
14	Wed	Bingo		
14	Wed	Upstagers Amateur Dramatics		
14	Wed	Tai Chi		
15	Thu Thu	Senior Circuits		
ı 15 I 15	Thu	Tai Chi	<u> </u>	
15 1 15		Defribrillator Awareness Session History Group - The Swinging Sixties	•	-
1	Thu	Coffee Club	9	•
19	Mon			•
19	Mon	Yoga	<u> </u>	•
ı 19	Mon	Fitness Training (2 sessions)	5	•
19	Mon	ZumbaAhboydala Gardan Club	•	•
19	Mon	Abbeydale Garden Club Lady Downe Meeting		
19	Mon			
20	Tue	Recycling and Food Waste Week Needles & Pins	Villago Hall Assay	0.45.43.45
1 20 1 20	Tue	Needles & Pins		
20	Tue			•
20	Tue	Junior Jujitsu		
20	Tue	Badminton	9	•
21	Wed	Wednesday Probus		
21	Wed	Stitchers		•
21	Wed	Pavilion Painters		
21	Wed	Bingo		•
21	Wed	Upstagers Amateur Dramatics	<u> </u>	•
l 21	Wed	Tai Chi	9	•
22	Thu	Senior Circuits		
22	Thu	Tai Chi		
24	Sat	Spring Quiz Night		•
26	Mon	Coffee Club		•
26	Mon	Yoga	<u> </u>	•
26	Mon	Fitness Training (2 sessions)	<u> </u>	•
2 6	Mon	Zumba	·	•
2 6	Mon	Camera Club		

27	Tue	Rubbish and Food Waste Week/Garden Waste for t	hose	
		with brown bins		
27	Tue	Needles & Pins	Village Hall Annex	9.45-12.15p.m.
27	Tue	Tuesday Probus	B.M.I	10.00-12.00p.m.
27	Tue	Senior Circuits	Pavilion	11.00-12.00p.m
27	Tue	Junior Jujitsu	Pavilion	4.00-5.00p.m.
27	Tue	Badminton	Village Hall	8.30-10.30p.m.
28	Wed	Stitchers	Pavilion	10.00-12.00p.m.
28	Wed	Pavilion Painters	Pavilion	2.00-4.00p.m.
28	Wed	Bingo	B.M.I	8.00p.m.
28	Wed	Upstagers Amateur Dramatics	Village Hall	7.30-9.30p.m.
28	Wed	Tai Chi	Village Hall Annex	8.00-9.30p.m.
29	Thu	Senior Circuits	Pavilion	9.30-10.15a.m.
29	Thu	Tai Chi	Village Hall	9.30-10.30a.m.
29	Thu	Get Together Club	Village Hall	2.30-4.30p.m.
30	Fri	Good Friday		
Regulai	r weekly ev	vents not listed below this line		
APRI	L			
1	Sun	Easter Sunday		
2	Mon	Easter Monday		
9	Mon	Twyver WI	Village Hall	7.30-10.00p.m.
9	Mon	Parish Council Meeting	Pavilion	7.30p.m.
16	Mon	Abbeydale Garden Club	Village Hall	7.30-9.45p.m.
21	Sat	Spring Show	Village Hall	2.00pm - 4pm
23	Mon	Camera Club	Village Hall	7.00-9.00p.m.
26	Thu	Get Together Club	Village Hall	2.30-4.30p.m.
MAY				
7	Mon	Bank Holiday		
7	Mon	Upton WI	Village Hall	7.30-10.00p.m.
14	Mon	Parish Council Meeting	Pavilion	7.30p.m.
14	Mon	Twyver WI	Village Hall	7.30-10.00p.m.
17	Thu	History Group (A History of Farming)	Village Hall	7.45-9.15p.m.
19	Fri	BMI AGM	BMI	TBC
21	Mon	Abbeydale Garden Club	Village Hall	7.30-9.45p.m.
21	Mon	Lady Downe Charity	School	7.30p.m.
28	Mon	Camera Club	Village Hall	7.00-9.00p.m.
28	Mon	Bank Holiday		
31	Thu	Get Together Club (Summer Lunch)	Painswick Golf Club	12.30 for 1.00p.m.

Contact Paula Quinn to get your event in the diary

Notice to Groups, Societies and Organisations in Upton St Leonards

PERMISSION REQUIRED

To come into line with new legislation (General Data Protection Regulations May 2018) USL Life must have express permission to store data about all organisations. We store contact details and meeting times/venues on our USL Life database and we publish these in USL Life from time to time.

To comply with the amended regulations we need permission in writing/email from each group, society or organisation on our database.

We will be making email requests for that permission in the next month. Thank you for your co-operation.



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Future Event





The Handmade Market

Coopers Edge Community Centre Typhoon Way, Brockworth, Gloucester, GL3 4BQ

The Handmade Market @ The Edge Café is held every 3rd Saturday of the month throughout the year, from 11:00 until 14:00.

We have a wide range of handcrafted and homegrown items for the home and garden as well as gift products. Come and see for yourself what our nimble and green fingers can create.

If you are a crafter yourself and would like a stall with us, do get in touch.

More information about the market, stalls and products can be found on our Facebook events page:

https://www.facebook.com/groups/thehandmademarketcraftsandevents
Or by emailing: cehandmademarket@gmail.com

Support your local crafters and small businesses by shopping at our market.

Backwards and Forwards



- 1. Forwards I am a *great female singer*, backwards I am *eager*
- 2. Forwards I am cosy, backwards I am weapons
- 3. Forwards I boast, backwards I am clothing
- 4. Forwards I can, backwards I am an island
- 5. Forwards I am a poet, backwards I am dull
- 6. Forwards I adjoin, backwards I am a musical instrument
- 7. Forwards I was created, backwards I am a cheese
- 8. Forwards I can be found in the bathroom, backwards I am a small quarrel
- 9. Forwards I am the *bottom of a boat,* backwards I am *a vegetable*
- 10. Forwards I am a slang for food, backwards I am a county in Alaska

Answers will be printed in April's issue of USL Life



UPTON ST LEONARDS LIFE

Web site: http://usllife.org.uk/

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