

# Upton St Leonards Life incorporating Church News

Issue 58

June 2019



and help us look after Kites Hill. World Land Trust has limited resources available to spend on management, and as the Trust's HQ is in Suffolk it is hard for us to visit as often as we would like.



*In our April issue there was a short piece about the World Land Trust and the Kites Hill reserve at the top of Portway. Some of the World Land Trust officers came to the USCAN AGM in May and spoke to us. Following on from that, Dr Richard Cuthbert, Director of Conservation at the World Land Trust, has sent us this article:*

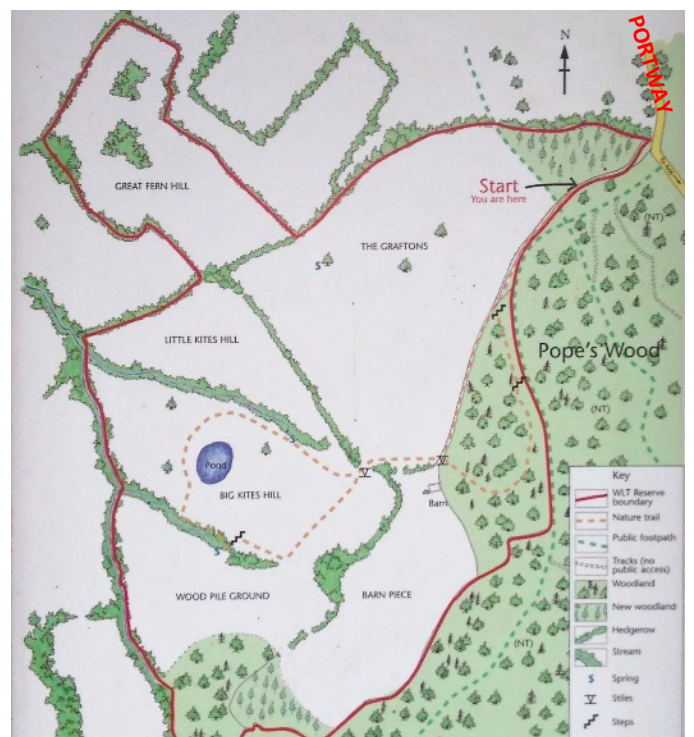
World Land Trust is an international conservation charity, which protects the world's most biologically important and threatened habitats acre by acre. The Trust's work is mainly overseas and our only site in the UK is in Gloucestershire - Kites Hill reserve, Upton St Leonards.

At this pivotal time for our species and the planet our reserve at Kites Hill is a place where both people and

We are looking for volunteers to help carry out practical tasks and biodiversity monitoring. On the practical side, the USCAN footpaths team do a great job in maintaining the footpaths, and we are hoping to attract people who can help with other tasks such as maintaining the hedges and looking after the visitor information points.



wildlife can thrive. There has never been a better time to 'get back to nature' and we are calling on you to join us



## Kites Hill continued

Monitoring the biodiversity of the reserve is a rewarding aspect of the work that needs to be done - only by knowing what's there can we ensure that we are doing the best job possible to protect our local species. Key features of the site are the meadows of wildflowers, the SSSI beech woodland, and the wildlife pond, which we installed in 2008. Whatever your interest or experience - from lichens to spiders to birds - if you love nature and would like to help carry out biodiversity surveys please get in touch. Kites Hill still has the ability to surprise and inspire and who knows what you might discover?

For information about getting involved, our local contact in the Village is Lynne Garner or, if you would prefer to contact a staff member at World Land Trust, email [info@worldlandtrust.org](mailto:info@worldlandtrust.org).

Kites Hill is open to all. Come and be part of nature - we guarantee that you will find it both calming and energizing! There is an information point near the entrance to the reserve with maps and more information.

## Congratulations!

### BMI Charity Fund-raising £1,944

That's the magnificent total raised at the BMI for its nominated charities for 2018-19, through the Saturday night Bonus Ball, Raffles, Quiz Nights and individual donations.

Cheques have been sent to the charities  
**CLIC and Prostate Cancer**

Many thanks to all at the BMI who have helped in any way towards this.

The charities for 2019-20 will be announced soon.

## What's been happening?

### Upton St Leonards WI

The first thing to report is that our quiz team have made it to the final of the GFWI Quiz competition!

There is an outing to SS Great Britain in July. **Non members are welcome to attend.** Cost £21. We were reminded of the strawberry tea on 21st June at Angela's house - Cost £5. Friends and visitors welcome.

At our May meeting we were pleased to welcome Peter McNeil who spoke on "Tales of the Turf." He gave us a talk about the history of National Hunt Racing, and some characters that he had met over the 25 years that he had worked in the profession. Fascinating Fact: the point-to-point race at Andoversford is nearly 200 years old, older than all other racing locally. The Racecourse at Cheltenham is the course that we know best, holding the prestigious Gold Cup and the Cheltenham Hurdle. He described the many people it takes to make racing happen: the financiers, the owners, the trainers, the jockeys and so many others. As he said, it was a whole way of life for many people. He ended by saying that it was the "Irish Exodus" that had built up Cheltenham to its current prominence; horses, trainers, jockeys and, of course, punters coming over the Irish Sea for the Festival.



**Our next meeting is on 3rd June when our speaker will be Deborah Mills talking on Medical Detection dogs. Any visitors who wish to join us will be most welcome.**

Lynne Cooke

## Little Court Cottages

Cottages for long rent, and self-catering accommodation for short breaks, in Upton St Leonards, perfect for visiting friends and family.

Email: [info@littlecourtcottages.co.uk](mailto:info@littlecourtcottages.co.uk)

Tel: **01452 615150**

[www.littlecourtcottages.co.uk](http://www.littlecourtcottages.co.uk)



## The BMI Club

(Est 1898)

Bondend Road  
Upton St Leonards

Members Club, new members welcome.

Two bars, wide screen TV with Sky/BT Sports. Snooker /Pool Tables. Skittle Alley.  
Regular entertainment nights.  
Function room hire.

Annual Fee £10 plus £5 joining fee.  
Senior Citizens half price

To join just call in  
and see Alec our Steward for details.  
Open Mon-Fri lunchtimes & evenings.  
Sat-Sun Open all day.

<http://www.bmiclub.co.uk/>

Tel. **01452 616384**



John Weygang  
OPTOMETRISTS FRP

Your local practitioner,  
providing the highest quality eye care,  
including **FREE NHS Eye Tests**, specialised products and services for you and your entire Family

Please contact our Churchdown practice if you would like to arrange a Home visit



LOCATIONS : ABBEYMEAD 01452 306807  
CHURCHDOWN 01452 855484 | GLOUCESTER 01452 522118  
HUCCLECOTE 01452 619100 | QUEDGELEY 01452 721108  
[www.weygang.co.uk](http://www.weygang.co.uk)

# What's been happening, continued . . .

## Twyver WI

Our evening's entertainment at the May meeting was provided by Carole and Malcolm Brown. They are a delightful duo who have graced us with their presence on previous occasions and their programme always goes down well with our members. Their programmes are varied and this time we were treated to songs from Les Miserables and tunes from well known composers including Gershwin and Lloyd Webber. As trained singers Carole and Malcolm have sung together for many years under the name 'Singing for Your Pleasure' and throughout the North of England, Gloucestershire and Worcestershire they have performed for a wide variety of audiences such as WIs and Rotary Clubs. Their accompanist for the evening was Martin Dack, a classically trained pianist, considered the next best thing to an orchestra! The musical soiree was excellent, thoroughly enjoyed by all.

Linda Munnoch

At both Twyver and Upton WI there were discussions on this year's Annual NFWI meeting resolutions, namely that:

(A) The WI will actively seek ways to get behind the "Don't fear the Smear" campaign: Cervical screening saves around 5,000 lives a year, yet attendance is currently at its lowest for a decade. The NFWI urges WI members to attend routine screening, to take action to raise awareness of the importance of cervical screening and address barriers to attendance to help eradicate cervical cancer.

(B) A call against the decline in local bus services. Over the last decade there has been a massive decline in the number of bus services, particularly of those in rural and semi-rural areas. In order to alleviate loneliness, improve health and well-being, as well as promoting sustainable development, the NFWI calls on the government and local authorities to increase subsidies and work in partnership with bus companies and community transport operators to enable an adequate provision of services.

Also at both WIs, members were told that Gloucester Arts Council is promoting the 1100 year anniversary of Aethelflaed, Queen of Mercia, who is now recognised as Gloucester's Greatest Heroine. If this is of interest to our history buffs, Phil McCormick is talking about her at Churchdown Community Centre on Tuesday 16 July, starting at 7pm. Tickets cost £6, applications through the WIs. This meeting is open to all who are interested but WI members will be given priority.

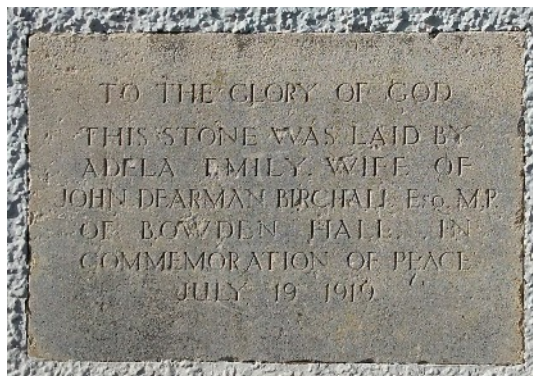
## BMI Entertainment Evening 11 May

**Paul Keyes was a very good performer, and got everyone singing and dancing. It's a shame that there were fewer than 50 there to watch, listen and join in. But with the quality of this act, he's been booked again.**

**Paul Keyes will be at the BMI on Christmas Eve - make a date!**

## Where is this foundation stone?

You've probably walked past it dozens of times. Note the date - coming up to 100 years ago.



It is, of course, on the wall of the Village Hall. We are coming up to the 100<sup>th</sup> anniversary of the laying of this stone, a ceremony which took place as part of a Village celebration giving thanks for peace after the turbulent and tragic years of the First World War. Next month's newsletter will have a write-up by Mike Stratford about the Village celebrations in July 1919.

Next year, 2020, will be the centenary of the *completion* of the Village Hall, and a huge Village Day is being planned, featuring strongly the events of 1920, i.e. the opening of the Village Hall, the founding of the Upton WI, plus lots more of the shows, music, etc. that have made our recent Village Days so much fun - watch this space!

## Parish Council AGM

As a curtain-raiser to the Annual meeting, the gym equipment (see page 7) was formally "opened" at the Recreation Ground. Thanks to those who made this happen.

Reports on this and other reports were given at the AGM and were printed in last month's newsletter.

# What's Coming up?

Just a few days left to get your tickets for . . .



## The UpStagers

Online ticket purchase:  
[www.ticketsource.co.uk/THEUPSTAGERS](http://www.ticketsource.co.uk/THEUPSTAGERS)

**The UpStagers**

present

## Special Features

A comedy by Nick Broadhead

at the Village Hall

**Thu 6, Fri 7 and Sat 8 June at 7.30pm**

(Doors open 7pm)

Tickets £9 (£8 concessions)  
 Refreshments available

. . . sure to be a great evening out!

## Summer Skittles - starts Monday 3<sup>rd</sup> June

Fourteen teams have entered this year and are split into two groups:

- |                  |                |
|------------------|----------------|
| Group A          | Group B        |
| Holy Rollers     | Lumberjacks    |
| Ten Pint Bowling | No Soft Drinks |
| Xkeys Exiles     | Scotties Lot   |
| Sarah's Gang     | Tug of War     |
| Paula's Lot      | USL MCC        |
| Cam's Exiles     | USL Lifers     |
| Curry Kings      | Sally's Gang   |

Good luck to all our skittlers - have fun (that's the most important part)



Gloucester 01452 508800  
 Cirencester 01285 654875  
[www.daveylaw.co.uk](http://www.daveylaw.co.uk)

**DAVEY LAW**  
 Solicitors

- Residential Property
- Wills & Probate
- Lasting Power of Attorney
- Family & Divorce
- Commercial Property
- Employment Law
- Dispute Resolution
- Personal Injury
- Clinical Negligence

FOR YOU  
 YOUR FAMILY  
 YOUR BUSINESS

9 Pullman Court  
 Great Western Road  
 Gloucester GL1 3ND

**Contact us today:**  
**01452 508800**  
[enquiries@daveylaw.co.uk](mailto:enquiries@daveylaw.co.uk)

**ANDREW BIRD HEARING LIMITED**

**FREE HEARING TESTS**  
*now available with Andrew Bird Hearing*

**Wax Removal**  
 Andrew Bird Hearing is now able to offer a wax removal service.  
**£10 Inspection Fee**  
 One Ear £40 - Two Ears £60

Centres in Cheltenham and Gloucester

To book your appointment or for information call  
**01242 262551**  
 Hesters Way Community Resource Centre,  
 Cassin Drive, Cheltenham. GL51 7SU  
[www.andrewbirdhearing.co.uk](http://www.andrewbirdhearing.co.uk)

**Hill Farm Cottages**  
 Upton Hill, Upton St Leonards, GL4 8DA

Self-catering cottages well furnished and equipped with the comforts that will make a stay in the Cotswolds one to remember fondly. Each cottage has full central heating and a colour television in the lounge. Towels, tea towels and attractive bed-linen are all provided for you; all you need to bring is food.

**01452 614081**  
[hillfarmcottages@hotmail.co.uk](mailto:hillfarmcottages@hotmail.co.uk)

What's Coming up, continued . . .

## USL Life Party - for all!

This is The Village Event of the year! Don't miss it!

at the Village Hall - Saturday 29 June, 7 for 7.30pm



Ian and Michelle are professional entertainers often performing as Mermaid Merchelle and Pirate Pete. Ian is, of course, Ian Black, who grew up in the Village. Ian and Michelle live here when not away performing. You may remember that in USL Life issue for May 2017 we ran a feature on this couple and their up-coming wedding, with a glorious picture of Michelle in her mermaid outfit.



[www.mermaidmerchelle.co.uk](http://www.mermaidmerchelle.co.uk)

Ian and Michelle are currently performing their double act every evening on the overnight ferry from Portsmouth to Santander.

A fabulous evening of entertainment. Ian and Michelle, a professional duo, will be singing and compèring a range of fun activities.

Have you ever played "backwards bingo"? Come and see what that's all about. There'll be a gameshow to take part in. And enjoy lots of your favourite songs performed by the lovely Michelle.

*There will be tables of 8. We are providing nibbles and tea and coffee, but please bring your own drinks and food as you wish.*

There's a raffle with 3 fabulous prizes:

1<sup>st</sup> prize - Ian and Michelle will come to perform at your party

2<sup>nd</sup> prize - tea for two at Bowden Hall

3<sup>rd</sup> prize - a voucher worth £20 at Trucuts

You will get one raffle ticket free, but do purchase more on the night!

The full programme for the evening is:

7pm - Doors open.

7.30pm - the Show Begins!

A light hearted quiz      Backwards Bingo

Raffle Prize Draw      Gameshow

And, of course, Michelle sings

**Tickets £10**

(Admission by pre-booked ticket only)

To get your tickets, call Andy Russell

Mention when you ask for a ticket any song you would like Michelle to perform

This Party is organised by USL Life, and profits from the evening will go to support the magazine.

Huge thanks to Ian and Michelle for giving their services free - Ian says this is giving back to the Village in which he grew up and still lives. Thanks also to the Village Hall management, and to Bowden Hall for the raffle prize.



What's Coming up, continued . . .

# BMI Summer Quiz

Yes! The next in this series of fabulous quizzes is this month!

**SATURDAY 22 JUNE**

**At 8pm**

For BMI members and signed-in guests

£1.25 per person for teams of up to 6, with a minimum of £5 per team

*Add your team to the booking sheet in the BMI, by Thursday 20 June, to ensure that there are sufficient copies of quiz sheets and tables on the night.*

Profit made on the night will be going to the BMI Charity for 2019-20



Can you

## Design the Front Page

For our Christmas Edition?

This is a competition open to children, currently in Y6 or below, living in the Village, or attending the school or any of the childrens' groups based in the Village.

The idea is that this could be a summer holiday activity - get your child's creative and artistic talents on show.

Entries can be in any medium: painting, drawing, collage, etc., maximum size to be A3. The winning entry will be used as the cover of USL Life December issue.

The closing date for entries will be the end of the summer holidays, and in our August issue we'll tell you where and when to hand entries in.

Come and hear the famous

**Churchdown Male Voice Choir**

performing at

**Christchurch, Abbeydale  
Friday 29 June at 7.30pm**

Tickets £5

## Upton St Leonards Show 2019

<http://uptonstleonardsshow.com>

This is a gentle reminder that the show takes place this year on

**Saturday 7 September**

The website (above) will have the final version of the schedule but the draft one is virtually complete. There's still time to do some planting, sewing, and photography. Don't forget the cookery and children's sections.

We also need books for the second-hand book stall.



**MICHAEL TUCK**  
Your LOCAL ESTATE AGENT

**SOLD IT!**

FREE VALUATIONS CARRIED OUT WITHIN 24 HRS IF REQUIRED

**01452 612020**  
[www.michaeltuck.co.uk](http://www.michaeltuck.co.uk)

**N.T. Boothroyd  
Plumbing & Heating  
Est. 1986**

All Plumbing & Heating Work Undertaken & No Job too small!  
Boiler & Fire Servicing  
Central Heating Systems  
Landlord Certificates, etc.

Glos: 01452 552192  
Chelt: 01242 250497  
Mob: 07816 103709  
[ntboothroyd@hotmail.co.uk](mailto:ntboothroyd@hotmail.co.uk)

**Rachel Harris**  
Dip CFHP MPSPract  
**Foot Health Practitioner**  
Home visits for all your footcare needs  
Professional and courteous service  
In the Gloucester area

**07791 901 220**  
[rachelh391@googlemail.com](mailto:rachelh391@googlemail.com)

# Gym equipment at the Rec

Our Village Fitness guru, Deb Locke, gives a brief explanation on how to use the new equipment.



**Cross trainer**

Full body workout, work all the major muscles and improve your cardiovascular fitness too. Take care when getting on and off the equipment by making contact with the non-moving parts.



**Stationary bike**

Lower body workout, good for fitness too. Build up the time accordingly and alternate the intensities to receive the fantastic interval training benefits. Take care to ensure knees and ankles are in alignment to avoid any joint injuries. Help keep the knees and ankles flexible.



**Shoulder press**

Full upper body workout. Challenge your friend or partner, who wants to stop first!



**Hip twister**

Great for tummy toning! Work the waistline whilst keeping the hips and spine mobile. Avoid jerking movements, and have fun.

Thanks to Deb and her models for the text and photographs. Some of Deb Locke's fitness classes are shown in the Village diary - call her to find out more and sign up! Phone 07738 104404 email [DebLockePT@mail.com](mailto:DebLockePT@mail.com)

# Healthy living Forum

Our meetings are lively and friendly, and everyone has the opportunity to share their stories, their successes and how they got there. It's a place of open debate, sometimes a bit of disagreement, as we look at all sides of healthy living.

We've been looking at a "Low Carbohydrate" way of life. Though no one way is THE absolute best, some of us are passionate about this new information, as we have tried it and experienced that it works: we feel better, we have lost a bit of weight and it has stayed off. We want to share our "how" success stories.

Carbohydrates are broken down by the body into sugars, referred to as glucose, sucrose, fructose to name a few. Though sugars are vitally necessary for the body - its only source of energy - many of us take in more than we need through what we eat. There is now a concerted campaign in the media and elsewhere to reduce sugar intake, e.g. through higher prices on sugary drinks.

Food Item	Glycaemic index	Serve size g	How does each food affect blood glucose compared with one 4g teaspoon of table sugar?
Basmati rice	69	150	10.1
Potato, white, boiled	96	150	9.1
French Fries baked	64	150	7.5
Spaghetti White boiled	39	180	6.6
Sweet corn boiled	60	80	4.0
Frozen peas, boiled	51	80	1.3
Banana	62	120	5.7
Apple	39	120	2.3
Wholemeal Small slice	74	30	3.0
Broccoli	15	80	0.2
Eggs	0	60	0

We all know it is best to avoid or limit cakes, biscuits, sweets and chocolates - of course these are sources of sugar. But what about other common foods you don't associate with sugar? The table to the left may surprise you!

So a simple approach to managing sugar intake is to eat real food (that you recognise): green leafy veggies or things that grow above the ground, these have less carbohydrate than root veggies, and limit the amount of carbohydrates in the diet. If you want to lose weight try not to snack and limit the time when you are eating .

Do join us for more interesting debates like this. There is some lovely recipe sharing. Everyone is welcome. We meet at the Pavilion. The next meeting is on Tuesday 11 June at 7pm.

Catherine Dustan

Bins: June to Dec	
Recycling & food waste	Rubbish (grey) & food waste
	4 Jun
11 Jun	18 Jun
25 Jun	2 Jul
9 Jul	16 Jul
23 Jul	30 Jul
6 Aug	13 Aug
20 Aug	27 Aug
3 sep	10 Sep
17 Sep	24 Sep
1 Oct	8 Oct
15 Oct	22 Oct
29 Oct	5 Nov
12 Nov	19 Nov
26 Nov	3 Dec
10 Dec	

**LAWNMOWERS**  
 SERVICED - SHARPENED - REPAIRED  
 ALSO: RIDE-ON MOWERS, CHAINSAWS,  
 ROTAVATORS, STRIMMERS, HEDGE  
 TRIMMERS ETC.  
 COLLECTION & DELIVERY AVAILABLE  
**CHELTENHAM MOWERS LTD**  
 01452 616169  
 Unit B3, Nexus, Hurricane Road,  
 Gloucester Business Park, GL3 4AG  
 Visit and buy on-line [www.mowers-online.co.uk](http://www.mowers-online.co.uk)

**CHORLEY'S**  
 GLOUCESTERSHIRE'S FINE ART AUCTIONEERS  
 Free auction valuations  
 Regular fine art & antiques sales  
 Insurance & probate valuations  
 01452 344499  
[enquiries@chorleys.com](mailto:enquiries@chorleys.com)  
[www.chorleys.com](http://www.chorleys.com)  
 PRINKNASH ABBEY PARK GL4 8EU





## St. Leonard's Church News

Website: [www.uptonstleonardschurch.co.uk](http://www.uptonstleonardschurch.co.uk)

**Priest in charge:** Rev. Clodagh Ingram

**Curate:** Rev. James Turk



### *Rev Clodagh Ingram Writes*

Early on Good Friday I heard the news of the death of a young Irish woman, shot in the City of Derry by a gunman in the midst of rioters. I was upset and angered by the news. I didn't know Lyra McKee but I knew the city, I spent most of my

childhood and teenage years living there. Two of my aunts taught in the secondary school in the Creggan. My family life has been interwoven with the city for more than 40 years. Her death on the eve of Good Friday and the 21<sup>st</sup> Anniversary of the peace agreement in NI felt outrageous.

The news that hundreds of people were killed and many more injured in bomb attacks on churches and hotels in Sri Lanka on Easter day was also outrageous but did not impact on my emotions in the same way.

That's quite shocking in one way and totally understandable in another. I know very little about Sri Lanka and have no emotional ties to the country or its people. Notwithstanding the fact, that many who died or were injured are my Christian brothers and sisters.

The fact that these two very different events took place over the Easter weekend made them all the more poignant. In the midst of Good Friday I was aware that we carry the hope of Easter day with us. On Good Friday we know that Easter is coming, we know that Jesus will rise. There is hope for Easter Day, there is hope for a new way of doing things in NI, there is hope that people of peace will prevail against those who want hatred and division to continue.

Then on Easter Sunday as we proclaimed the truth of Jesus Christ risen from the dead, our celebrations jarred against the news from Sri Lanka and the bombings of Churches and hotels that morning. Yet the same truth holds as it did in our waiting through Good Friday and Easter Saturday. Jesus has risen, there is hope for a new way of doing things and there is hope that people of peace will prevail against those who want hatred and division to continue; because through his death and resurrection Jesus gathered all that destroys our peace with God and one another and offers each one of us new life and hope for the future.

A week after Easter Day, Jesus appeared to his disciples and spoke to Thomas who had not already encountered the risen Jesus. Jesus said; 'touch my wounds Thomas.' 'Stop doubting

and believe, Thomas.' And Thomas replied: 'My Lord and my God.' Jesus invites us to share in his wounded-ness because through it comes new life. Jesus takes our wounded-ness and in exchange he gives us new life in all its fullness. There is only one response when we recognise who Jesus is and the life giving love he offers. 'Jesus my Lord and my God' and that changes everything.

*Clodagh*

### *Church Calendar for June 2019*

<b>Sun 2</b>	<b>8.00 am</b> <b>10.00 am</b>	<b>Holy Communion service</b> <b>Celebration Service</b>
Mon 3	4.00 - 4.30	Evening Prayer
Tue 4	9.30 - 9.50 9.50 -12.00	Morning Prayer Coffee & Chat
Wed 5	4.00 - 4.30	Evening Prayer
<b>Sun 9</b>	<b>10.00 am</b>	<b>Communion Service</b>
Mon 10	4.00 - 4.30	Evening Prayer
Tue 11	9.30 - 9.50 9.50 -12.00	Morning Prayer Coffee & Chat
Wed 12	4.00 - 4.30	Evening Prayer
<b>Sun 16</b>	<b>10.00 am</b> <b>4.00 pm</b>	<b>Communion Service</b> <b>Evening Prayer</b>
Mon 17	4.00 - 4.30	Evening Prayer
Tue 18	9.30 - 9.50 9.50 -12.00	Morning Prayer Coffee & Chat
Wed 19	4.00 - 4.30	Evening Prayer
<b>Sun 23</b>	<b>10.00 am</b> <b>4.00 pm</b>	<b>Communion Service</b> <b>Word &amp; Worship</b>
Mon 24	4.00 - 4.30	Evening Prayer
Tue 25	9.30 - 9.50 9.50 -12.00	Morning Prayer Coffee & Chat
Wed 26	4.00 - 4.30	Evening Prayer
<b>Sun 30</b>	<b>10.00 am</b>	<b>Holy Communion</b>

## St. Leonard's Church News

Website: [www.uptonstleonardschurch.co.uk](http://www.uptonstleonardschurch.co.uk)

### *Maundy Thursday*

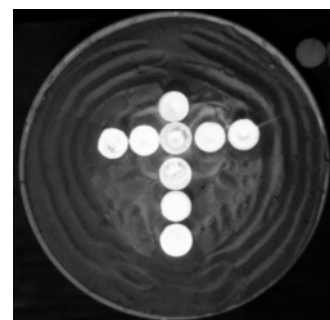
The word Maundy, meaning "commandment" refers specifically to the new commandment that Jesus gave to his followers: 'Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another'.

On this day, which falls on the Thursday before Easter Sunday, sees Christians all over the world, fulfilling this commandment through the commemoration of the washing of feet and the Last Supper. This special meal that Jesus shared with his disciples would have been a Passover meal but Jesus gave new meaning to the bread and the wine, asking his followers to remember the sacrifice he would make of his body and blood. Of course this celebration is now what we call 'Eucharist' or Holy Communion'.

This year on Maundy Thursday in Upton St Leonards we had our own celebration. Over 30 people from the Church Community met in the BMI for a simple meal. Beautiful lamb, bread and salad and a nice glass of wine and plenty of conversation. A special thanks must be made to Alex and Mary for their wonderful hospitality.

In remembrance of Jesus' prayers in the garden of Gethsemane after the Last Supper, we walked quietly across to the Church for a short, reflective service, led by the Reverend James. He then read to us the story of the night Jesus was arrested and we listened to some beautiful music, which gave us time to reflect on the narrative that we had just heard.

We then said compline (evening prayer) together and left the Church in silence for the sombre events of Good Friday.



*Ginny Ring*



### *Proms Praise at the Royal Albert Hall*

What an occasion. A night of true celebration with a breath-taking array of Christian talent along with an audience of well-wishers and those who, like us, seek the face of Christ through these events.

When several members of St. Leonard's Church joined members of the St. Barnabas Church for a coach trip to the Royal Albert Hall little did we know how blessed we would be to witness this annual and special occasion.

On reading the event's programme on arrival at the Hall, we soon realised that this year's Proms Praise would be an extra special one as the leader and inspiration of the event, Noel Tredinnick, was celebrating his 70<sup>th</sup> birthday and conducting his last Proms Praise supported by the All Souls Orchestra and the Massed Prom Praise Choir plus special guests.

The source of much of the creativity that embraces the event is the Ministry of All Souls Music based at All Souls Church, Langham Place in London where Noel has been conducting, leading, inspiring, composing and arranging for musicians all over the world for the last 50 years.

The concert was full of surprises including the full orchestra performing the '1812' Overture (Finale) with cannons..... and supported, unintentionally I believe, by fire alarms being set off!

The musical highlight for me was Martin Smith performing Majesty and also the Kingdom Choir performing Blinded by your Grace written by Stormzy! Having the Royal Albert Hall full of people joining together in Praise and singing hymns both traditional and modern was a truly memorable experience and one that will remain with me for a very long time.



Jackie Clouting

# St. Leonard's Church News

Website: [www.uptonstleonardschurch.co.uk](http://www.uptonstleonardschurch.co.uk)



## Good Friday Walk

On a bright and sunny Good Friday morning a group of about 30 people, adults, children and dogs met at St. Leonard's church and proceeded to walk to Prinknash Abbey. Easter is one of the most sacred times in the



Christian calendar, and as we walked our thoughts were on that journey Christ made to his crucifixion. We stopped at several places on the way and gathered to hear short reflective readings using the traditions of the stations of the cross.



This was a great opportunity to come together as a community to chat and share stories as we walked enjoying the serenity of our parish. As we walked around the deer park we saw God's creation in all its splendour. We arrived at the monastery gardens where we were joined by other members of the church and were provided with coffee and hot cross buns. We ended with a blessing from Rev Ingram before returning. It was a very memorable and enjoyable time.

*Dave Knight*

### *St Leonard's Churchyard An Invitation to a Service in the Churchyard*

#### **'Remembering those we have loved'**

A short service of readings, prayers and to ask God's blessing on our memories.

The service will last about 20 minutes and be held in different locations around the churchyard.  
Tea and Cake will be served afterwards.

*Sunday July 21<sup>st</sup> at 4.00 pm*

Everyone who holds memories in St Leonard's lovely churchyard is very welcome and please invite family and friends to come along as well.



Saturday 8 June 7.30pm  
Just One with J John  
A Contemporary Worship Service  
At the Cathedral

Just One is about local churches joining together to proclaim a message of hope. We warmly invite you to come and hear inspirational stories, praise and worship, a Gospel choir and a message from well known evangelist J John. One ticket admits two, so bring along someone interested in investigating the person at the centre of this message of hope - Jesus Christ.

Tickets £12 for two seats, available from the Welcome Desk, 01452 768928 or at [www.3choirs.org](http://www.3choirs.org) Doors open at 7.00pm.  
Refreshments available at the end of the evening.

# St. Leonard's Church News

Website: [www.uptonstleonardschurch.co.uk](http://www.uptonstleonardschurch.co.uk)



Thy Kingdom Come is a global prayer movement that invites Christians around the world to pray for more people to come to know Jesus. What started in 2016 as an invitation from the Archbishops of Canterbury and York to the Church of England has grown into an international and

ecumenical call to prayer. St Leonard's will be joining in.

## Mother's UNION

2.00 pm  
at St Leonard's Church  
All welcome to come and join us  
June 20<sup>th</sup> 2019

## Tower Floodlighting

If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday/anniversary/ Baptism or in remembrance of a loved one please contact Jenny Cunningham on 615858 or email [jennycunningham46@googlemail.com](mailto:jennycunningham46@googlemail.com) for more details.

There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too. Please note that the deadline of the Church Pages of USL Life is the 10th of the preceding month.



## Who's who at the Parish Church

### Priest in Charge:

Rev Clodagh Ingram

### Curate:

Rev James Turk

### Churchwardens:

Keith Robbins

There is a vacancy for the second churchwarden

### PCC Secretary

Sarah Kent

[pccsecretary@uptonstleonardschurch.co.uk](mailto:pccsecretary@uptonstleonardschurch.co.uk)

### Church Treasurer

Vacant

### Baptism & Wedding Enquiries:

Church Administrator - Jenny Cunningham

### Deanery Synod Representative

Dorothy Cox

### Bell Tower Captain:

Charlie Burnett

### Mother's Union

Rachel Hall

### Church Cleaning Rota

Claire Appleyard

### Church Flowers

Jenny Cunningham

## B.A. Electrical Services



Domestic & Commercial  
Insured & Registered  
For all your Electrical Needs  
A Professional and Friendly  
Service

Quality Work at Competitive Prices  
For a Free Estimate call Bernie  
01594 368607 / 07881 981352

## USL Village Store



Mon-Fri  
7am-7pm

Sat  
7am-6pm

Sun  
7am-12pm



Your Village Store and Post  
Office

SHOP LOCAL

SUPPORT LOCAL!

Rahul and Seeta  
Churchfield Road 01452 618189

## A La Carte Private Hire



Mobile: 07748 235164  
[sandrawalklett@gmail.com](mailto:sandrawalklett@gmail.com)

Sandra Walklett

Any distance  
Airports, Seaports, etc  
Quotations without  
obligation



This month's feature article is on the Stitchers Group

## A Stitch in Time

If you're ever in the vicinity of the Pavilion on a Wednesday morning just after 10 am and ascend the stairs, you will hear the soft burr of the 'Stitchers Group', accompanied by the clickety-clack of knitting needles, and the muffled sounds of embroidery, crocheting, sewing and tapestry stitching.

These ladies have been meeting somewhere in the village for many years now, working behind the scenes, dedicated to the ongoing upkeep, mending and supply of kneelers, wall hangings and other items created for use in our church for services and special occasions by the faithful.

The pride taken in their work is evident by the varied samples of their endeavours, both completed and works in progress, which were brought in, in order for us to photograph.

The group was started by Angela Chappell some 20 years ago, initially to provide samplers for the church but recently, they have extended their skills into creating items for families in crisis through the charity 'Family Haven', and, making small hats for the local premature baby unit.

Another innovation is the small knitted heart squares, the idea for which emanated from St Thomas's Hospital in London and has now evolved and spread country wide.

These are supplied to Gloucester Royal, one for mum and one for baby as a bonding mechanism. They also create and supply neck warmers and hats to the Mission to Seafarers which is Southampton based.

There is no wasting of their talents as in-between their selfless work for the church and charities, their fingers are never idle and are currently in the process of producing a network of poppies, which will be displayed on the hedge behind the war memorial in November to keep up the momentum for remembrance.

Their ongoing programme is planned and visualised by the group autonomously, and they hope to continue their passion for a long time to come.

We would like to say a big thank you to:

Rachel Hall, Carol Baker, Pauline Fairbrother, Joan Glendenning, Sylvia Crisp, Sheila Thomas, Margaret Jones, Val Moore, Nan Jones, Maureen Freshney and Ann Howie.

And of course, if we've forgotten anyone, apologies.

Donations of yarn and materials would be gratefully appreciated and if any of you would like to join the group why not drop in for a chat, the ladies would love to meet you.

A big thank you to all the ladies and Jacqui Lewis for the photographs.

Linda Munnoch

More pictures (in colour)  
on the back page



### A1 Windows

"for all your window needs"

A local friendly company with over 35 years experience

- uPVC windows, doors and conservatories
- Replacing misted glass
- Locks
- Hinges
- Handles
- Patio rollers
- Guttering, fascia and soffit boards

Free no obligation quotations

[www.a1windows-gloucester.co.uk](http://www.a1windows-gloucester.co.uk)

Simon Green

01452 535811

07989 891227



### The Royal George, Birdlip



Live Music every Friday night 9pm-11pm

Quiz Night every Wednesday 8.30pm

Tribute Nights - keep an eye out for some great artists throughout the year.

01452 862506

The Royal George presents



Jon Eselle is Olly Murs

Sat 29 June from 9pm

**ON OVER BRIDGE AT EVENING**

Faint grow the hills, but yet the night delays  
 To blot them utterly. Below their ridge  
 Of shadow lies the city in blue haze.  
 I watch its lamps awaken, from the bridge  
 Whereunder, running strongly to the sea,  
 Water goes fleeting softly in a brown  
 Wild loveliness. In heaven two or three  
 Small stars awaken and gaze shyly down.

White and alluring runs the dusty road  
 Into the country, and with yellow eyes  
 A hastening car comes purring with its load;  
 Like some great owl it hoots, and then it flies  
 Past, and is swallowed up in dusk. And, singing,  
 A country girl with basket homeward wends  
 - Sweet as the dusty roses that are clinging  
 Around the cottage where her journey ends.

Night deepens, and the stars with strengthening rays  
 Thicken and go upon their lovely ways.  
 Where are the voices that have vexed us so?  
 Dear God, how quiet has Thy day become!  
 The clamorous tongues of Earth are smitten dumb,  
 Awed with the beauty that Thy work doth show.

F. W. Harvey 1888 - 1957

**THE ROADS GO DOWN**

The roads go down to Gloucester town  
 And Severn seeks the sea;  
 But what road leads where I'd be gone,  
 What river flows to thee?

In stalwart band the beeches stand  
 Above the sheltered ground;  
 But in what haven, in what land,  
 Shall vanished hope be found?

White bloomed the thorn on that May morn,  
 Sweet called the velvet dove;  
 Like rippling breeze on young green corn  
 Was the caress of love.

The daylight fails and in the vales  
 The lamps of evening shire;  
 Where is the ship with many sails  
 Shall link thy fate and mine?

The roads go down to Gloucester town  
 And Severn seeks the sea;  
 But no road leads where I'd be gone,  
 No river flows to thee.

Frank Mansell 1918 - 1979

F. W. (Will) Harvey was born in Hartpury and lived and died in Yorkley. He was a front-line soldier in the 1914-18 war. He is remembered today as a poet and central figure in a circle, including Ivor Gurney and Herbert Howells, which emerged in Gloucester before the First World War. He was a solicitor and a BBC broadcaster.

Frank Mansell was known as "The Cotswold Poet" following the success of his compilation of poetry entitled *Cotswold Ballads*, published in 1969. Born in London, he came from a Cotswold family of farmers thought to date back to the 14th Century. For most of his life he lived at Salt Box, The Camp, Miserden. He was a close friend of Laurie Lee, Cotswold author and poet.

**A Gloucestershire Landmark - the Tyndale Monument**

William Tyndale (1494-1536) was born in Stinchcombe. His translation of the Bible was the first to be printed in English. He taught himself 5 languages, was a determined man, difficult, but truly egalitarian. He famously defied the Pope by exclaiming: "If God spare my life, ere many yeares I wyl cause a boy that driveth the plough to know more of the Scripture than you". He was persecuted and eventually martyred in 1536.



The Tyndale Monument stands proudly on the Cotswold escarpment at North Nibley, near Dursley. The commemorative plaque reads:  
 ERECTED A.D. 1866  
 IN GRATEFUL REMEMBRANCE OF  
 WILLIAM TYNDALE  
 TRANSLATOR OF THE ENGLISH BIBLE  
 WHO FIRST CAUSED THE NEW TESTAMENT  
 TO BE PRINTED IN THE MOTHER TONGUE  
 OF HIS COUNTRYMEN  
 BORN NEAR THIS SPOT HE SUFFERED  
 MARTYRDOM AT VILVORDEN IN  
 FLANDERS ON OCT 6 1536

Many familiar English phrases are attributed to Tyndale: Eat drink and be merry As bald as a coot  
 The powers that be O death where is thy sting The salt of the earth

## ARTS PAGE CONTINUED

Finally, an early view of The Three Choirs Festival's popularity taken from Rural Rides by William Cobbett, written in 1826.

But when I came to Gloucester, I found that I should run a risk of having no bed if I did not bow very low and pay very high; for what should there be here, but one of those

scandalous and beastly fruits of the system, called a "Music Meeting"!

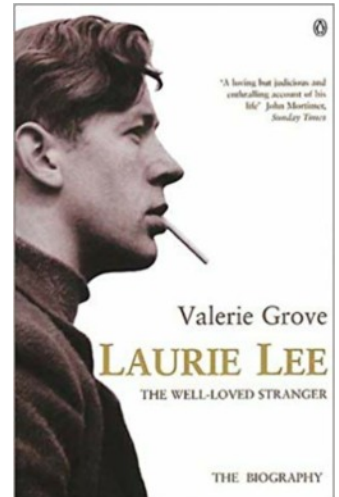
Those who founded the Cathedrals never dreamed, I dare say, that they would have been put to such uses as this! They are, upon these occasions, made use of as OPERA HOUSES; and I am told that the money which is collected, goes in some shape or the other to the clergy of the church, or their widows or their children or something

.....

## BOOK REVIEW

**Laurie Lee - The Well Loved Stranger**, by Valerie Grove, published 1999.

The Gloucestershire poet, playwright and broadcaster, Laurie Lee, was a major figure in twentieth century British literature. Born in Uplands, Stroud in 1914 and growing up in Slad, he immortalised his childhood in "Cider with Rosie". He fostered the Laurie Lee legend and his brother, Jack Lee, said of him, "Our mother used to say that you could never get a straight answer out of our Laurie. And it went on all his life .....secrets". Laurie Lee said of himself, "I am a person of concealment. No one has ever managed to get through". He died in 1997. This book is detailed and lively and it both intrigues and astonishes the reader. We recommend it to you. Valerie Grove has also written The Life and Loves of Laurie Lee (published 2014) which you may find equally enjoyable.



*Please support our advertisers*

and, indirectly, help this newsletter.

When you use the services of an advertiser, say that you noticed their ad here.

**Rhys James Fencing**

All types of fencing and gates supplied & fitted. From minor repairs to complete new fence, I offer a fast & friendly service.

Local contractor, fully insured, established over 20 years.

Garden work undertaken. Trees removed, stumps ground, hedges cut. All waste responsibly disposed of.

The Lodge  
Rance Pitch  
Upton St  
Leonards

07931 380463 / 01452 372051  
rhysjames64@outlook.com  
and on facebook

Approved Contractor to Local social housing Association and the Diocese of Gloucester

**TURN TO US FOR HELP AND SUPPORT**

In your time of need we'll take care of all the funeral arrangements.  
Call us 24 hours a day.

- Funeral Pre-payment Plan
- Memorials

**SELIM SMITH & CO FUNERAL DIRECTORS**

HERON LODGE, PAINSWICK ROAD  
GLOUCESTER GL4 4QJ  
01452 502685

**Dignity**  
CARING FUNERAL SERVICES

Part of Dignity plc. A British Company

**Do you need help around your home?**

*"Being local, I'm a very Handy Man!"*

With over 30 years experience, here are just some of the jobs that I can do to help you improve and maintain your home.

- Tiling**
- Bathroom installations**
- Hall, stairs & landing**
- Painting & decorating**

**SPECIALIST**

Friendly, Caring, Trustworthy Service from a Friendly, Caring Person at Really Friendly Prices.

For a FREE quotation please ring me, David Holder on  
Tel: 01452 611866 Mobile: 07977 099996  
or Email: holdermaxine@aol.com

**DJH Home Services, Gloucester** Established 1984

# Dignity in Dying

The group has now had a number of meetings, and as you can see in the Village Diary, there are three more Wednesday afternoon sessions in June. Publication timescales mean we can't tell you about all the sessions so far; here are reports on those we can get to print.

→ Andy Wasley, from the Gloucestershire Coroner's Office, talked about its role. Most people know nothing about this until they necessarily, and in unfortunate and distressing circumstances, meet it after a death of a friend or relation. The main work is to investigate all sudden and unexpected deaths, about 43% of all deaths. Covering the whole county, it carries out 900 post mortem examinations each year. Based on the investigations, the Coroner determines whether there is to be an inquest, and whether that is to be a jury inquest or not (about 4-5 jury inquests are held per year in Gloucestershire, and about 350 non-jury inquests). The Coroner may issue an Interim Death Certificate, so executors can carry on with the immediate duties of funerals and winding up the deceased person's affairs. Even a "normal" inquest may take place many weeks after the death. There is information online about practicalities: [www.gov.uk/moj](http://www.gov.uk/moj)

→ Jennifer Silverston is the chairman of the Cheltenham Hebrew Congregation and she spoke on the Jewish traditions following a death. Support for the bereaved family is strong and often formalised - e.g. for a week, the mourners do not go out and do not work, so others are required to visit, and to bring food.

→ Emma Husbands, consultant in Palliative Medicine, took the group through a clear, structured exploration of the roles of various forms and systems appropriate to end-of-life care. She emphasised the need for discussion with those who need to know, and described what might be legally binding, and in what circumstances. Decisions you take need to be reviewed routinely, and must consider the impact on those involved, especially if you lose capacity. This means that in the varied circumstances in which those instructions are tested, there is clear consensus and fullest understanding of the eventual routes taken. Emma's words were extremely interesting, challenging and incisive but also acknowledged the emotional investment in considering the options available, and the risk/benefit assessment that different players make.

Mary Russell, 07946 727973



**Come and join  
the  
Tennis Club!**

**You will be most welcome. Once you are a member you can play whenever suits you.**

**There are club sessions every Tuesday at 6pm and every Sunday at 10am - just turn up and join in, meet other members.**

**Contact Ian Leitch**






*Fast, Friendly  
& Dedicated Service  
In Your Local Area*

Family Run Business  
Est. In 1968

**CEDAR MOTOR HOUSE LTD**  
Grove Court, Upton Hill  
Gloucester GL4 8DA  
01452 617240 or 07976 322735

**MOT TESTING WHILE YOU WAIT FOR PETROL  
AND DIESEL VEHICLES**  
Diagnostic Fault Code Reading.  
Vehicle Servicing & Mechanical Repairs.  
Clutches & Timing Belts Replaced, Top Quality Tyres,  
Batteries & Exhausts Fitted AT Competitive Prices.  
Insurance & Accident Repairs.  
Welding Service.

Servicing for New & Used Vehicles Using Genuine Parts  
If Required, at Much Lower Rates than Main Agents. All  
Parts and Repairs Complying with Manufacturers  
Warranty Requirements.  
Lube Service from £89 incl VAT  
Interim Service from £129 incl VAT  
Full Service from £175 incl VAT

*We are situated on Upton Hill in Upton St Leonards.  
Grove Court is 100 yards past the Kings Head Pub on the  
right hand side. Collection service available.*



**David  
Cridland  
Contracting**  
Fencing, Ground  
maintenance and  
groundwork contractor

3 Ton mini-digger with driver available

All types of fencing supplied and erected.  
Hedges cut. Trees pruned. Ground cleared.  
From small gardens  
to farms, no job too small.  
Service and reliability guaranteed

Fully insured      20 years experience

**01452 311215 or 07836 279974**  
COMMELINES MILL FARM  
UPTON ST LEONARDS GL4 8EG



**J. BIRD  
CHIMNEY SWEEP**

**Traditional and Power Chimney  
Sweeping from £40**

Open Fires, Boilers, Cookers and  
Stoves Serviced  
**Chimney Pots, Cowl and Bird Guards Fitted**  
Flue Liners and Stoves Installed to  
Latest Regulations  
**Cctv Chimney Camera Surveys**

PHONE ME TODAY FOR AN APPOINTMENT

**01452 521732  
07973 905151**  
[sootybloke@blueyonder.co.uk](mailto:sootybloke@blueyonder.co.uk)





We have put as much in here as space permits.  
 Events happening weekly are only shown for  
 the first month or so

# VILLAGE DIARY

## JUNE

3	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
3	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
3	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
3	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm
3	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm
4	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
4	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15pm
4	Tue	Healthy Living.....	Pavilion.....	7.00pm
4	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
5	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
5	Wed	Dignity in Dying.....	Pavilion.....	2.00pm
5	Wed	Tennis Club night.....	Tennis Courts.....	6.00pm
5	Wed	Bingo.....	BMI.....	8.00pm
5	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
5	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
6	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am
6	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
6	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
6	Thu	Fitness.....	Pavilion.....	6.00pm
6	Thu	Upstagers - "Special Features".....	Village Hall.....	7.00pm
7	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
7	Fri	Upstagers - "Special Features".....	Village Hall.....	7.00pm
8	Sat	Upstagers - "Special Features".....	Village Hall.....	7.00pm
9	Sun	Tennis Club morning.....	Tennis Courts.....	10.00am
10	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
10	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
10	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
10	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm
10	Mon	Copy date for July issue of USL Life		
11	Tue	Recycling and Food Waste Week		
11	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15pm
11	Tue	Healthy Living Group.....	Pavilion.....	7.00pm
11	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
12	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
12	Wed	Dignity in Dying.....	Pavilion.....	2.00pm
12	Wed	Tennis Club night.....	Tennis Courts.....	6.00pm
12	Wed	Bingo.....	BMI.....	8.00pm
12	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
12	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
13	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15am
13	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
13	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
13	Thu	Fitness.....	Pavilion.....	6.00pm
14	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
16	Sun	Tennis Club morning.....	Tennis Courts.....	10.00am
17	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
17	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
17	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
17	Mon	Abbeylea Garden Club.....	Village Hall.....	7.30-9.45pm
17	Mon	Lady Downe Charity Trustees meeting.....	Upton St Leonards School.....	7.30pm
18	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
18	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15pm
18	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
19	Wed	Ladies Probus.....	BMI.....	10.00am
19	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
19	Wed	Dignity in Dying.....	Pavilion.....	2.00pm
19	Wed	Tennis Club night.....	Tennis Courts.....	6.00pm
19	Wed	Bingo.....	BMI.....	8.00pm
19	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
19	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
20	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am
20	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
20	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
20	Thu	Fitness.....	Pavilion.....	6.00pm
20	Thu	Ramblers.....	Pavilion.....	7.30pm
21	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
22	Sat	Summer Quiz.....	BMI.....	8.00pm
23	Sun	Tennis Club morning.....	Tennis Courts.....	10.00am
24	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
24	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
24	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm

24	Mon	Camera Club.....	Village Hall.....	7.00-9.00pm
25	Tue	Recycling and Food Waste Week		
25	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15pm
25	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
26	Wed	Ladies Probus.....	BMI.....	10.00am
26	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
26	Wed	Tennis Club night.....	Tennis Courts.....	6.00pm
26	Wed	Bingo.....	BMI.....	8.00pm
26	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
26	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
27	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am
27	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
27	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm
27	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
27	Thu	Fitness.....	Pavilion.....	6.00pm
27	Thu	Ramblers.....	Pavilion.....	7.30pm
28	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
29	Sat	USL Life Party - See page 4.....	Village Hall.....	7.30pm
30	Sun	Tennis Club morning.....	Tennis Courts.....	10.00am

Regular weekly events not listed below this line

### JULY

1	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm
1	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm
8	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm
10	Wed	Copy Date for August issue of USL Life		
15	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45pm
17	Wed	Ladies Probus.....	BMI.....	10.00am
18	Thu	History Group - AGM & The A-Z of Upton.....	Village Hall.....	7.45-9.15pm
22	Mon	Camera Club.....	Village Hall.....	7.00-9.00pm
22	Mon	Lady Downe Charity.....	Upton St Leonards School.....	7.30pm
25	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm

### AUGUST

5	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm
5	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm
10	Sat	Copy Date for September issue of USL Life		
10	Sat	Annual Pig Roast.....	BMI.....	7.00pm
12	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm
14	Wed	Ladies Probus.....	Village Hall.....	10.00am
19	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45pm
26	Mon	Camera Club.....	Village Hall.....	7.00-9.00pm
29	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm

Contact Paula Quinn to get your event in the diary

Come and watch cricket at the Recreation Ground - Matches in June are:

Sat 1 Jun	1st XI v Apperley	1pm	Wed 19 Jun	Coopers Edge v Birdlip	6pm	
Sun 2 Jun	U13 v Andoversford	10am	Sat 22 Jun	1st XI v Chedworth	1pm	<i>Glos Javelins is</i>
Sun 2 Jun	Glos Javelins v Somerset	1pm	Sun 23 Jun	U9 v Hatherley & Reddings	10am	<i>the county</i>
Wed 5 Jun	Wed XI v Down Hatherley	6pm	Sun 23 Jun	U13 v Birdlip	10am	<i>disability team</i>
Sat 8 Jun	2nd XI v Cheltenham Civil Service	1.30pm	Mon 24 Jun	U15 v Cheltenham	6pm	<i>which uses USL</i>
Sun 9 Jun	U11 v Gloucester	10am	Wed 26 Jun	Coopers Edge v Gloucester AIW	6pm	<i>as its home</i>
Mon 10 Jun	U15 v Chelt Civil Service	6pm	Sat 29 Jun	2nd XI v Kingsholm	1.30pm	<i>ground.</i>
Sat 15 Jun	1st XI v Kingsholm	1pm	Sun 30 Jun	U9 v Charlton Kings	10am	
Sun 16 Jun	U11 v Cheltenham	10am	Sun 30 Jun	U11 v Witcombe	10am	
Sun 16 Jun	Glos Javelins v Hampshire	1pm	Sun 30 Jun	Glos Javelins v Dorset	1pm	

**Brothertons**  
Accountants & Tax Advisors

Personalised, friendly service to local business owners and individuals

All Aspects of Accountancy:  
 ● Self Assessment Tax Returns  
 ● Sole Trader Accounts  
 ● Limited Companies  
 ● VAT  
 ● Payroll  
 ● Bookkeeping

*Local family firm  
Established 1998  
Free initial meeting  
Fixed quotes*

2 Abbeymead Avenue, Gloucester GL4 5ER  
01452 311711  
www.brothertons.co.uk  
email info@brothertons.co.uk

*Roger Brown*

*Painter and Decorator*

*Free Quotations*

*Telephone 01453 454724*

*Mobile 07554 637175*

**MOG'S HAPPY DAYS PRIVATE HIRE**  
"Why drive when you can be driven?"

**LEWIS MORGAN**  
Chauffeur

**07814 947587**  
lewismorgan58@live.co.uk

Hil I'm Lewis Morgan, Gloucester born and bred family man. I've been driving safely for 40 years.

Independent Private Hire for up to 4 persons plus ample luggage space.

UK Holiday destinations, Airports, Weddings and Parties. Cheltenham and Chepstow races, shopping trips, hospital appointments.  
OAP discount.

Just ask for what you need and see if I can help!

**07814 947587**  
www.mogshappydaysprivatehire.co.uk

# TERRY ILOTT

Lesley and the family would like to thank all the many friends and well-wishers who have sent flowers, cards and kind messages following the death, after a very short illness, of the lovely Terry Ilott, on March 29, 2019.

Many thanks too, to the Rev. Clodagh Ingram and to Alex and Mary at the BMI.

**It is very sad to report the death of Christine Gardener, wife of our Village poet Ted. There will be more words from the family in next month's edition.**

## Sports Report

### FOOTBALL

The 1<sup>st</sup> XI finished a commendable 8<sup>th</sup> at the end of their first season in the dizzy heights of the Gloucestershire Northern Senior League Division 1. They were looking to be quite a bit higher, but they suffered a number of defeats at the end of the season.

Congratulations to the 2<sup>nd</sup> XI who achieved promotion, finishing runners-up in Stroud District League Division 3. Their last home game was against the division winners, and USL were in with a shot of winning the division had they won that game. There must have been something like 50 spectators for this clash - has the USL 2<sup>nd</sup> XI ever had that size of crowd before? Great to see so many people at the Rec on a lovely spring evening cheering the lads on. Unfortunately, the result of the game was a draw.

Congratulations also to the Under 14 team who finished runners-up in their league, losing only twice, both losses to the team that won.

### CRICKET

This year sees the club expanding to a fourth youth team, so it now runs teams at Under 9, U11, U13 and U15. Once again the club is hosting AllStars, which caters for boys and girls ages 5 to 8 - come and see them on Thursday evenings 5.15 to 6pm with their blue T-shirts, flags and colours!

The nets get heavy use by club members and by Coopers Edge club, Glos Javelins (a county disabled team) and by the Focus School. Coopers Edge, Glos Javelins and Focus school also have some matches. You can see on the preceding page all the matches scheduled for June.

Next month's editor is Peter Wilson



Do you have a dog who needs a walk or two in the day while you are at work or unable to take it out? I am a local lady with two dogs of my own, and understand what a worry it is knowing your much-loved pet is on its own longer than you would like. Let me take your dog out for you.

**Do contact me: phone 07584 221312 or email [julesyarworth@gmail.com](mailto:julesyarworth@gmail.com)**

Julie

### UPTON ST LEONARDS LIFE

Web site: <http://usllife.org.uk>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

This month's editor: Andy Russell  
Editors: Andrea Dawson  
Andy Russell  
Barbara Swindin  
Peter Wilson

Company Secretary: Cliff Alderman  
Treasurer: Owen Stinchcombe  
Feature writers: Teresa Clarke  
Christina Caldwell  
Linda Munnoch  
Ann Morpew

Church pages: Rachel Middleton  
Clubs / Societies / Organisations: Catherine McLean  
Diary: Paula Quinn

Advertising: Contact: Andy Russell

Admin Support: Janine Black  
Distribution: Jenny Cunningham

Photography: Jim Browne  
Proof Readers: Carol Hardacre  
Christine Ellson  
Kate Davies

USL Life is published by USL Life CIC, a Limited Company, and is printed at Leyhill Prison.

**DISCLAIMER:** USL Life welcomes adverts for goods and services but reminds readers to make their own checks before entering into any contract or other arrangements with advertisers, as USL Life cannot be held responsible for the accuracy of the advertisements.

### Your qualified village electrician



**MJBoon**  
Electrical

☎ 07773 626241

✉ [matt@mjboonelectrical.co.uk](mailto:matt@mjboonelectrical.co.uk)

- Free estimates and advice
- All aspects of electrical work undertaken





The Stitchers Group  
(See page 13)



**More pictures of the stitchers and their work**

At the top right the hands belong to Joan and she is finishing a tapestry started by Evelyn Rumsey.

In the picture above, Rachel is holding a kneeler. In the picture on the left you can see in more detail a curious pattern on the side. Bellringers will recognise this: each colour represents a bell, each column shows the order they ring in one round, and the next column shows the changed order for the next round and so on. The whole pattern is a "method".

**Computer playing up?**

- Virus, Spyware, Malware removal
- Slow Computer
- Printer setup or fault
- Internet or wi-fi problem
- Data Recovery and Data Transfer service
- Software fault diagnosis
- Computer Tuition
- Computer Health Check
- FREE telephone support for minor problems



**Call Churchdown Computers**

t: Mark on 01452 534668 or 07557 483438  
 e: mark@churchdowncomputers.co.uk  
 w: www.churchdowncomputers.co.uk

**WANTED**

**PATRICK OLIVER ANTIQUES**




Furniture, clocks, silver, jewellery, books, watches, medals, toys, pens etc.

**COMPLETE HOUSE CLEARANCES**

4 Tivoli Street, Cheltenham, GL50 2UW

LAPADA member  
 Valuations for insurance, probate & dispersal

**Tel: 01242 519538 / Mob: 07970 052808**