

Upton St Leonards Life *incorporating Church News*

Issue 59

July 2019



The World's Greatest Airshow

The Air Tattoo returns this July to RAF Fairford with one of the most diverse flying displays in the world. There will be well over a hundred aircraft at the show from 20 nations so there should be something for everyone who is interested in flying. The show runs from Friday 19 July until Sunday 21 July.

Under 18s and Parking are free



What's been happening?

UPTON ST LEONARDS WI - June meeting

Business was brief as President Lynne welcomed all ladies. Sadly the outing to SS Great Britain has been cancelled due to lack of numbers.



www.medicaldetectiondogs.org.uk

Our speaker for the evening was Danielle Mills, with husband Tim assisting, for her talk on Medical Detection Dogs. Not so well known as guide dogs, these trained dogs, using their acute sense of smell, can detect a number of medical conditions, including cancer. A charity to train the dogs was founded by Dr Claire Guest in 2008. Its headquarters is in Milton Keynes and, funded purely by donations, it aims to raise 2 million pounds per year to train and supply dogs.

The dogs are trained for two rather different tasks. "Bio detection dogs" are trained to smell samples in laboratory conditions. Research aims for early diagnosis and non-invasive detection to save lives. Labradors and retrievers are trained to detect small amounts of concentrate, in small pots sealed on a carousel. Clinical trials and proof of concept trials have included work on Parkinson's, malaria, bacterial infection, human and animal cancers. The picture on the right shows a dog hard at work, sniffing. An important aspect of the research using bio-detection dogs is to work out how the dog is achieving detection, and then develop nano-technology detectors that can do the task.



The other task is to be "Medical Alert Assistance Dogs". These dogs live with individuals with complex health conditions who have limited awareness of an impending life-threatening medical event. This could be Type 1 diabetes, severe allergies, Addison's disease, and there are others. The dogs alert their owners by behaving in a (trained) unusual way, and have saved many lives, and give their owners confidence and independence, leading to a better life, at the same time reducing 999 calls and hospital admissions for these vulnerable people.

It takes 18 months to 2 years to train from puppies. As you might expect, so useful are the dogs that there is always a waiting list for medical alert assistance dogs. In 2015 HRH The Duchess of Cornwall became Patron, raising the profile of the charity for the public to sponsor or donate help.

Our next meeting is on Monday July 1, for a talk on The Gloucester Wildlife Trust, presented by Nicola Simpson. You are very welcome to attend.

Kathy Quant

Do you need help around your home?

"Being local, I'm a very Handy Man!"

With over 30 years experience, here are just some of the jobs that I can do to help you improve and maintain your home.

- Tiling
- Bathroom installations
- Hall, stairs & landing
- Painting & decorating

SPECIALIST

Friendly, Caring, Trustworthy Service from a Friendly, Caring Person at Really Friendly Prices.

For a FREE quotation please ring me, David Holder on
Tel: 01452 611866 Mobile: 07977 099996
or Email: holdermaxine@aol.com

DJH Home Services, Gloucester Established 1984

MOG'S HAPPY DAYS PRIVATE HIRE
"Why drive when you can be driven?"

LEWIS MORGAN
Chauffeur

07814 947587
lewismorgan58@live.co.uk

Hi! I'm Lewis Morgan, Gloucester born and bred family man. I've been driving safely for 40 years.

Independent Private Hire for up to 4 persons plus ample luggage space.

UK Holiday destinations, Airports, Weddings and Parties. Cheltenham and Chepstow races, shopping trips, hospital appointments.
OAP discount.

Just ask for what you need and see if I can help!

07814 947587
www.mogshappydaysprivatehire.co.uk

John Weygang
OPTOMETRISTS LLP

Your local practitioner, providing the highest quality eye care, including **FREE NHS Eye Tests**, specialised products and services for you and your entire Family

Please contact our Churchdown practice if you would like to arrange a Home visit

LOCATIONS : ABBEYMEAD 01452 306807
CHURCHDOWN 01452 855484 | GLOUCESTER 01452 522118
HUCCLECOTE 01452 619100 | QUEDGELEY 01452 721108
www.weygang.co.uk

What's been happening?

TWYVER WI - June meeting

Recycling is a very important issue in this day and age and the Associated Country Women of the World (ACWW) organisation is now collecting a wider range of items in order to raise funding for various projects. Members and readers are asked to support this worthwhile cause by donating the following: Jewellery: any unwanted items, odd earrings, costume jewellery and watches. Any material, gold, silver, metal, plastic and wood. Stamps, loose or single, albums, first day covers, presentation packs, stamp and postcard collections; currency from any country, any age; gadgets: Satnavs, games consoles, laptops, tablets, cameras, mobiles, iPads and MP3 players. Sim cards should be removed and gadgets should be cleared of all personal data. Items can be dropped off at WI House or at one of our monthly meet ups.

The reduction of plastic waste is on everyone's mind at the moment too, and a new initiative is to create Ecobricks. These are used to make various items for yourself or sent to special collection centres. Details can be found on the web - let's do something constructive about this eco disaster.

Two of our members, Linda Munnoch (who received this year's bursary) and Janine Black, attended Denman College at the end of May and had three very informative days participating in a course on the Royal Palaces which included a visit to Windsor accompanied by Peter Lawrence, ex Royal Protection Officer. These courses are run from Denman College and highly recommended as a great experience. Details on Denman College web site.

Our speaker this month, Rev. Dr. Nicholas Henderson, is no stranger to us, as he gave us a wonderful and interesting talk almost a year ago, (how time flies) on the same subject, part one, and this month's lecture enthralled us once again - being part two of a trilogy on Henry VIII's wives. Part two was "Fulfilment and Farce, Jane Seymour and Anne of Cleves", on two of the wives. Nicholas Henderson is a graduate of Selwyn College Cambridge, he studied for Anglican Priesthood at Ripon Hall Oxford, and was, at one time, Bishop elect for the diocese of Lake Malawi in Central Africa. He has undertaken doctoral studies in Uganda, Japan, the US, Brazil and the UK and lectured widely on international, architectural and historical issues with a particular interest in the period of the English Reformation.

His knowledge on the subject is endless, as he spoke at length on a period of history which was to define our country for centuries. His rhetoric was full of quips and funny asides and also gave us a window into aspects of Tudor life in Henry's time, the marriage bed, the changing fashions, Henry's dalliances with his wives' ladies in waiting, and – not least – possibly the reason behind his irascible behaviour: after falling of his horse and losing consciousness, it is believed he may have sustained a head injury which would go on to affect his mood, as well as the leg wound which never really healed.

We are looking forward to part three in due course!

Refreshments of cream cake and strawberries, accompanied by Prosecco, was appreciated by all.

Next meeting is Monday 8th July, everyone welcome.

Linda Munnoch



FREE HEARING TESTS
now available with Andrew Bird Hearing

Wax Removal
Andrew Bird Hearing is now able to offer a wax removal service.
£10 Inspection Fee
One Ear £40 - Two Ears £60

Centres in Cheltenham and Gloucester

To book your appointment or for information call
01242 262551
Hesters Way Community Resource Centre,
Cassin Drive, Cheltenham. GL51 7SU
www.andrewbirdhearing.co.uk

A1 Windows
"for all your window needs"

A local friendly company with over 35 years experience

- uPVC windows, doors and conservatories
- Replacing misted glass
- Locks
- Hinges
- Handles
- Patio rollers
- Guttering, fascia and soffit boards

Free no obligation quotations
www.a1windows-gloucester.co.uk

Simon Green
01452 535811
07989 891227



J. BIRD
CHIMNEY SWEEP

Traditional and Power Chimney Sweeping from £40

Open Fires, Boilers, Cookers and Stoves Serviced
Chimney Pots, Cowls and Bird Guards Fitted
Flue Liners and Stoves Installed to Latest Regulations
Cctv Chimney Camera Surveys

PHONE ME TODAY FOR AN APPOINTMENT
01452 521732
07973 905151
sootybloke@blueyonder.co.uk



What's been happening?

Twyver Ladies Walking Group

The ladies having coffee at the Kitsch Coffee Shop canal suite, alongside the Stroud Canal at Ebley Mill. A lovely morning walk with lunch at the Clothiers Arms.



That's Commitment!

Its good to see our Adult Gym being used.

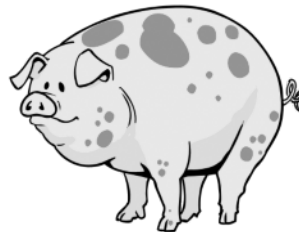
Let's hope for improved weather as we move through the summer so as many people as possible can enjoy some free exercise!



What's Coming Up?

The BMI Annual Pig Roast

Saturday 10 August 2019
7.00pm



Come and join us for Good Food, Great Company, A Few Drinks and a Wonderful Evening

Roger Brown

Painter and Decorator
Free Quotations

Telephone 01453 454724

Mobile 07554 637175

N.T. Boothroyd
Plumbing & Heating
Est. 1986

All Plumbing & Heating Work
Undertaken & No Job too small!
Boiler & Fire Servicing
Central Heating Systems
Landlord Certificates, etc.

Glos: 01452 552192
Chelt: 01242 250497
Mob: 07816 103709
ntboothroyd@hotmail.co.uk



Rachel Harris
Dip CFHP MPSPract

Foot Health Practitioner
Home visits for all your footcare needs
Professional and courteous service
In the Gloucester area

07791 901 220
rachelh391@googlemail.com

LAWNMOWERS

SERVICED - SHARPENED - REPAIRED
ALSO: RIDE-ON MOWERS, CHAINSAWS,
ROTAVATORS, STRIMMERS, HEDGE
TRIMMERS ETC.
COLLECTION & DELIVERY AVAILABLE

CHELTENHAM MOWERS LTD

01452 616169

Unit B3, Nexus, Hurricane Road,
Gloucester Business Park, GL3 4AG

Visit and buy on-line www.mowers-online.co.uk

What's Coming Up?

Upton St Leonards Show - 7 September 2019

Only 2 months until Upton Show 2019 7th September 14.00-16.30 at Upton Village Hall and grounds. The Schedule is on the website <http://uptonstleonardsshow.com> and printed schedules are normally available from early July from the Village store or from the Show Secretary Peter Macey.

We need help on the day, bottles and stuff for the tombola, prizes for the raffle if you have something lurking that might be suitable and cakes for the refreshments. Please come and support your Village Show and encourage all to enter at least a couple of classes. It's about the taking part!

Below is a copy of one of the pages from the schedule, which will give you "crafters" an opportunity to begin your entry!

SECTION "E" - HANDICRAFTS – OPEN

Classes 143, 144 and 146 are to be new and unworn/unused. Competitor's ticket to be safety-pinned to article
All entries must be competitor's own work

Class

- 140. Soft toy – any medium
- 141. A tea cosy – any medium
- 142. Dress a doll. Any medium. Doll not to be judged
- 143. An article I have hand-knitted, 4ply or less
- 144. An article I have hand-knitted, double knitting, Aran or Chunky
- 145. An article of needlework other than clothing or toys
- 146. A decorated bird house
- 147. An article of cross stitch (please state size and also whether the work is to your own design)
- 148. A knitted cushion cover – maximum size 40cm x 40cm
- 149. An item of crochet
- 150. A card to welcome a "new arrival" - maximum A4 size
- 151. My hobby displayed in a shoe box
- 152. A drawing or painting in any medium. Maximum size 305mm x 460mm excluding frame
- 153. A pram cover in any medium
- 154. An item of patchwork
- 155. An item of woodwork
- 156. A fabric corsage
- 157. Write a short story* of not more than 50 words, to include the following:

Field, chimney, oboe, marmalade, dog, saucepan, blackberries, robin

* £5 prize money for the best short story

Wanted - Pre-loved Teddies

Do you have any pre-loved "Teddies" that may be looking for a new home? There will be a "Teddy Tombola" once again at Upton Show in September and we are looking for any donations of teddy bears in good condition. Contact Sara Hemming



WANTED
PATRICK OLIVER ANTIQUES

Furniture, clocks, silver, jewellery, books, watches, medals, toys, pens etc.

COMPLETE HOUSE CLEARANCES
4 Tivoli Street, Cheltenham, GL50 2UW

LAPADA member
Valuations for insurance, probate & dispersal

Tel: 01242 519538 / Mob: 07970 052808



USL
Village Store

POST OFFICE
Mon-Fri
7am-7pm
Sat
7am-6pm
Sun
7am-12pm

Your Village Store and Post Office

SHOP LOCAL

SUPPORT LOCAL!

Rahul and Seeta
Churchfield Road 01452 618189



Arts Page - This month our subject is TREES.

The Poplar-Field by William Cowper (1731-1800)

The poplars are felled, farewell to the shade
And the whispering sound of the cool colonnade,
The winds play no longer, and sing in the leaves,
Nor Ouse on his bosom their image receives.

Twelve years have elapsed since I last took a view
Of my favourite field and the bank where they grew,
And now in the grass behold they are laid,
And the tree is my seat that once lent me a shade.

The blackbird has fled to another retreat
Where the hazels afford him a screen from the heat,
And the scene where his melody charmed me before,
Resounds with his sweet-flowing ditty no more.

My fugitive years are all hasting away,
And I must ere long lie as lowly as they,
With a turf on my breast, and a stone at my head,
Ere another such grove shall arise in its stead.

'Tis a sight to engage me, if anything can,
To muse on the perishing pleasures of man;
Though his life be a dream, his enjoyments, I see,
Have a being less durable even than he.

TREES provide food and also materials as diverse as cork, rubber, waxes and dyes, parchment and fibres such as kapok, coir and rayon. They also feature in medicines such as Aspirin (from Willow), Quinine (from Cinchona or Fever Tree), the tranquilliser and antivenom Reserpine (from the Serpent Tree root) and chemotherapeutic Taxol (from Yew).

Loveliest of Trees, the Cherry Now by A. E. Houseman (1859-1936)

Loveliest of trees, the cherry now
Is hung with bloom along the bough,
And stands about the woodland ride
Wearing white for Eastertide.

Now, of my threescore years and ten,
Twenty will not come again,
And take from seventy springs a score,
It only leaves me fifty more.

And since to look at things in bloom
Fifty springs are little room,
About the woodlands I will go
To see the cherry hung with snow.

WOODS

The real joy of woods is that they are every-changing. No single encounter can do justice to their complexity. No visit is the same as the last. (Mark Cocker, Guardian Journalist)

FOREST OF DEAN

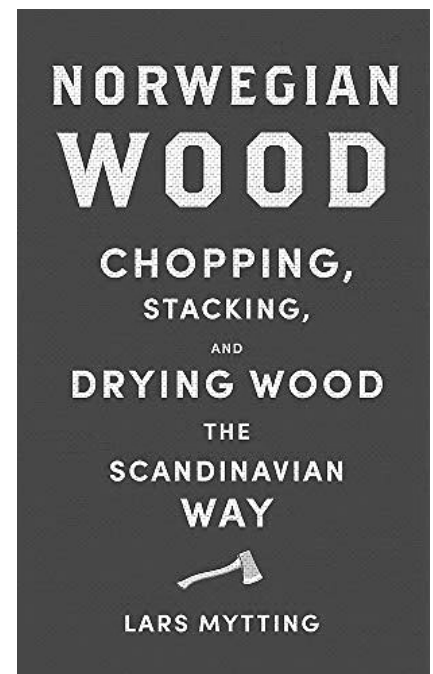
We are so fortunate to live near this splendid ancient royal forest, wedged between the valleys of the Severn and the Wye. It feels like a land somewhat apart from both England and Wales. Locals still claim commoners' rights to graze sheep and to mine coal and ochre. In the mainly deciduous woods the chance of encountering wild boar that breed here lends a frisson of wildness. At Puzzlewood near Coleford, intriguing natural rock formations, ancient trees and mossy glades have been carefully developed into a forest trail of almost supernatural appeal – said to have inspired JRR Tolkien's creation of Middle-earth.

BOOK REVIEW

Norwegian Wood – Chopping, Stacking and Drying Wood the Scandinavian Way by Lars Mytting (published in Norwegian in 2011 and in English in 2015).

This fascinating book provides useful advice on the rustic whys and hows of taking care of your heating needs. It is also a thoughtful attempt to make sense of man's age-old urge to stack wood and burn wood. It also allows the reader to observe Scandinavian culture whilst having a universal appeal. There are chapters on The Forest, The Woodpile and, my favourite, The Stove. The photographs and references are excellent. This is an unusual book but it is highly recommended.

Perhaps you may prefer Lars Mytting's latest publication "The Sixteen Trees of the Somme" which is a family story of epic scale. Happy reading!



Information - 1

Report from The Dignity in Dying Group

As we drew to the end of our course sequence, we heard in June from a solicitor on Powers of Attorney, for both Property and Finance, and for Health and Welfare; and how best to approach these with significant others, to get it "right" for you. We were (separately) exposed to dying and death practices in other faiths and cultures which informs in part our own and how that has evolved. This allowed us to consider the many alternatives there are for body dispersal and marking one's own and others' ends.

Our last session looked in depth at a new form for Gloucestershire health communities about End of Life Care Planning to be considered and completed with the medics who may be involved in particularly last days planning. ReSPECT is already in operation in some UK areas but should be local in September. Even if it's not what you want to be thinking about at present I suggest it is well worth finding out a bit about and there are already resources online to inform and consider.

The group has met 7 times, with a core of 8-10 people from a pool of 20 including speakers, exploring together through a range of topics and resources aside from the 30 minute speakers. Their talks focussed on specific areas where professional guidance is useful, the speaker was encouraged to include the things they wished we knew, or where the general public often has misconceptions. They were true to their brief, and pleased to be asked to share their particular areas of knowledge. We heard about the Coroner's Office, Death cafes, Jewish traditions, and the role of the civil celebrant, all reported in previous editions of USL Life

The bulk of the weekly meetings concentrated on exploring topics like advanced decisions and preferences, digital legacy, understanding the dying process, how to have useful conversations with family and friends about one's own dying or theirs, and working out and writing down how your values inform your wishes, preferences and refusals for management at end of life. The importance of tackling this, and reviewing statements regularly cannot be emphasised enough. We considered normal dying and difficult deaths involving the coroner, and more lightly looked at how we presently avoid dealing with the 100% certainty of death through euphemisms, but how ceremony may celebrate but also gives a pattern we become comfortable conforming with, anachronistic though it may be. Nowadays few have seen a dead body, though before the first war this was commonplace.

By meeting as a fluid group we have been able to recognise and comprehend our own beliefs, fears and preferences and learn from other views, to gently expose each other to varied ways of thinking, even if minds are not changed. Mourning and Grief are subjects for another sequence, and it will be useful to review all inputs for another time. I would be glad to hear from anyone who wasn't able to attend who might be interested in the future if I muster courage to revise and run it again some day. Two hours once a week for about 8 weeks does seem to work for me! The Pavilion has all we need including Wifi, and ample parking for those who do not prefer to walk.

I am grateful to participants who took on small and large jobs from week to week, so it was a collaborative venture. I am more than grateful to those who spoke who knew they would receive no payment, as this time round I did not level a charge to participants.

Mary Russell



CHORLEY'S
GLOUCESTERSHIRE'S FINE ART AUCTIONEERS
Free auction valuations
Regular fine art & antiques sales
Insurance & probate valuations
01452 344499
enquiries@chorleys.com
www.chorleys.com
PRINKNASH ABBEY PARK GL4 8EU

Computer playing up?

- Virus, Spyware, Malware removal
- Slow Computer
- Printer setup or fault
- Internet or wi-fi problem
- Data Recovery and Data Transfer service
- Software fault diagnosis
- Computer Tuition
- Computer Health Check
- FREE telephone support for minor problems



Call Churchdown Computers
t: Mark on 01452 534668 or 07557 483438
e: mark@churchdowncomputers.co.uk
w: www.churchdowncomputers.co.uk

B.A. Electrical Services



**Domestic & Commercial
Insured & Registered**
For all your Electrical Needs
A Professional and Friendly
Service

Quality Work at Competitive Prices
For a Free Estimate call Bernie
01594 368607 / 07881 981352

One hundred years ago . . .

Saturday July 19th 1919

The Treaty of Versailles had been signed on 28 June 1919. Peace celebrations were held in Upton on Sunday July 6 and Saturday July 19. This is what the Parish Magazine reported at the time:

The Village Hall Foundation Stone is laid

Here took place probably the most important event of the day, for the future life and happiness of Upton depends largely upon the social and educational use to which this Hall is put.

In the field next to the Birchall memorial Institute Mr A C Townsend called upon Mr Leicester to give an address. After this Mrs Birchall proceeded to lay the foundation stone of the new Hall. For this purpose she used a silver trowel presented by Mr Harold Trew the architect and a mallet given by Mr Nicholls senior the builder.

Mrs Birchall said the sincere hope of herself, Major and Miss Birchall is that the hall would stand for comradeship in Upton. She felt sure that this was what the three, Percy, Vivian, and John Birchall in whose memory the Hall was given, would wish. She believed that they were present with them in spirit.

Mrs Birchall was presented with a bouquet of sweet peas by Naomi Nicholls. Mr Swimbome presented Mrs Birchall with a small silver bowl suitably inscribed while Mr Walter Nicholls offered another to Miss Birchall.

Presentations were given to the men who had served in the war, each receiving a certificate. A similar one was given by the Rector to the relatives of those men who had given their lives in the war.

A procession was then formed headed by two wagons, in the first of which were characters representing different countries of the British Empire. The second contained children and some adults. The horses were led by men in

smocks. The route taken was round High Street, Stanley and Bowden Hall.

The dinner for the service men held at Bowden Hall was a happy function. It was held in the conservatory due to the wet weather. There was just room for the 100 men who attended.

Programme of Events

A Thanksgiving Service was held on July 6th in the Parish Church, the Chapel being closed that evening. The men who served in the war attended.

On July 19th the events were as follows:

8.30 Ringing of Church Bells

10.00 Hoisting of the flag at the school, singing of the National Anthem and patriotic songs by the children.

Laying of the foundation stone of the Village Hall by Mrs Birchall.

11.00 Presentations to men of His Majesty's Forces and to relatives of those who fell.

11.30 Procession round the Village.

12.30 Dinner to the men of the forces at Bowden Hall as guests of Major and Mrs Birchall.

1.30 Cricket Match "Married v Single".

2.15 Children's Sports

3.00 Baby Show

3.35 Presentation of cups to children under 14

3.45 Children's Tea given by the parishioners

4.30 General Tea as guests of Canon and Mrs Brewster

6.00 Sports

7.30 Presentation of prizes for sports and baby show

8.00– 10.00pm Dancing

After the tea it rained so the sports had to be cancelled. It was hoped to hold them on August Bank Holiday. The expenses of the day were covered by a collection which raised over £80.

Mike Straford



Dinner at Bowden Hall for the men who had served in the Forces



St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Priest in charge: Rev. Clodagh Ingram

Curate: Rev. James Turk



Rev James Turk Writes

Interesting Times.

I read once of an old Chinese saying that would be used as a curse to somebody you particularly disliked, "May you live in interesting times!" At first this may seem like

a blessing, but it is used ironically in the belief that living in 'uninteresting times' is more life enhancing because it is a time of peace and tranquillity. Wishing somebody to live in interesting times therefore is like saying to them "I hope you experience danger and disorder in your life!"

It is probably safe to say that we are living in 'interesting times.' We only need to turn on the TV, open a newspaper or look at our social media feed to see that. And it can be overwhelming if we are not careful. When my sons were young, I always turned the TV off when anything came on the news that even looked like it had the chance of being violent or unpleasant. I told myself I was being a responsible father and that they didn't need to be exposed to the pain of the world just yet. Well you know what? My sons are older now and I still have trouble watching the news. I find myself getting bogged down with the weight of it all. At times I have felt helpless in the face of world events and I wish that I hadn't read a certain article or listened to a certain radio programme, because once read or heard, I cannot then UN-read or UN-hear it. I feel bombarded by bad news and events that I have absolutely no control over and that can be overwhelming.

When a person says they feel overwhelmed it can mean several things, but commonly they will be implying that they are temporarily unable to think clearly due to their emotions, it's very understandable and very human. And the bible tells us that even Jesus experienced this feeling of being overwhelmed. It was just before His arrest, trial, and crucifixion...

"He began to be deeply distressed and troubled. 'My soul is overwhelmed with sorrow to the point of death,' he said to his disciples. 'Stay here and keep watch.' Going a little further, he fell to the ground and prayed". (Mark14)

There are three things to note here: firstly, Jesus was completely honest about how He felt. Second, He solicited the help of friends. Third, He prayed. Jesus took His burden to His Father. What a good model for us.

Now it won't come as any surprise to hear that I love the church. You see, I believe we were never meant to face this life alone, we just weren't created that way. However, we were created to live in community with each other, to share our troubles and help each other through life. In our modern world, of

huge change and uncertainties, community is now more important than ever. And at the heart of it, community is what church is and community is essential to Christians and the Christian life. Being in community is also biblical, the Bible teaches us that we are better together than we are alone (Romans 12:4-5).

It can be hard for some of us to commit to community, especially if we're guarded or prefer solitude. But God desires us to be in relationship with each other and with him. God also wants what is best for us and not to be overwhelmed by life and all its troubles.

If you want to know more, or to hear what a difference God can make to your life then do join us at one of our services or events soon. Clodagh and I would love to see you.

God bless and may you all live in UN-interesting times!

James

Church Calendar for July 2019

Sun 7	8.00 am	Holy Communion service
	10.00 am	Celebration Service
Mon 8	4.00 - 4.30	Evening Prayer
Tue 9	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 10	4.00 - 4.30	Evening Prayer
Sun 14	10.00 am	Communion Service
Mon 15	4.00 - 4.30	Evening Prayer
Tue 16	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 17	4.00 - 4.30	Evening Prayer
Sun 21	10.00 am	Communion Service
	4.00 pm	Churchyard Service
Mon 22	4.00 - 4.30	Evening Prayer
Tue 23	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 24	4.00 - 4.30	Evening Prayer
Sun 28	10.00 am	Communion Service
	4.00 pm	Word & Worship
Mon 29	4.00 - 4.30	Evening Prayer
Tue 30	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 31	4.00 - 4.30	Evening Prayer

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Church Bells Preservation



1976. The frame and fittings have fared well since and so preservation work, compared to the condition of some other bell frames in the UK, was not so difficult but very time consuming. The bell tower needed to be cleared of pigeon detritus, anti-bird nesting guards made good, some bell and fittings maintenance performed for safety / smooth operation and the frame wire

The preservation work on your Church bells has now been completed - some minor maintenance work is an ongoing activity. This has taken two years to complete and was performed as a result of an informal request by the PCC. The painting of the bell frame was last performed when the bell frame was

replaced in brushed / degreased in preparation for the new paint. It is expected that it will not need another coat of paint for another fifty years or so.



Your village needs bell ringers.

If you wish to visit and learn more about bell ringing at your Church then please come and see the ringers at their practice evenings each Wednesday 7.30 pm-9.00 pm (tower door).

Charlie - Tower Captain



Calling all knitters!

Yes, we know that last year was the 100th anniversary of the end of WW1 and like many others we marked the occasion by decorating the tree and entrance of the church with knitted poppies. However, this year we would like to extend the decoration by adorning the semi-circular hedge around the war memorial outside the churchyard with knitted poppies and the pathway leading down to the church. If you would like to participate the poppies are easy to knit (all plain knitting) and is as follows:



Materials: 4/5mm needles

DK red wool.

Cast on 120 stitches.

Rows 1-4 knit.

Row 5 knit 3 stitches together (it's much easier to use a smaller needle for this row leaving 40 stitches)

Rows 6-9 knit.

Row 10 knit 2 stitches together(20)

Rows 11-14 knit. Row 15 knit 2 stitches together(10)

Cut wool leaving about 20cms and thread through the remaining 10 stitches and pull tight and stitch up. Sew in ends. Centre of poppy can be either a black button or using black wool cast on 16 stitches and cast off. Coil into a tight spiral and sew base to the centre.

Any completed poppies can be given to Rev. Clodagh Ingram, brought to Tuesday's coffee and chat or given to people working in the churchyard. Thank you.

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk



St Leonard's Churchyard

An Invitation to a Service in the Churchyard

'Remembering those we have loved'

A short service of readings, prayers and to ask God's blessing on our memories.

The service will last about 20 minutes and be held in different locations around the churchyard. Tea and Cake will be served afterwards.

Sunday July 21st at 4.00 pm

Everyone who holds memories in St Leonard's lovely churchyard is very welcome and please invite family and friends to come along as well.

Churchyard News

Have you walked recently on part of the Glevum Way which goes through the churchyard? The many ramblers, dog walkers, adults with buggies, visitors to the village, mourners and many more are clearly enjoying walking our churchyard judging by the numerous complimentary remarks we have received. It must be stressed that it is only through a team effort of cutting, strimming, mowing, removing grass and rubbish that we have managed to get the churchyard in our opinion the best it's looked for a long time. People who have lost their dear ones are much happier to come and visit their graves or resting place and pay their respects but even if you don't have a special place to visit come and enjoy a walk through St. Leonard's Churchyard.



Would you like to do something completely different during the school holidays ?

Sessions in St Leonard's Church from 10 a.m - 12 noon

Mon 19th to Fri 23rd August 2019.

Supported by the St Leonard's PCC

Church bell ringing:

"Not just an experience but a chance to really learn how to ring your village Church bells."

Introduction to bell ringing and bell handling instruction given by the St Leonard's bell tower captain - Charlie.

Young people and adults from 9 years of age for handling the bells - an opportunity for you to have some fun with music of different kinds - invite your friends and other family members too. The village event that you will be talking about for a very long time to come.

ALSO at this event is an **opportunity to play a brass band instrument:**

If you would like attend a session to play a brass band instrument then come along and join members of a brass band who will introduce you to the trombone, tuba, trumpet and also some percussion instruments for an experience of a lifetime.

Light refreshments provided.

Persons under 18 must be accompanied by a responsible adult.

You can come on any day or every day in the week - please let us know **before the 11th August.**

Contact and registration : pccsecretary@uptonstleonardschurch.co.uk

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Holy Rollers

Beware the vicar having a bright idea...



My thanks to members of the PCC who stepped into the breach when I announced that I'd put a team forward for the BMI Summer Skittles Competition.

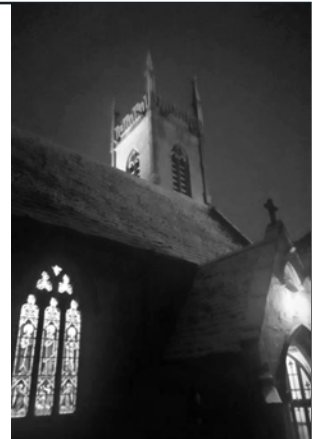
The first outing for "Holy Rollers" took place on the evening of the 3rd June when we faced Cam's Exiles. Given the novice nature of the team and the generosity of spirit from the opposition as they graciously allowed the team to get into the correct bowling rhythm the Holy Rollers were able to hold their heads high and thoroughly enjoyed themselves. Probably just as well that I was not available for the first match due to a prior working commitment.

Clodagh

Tower Floodlighting

On the 19th July, the Tower is lit in loving memory of Chantelle on her 22nd birthday. With love from all the family.

Clive and Julie Winstanley are sponsoring the Tower Lights on 22 July in celebration of their dear grandson Blake's 6th birthday. He shares his special day with Prince George!



If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday/anniversary/ Baptism or in remembrance of a loved one please contact Jenny Cunningham for more details. There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too. Please note that the deadline of the Church Pages of USL Life is the 10th of the preceding month.

Who's who at the Parish Church

Priest in Charge:

Rev Clodagh Ingram

Curate:

Rev James Turk

Churchwardens:

Keith Robbins

Vacancy

PCC Secretary

Sarah Kent

pccsecretary@uptonstleonardschurch.co.uk

Church Treasurer

Vacancy

Baptism & Wedding Enquiries:

Church Administrator - Jenny Cunningham

Deanery Synod Representative

Dorothy Cox

Bell Tower Captain:

Charlie Burnett

Mother's Union

Rachel Hall

Church Cleaning Rota

Claire Appleyard

Church Flowers

Jenny Cunningham



Do you have a dog who needs a walk or two in the day while you are at work or unable to take it out? I am a local lady with two dogs of my own, and understand what a worry it is knowing your much-loved pet is on its own longer than you would like. Let me take your dog out for you.

Do contact me: phone 07584 221312 or email julesyarworth@gmail.com

Julie

A La Carte Private Hire



Mobile: 07748 235164
sandrawalklett@gmail.com

Sandra Walklett

Any distance
Airports, Seaports, etc
Quotations without
obligation



Information - 2

Can you help our Playgroup Out?

Our local Playgroup currently has a vacancy for someone to come in each morning to set up the Furniture, Mats and Toys etc.



They need someone who is reasonably fit to come in around 0745 to 0900 each day and the hours worked would be paid for.

The role may suit someone who is retired or currently working part-time.

If you are interested, please contact Nicki Nothoth for more details or go in and see her at the Village Hall any day between 9am - 3.30pm

IT'S COMING! - VILLAGE DAY AND THE CENTENARY OF THE VILLAGE HALL

6TH JUNE 2020 1.30 PM – 4.30 PM

Lots more for families to do and take part in, so make a note in your diary and watch this space!

Not forgetting the evening of dancing and celebration

If you think you can spare any time to help on the day or before contact Carol Evans or Keith Pearson



Designing The Front Page for our Christmas edition



Don't forget we are looking for entries from Y6 or below children who live in the village, attend our local school and/or are involved in any children's groups in Upton to come up with a design for our front page.

Sounds like a useful activity for the summer holidays?

Entries can be submitted in any medium such as painting, drawing and collage etc. Maximum size needs to be A3.

The winning entry will be used as our cover for the December/Christmas edition.

Closing date for this competition will be the end of August. In our August edition, details will be included explaining how to hand entries in. **Good Luck**



The BMI Club

(Est 1898)

Bondend Road
Upton St Leonards

Members Club, new members welcome.

Two bars, wide screen TV with Sky/BT Sports. Snooker /Pool Tables. Skittle Alley. Regular entertainment nights. Function room hire.

Annual Fee £10 plus £5 joining fee. Senior Citizens half price

To join just call in and see Alec our Steward for details. Open Mon-Fri lunchtimes & evenings. Sat-Sun Open all day. <http://www.bmiclub.co.uk/> Tel. 01452 616384

Brothertons

Accountants & Tax Advisors

Personalised, friendly service to local business owners and individuals

All Aspects of Accountancy:

- Self Assessment Tax Returns *Local family firm*
- Sole Trader Accounts *Established 1998*
- Limited Companies *Free initial meeting*
- VAT *Fixed quotes*
- Payroll
- Bookkeeping

2 Abbeymead Avenue, Gloucester GL4 5ER
01452 311711
www.brothertons.co.uk
email info@brothertons.co.uk

Hill Farm Cottages

Upton Hill, Upton St Leonards, GL4 8DA

Self-catering cottages well furnished and equipped with the comforts that will make a stay in the Cotswolds one to remember fondly. Each cottage has full central heating and a colour television in the lounge. Towels, tea towels and attractive bed-linen are all provided for you; all you need to bring is food.

01452 614081

hillfarmcottages@hotmail.co.uk



Christine Gardner

As many people in the village know, last month I lost my Chris and part of my grieving is to write a poem for her.

My Chris

She was just 15 when I met her
In the pictures in the dark
In our courting days that old PLAZA cinema
Was to play a special part
We loved that dear old picture house
We sat in the 1 and 9s (shilling/pence)
We often saw the film round twice
And had a really good time

But that was back in the 60s
Now the PLAZA is no more
Gone forever are the 1 and 9s
Cause now its a BINGO HALL
We often stood in the queue for hours
In the cold and rain to see the
Same old film again and again and again

I'd buy her chips on the way home
And I promised she would never be alone
And I wonder if its progress
That makes us remember when
Or is it just nostalgia that says
Life was so much better then
Sixty years have flown by since our
Love was dawning
And my promise has stayed true
I'll see you in the morning

Ted

Obituaries

Margaret White

David, Diane, Pat and families would like to thank everyone who have supported us through the sad loss of our dear Mum. We really appreciated all the cards, flowers and kind messages we have received.

Also a big thank you to the Reverend Clodagh Ingram for her kindness and guidance and to Alec and Mary at the BMI club for a lovely afternoon tea which Mum would have loved.



MICHAEL TUCK
Your LOCAL ESTATE AGENT
SOLD IT!
FREE VALUATIONS CARRIED OUT WITHIN 24 HRS IF REQUIRED
01452 612020
www.michaeltuck.co.uk



Your qualified village electrician
MJ Boon
Electrical
☎ 07773 626241
✉ matt@mjboonelectrical.co.uk
• Free estimates and advice
• All aspects of electrical work undertaken
NICEIC DOMESTIC INSTALLER



SIMON GYDE
Carpenter & Joiner
City & Guilds
Purpose made Joinery
Restoration Woodwork
General Building Services
07768173726
simongyde@yahoo.co.uk

The Lady Downe Trust

GOING TO UNIVERSITY IN SEPTEMBER? - READ THIS!

Did you know that if you live in Upton St Leonards you are probably eligible for a grant from The Lady Downe Trust? **All students going into higher or further education, apprenticeships or vocational training, can apply for a "first-year grant" of £500 towards the cost of textbooks, laptops, etc.** You don't even have to complete an application form: visit our website to find out whether you qualify by residence, and how to apply.

www.ladydowne.org

The Lady Downe Trust is a charitable trust set up to help residents of the old parish of Upton St Leonards, which included parts of Abbeydale, Abbeymead and Coopers Edge (the streets concerned are listed on the website under "How to Apply") who may be facing hardship for financial reasons, or due to disability or ill health. Awards are subject to financial status which must normally be declared on the application form available on the website. Discretionary grants may vary but do not generally exceed £3000 to any one individual in any one year. All applications are considered by the Trustees in total confidence.

Visit the website above for full details of awards, an application form (which can be submitted electronically or by post), or write for further information to:

The Clerk to the Trustees, The Lady Downe Trust, The Coach House, Well Close, Coopers Hill, Gloucester GL3 4RZ

The Lady Downe Trust

Rhys James Fencing

All types of fencing and gates supplied & fitted. From minor repairs to complete new fence, I offer a fast & friendly service.

Local contractor, fully insured, established over 20 years.

Garden work undertaken. Trees removed, stumps ground, hedges cut. All waste responsibly disposed of.

The Lodge Rance Pitch Upton St Leonards

07931 380463 / 01452 372051
rhysjames64@outlook.com
and on  **facebook**

Approved Contractor to Local social housing Association and the Diocese of Gloucester

TURN TO US FOR HELP AND SUPPORT

In your time of need we'll take care of all the funeral arrangements.

Call us 24 hours a day.



- Funeral Pre-payment Plan
- Memorials

SELIM SMITH & CO FUNERAL DIRECTORS

HERON LODGE, PAINSWICK ROAD
GLOUCESTER GL4 4QJ
01452 502685

Part of Dignity plc. A British Company

  *Fast, Friendly & Dedicated Service In Your Local Area*

Family Run Business Est. In 1968

CEDAR MOTOR HOUSE LTD

Grove Court, Upton Hill
Gloucester GL4 8DA
01452 617240 or 07976 322735

MOT TESTING WHILE YOU WAIT FOR PETROL AND DIESEL VEHICLES

Diagnostic Fault Code Reading.
Vehicle Servicing & Mechanical Repairs.
Clutches & Timing Belts Replaced, Top Quality Tyres, Batteries & Exhausts Fitted AT Competitive Prices.
Insurance & Accident Repairs.
Welding Service.

Servicing for New & Used Vehicles Using Genuine Parts If Required, at Much Lower Rates than Main Agents. All Parts and Repairs Complying with Manufacturers Warranty Requirements.

Lube Service from £89 incl VAT
Interim Service from £129 incl VAT
Full Service from £175 incl VAT

We are situated on Upton Hill in Upton St Leonards. Grove Court is 100 yards past the Kings Head Pub on the right hand side. Collection service available.

Feature Article

One Fine Day Walking with the USCAN Footpath Maintenance Group

Eager to get to know more of the network of footpaths around Upton which are kept in good nick by the USCAN Path Maintenance Team I arranged a walk with them. The plan was to go to Prinknash for coffee and finish at the Kings Head for lunch.

Led by Mike Blanch carrying his 20 year old thumbstick, we started at Upton Mill, over the stile into a field with two horses, the first of many; then across the Twyver into a field of sheep. And here began a mountain of information about everything surrounding Upton. In the corner of this field a balloon-base was found, a relic from the last war. In the next field a story of a black panther roaming the fields 25 years ago! Walking with these guys I discover that every stile, gate, field, path and wood has a story or distance measured, 'it's two miles to the next stile' with some local history thrown in. Along Valley Lane we cross Upton Pier Bridge and head for Prinknash and refreshment and more stories, this time of monks feeding wayfaring strangers.



Nigel, Mike and Alan (part of the USCAN Footpath Team) accompanied by Christina

As we walk I see that my companions have 'an eye' on the condition of the gates, stiles and bridges and there's plenty of discussion and male banter but all the while keeping up the walking, walking, and believe me, there's no slacking with these fellows, I'm reminded of hobbits and Upton is the Shire!

From Prinknash Woods we join the Cotswold Way onto Painswick Beacon. Before the Topograph a right path through Madams Wood takes us to the Painswick/Gloucester Road and Cud Hill Common where we join the Wysis Way in Sevenleaze Lane. Here I'm introduced to the much admired and 'famous in Upton' dry stone wall, which took four years to build and is a monument to the serious endeavour of the USCAN team. On the opposite side of the Lane we stop at the Viewpoint. It is a clear day, the views soft and calm; just below us is the Roman Gloucester to Bath pathway, and I wonder how many travellers have stopped here to admire these very English views. Further along the lane is the Blow Memorial on the right and King Charles Stone on the left.

Following the Wysis Way on the original Portway and Bath-Gloucester Path we pass a telecommunications mast and follow the signs to Hazel Grove House and Cherry and Windsor cottages on the B4073. Crossing the road and taking the bridle path we pass Andy Russell's dream cricket pitch; it is on this south path that we have the finest views of Upton. After Hardwicke Farm onto Watery Lane there's a lot of discussion here about the quality of drainage. At 'Peg's Leap', (another story) we head upwards and onwards and then diagonally across a field towards Six Ways gate and finish at the Kings Head for a much needed lunch.

It is important to mention that we followed Footpath Signs all the way, erected of course by the USCAN group and to conclude with **'Many Thanks and Three Cheers' for these stalwart fellows for looking after our Shire here in Upton. HIP HIP etc**

Christina Caldwell

We have put as much in here as space permits.
 Events happening weekly are only shown for
 the first month or so

VILLAGE DIARY

JULY

1	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
1	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
1	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
1	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.30-7.30pm
1	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm
1	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm
1	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30pm
2	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
2	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15pm
2	Tue	Brownies.....	Pavilion.....	5.30pm
2	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
3	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
3	Wed	Bingo.....	BMI.....	8.00pm
3	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
3	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
4	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am
4	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
4	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
4	Thu	Fitness.....	Pavilion.....	6.00pm
5	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
5	Sun	Tennis.....	Pavilion.....	10.00am
8	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
8	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
8	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
8	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30pm
8	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm
9	Tue	Recycling and Food Waste Week		
9	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15pm
9	Tue	Brownies.....	Pavilion.....	5.30pm
9	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
10	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
10	Wed	Tennis.....	Pavilion.....	6.00pm
10	Wed	Healthy Living.....	Pavilion.....	7.00pm
10	Wed	Bingo.....	BMI.....	8.00pm
10	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
10	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
10	Wed	Copy Date for August issue of USL Life		
11	Thu	Senior Circuits.....	Pavilion.....	9.30-10.15am
11	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
11	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
11	Thu	Fitness.....	Pavilion.....	6.00pm
12	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
14	Sun	Tennis.....	Pavilion.....	10.00am
15	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
15	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
15	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
15	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30pm
15	Mon	Abbeyle Garden Club.....	Village Hall.....	7.30-9.45pm
16	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
16	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15pm
16	Tue	Badminton.....	Village Hall.....	8.30-10.30pm
17	Wed	Ladies Probus.....	BMI.....	10.00am
17	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm
17	Wed	Tennis.....	Pavilion.....	6.00pm
17	Wed	Bingo.....	BMI.....	8.00pm
17	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm
17	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm
18	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am
18	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am
18	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm
18	Thu	Fitness.....	Pavilion.....	6.00pm
18	Thu	History Group – AGM and A-Z of Upton.....	Village Hall.....	7.45-9.15pm
18	Thu	Ramblers.....	Pavilion.....	7.30pm
19	Fri	Pilates.....	Village Hall.....	11.30-12.30pm
21	Sun	Tennis.....	Pavilion.....	10.00am
22	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am
22	Mon	Coffee Club.....	BMI.....	10.00-12.00pm
22	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm
22	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30pm
22	Mon	Camera Club.....	BMI.....	7.00-9.00pm
22	Mon	Lady Downe Charity.....	Upton St Leonards School.....	7.30pm



23	Tue	Recycling and Food Waste Week			
23	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15pm	
23	Tue	Badminton.....	Village Hall.....	8.30-10.30pm	
24	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm	
24	Wed	Tennis.....	Pavilion.....	6.00pm	
24	Wed	Bingo.....	BMI.....	8.00pm	
24	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm	
24	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00pm	
25	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45am	
25	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30am	
25	Thu	Pilates.....	Village Hall Annex.....	1.00-2.00pm	
25	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm	
25	Thu	Fitness.....	Pavilion.....	6.00pm	
25	Thu	Ramblers.....	Pavilion.....	7.30pm	
26	Fri	Pilates.....	Village Hall.....	11.30-12.30pm	
29	Mon	Coffee Club.....	BMI.....	10.00-12.00pm	
29	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30am	
29	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45pm	
22	Mon	Fitness Training (2 sessions).....	Village Hall Annex.....	6.00-7.30pm	
30	Tue	Rubbish and Food Waste Week and Garden Waste for those with brown bins			
30	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15pm	
30	Tue	Badminton.....	Village Hall.....	8.30-10.30pm	
31	Wed	Stitchers.....	Pavilion.....	10.00-12.00pm	
31	Wed	Tennis.....	Pavilion.....	6.00pm	
31	Wed	Bingo.....	BMI.....	8.00pm	
31	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30pm	
31	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.30pm	

Regular weekly events not listed below this line

AUGUST

5	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm	
5	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm	
10	Sat	Copy Date for September issue of USL Life			
10	Sat	Annual Pig Roast.....	BMI.....	7.00pm	
12	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm	
14	Wed	Ladies Probus.....	BMI.....	10.00am	
19	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45pm	
26	Mon	Camera Club.....	Village Hall.....	7.00-9.00pm	
29	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm	

SEPTEMBER

2	Mon	Parish Council Meeting.....	Pavilion.....	7.30pm	
2	Mon	Upton WI.....	Village Hall.....	7.30-10.00pm	
7	Sat	Upton Show.....	Village Hall.....	2.00pm	
9	Mon	Twyver WI.....	Village Hall.....	7.30-10.00pm	
10	Tue	Copy Date for October issue of USL Life			
16	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45pm	
21	Sat	Autumn Quiz.....	BMI.....	8.00pm	
23	Mon	Camera Club.....	Village Hall.....	7.00-9.00pm	
23	Mon	Lady Downe Charity.....	Upton St Leonards School.....	7.30pm	
25	Wed	Ladies Probus.....	BMI.....	10.00am	
26	Thu	Get Together Club.....	Village Hall.....	2.30-4.30pm	

Contact Paula Quinn to get your event in the diary

Come and watch - Cricket games at the Recreation Ground in July

Wed	3 Jul	Wed XI v Shurdington	18:00	Mon	15 Jul	U15 v Chelt Civil Service	18:00
Fri	5 Jul	Focus School match	13:30	Wed	17 Jul	Coopers Edge v Charlton Kings	18:00
Sat	6 Jul	2nd XI v Woodpeckers	13:30	Sat	20 Jul	2nd XI v Lydney	13:30
Sun	7 Jul	U11 v Hatherley & Reddings	10:00	Sun	21 Jul	Gloucestershire Meteors v Sussex	13:00
Wed	10 Jul	Coopers Edge v Ullenwood Bharat	18:00	Mon	22 Jul	U15 v Hatherley & Reddings	18:00
Sat	13 Jul	1st XI v Cricklade	13:00	Wed	24 Jul	Coopers Edge v Kingsholm	18:00
Sun	14 Jul	U13 v Gotherington	10:00	Sat	27 Jul	1st XI v Churchdown	13:00

FreeCycle

We are considering the development of a FREECYCLE page in USL Life.

Anyone who has an unwanted item to move on (no charge but person collects) can put it forward to the USL Life team to be advertised for free.

If more than one household expresses interest in an item we will draw names from a hat.

To start it off we have an oak sideboard. It has a half round top above a single drawer flanked by cupboard doors on tapered legs with pad feet.

It is 148 cms/58 ins wide. There is some damage to the veneer on the open shelf section. See photo. To view please email cmclean6349@gmail.com



For future items please contact Catherine Mclean on cmclean@gmail.com.

UPTON ST LEONARDS LIFE

Web site: <http://usllife.org.uk>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

This month's editor: Peter Wilson
Editors: Andrea Dawson

Andy Russell
Barbara Swindin
Peter Wilson

Company Secretary: Cliff Alderman

Treasurer: Owen Stinchcombe

Feature writers: Teresa Clarke
Christina Caldwell
Linda Munnoch
Ann Morphew

Church pages: Rachel Middleton

Clubs / Societies / Organisations: Catherine McLean

Diary: Paula Quinn

Advertising: Contact: Andy Russell

Admin Support: Janine Black

Distribution: Jenny Cunningham

Photography: Jim Browne

Proof Readers: Carol Hardacre
Christine Ellson
Kate Davies

USL Life is published by USL Life CIC, a Limited Company, and is printed at Leyhill Prison.

The editor for our August issue will be Barbara Swindin

DISCLAIMER: USL Life welcomes adverts for goods and services but reminds readers to make their own checks before entering into any contract or other arrangements with advertisers, as USL Life cannot be held responsible for the accuracy of the advertisements.

Gloucester 01452 508800
Cirencester 01285 654875
www.daveylaw.co.uk

Residential Property
 Wills & Probate
 Lasting Power of Attorney
 Family & Divorce
 Commercial Property
 Employment Law
 Dispute Resolution
 Personal Injury
 Clinical Negligence

DAVEY -LAW-
Solicitors

FOR YOU
YOUR FAMILY
YOUR BUSINESS

9 Pullman Court
Great Western Road
Gloucester GL1 3ND

Contact us today:
01452 508800
enquiries@daveylaw.co.uk

Little Court Cottages

Cottages for long rent, and self-catering accommodation for short breaks, in Upton St Leonards, perfect for visiting friends and family.

Email: info@littlecourtcottages.co.uk
Tel: 01452 615150
www.littlecourtcottages.co.uk

David Cridland Contracting

Fencing, Ground maintenance and groundwork contractor

3 Ton mini-digger with driver available

All types of fencing supplied and erected.
Hedges cut. Trees pruned. Ground cleared.
From small gardens to farms, no job too small.
Service and reliability guaranteed

Fully insured 20 years experience

01452 311215 or 07836 279974
COMMELINES MILL FARM
UPTON ST LEONARDS GL4 8EG

UpStagers latest Production

Bedroom frolics in June

June saw the UpStagers present their 35th production, a bedroom comedy "Special Features" by Nick Broadhead. The play was set in 4 different bedrooms throughout. Clever use of changing duvets, pillows & bedside cabinets for each scene was the way the sets were differentiated. This was a great deal of work for the back stage crew. Good use of lighting and projected images helped tell the story. Ironically the play is centred around a Drama Group, The Chedley Mortimer Playhouse Players and the licentious goings on by their scriptwriter Bryn Goodlass and others.



There were some fine performances in what was a difficult play to produce on a small stage. The theme was that the audience were able to look back using the "Special Features" on a DVD, at scenes set weeks earlier than the opening scene which was present day. As they did this the story unfolded about the casting of the play and the various assignments that were also going on in the background. The bed was put to good use.

After the final performance on Saturday evening, the cast and crew came in for a big surprise

at the end when one member of the audience introduced himself. It was none other than Nick Broadhead who, unbeknown to the group, had booked on line and come down from Liverpool to see his play being performed. They awaited the verdict apprehensively.

Nick said: "I was delighted with the way that you and the rest of the cast brought the words to life. From the moment that the curtains opened and Jane, Richard and Sam walked onto the set I felt that we were in safe hands and so it proved as the play progressed.

Congratulations to all the cast for the way that you handled your parts - and of course to Carol for her direction and for having the courage to take this play on, as you all knew that you were going to have to work hard to enable the audience to understand what is going on! Playing comedy isn't as easy as you made it



look - on the one hand you have to concentrate on your role and staying in character, but then you have to be aware of audience laughter, which forces you to step out of character momentarily to assess your timing before you say your next line, to avoid it being drowned, or taking too long and destroying the rhythm. You can't really rehearse this, you just have to gauge it when there is an audience. Again, I thought that you all handled that really well and were properly rewarded with the great sound of an audience bursting into laughter."



Watch this space for news of the next production and remember for all you budding thespians out there, we meet every Wednesday evening at 7-30 at the Village Hall and would be delighted to welcome new members so that we can continue entertaining the community.

The cast meeting Nick Broadhead (in blue)