Upton St Leonards Life incorporating Church News

Issue 7

March 2015



The 20th March is the



Make a date to vísít your Víllage Spríng Show on Saturday 14 March

You will see a small part of what's on offer on Page 6 but if you can, pop along and support Upton's 42nd Spring Show and all the people who work so hard each year to pull it together.

More information is available at the Post Office.

The current copy of each Newsletter and all previous editions can be found on our website http://usllife.co.uk

March Events

Mothers' Day - 15 March

Mothers' Day was first celebrated in modern day America. After losing her mother, a lady called Ann Jarvis started a campaign in 1905 to honour "the person who has done more for you than anyone in the world". Her campaign grew until in 1914 America made Mother's Day a national holiday.

Over time this idea spread and it is now celebrated on various days in many parts of the world.



Daylight Saving Time (DST) - 29 March



In Britain, a bill proposing DST was introduced to the House of Commons in 1908 but failed to become law due to significant opposition - especially from farmers.

Although Germany were first to adopt DST in 1916, many countries quickly followed (including Britain). The rationale was to minimise the use of artificial light to save

fuel for the War effort during World War 1.

Many countries reverted back to Standard Time after the war but it was introduced again at the outbreak of World War 2.

Don't forget: clocks go forward 1 hour on Sunday 29 March at 01.00am

First Day of Spring - 20 March

Also known as the "Vernal Equinox", the word Equinox derives from the Latin meaning Equal Night. All over the world, days and nights are approximately equal.

As this season begins, the length of daylight increases.

"For Winter's rains and ruin are over,

And all the season of snows and sins;

The days dividing lover and lover,

The light that loses, the night that wins;

And time remembered is grief forgotten,

And frosts are slain and flowers begotten,

And in green underwood and cover

Blossom by blossom the Spring begins."

Algernon Charles Swinburne (1837-1909)

Spring is around the corner and lambs can already be seen in the fields.

Mike Long's triplets are recent arrivals.



Upton St Leonards People - Graham Hayes

Graham and Marie Hayes met in Worcester Street in 1964 and celebrate their 50th wedding anniversary this March. The groom was three-quarters of an hour late at St Peter's in Gloucester when (... look away now if squeamish ...) best man Tony Meers chopped his fingers off in a chaffing machine. Graham sent the fingers to hospital in his Austin A30, but had to dash there too when he realised that the best man's suit was on the back seat. All was well when friend Ernie Blandford kindly agreed to act in Tony's place.

The first thing you notice at the Hayes' residence is an immaculately manicured lawn. A central putting hole reveals this as the home of an active golfing fan. Graham managed the USL football team and played cricket, snooker and badminton here. He's



served the village as a Parish Councillor for over 30 years. Although accepting the necessity of some development, he worries that the village could be dwarfed by urbanisation, if it should ever transfer from Stroud District Council to Gloucester City Council.

Graham was a carpenter and joiner's apprentice at Priestly Exhibitions and eventually travelled countrywide to build events at Earls Court, Olympia, Boat and Motor Shows for example. Before retirement, he ran Hayes Builders and his work can still be seen in the front door and bars at Bowden Hall Hotel.

Wife Marie moved from Ireland to escape harsh treatment at Nazareth House Convent in the 1960s. In contrast, Graham's extended family has lived here for around 160 years. This posed a challenge for a young Philip who, to his parents' amusement, once complained - 'can't do nothing in this village without you knowing about it!' The couple's eldest son Shaun and wife Jacqui run the Two Harbours Guest House on the Outer Hebridean island of Scalpay and youngest son Philip has always worked and lived in USL and surrounds. Grandson Thomas is a talented artist.

Family roots extend deeply as Great Grandpa William Davies moved here from Tirley in the 1800s. He owned the Smithy at Pound Corner and lived in Yew Tree Cottage, formerly a pub as did Grandpa and Grandma Davies and Graham's mother May, Aunts Rose and Violet and Uncle William. Grandma, from Filkins, was in service in 'the big houses'. Graham's father was a 'dolly holder' for Gloucestershire Aircraft Company before promotion to engineer, then worked at Dowty Royal. Graham, sisters Kathleen and Nora and extended family grew up in USL.

Graham reflects that his family has attended the village school for over 100 years and Phillip was the last to do so before its decommissioning. USL village bobby Ken Wakefield kept strict rule in this former hamlet without street lights. Before mains sewerage, on Sundays you had to 'bury the bucket'. A prized event was firing the anvil on the rec. Uncle Bill Gardner plugged the hole with gunpowder and the resultant explosion rang around the village. Children could roam within the sound of USL church bells, which could be heard from Painswick Beacon, Fiddler's Elbow and Nut Hill before the M5 roar. With little traffic to hamper their games, they enjoyed roller-skating on Painswick Road, or setting up roller-hockey goals by the King's Head. Things we didn't know about Graham - he enjoys hobby furniture making and macramé.

We wish you a happy 50th Anniversary Graham and Marie - may the family dynasty live happily for many more decades, within the sound of USL church bells.

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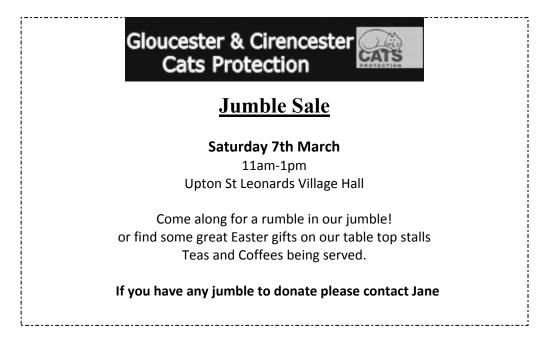
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What's Happening in March!



Charity Bike and Car Wash - Saturday 28 March

Local funeral directors, Selim Smith & Co of Painswick Road, Gloucester, are hosting a charity bike and car wash in aid of the Gloucester Blood Bikes. The bike and car wash will take place at the funeral home on Saturday 28th March, 10:00am to 3:00pm.

Robert Edwards, Funeral Director, and Dan Sinclair, Funeral Service Arranger, will both be washing vehicles for a donation of £2.50 and tea, coffee and cakes will also be available on the day for a small donation. The Gloucester Freewheelers will also be in attendance with their show tent and bikes for visitors to look at. Robert said: "I have decided to organise this event to raise awareness of the fantastic work the Gloucester Blood Bikes do. I have close connections with local motorcycle groups and have organised similar events in the past. The last event raised £450, bringing the total raised last year to over £2,000 through bike based events."



The Gloucester Blood Bikes is a volunteer service providing an out of hours medical courier service to hospitals and other health institutions within their area. This service is offered free of charge to the NHS and all members are unpaid volunteers.

Throughout the day there will also be the opportunity to write memorial tags and fasten them to Memorial Balloons for a small donation of £1. The balloons will be released later on in the day with the special messages attached. "I am hoping that this event will show Gloucester the giving side of their local biking community. Anyone is welcome to attend and we hope to make the bike and car wash and Memorial Balloon release an annual event," added Robert.

Selim Smith & Co have been arranging and conducting funerals for many years and have funeral homes in Gloucester and Cheltenham. They provide provide a 24-hour service and are part of Dignity, a British company that has funeral directors in towns and cities all across the UK.

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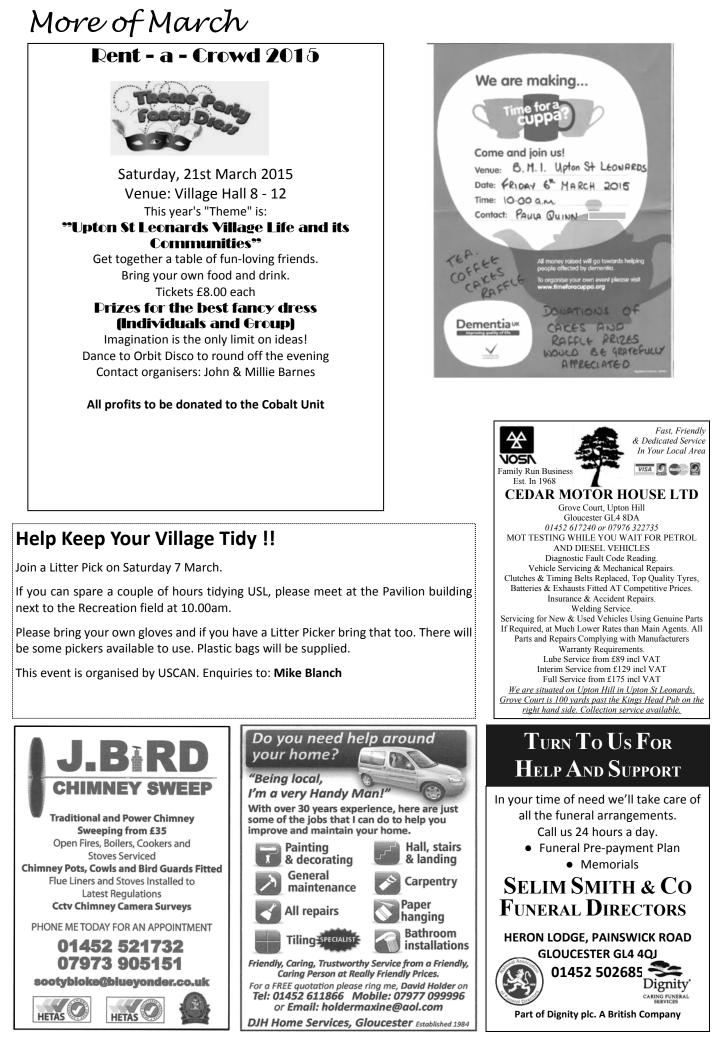
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Call fsther on 01452 371083 or Mobile 07528 486389 for a free





Even More of March



UPTON ST LEONARDS VILLAGE DAY 2015 20. JUNE 2PM - 5PM

STALLS, FOOD, ENTERTAINMENT, MAYPOLE DANCING, MORRIS MEN, CIRCUS ACTS, LIVE MUSIC AND LOTS MORE



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What's happening later in 2015? - Cont'd

	Upton St Leonards 60 th Annual Flower Show
	To be held at the Village Hall on 12 th September 2015 - 2.00 to 4.30p.m.
	SECTION "B" - FLOWERS – OPEN
	Prize for best exhibit in Section "B" - ± 7.50 (see Award 17)
	In all classes except Class 55 and 57 blooms may be either mixed colours or one distinct Class
NOIL.	Than classes except class 35 and 57 blooms may be either mixed colours of one distinct class
50.	5 stems of Cosmos
51.	5 stems of Zinnia
52.	Vase of Asters, 5 blooms
53.	Roses, 3 blooms with foliage attached, 3 distinct varieties
54.	Floribunda Roses, 3 stems
55.	Roses, 3 blooms with foliage attached, 1 variety only
56.	Rose, one single bloom to be judged on fragrance only
57.	Roses - one vase of one variety, one bloom at each of 3 stages, bud, exhibition, and blown. Bud to be in colour.
58.	Three different sprays of shrubs in a suitable container
59.	Dahlia, 3 collerette
60.	Dahlia, 5 miniature cactus/semi cactus
61.	Dahlia, 5 small cactus or semi cactus – any variety or varieties
62.	Dahlia, 5 small decorative – any variety or varieties
63.	Dahlia, 5 miniature decorative
64.	Dahlia, 5 miniature – any variety or varieties
65.	Dahlia, 3 ball – any variety or varieties
66.	Dahlia, 5 pompon – any variety or varieties
67.	Dahlia, 3 water lily – any variety or varieties
68.	Chrysanthemums, 3 sprays
69.	Gladioli, 3 spikes
70.	Gladioli, 1 spike
70. 71.	Bowl or vase of garden flowers - maximum space 24" x 24" (610mm x 610mm).
	Prize money: £5, £2.50, £1 (See Award 16)
50.	A succulent, other than cacti (6"/150mm max pot size)
50. 51.	A cactus (6"/150mm max pot size)
52.	One pot plant in flower (NOT orchid or fuchsia, 6"/150mm max pot size)
53.	One pot plant for foliage – pot size up to 8"/200mm
55. 54.	One pot fuchsia (internal diameter of pot not to exceed 8"/200mm)
54. 55.	One pot African Violet (internal diameter of pot not to exceed $4^{\prime\prime}/100$ mm)
55. 56.	One pot Marguerite 6" (internal diameter of pot not to exceed 6"/150mm)
50. 57.	One pot pelargonium, 6"/150mm pot
57. 58.	A planted container, max. diameter 12"/300mm
58. 59.	One specimen orchid (internal diameter of pot not to exceed 8"/200mm)
59. 60.	Vase of hydrangea heads, 3 stems
60. 61.	Fern frond
61. 62.	Hosta leaves – any variety – 5 in one container
	Classes (a novice has never won 1 st prize for flowers in any show)
50.	Rose – one single bloom
51.	Dahlia – 1 bloom of any kind
52.	One pot plant, any variety (6"/150mm max pot size)
53.	Gladioli – one spike
	POT PLANTS – THESE MUST HAVE BEEN IN OWNERSHIP FOR AT LEAST TWO MONTHS.
NOTE: P	OT PLANTS - THESE MOST HAVE BEEN IN OWNERSHIP FOR AT LEAST TWO MONTHS.







Local Business Focus

Hello I am Tania Walters and I own the Estate Agent business located between the Post Office and Clothes Press in Upton St Leonards.

Not long after leaving school, I was offered 3 months of work experience in an estate agents' and found I really loved it. Starting



as a junior, I progressed into more senior positions and have spent 30 years in the industry – doesn't time fly !!

About 5 years ago I decided to work for myself and started my own Estate Agency business in Gloucester. Two years ago I established a second office in Upton St Leonards.

I feel connected to Upton as I have lived here for 21 years and have many friends in the village. I have raised two children here, both going to USL school and my daughter was the first child to use Chipmunk Nursery. Having an office base in Upton therefore feels really good and is the nearest thing to working from home !

As a local business person I have in the past supported the local Junior Football Team and am one of

the current sponsors for the Annual Flower Show.

I believe that through running a small agency I am able to offer a more personal service to my clients, providing regular communication on progress and offering very flexible hours to suit their needs. As an example, my telephone lines are open until 9pm every evening including weekends. This flexibility also extends to fees where costs are tailored to each person and are very competitive when compared to the industry average. My fees start at 1.25% for a sole agency arrangement and I do not tie anyone into long contracts.

As a totally independent Estate Agent I am not tied to any other companies which enables me to secure the best possible providers for my clients e.g. solicitors, mortgage providers etc.

The service I provide is of the utmost importance to me as the majority of my business comes through personal recommendation. I am able to deal with any type of property / value and marketing is achieved through local press and on line (eg RightMove, Zoopla). If anyone does not have use of a computer hardcopy details are provided. I also provide a Letting service for those who are looking for Rental properties.

I offer free valuations to the village and whole of Gloucestershire. If you are thinking of buying or selling a property in USL please pop in and have a chat. I will do my best to provide the best possible service for you. Best wishes

Tania

01452 722022

www.taniawaltersestateagent.co.uk



Doggy Chic is a new pet care business that has opened this year on the outskirts of Upton St Leonards. Knowing how important pets are to their owners, Doggy Chic has made it its mission to give the best walks, ensure dogs look their best after leaving the doggy grooming salon and help pets to have a fab holiday too! Run by Viky Lawson, who has a BSc in Animal Behaviour and Welfare in addition to a Level 2 City and Guilds Dog Grooming

Certificate, it is a professional setting with lots of experience and passion thrown in. Viky has dog training experience with difficult and nervous dogs and is also experienced with large breeds. The services offered are:

Dog Grooming in a salon run from her home *opening February 2015*- Dog Walking - Pet Visits - Pet Sitting *in your home*

You can be safe in the knowledge that your pet will be safe and loved in the hands of Doggy Chic, with the extra peace of mind knowing that Doggy Chic is fully insured with PetPlan insurance.

For enquiries, prices and bookings, ring or text Viky on: 07791 577605

To all local Businesses !!

When we were setting up this Newsletter we decided that one of our objectives was to promote local Business in USL.

As well as providing the facility to advertise with us we are also offering to print a one off article at no charge to highlight and promote your business whether you have premises in the village or work from home.

We will over time aim to cover all businesses in the village.

We look forward to supporting you

CHURCH NEWS

for the Parish Church, Upton St Leonards

Dear Friends,

By the time you read this, we will have embarked on Lent and begun to appreciate the signs that Spring is in the air as we anticipate increasing daylight, warming temperatures and the plossoming of new life. It is a time to take stock in our lives and review some of our habits.

The PCC has recently received the long awaited Quinquennial Inspection report from our church surveyor; and we now need to plan how to proceed with the repairs and raise the necessary funding for the prescribed work for our church building and churchyard.

As you can appreciate this is a mammoth task which requires wisdom, skill and much needed funds so we would value your prayers as we absorb this information and work out our plan of action.

Although the folk of Upton St Leonards have worshipped here for hundreds of years in the beautiful medieval building that requires so much tender loving care, we must remember that church is not a building at all, but is all about the people.

Fellowship, worship and ministry are all conducted by people, not buildings. As a local body of believers we are part of the universal church; the body of Christ of which He is the head.

As a village community we treasure our local church building and must work together in caring for it wisely, We can all contribute in various forms of support, including the offer of professional advice, financial giving, practical work. I would like to suggest the formation of a steering group for this project and ask for your support.

However, we as believers have a priority to love and serve our Lord and Saviour and continue to grow in discipleship as we apply the "body" principles that St Paul speaks of in his first letter to the Corinthians, chapter 12: encouraging, teaching, and building one another up in the knowledge and grace of the Lord Jesus Christ.

We need to set our minds on things above and not on earthly things and let the peace of Christ rule in our hearts, to which indeed we were called in one body, and be thankful, allowing the message of Christ to richly dwell among us as we support one another.

I pray that God's Springtime brings you a truly transformative and life giving Lent. So let us journey together in pilgrimage through this Lent and be ready to celebrate Easter; that most important festival in the Christian calendar, when we remember and give thanks for the Resurrection when God raised Jesus from the dead.

With every blessing, **Christine**







Upton St Leonards Church QI Report Summary of recommendations

With immediate attention we are urgently required to: Clear debris from tower gutter Remove carpeting from damp floor surfaces Re-fix slipped or missing slates Carry out temporary repairs to defective eaves & valley gutters, downpipes During the next twelve months, works to be carried out include Overhauling the rainwater disposal system and renewing underground drainage & soak-aways Re-roof slate coverings to north porch & north slope of north aisle Replace and re-design linings to south aisle valley/parapet gutters. Replace lead flashings Repair defective abutment flashings & flaunchings, especially nave roof abutment to tower Continue programme of grounds clearance & sapling removal, especially to tombs. However our church roof is in a very bad state and works recommended to be carried out during the next five years include: Re-roof slate coverings to South slope of chancel, North and South slopes of north chapel, North slope of South chapel Repair and repoint cover flashings to tower roof Repair and consolidate tracery windows to south aisle, and adjacent stonework Clean and protect iron bracing bars to pinnacles. The Church of England Sunday School Trust has also received a report on the state of the Sunday School Room which had become so dilapidated that it was rendered unsuitable for public use. The Trustees will now consider the following report and decide on the best way to proceed: The overall condition for the purposes of providing a simple meeting room facility for the short term (1 or 2 years) : The building is in fairly poor condition resulting from a lack of maintenance and repair; however the building appears structurally stable. The interior is in poor decorative order and the services are likely to require remedial work to bring them up to current standards. The roof requires further minor maintenance to render It fully weatherproof - sealing of the laps to the flat roof covering and new flash-band to the pitched roof. The fibre cement roof is likely to contain asbestos and no attempt should be made to disturb its surface. The junction between flat and pitched roof requires improvement to prevent water ingress. Guttering and downpipes require overhaul to reinstate efficient rainwater discharge. Consideration should be given to providing some form of simple soak-away to serve the downpipes. The cladding to the timber meeting room requires an appropriate protective coating. The interior is in a poor decorative state and services - electrics, water & heating - will require upgrading to meet current safety standards. The concrete floor at the far end of the hall requires repair and re-covering. It would be prudent to screen off the kitchen area from the hall unless it is planned to refurbish it, however access through the kitchen for the purposes of means of escape should be maintained. Insulating of the walls and ceiling of the meeting room was discussed.

Consideration should be given to using composite insulating plasterboard.



Upton St Leonards Parish Church Tower Flood Lighting

Sponsorship Details - March 2015

The Tower lights are kindly being sponsored by Angela Lewis on Friday 20th March in loving memory of her late husband, Ken, who passed away this day 9 years ago and also on Sunday 29th March in memory of what would have been his 81st birthday.

If you or your family wish to have the lights sponsored in celebration of a birthday or anniversary or for a loved one's life or any other reason then please contact Matthew.

There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to gift aid any donation this will help us too.

If you would like to sponsor the Church Tower Flood Lights then please contact Matthew Gibbs for more details.

Please note that the deadline of the Church News is the 10th of the preceding month.



From the Diocese of Gloucester

The Messenger, March 2015

Lent, by the Revd Canon Robbin Clark, Dean of Women Clergy

When many of us think of Lent (if we indeed do), we often think of giving up a treat like chocolate or alcohol or cigarettes or some other thing we enjoy but don't really think is good for us. It may feel like a harsh burden or even an impossible effort. It may come as a surprise that the actual word "lent" comes from the Anglo-Saxon word "lencten" and refers to the lengthening of daylight during these weeks of the year.

So Lent is meant to be a "springtime of the soul", not a punishment. It's a chance for some interior personal spring cleaning- a time to clear away the cobwebs and spruce our souls up for Easter.

The Church recognises that Advent and Christmas call for serious periods of preparation. Advent focuses on attentiveness and anticipation. Lent is more penitential. We face the ways we have failed to live up to the example set by Jesus and what this says about our gratitude to him for giving his life to save us and bring us back into harmony with God. Three traditional spiritual disciplines are associated with Lent:

- · Fasting for the good of our body;
- · Almsgiving for the good of our neighbour; and
- · Prayer for the good of our soul.

I commend these to you, but I also suggest the more positive practice of "taking on" rather than "giving up" something for Lent, perhaps volunteer work or special spiritual/scriptural study or a retreat.

However you observe it, I wish you a holy Lent and one that will deepen the joy of Easter for you.

Spring cleaning for the soul!

Washday is a national campaign, created by the Diocese of Oxford, about taking part in practical social action during Lent and Holy Week.

Washday is an opportunity to go out and wash anything and everything! It could be cleaning windows for people who would find that difficult, washing a car, washing clothes for homeless people, or washing up mugs in an office.

Washday is a new take on Maundy Thursday. Traditionally, church people have washed people's feet – or more recently offered free shoe-shining on the streets – on Maundy Thursday, as a way of telling the story of the Last Supper. You can do your washing on Maundy Thursday itself, during Holy Week, or at some other point during Lent if that is easier.

Washday is a great opportunity to tell the Easter story in a fun and creative way, but it's not a one day wonder. Loving your neighbour is one way of loving God. And that's something that lasts all year. Use your imagination and think how you could make a real difference in your community.

Taking part is easy and fun for all ages. Why not:

- \cdot Wash some windows for people who would find that difficult
- \cdot Clean cars
- \cdot Offer to wash clothes for people who are homeless
- · Volunteer to wash up mugs in an office or shop
- · Wash some road signs
- · Organise a litter pick
- · Do someone's washing up
- · Help out at a night shelter

..... do anything that would serve your community and make your world a better place. Post your pictures and videos using the hashtag **#washday15** to inspire others.

For events around the diocese and the latest diocesan news, <u>@glosdioc</u> <u>www.gloucester.anglican.org</u> www.facebook.com/Diocese.of.Gloucester

March Diary

SUN 1 st	SECOND SUNDAY OF LENT St David's Day		
8.00am	Holy Communion		
10.00am	All Age Service (non Communion)		
6.00pm	Evening Service at Christchurch, Abbeydale		
	Richard Atkins, BBC Gloucestershire		
	The servant girl who questions Peter		
	(Mark 14:66-70)		
MON 2nd	9.00am - Morning Prayers in the Rectory		
TUE 3 rd	7.00pm - Lent Group- venue to be decided		
FRI 6 th	10.30am - Womens' World Day of Prayer-		
	Christchurch, Abbeydale. Everyone welcome.		
SUN 8 th	THIRD SUNDAY OF LENT		
10.00am	Communion4All		
6.00pm	Evening Service at St Oswalds, Coney Hill		
	Bishop Martyn		
	The centurion who confesses faith in Jesus		
	(Mark 15:39)		
MON 9 TH	9.00am - Morning Prayers in the Rectory		
TUE 10 th	7.00pm - Lent Group at the Rectory		
SUN 15 th	FOURTH SUNDAY OF LENT		
10.000	Mothering Sunday		
10.00am 6.00pm	Communion4All		
6.00pm	Evening Service Upton St Leonards Church Archdeacon Jackie		
	Pilate's wife (Matthew 27:15-26)		
MON 16 th	9.00am - Morning Prayers in the Rectory		
TUE 17 th	7.00pm - Lent Group at the Rectory		
10217	(St Patrick's Day)		
SUN 22 TH	FIFTH SUNDAY OF LENT		
10.00am	Holy Communion (Common Worship)		
1.30am	Election of Churchwardens and		
	Annual Parochial Church Meeting		
6.00pm	Evening Service at St Lawrence, Barnwood		
	Lesley Hewish, Chaplain, HMP Eastwood Park		
	The women disciples at the crucifixion		
	(Mark 15:40-41).		
MON 23 rd	9.00am - Morning Prayers in the Rectory		
TUE 24 th	7.00pm - Lent Group at the Rectory		
SUN 29 th PALN	1 SUNDAY		
1 0.00am	All Age Communion – Rev'd Dr Sandra Millar		
MON 30 th	9.00am - Morning Prayers in the Rectory		
1			

Priest in Charge: Reverend Christine Birkett The Rectory, 12 Bondend Road, GL4 8AG. rev.christine@uptonstleonardschurch.co.u	627828 k
Churchwardens: 1 Keith Robbins 2 Vacancy	
PCC Secretary: Ceri Darley-Jones	
Church Treasurer: Vacancy	
Deanery Synod Representative: Dorothy Cox	
Bell Tower Captain: Roger Fry	
Mothers Union: Rachel Hall	
Church Cleaning Rota: Claire Appleyard	
Church Flower Rota: Evelyn Rumsey	
Electoral Roll Officer: Naomi Stanley-Gunn	
Fundraising Committee & Church News Re	ep:

The Women's World Day of Prayer (interdenominational) will be celebrated internationally on Friday 6 March. The local service is to take place at Christchurch, Abbeydale at 10.30am followed by coffee and biscuits. This year the service has been written by women of The Bahamas and we will learn a little about the way of life in the Bahamian islands which lie between Cuba and Florida. A collection will be taken to support the work of Women's World Day of Prayer in England, Wales and Northern Ireland and projects run by Christian charities around the world. All are very welcome.

During Lent there will be Lenten Lunches served every Friday by St Augustine's Church, Matson from 1200 until 1330. Due to renovation work at St. Augustine's Church Hall, the lunches are kindly being hosted by Matson Baptist Church until 6 March. Lunches on Fridays 13, 20 and 27 March will then be in St Augustine's Hall. Proceeds will be shared between CAFOD and the Together in Matson project.

Upton St Leonards 60th Annual Flower Show To be held at the Village Hall on 12th September 2015 - 2.00 to 4.30p.m. SECTION "A" - VEGETABLES AND FRUIT - OPEN Prize for best exhibit in Section "A" - £7.50 (see Award 17) Classes 21. Vegetable Marrows, 2 for table use, max300mm length Potatoes, 3 tubers, white. Potatoes, 3 tubers, coloured (varieties with white skins 22. Vegetable Marrow, one for weight and pink eyes accepted in this class) 23. Courgettes, 3 24. Sweet Green Peppers, 3 Potato, one for weight. Sweetcorn, dish of 3 cobs 25. Pumpkin, one for circumference Carrots, long, 3 roots (min. length 300mm, not more 26. Lettuce, cabbage, 2 with roots 27. Lettuce, Cos, 2 with roots than 3" tops) Carrots, other than long, 3 roots (not more than 3" tops) 28. Any other vegetable in reasonable quantity Beets, round, 3 roots (not more than 3" tops) 29. A bunch of mixed culinary herbs - in water Leeks, 3 30. Desert Apples, 3 fruits Onions, 3 bulbs 31. Culinary Apples, 3 fruits

- 10. Onion, one for weight
- 11. Shallots, 5 bulbs

1.

2.

3.

4.

5.

6.

7.

8.

9.

- 12. Runner beans, 6 pods
- 13. Runner beans, one for length.
- 14. Any other type of bean, 6 pods
- 15. Cabbage, 2 heads
- 16. Tomatoes, 5 fruits, any variety
- 17. Tomatoes, plum, 5 fruits
- 18. Tomatoes, cherry, 5 fruits
- 19. Cucumbers, ridge, 2
- 20. Cucumbers, greenhouse, 2

- 32. Pears, 3 fruits
- 33. Plums, 5 fruits
- 34. Rhubarb, 3 sticks
- 35. Blackberries, 12 fruits
- 36. Culinary Apple, one for weight
- 37. Autumn Raspberries, 12 fruits
- 38. Any other fruit in reasonable quantity

Novice Classes - vegetables (a novice has never won 1st prize for vegetables in any show)

- 39. Runner beans, 6 pods
- 40. Onions, dish of three of one variety
- 41. Potatoes, dish of three of one variety
- 42. Tomatoes, dish of five of one variety
- 43. Any other vegetable in reasonable quantity



March News from your Village Agent

Lou Kemp 07776 245767

I thought I'd focus this month's article on some of the wonderful volunteering opportunities available at the moment. I am very excited to begin with the great news that Gloucestershire Rural Community Council (GRCC) who manage the Village Agent scheme have secured funding for a county wide befriending service for older people, called "Friends for You". Social isolation can be the greatest difficulty experienced by many people and can have a detrimental effect on their mental health. If you think that you'd enjoy being able to offer regular visits offering friendship and a listening ear, you will be amazed on the positive impact on your own sense of wellbeing as well as the person you are befriending. Call Sue Black, Friends for You, on 07810 630167 / 01452 528491 or email <u>sue.friendsforyou@ggrcc.org.uk</u>

Sometimes when I visit people I talk about benefits such as Attendance Allowance which is there to help pay for support with personal care, or perhaps Pension Credit. Pension Credit is an income-related benefit made up of 2 parts - Guarantee Credit and Savings Credit Guarantee Credit tops up your weekly income if it's below £148.35 (for single people) or £226.50 (for couples). Savings Credit is an extra payment for people who saved some money towards their retirement, eg a pension. If the person needed help with applying for a benefit I might refer them to Age UK or an organisation such as Carers Gloucestershire. Age UK are looking for volunteers to visit people in their homes in the Stroud area to help identify the welfare benefits they might be entitled to and to help complete the necessary forms. Call Chez Milne Outreach and Advice officer on 01452 422660

Are you someone who loves to sort things and bring order to chaos? Then, what about volunteering with P3 who provide housing related support in the Stroud area? Help is required to assist people pack prior to moving home, tidy and organise cluttered houses and gardens. There are also some admin roles available. Contact Gale Bowstead on 01453 750480 or email gail.bowstead@p3charity.org

Artshape which was established in 1993, aims at providing activities for adults and children facing disabling barriers, particularly learning disabilities, physical disabilities, mental health service users and survivors, victims of domestic abuse and older people. They are looking for people to help out on an inclusive course for 8-18 year olds, with dance, costume making, arts, crafts and film making. They are also looking for people to help on their art courses, preparing exhibitions, helping with concerts and they need help with office admin. Call 01452 863855 or email volunteer@artshape.org.uk.

Other organisations looking for help at the moment are Sue Ryder (befriending and creative therapies assistant) call 01242 230199. Third Sector Services (community drivers) Call Lisa Stearns, Transport Manager 01242 220685 or email lisa@thirdsectorservices.org.uk

Gloucestershire Disabled Afloat Riverboats Trust (canal boat skippers, help with catering, trip managers and support workers). Call Paul Treble on 01242 674 092

If you have access to a computer, the following sites are very helpful to look at the range of opportunities available. If you don't have access, you can call me and I will help you to look at what you might like to do.

www.**volunteer**glos.org.uk

www.vcastroud.org



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Parísh Matters

February Parish Council Meeting

At the Parish Council meeting in the Pavilion on February 2, Chairman Keith Pearson reported that the County, Stroud District and our Village Council had all agreed to make no increase in Council Tax for the coming year 2014-15.

He also read out the crime report for the Village - there had been one theft in the last month, from the Painswick Road motorway bridge contractors area.

Speaking of which, the Council was very pleased with the way the contractors had tidied up after finishing the bridge works, and the clerk has sent a letter of thanks.

There was some worry about the state of the new southbound motorway service area, most of which is in our Parish. Though the work is nearing completion it looks as if the landscaping being used to mask the buildings is not as effective as that on the northbound side. The Parish Council will ask the Stroud planning office to check on the status and the work.

An upgrade is planned for the mobile phone mast on the Recreation Ground. Vodaphone's contractors have discussed the changes with the Parish Council and there is now a planning application in place. What is proposed is that a new mast will be installed, of much the same size, adjacent to the current one. When the new one is in place, the old one will be removed.

Councillors are to have talks with Stagecoach and Severn Trent about the bus route when the mains water replacement work affects Churchfield Road. For this work and other road works the Council will be trying to get more information in advance, so it can be published in USL Life before the work is due to start!

The kitchen in the Pavilion has been refurbished.

The Parish Council will be putting an article in a future USL Life asking for opinion on this: what improvements and investments, that can be funded from the parish share of the Council Tax, would Village people like to see. Would villagers agree to some increase in the parish share to fund improvements? The difficulty in such a consultation is in giving people a clear picture of what things the Parish Council could or could not fund. For example, in any such surveys, most responses talk about filling potholes or resurfacing pavements - neither of which are funded from Parish Council funds. So see what the article says when it comes out!

Reporter : Andy Russell

Your vote matters so make sure you're registered!

Ahead of the UK Parliamentary General election and local elections taking place on **Thursday 7 May 2015**, Stroud District Council is urging its residents to get involved by registering to vote.

YOUR VOTE MATTERS

MAKE SURE YOU'RE IN

Since the law changed in June last year, everyone is now responsible for their own registration, rather than registering as a household.

Anyone who has changed their address or is a new voter needs to make sure that they are registered. Not being on the electoral register could also affect your credit rating.

Registering to vote is easy and can be done online by visiting <u>www.gov.uk/register-to-vote</u>. Those registering will need to provide their date of birth and national insurance number. Anyone without internet can contact the elections team. You can register to vote at any time, but the deadlines for registration ahead of the election are:

- Last date for Registration Monday 20 April
- Last date for Postal Vote Applications Tuesday 21 April
- Last date for Proxy Vote Applications Tuesday 28 April

The publication of candidates standing in the elections will be available from Thursday 9 April for the Parliamentary Election and Friday 10 April for local elections.

If you would like to know more about electoral registration, or request registration forms, please contact the elections team. Phone: 01453 754 886

Email: <u>elections@stroud.gov.uk</u>

www.stroud.gov.uk/vote

World War 1 Centenary Commemorations - Update

We are pleased to report that the Diocesan authorities have approved a "Faculty" for the erection of two wooden plaques in the Church to commemorate the 37 local men, listed on the stone War Memorial, who gave their lives in the Great War. We are currently awaiting funding approval from the Heritage Lottery Fund (fingers crossed) before the plaques can be built and in the meantime will be featuring some facts about our men, in the month of the centenary of their passing.

1914

- Henry Panter was a Corporal (8064) in 1st Battalion Gloucestershire Regiment. He was born 3 May 1880, lived in Bondend in the care of Mrs Hays and attended Tredworth School and then Upton School from 25 March 1901. He enlisted in Bristol and went to France 13 August 1914, landing at Le Havre. He died on Sunday 1 November 1914 during the First Battle of Ypres, aged 34; he has no known grave and is named on Panels 22 and 34 at the Menin Gate, Ypres.
- George Avery was a Private (8029) in 1st Battalion Gloucestershire Regiment. He was born on 6 March 1884, the son of George and Mary Avery, and lived on The Pound in Upton. He went to Upton School from May 1888 to 19 March 1896. George was married to Edith Louise who originally came from Canada. He enlisted in Gloucester and went to France on 13 August 1914.

His service number is close to that of Henry Panter and as they were in the same battalion it is likely they knew each other. George died on 7 November 1914 aged 31 during the First Battle of Ypres and like Henry has no known grave and is named on Panels 22 and 34 at the Menin Gate, Ypres.

1915

Arthur Edward Ballinger was a Private (8136) of 1st Battalion Gloucestershire Regiment. He was born on 8 March 1885, lived at Spring Cottage on Upton Hill and went to Upton School from March 1890 to October 1897. He enlisted in Gloucester and went to France on 13 August 1914 (as did Henry Panter and George Avery). He was reported Missing In Action at Loos and died on Thursday 18 February 1915 aged 29. He has no known grave and is named on Panel 17 of the Le Touret Memorial, Pas de Calais.

The Commonwealth War Graves Commission (CWGC) website shows Private 8136 who died 18 Feb 15 as *Edward T Ballinger*. The Parish Magazine of July 1915 also shows "Edward" as Killed in Action. It is probable that this detail came from his enlistment record (hence the CWGC record), but his family knew him as "Arthur" hence the Upton War Memorial inscription.

We hope this will stimulate readers to investigate more about these men; please let us know your findings. *We Will Remember Them*

Roy Roberts (USL Parish Councillor) and Mike Stratford (Chairman USL History Group)

Puzzle Answers

The answers to the February Criss Cross Facts: 1. Boudicca 2. Bluebird 3. Dickens 4. Pepys 5. Bobbies 6. Dolly 7. Waitangi 8. Eastenders 9. Decimalisation 10. Candlemas 11. Plimsoll 12. Ash 13. Anderson 14. Flying Scotsman 15. DNA 16. Grand National 17. Leap Year 18. Valentine 19. Setsubun 20. Execution 21. Snowdrop 22. Edison



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VILLAGE DIARY

MARCH

2	Mon	Yoga	0	
2	Mon	Yoga	0	
2	Mon	Fitness Training (2 separate sessions)	0	
2	Mon	Zumba	•	
2 2	Mon	Upton WI Parish Council Meeting	0	
2 3	Mon Tue	Needles & Pins		
3	Tue	Tuesday Probus		
3	Tue	Zumba Gold		
3	Tues	Badminton	0	
1	Wed	Pilates	0	
4	Wed	Stitchers		
4	Wed	Pavilion Painters		
4	Wed	Bingo	B.M.I	8.00p.m.
4	Wed	Upstagers Amateur Dramatics		
4	Wed	Tai Chi	Village Hall Annex	8.00-9.30p.m.
5	Thu	Senior Circuits	Pavilion	9.30-10.15a.m
5	Thu	Tai Chi	Village Hall Annex	9.30-10.30a.m
5	Thu	Painting & Drawing	Village Hall Annex	7.00-9.00p.m.
5	Thu	Zumba		
6	Fri	Yoga		•
6	Fri	Coffee Morning for Dementia Week		
7	Sat	Cats Protection League Jumble Sale	5	
9	Mon	Yoga		
9	Mon	Yoga	5	
9	Mon	Zumba		
9	Mon	Fitness Training (2 separate sessions)	-	
9	Mon	Twyver WI	0	
10	Tue	Needles & Pins		
10 10	Tue Tue	Zumba Gold Badminton	0	
10	Tue	Copy date for April issue of USL Life	village Hall	
10	Wed	Pilates	Pavilion	9 30-10 30a r
11	Wed	Stitchers		
11	Wed	Wednesday Probus	0	
11	Wed	Pavilion Painters		
11	Wed	Bingo		
11	Wed	Upstagers Amateur Dramatics		
11	Wed	Tai Chi	5	
12	Thu	Senior Circuits		
12	Thu	Tai Chi	Village Hall Annex	9.30-10.30a.n
12	Thu	Painting & Drawing	0	
12	Thu	Zumba	Village Hall	7.30-8.30p.m
13	Fri	Yoga	0	
14	Sat	Spring Show	Village Hall	2.00p.m.
16	Mon	Yoga	Village Hall Annex	10.00-11.30a.
16	Mon	Yoga	Village Hall Annex	12.15-1.45p.r
16	Mon	Fitness Training (2 sessions)	5	
16	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m
16	Mon	Zumba	•	
17	Tue	Needles & Pins		
17	Tue	Tuesday Probus		
17	Tue	Zumba Gold	5	
17	Tue	Badminton		
18	Wed	Pilates		
18	Wed	Stitchers	5	
18	Wed	Ladies Probus		
18	Wed	Pavilion Painters		
18	Wed	Bingo		
18	Wed	Upstagers Amateur Dramatics	-	
18	Wed	Tai Chi	5	
19	Thu	Senior Circuits		
19	Thu	Tai Chi		
	Thu	Painting & Drawing	-	
19	Thu	History Group - Tudor Gloucester	0	•
19				
19 20	Fri	Yoga		
19		Yoga Spring Quiz Rent-a-Crowd 2015	B.M.I	8.00p.m.

23	Mon	Yoga	Village Hall Annex	12.15-1.45p.m.
23	Mon	Zumba	Upton St Leonards School	6.30-7.30p.m.
23	Mon	Fitness Training (2 separate sessions)	Village Hall Annex	6.00-7.30p.m.
23	Mon	Camera Club	Village Hall	7.00-9.00p.m.
24	Tue	Needles & Pins	Pavilion	9.30-12.00p.m.
24	Tue	Zumba Gold	Village Hall Annex	10.00-10.45a.m.
24	Tue	Badminton	Village Hall	8.30-10.30p.m.
25	Wed	Pilates	Pavilion	9.30-10.30a.m.
25	Wed	Wednesday Probus	B.M.I	10.00a.m.
25	Wed	Stitchers	Village Hall	10.00-12.00p.m.
25	Wed	Pavilion Painters	Pavilion	2.00-4.00p.m.
25	Wed	Bingo	B.M.I	8.00p.m.
25	Wed	Upstagers Amateur Dramatics	Village Hall	7.30-9.30p.m.
25	Wed	Tai Chi	Village Hall Annex	8.00-9.30p.m.
26	Thu	Senior Circuits	Pavilion	9.30-10.15a.m.
26	Thu	Tai Chi	Village Hall Annex	9.30-10.30a.m.
26	Thu	Get Together Club	Village Hall	2.30-4.30p.m.
26	Thu	Painting & Drawing	Village Hall Annex	7.00-9.00p.m.
26	Thu	Zumba	Village Hall	7.30-8.30p.m.
27	Fri	Yoga	Pavilion	1.15-2.45p.m.
29	Sun	British Summer Time Begins		
30	Mon	Yoga	Village Hall Annex	10.00-11.30a.m
30	Mon	Yoga	Village Hall Annex	12.15-1.45p.m.
30	Mon	Zumba	Upton St Leonards School	6.30-7.30p.m.
30	Mon	Fitness Training (2 separate sessions)	Village Hall Annex	6.00-7.30p.m.
31	Tue	Needles & Pins	Pavilion	9.30-12.00p.m.
31	Tue	Zumba Gold	Village Hall Annex	10.00-10.45a.m.
31	Tue	Tuesday Probus	B.M.I	10.00a.m.
31	Tue	Badminton	Village Hall	8.30-10.30p.m.

Regular weekly events not shown below this line

APRIL

10	Fri	Copy Date for May issue of USL Life			
13	Mon	Twyver WI	Village Hall	7.30-10.00p.m.	
20	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.	
20	Mon	AGM for USL Life	T.b.a	7.30p.m.	
23	Thu	Upstagers - Black Comedy - Prepare to meet thy Tomb	Village Hall	7.30p.m.	
24	Fri	Upstagers - Black Comedy - Prepare to meet thy Tomb	Village Hall	7.30p.m.	
25	Sat	Upstagers - Black Comedy - Prepare to meet thy Tomb			
27	Mon	Camera Club	Village Hall	7.00-9.00p.m.	
29	Wed	Ladies Probus	B.M.I	10.15a.m.	
30	Thu	Get Together Club	Village Hall	2.30-4.30p.m.	
	ΜΑΥ				
4	Mon	Upton WI - Speaker John Crowther - The Hedgehog Hosp	Village Hall	7.30-10.00p.m.	
7	Thu	General Election			
9	Sat	"Big Band" Night	Village Hall		
10	Sun	Copy Date for June issue of USL Life	<u> </u>		
11	Mon	Twyver WI	Village Hall	7.30-10.00p.m.	
18	Mon	Abbeydale Garden Club	Village Hall	7.30-9.30p.m.	
21	Thur	History Group - Jet Age Museum	Village Hall	7.30-9.00p.m.	
25	Mon	Camera Club	Village Hall	7.00-9.00p.m.	
27	Wed	Ladies Probus - Trip to Bath	-		

28 Thu Get Together Club - Outing to Evesham Country Park

To get your event included in the diary, contact Paula Quinn



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Quality Work at Competitive Prices For a Free Estimate call Bernie 01452 790872 / 07881 981352 The Upstagers next production is currently in rehearsal and in April they will be performing a black comedy "Prepare to Meet Thy Tomb" This is a play by Norman Robbins, the third in a trilogy of Tomb plays. Those of you who came along to see the previous two will already know that they are very funny and well written. A good evening's entertainment is certainly guaranteed. So please give Jackie Lord a call to book your seats whether you are regulars or first timers.

The UpStagers

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"Prepare to meet thy Tomb"

(The third in a trilogy of black comedies by Norman Robbins)

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Upton St Leonards Tennís Club

About Us

We are a friendly and enthusiastic club and anyone is eligible to join, irrespective of age or ability. Tennis is played all year round on the two courts at the Recreation Ground. During the summer months, both Mens and Ladies Teams play in the County Leagues.

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Social Club Tennis

Tuesday 6.00pm Seniors (First club night of the season: 7th April, 2015) Wednesday 9.00am Ladies Thursday 9.00am Men Sunday 10.00am Mixed and Families **Membership**

Our season runs from April to March. Fees for 2015/2016 are:

	Before 30 April	After 1 May
Families	£110	£122
Senior (over 18 yrs)	£55	£61
Senior Citizen	£44	£49
Junior (under 17 yrs)	£22	£25
Student (in full time ed)	£38.50	£43

How To Join

When you join you will receive a club handbook which contains the details of club contacts, events, league fixtures and the all important combination number to gain entry to the courts. As a member you can play whenever the courts are available by putting your name on the booking sheet which is posted in the club hut.

Contact For all enquiries:

Maureen Snell

Personal Column

We were saddened to hear of the death in January of John Edge, of Staites Orchard, a long term resident of the village.

It is also sad to report the death of Ken Herbert, of Twyver Close, also a long term resident of the village

School Parking

I am highlighting the fact that parents arriving in cars are ignoring the school zone zig zags in Twyver Close. The zig zags have been placed on this corner to ensure that emergency vehicles can access Twyver Close. We have had situations in the past where on different occasions both a fire engine and ambulance were unable to get into the close.

Neil Eley

Editor says " happy to print this concern Neil but it would be good to raise with school direct as the majority of parents don't receive this Newsletter".

UPTON ST LEONARDS LIFE Web site: http://usllife.co.uk/

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

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	This month's editor:	Peter Wilson	
	Editors:	Peter Wilson	
		Andy Russell	
>		Andrea Dawson	
	Company Secretary:	Cliff Alderman	
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Help to feed local people who do not have the money to buy food

The Church is open for donations Friday evenings 6 - 6.30 pm Contact Diana Way for information

