Upton St Leonards Life incorporating Church News

Issue 72 August 2020





Lockdown in our beautiful rural parish.







Look forward to some fun in September with the Scarecrow Trail - see page 3 for details.

Announcements

The BMI is open again to members! See page 3 for details.

WI - Denman College

A WI member has reported that members may still access courses via 'Denman at Home', but Denman College itself continued to remain closed from 1st July onwards. For further information members may consult www.denman.org.uk or contact membership@nfwi.org.uk.

WI UPDATE

Twyver WI

We are planning to resume normal meetings in the Village Hall in September! Details about social distancing will be sent to members.

BEWARE!

There's a newish type of scam email doing the rounds, and it is sneaky. You get an email from an organisation you have never heard of, advertising some product or service you won't want. At the end of the email there is a line that says "If you want to stop receiving further messages from us, please CLICK HERE to unsubscribe."

Please don't click - that will take you to the scammers' website and possibly infect your computer.

This is a clever scam, because by law now all advertising messages of this sort are required to indicate how you can stop them being sent to you. That makes it look all the more legitimate. And they word the advert to make you want to stop receiving any more.

If you have no idea why this email came to you and it is not a company you know of or have any dealings with, it is almost certainly a scam. Don't click.

On the other hand, if it does come from e.g. an online store you have used, and you have received more than one advertising email from them, then it will be safe to ask them to stop sending you emails if you don't want any more.





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Back to normal?

On Monday 4 July the BMI reopened with normal opening hours, but only for card-carrying members. In order for the Club to control numbers in line with post-lockdown guidelines, for the time being guests would not be allowed. Perhaps by the time you read this, the situation will have changed. Please note that the following rules apply:

ALL MEMBERS ATTENDING THE BMI MUST SIGN THE TRACK & TRACE BOOK. SOCIAL DISTANCING MUST BE OBSERVED AT ALL TIMES WITH NO MORE THAN TWO HOUSEHOLDS SITTING TOGETHER INSIDE, OR SIX HOUSEHOLDS OUTSIDE. THERE IS TO BE NO STANDING OR MOVING OF FURNITURE. QUEUING PROTOCOLS APPLY TO THE BAR. HAND SANITISING WILL BE FACILITATED. PARTICULAR RULES APPLY TO THE USE OF THE TOILETS.

Does your vehicle need an MOT?

Cedar Motor House

The Government scheme to allow MOT extensions for those unable to get their cars tested because of lockdown ends 31 JULY, so there's going to be a bit of a rush for MOT tests. Cedar Motor House is ready to help, but please don't leave it to the last minute to book a test. Give us a call on 617240. We are located at Grove Court, just up the hill on the right near the Kings Head.

CALLING ALL SCARECROW BUILDERS!!

JOIN IN THE SCARECROW 'HEROES' TRAIL 13- 20 SEPTEMBER 2020







To enter your Scarecrow into the Trail

So that everyone can enjoy your efforts, please submit your house name/number and road name by 20th August online to Andrea Dawson or use the Village Hall post box

so that a trail (street map) can be provided in the September issue.

WHO IS YOUR HERO?

Scarecrows to be displayed in front gardens for judging on 20th September

Winners will be announced in the October issue of USL Life.

1st, 2nd and 3rd Prizes to be won







NEW NUT HILL FOOTPATH

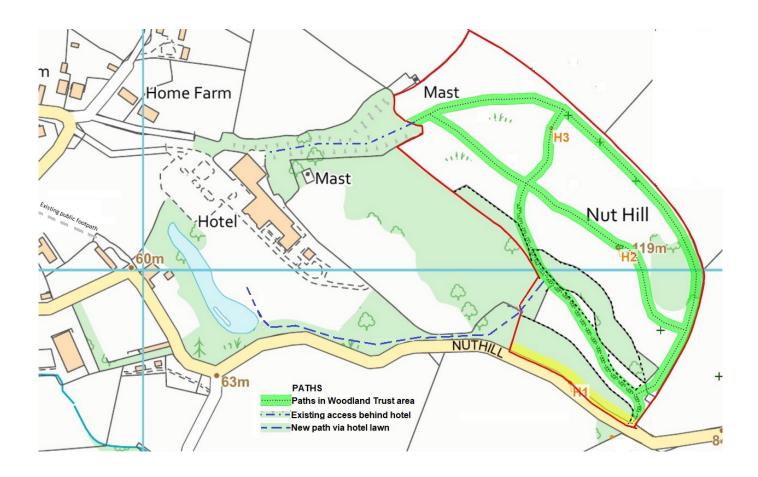
Thanks to the Bowden Hall Hotel and to the Woodland Trust, our Village footpath group is delighted to announce there is a new footpath to the top of Nut Hill. The Hotel already allows walkers to reach the top from behind the buildings, and now there is a second access through the hotel grounds, giving a circular route, and avoiding the need to walk on the Nuthill road.

The map shows the new route - the dashed line that passes across the front lawn to the end of the lake. It then runs in the woods alongside Nuthill road before cutting uphill, through a new gate into the Woodland Trust area and the top of the hill.

Huge thanks are due to the Hotel, who allowed us to make the new path. Also to the Woodland Trust who encouraged us and installed the new gate (and cut up a fallen tree near the gate). Upton's Parish Council also supplied the funding needed to make the path safe. You will probably have noticed some new fencing on Nuthill road - that was put in at the Parish Council's expense. The footpath group cleared the route and laid chippings on most of it, put in the new fence and cleared up a ton of fly-tipped rubbish.

Do try this new route. It's great that there is a complete circular walk off the road. Then go and have some tea at the Hotel to express thanks to them. Without their goodwill, this would not have been possible. You may also like to make a contribution to the Woodland Trust via their website.

Andy Russell



Lockdown Stories

Following the publication of local walking opportunities in the July edition of USL Life, we now share with our readers the experiences of two local residents: Jane, who has sent in some examples of the photos she was inspired to take during her walkabouts, and, on page 6, Sylvia, who rambled far and wide in Gloucestershire with her husband, Keith.

Lockdown has been a challenge for most of us and many have found an outlet in gardening, crafting or DIY. As said in July's magazine, here in Upton we're lucky to have so many footpaths. I chose to start exploring some of them (with extra confidence after learning about the Nutty Badgers walks and having downloaded a mapping app). It was the right time of year for my favourite spring flower, the bluebell, and I decided to photograph them as I do every year, only this time I moved on to taking pictures of other flowers, leaves, anything that caught my eye.

I see the beauty in not only the flowers but also in what we usually think of as weeds and have tried to capture that in some my pictures. I noticed for the first time a beautiful delicate bloom and after some research I discovered it's a common wild orchid (though I'm not sure it's that common around Upton). Google was used to discover the name of a butterfly I didn't recognise and I tried to find out what bird hatched from the half a blue egg shell I spotted in a hedge on Valley Lane. As I thought I shouldn't get stuck with only macro photography I am now practising with other settings on the camera.

Every time I walk it gives me so much pleasure; whether it's long or short, through fields or along roads, there is always someone who says hello. I see flowers bloom, lambs grow, deer run and rabbits hop. I watch the parade of clouds across blue skies, and it brings me a carefree, happy feeling.

Report and photos sent in by Jane R.

Photos by Jane are on the front and back covers of this issue.

Horses

With so many people now taking advantage of the opportunities to walk in our local countryside, there have inevitably been a few tricky and sometimes frightening moments. Please take care to stick to the permitted footpaths, but if you do have any trouble with over-curious or even intimidating horses, particularly at gates and stiles, let the Parish Clerk, Roy Balgobin, know. However, you will need to identify the exact location and time as well as the identity of the horse(s) and their owners if any action is to be taken. This is not easy to do. In the meantime just take as much care as you can not to antagonise any animals you meet in the fields.



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A Walker's Lockdown Diary

Keith and I have loved walking since before we were married, whether it be climbing fells in the Lake District, or tramping coastal footpaths in Britain or forest tracks in the US or Canada. When lockdown arrived and most of our commitments disappeared, we realised we had an opportunity to indulge our hobby more than usual, albeit within our local area. It turned out we knew surprisingly little of where we lived, despite a thirty-odd years residency! And as if we needed further encouragement to strap on the hiking boots, we found ourselves experiencing the warmest, sunniest Spring that anyone can remember.



Initially, the coronavirus rules meant local walks only, without a car. We knew that Upton was criss-crossed by footpaths but were hardly aware of their extent of over 22 miles – said to be the longest networks in any English parish. With the aid of an OS map downloaded to a phone, and with the help of suggestions from friends and neighbours, we set about exploring many of these paths for the first time. How amazing to discover so many trails and views of which we were previously unaware! These local walks, starting at our front door on High Street, have taken us over Painswick Beacon, Cud Hill, and Robinswood Hill, often following ancient roads such as Wysis Way and Cotswold Way. Some of our excursions have been with friends, suitably "socially distanced", but usually it has been just the two of us, chatting or lost in companiable silence, taking in the beautiful sights of nature, and the sounds of insects and birdsong made more audible by the diminished noise from aircraft and traffic.

As the lockdown rules have been relaxed we have ventured further afield, discovering circular walks in the surrounding countryside. Favourites have been the route from Edge village to Haresfield Beacon, which involves a wonderful stretch of the Cotswold way looking towards Standish Woods and the Severn Valley, and the routes from Bulls Cross to Bisley through Slad and from Sapperton along the Frome valley. A walk over Selsley Common starting from Woodchester church, returning through the vineyards of South Woodchester, has proved irresistible on fine clear days. Each walk has had its own unique features - a spectacular view, a path through a bluebell wood, or the exhilaration of a strenuous climb. We have come to realise how fortunate we are to live in an area of such natural beauty where one can repeat a walk many times and still see something new and inspiring.

We can certainly recommend walking as a great way to keep fit, boosting both physical health and mental wellbeing. At a time when many people are complaining about putting on a few pounds, we have both lost weight, and have suntans worthy of a Caribbean holiday.

Seeing us return from a walk the other day, a neighbour suggested we tot up how far we had trekked since the lockdown began in March. I found I could do this easily using my smartwatch, which logs the distance walked each day. Unbelievably the total came to 435 miles - about the distance from Gloucester to Aberdeen. And we're still walking. Next stop John O'Groats, I guess!

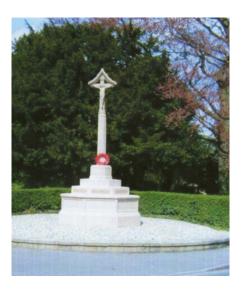
Sylvia Ardron







Upton St Leonards War Memorial is 100 years old this August



In March 1919 a Parochial War Memorial Committee was formed in conjunction with the Village Hall Committee. The initial plan was a large cross on a site facing the church. A referendum was held in the village on the design. 259 people voted for a cross with a figure and 129 people voted for just a cross.

The Memorial Sub Committee chose Edward Warren of Bedford Square London as having the most suitable design, a cross with the figure of Christ on it all to be in stone. A piece of ground that had not been consecrated outside the gate of the church was chosen. Tenders to build the memorial were let and Messrs W T Nicholls for a cost of £472 10s 8d including the engraving, hedging and gravelling around the base won the contract.

The unveiling and dedication ceremony was performed on Sunday August 8th 1920 preceded by a service in the church. Major Birchall MP carried out the unveiling. The rector Canon Brewster read the prayer of dedication, while Rev J Uttley Hillwell (Wesleyan Methodist) assisted. The memorial was paid for by public donation and a substantial contribution from Major and Mrs Birchall. Thirty seven names of men from the Parish who were killed in World War One were engraved on the memorial. In 2000 ten names of those killed in World War Two were added to the memorial.



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Arts Page

In July we considered holiday destinations. Now we consider different aspects of the strains of living in lockdown. Perhaps this first poem reminds us of isolation at home?

The Crack is Moving Down the Wall by Weldon Kees (1914 – 1955)

The crack is moving down the wall. Defective plaster isn't all the cause. We must remain until the roof falls in.

It's mildly cheering to recall That every building has its little flaws. The crack is moving down the wall.

Here in the kitchen drinking gin, We can accept the damndest laws. We must remain until the roof falls in.

And though there's no one here at all, One searches every room because The crack is moving down the wall.

Repairs? But how can one begin? The lease has warnings buried in each clause.

We must remain until the roof falls in.

These nights one hears a creaking in the hall,

The sort of thing that gives one pause. The crack is moving down the wall. We must remain until the roof falls in.

BOOK REVIEW

The Boy, the Mole, the Fox and the Horse by Charlie Mackesy. Published in 2019, this was the Waterstones Book of the Year. It is a delicately illustrated tale which shows that love towards yourself and others is what really matters in our hectic world. Charlie Mackesy is a cartoonist and this book uses some fine artwork to illustrate the friendship between the four characters. It is suitable for all ages and has been recommended to us by a reader of USL Life.

P.S. We are sad to learn of the death of The Street Cat Named Bob who was the hero of the book we featured in the Arts Page in 2019. The ginger tom was 14 years old.

Hugging, or the lack of it, has been a major feature of our life since Covid 19 arrived. Here is part of a poem to reflect a longing for human contact.

The Hug by Tess Gallagher (1984)

A woman is reading a poem on the street and another woman stops to listen. We stop too, with our arms around each other. The poem is being read and listened to out here in the open.

Behind us no one is entering or leaving the houses.

Suddenly a hug comes over me and I am giving it to you, like a variable star shooting light off to make itself comfortable, then subsiding.

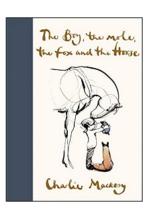
Some Thoughts

Consider the Grass Growing by Patrick Kavanagh

Consider the grass growing
As it grew last year and the year before,
Cool about the ankles like summer rivers
When we walked on a May evening through the meadows
To watch the mare that was going to foal.

On Walking Backwards by Anne Carson

My mother forbad us to walk backwards. That is how the dead walk, she would say. Where did she get this idea? Perhaps from a bad translation. The dead, after all, do not walk backwards but they do walk behind us. They have no lungs and cannot call out but would love for us to turn around. They are victims of love, many of them.



This Renaissance poem reflects separation of loved ones which many of us have experienced recently.

The Spring of Joy is Dry by Martin Peerson (circa 1630)

The spring of joy is dry
That ran into my heart;
And all my comforts fly,
My love and I must part.
Farewell, my love, I go,
If fate will have it so.
Yet to content us both
Return again, as doth
The shadow to the hour,
The bee unto the flower,
The fish unto the hook,
The cattle to the brook,
That we may sport our fill
And love continue still.



Website: www.uptonstleonardschurch.co.uk



Priest in Charge: Rev Clodagh Ingram

Rev James Turk writes

I don't know about you, but I keep going back and forth between thinking that this year has been the worst year ever, to believing that 2020 has been an opportunity to slow down, reflect and reconnect, three things I have had struggles with in the past.

Back in January I wrote an article for this magazine about the importance of resting in the moment. I wrote of my own struggles with continually looking forward and planning the next thing, and not fully experiencing the present. I didn't know then that 2020 would become the year when we were all forced to slow down and re-evaluate how we live in the present moment. For many weeks I have done little planning or looking ahead because the future has been so uncertain.

As lockdown eases and things start to return to 'normal' I sit here writing this article thinking that I am not sure I want things to go back to *exactly* how they were before the pandemic. As much as I enjoyed socialising and going abroad on holiday and performing in the band I play in, I also know that in the past I was prone to forget things and not fully appreciate experiences. My role as curate means that in the past I have had to plan services and there was always a steady rhythm to our worship life at St Leonards. But that all changed with lockdown and the closure of our church building. Suddenly we all had to think differently about how we expressed our faith in worship. We have tentatively moved our Sunday services online and in the early days that just involved me but has involved more people as the weeks have progressed. I believe the online things we do are here to stay, at least for a while, but inevitably our thoughts now turn to what happens next. As the government restrictions on public worship begin to be lifted, we are all trying to work out just what the worship life at St Leonards might begin to look like in the future. One thing is certain, it can't, and won't be exactly the same as it was. We shouldn't be worried by that though; in fact, we should embrace it and see this as an opportunity.

As we look to the future, it is also worth remembering that we also must live in the present moment too, especially right now. It is in the present that we will find the guidance to how we move into our future as a church. The Christian belief is that God is active in our world right now, and that he is working his purpose out in the world around us right now. If we spend too long thinking about what will happen next, we may miss an opportunity to join in with God's mission in his world. And our sole purpose as a church is to join in as part of God's mission and not go it alone on our own mission.

Back in January I wrote of the importance of resting in the moment, and today I revisit those words and invite you all to join me in a time of rest, the kind of rest where we are setting aside our usual busyness to spend time listening, praying and being with God in the present, purposefully showing God that he is our priority. We need to find that balance between planning for the future of our church and being attentive to the present.

As we begin the process of moving back into our church building our thoughts will inevitably turn to what may or may not happen in the months ahead. I hope we will all find the right balance between planning for the future and resting in the moment. As always, this message come with my gratitude and prayers for you all as we journey together as a community.

James



Curate: Rev James Turk

Website: www.uptonstleonardschurch.co.uk

Opening of Church

Every Sunday the church is open from 10.00 am - 12.00 noon for private prayer and quiet reflection. Please also remember to bring along your own Bible and/or prayer book as we are unable to use the ones in church.

As the lockdown eases and life starts to return to something familiar your PCC and I have met to discuss the short term future of Sunday worship at St Leonards.

As you may know the church has been open for individual prayer and private reflection for a few weeks and this has been well received by the community. I have personally heard many positive comments from people who have found this time for reflection helpful and spiritually uplifting. We will continue with this pattern of prayer time throughout July and August.

Looking ahead and the PCC and I have decided that Sunday September 6th will be the date when acts of public Sunday worship will recommence in St Leonards Church, and planning for that has started now. We anticipate that although social distancing will still be a factor the restrictions will have been eased enough by then for worship to be viable.

Things are changing rapidly right now, and all PCC's and clergy throughout the diocese are awaiting further guidance from Church House and the bishops regarding Holy Communion and public singing and when that is received we will have a clearer picture on what services from September will look like. In the meantime, please keep an eye on the church notice boards, Pew News, USL Life magazine and the St Leonards WhatsApp group for the latest information as and when it becomes available.

All this comes with continued gratitude for all your support these past months and please know that throughout Rev Clodagh Ingram's continued absence the PCC and I are here to support you. We will make decisions on your behalf based on the latest guidelines and what we think will be best for the St Leonards community.

Rev James Turk and the St Leonards PCC

If you would like to join the Friends of St Leonard's Whatsapp group or you know someone who would please text James

Please contact James if you would like the link via email

You can have Pew News, delivered into your inbox every
week. Please contact
Rachel Middleton
Leave your name and email address and enter Church
News in the subject box

The Churchyard

The Churchyard continues to look in good condition thanks to the efforts of many dedicated volunteers. Recent high winds have identified a problem with one of the ash trees on the west boundary, visible from the entrance porch. Investigation shows that it is suffering from Ash Die back disease. There are quite a few other ash trees in the churchyard, mostly grown from saplings over the years, and some of these are likely to be similarly affected. A full survey is on-going and we will treat the trees as recommended.



Website: www.uptonstleonardschurch.co.uk

Here is Richard Stephenson on the lovely bench he so generously

donated to the church. It is situated where visitors can sit

and rest a while, also the volunteers can have

somewhere to sit for a welcome break.

Thank you so much Richard!



Tower Floodlighting 2020

The Church Tower is lit on the 4th August in loving memory of my dear husband Pete on our wedding anniversary, Jenny x

On the 11th August, we remember with love and happy memories, Chris, partner to Phil, and a loving daughter, sister and Auntie.

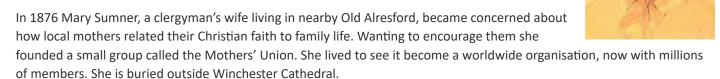


On the 23rd August, the Church Tower is lit to celebrate the 45th wedding anniversary of Dave and Val Knight

If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday/anniversary/ Baptism or in remembrance of a loved one please contact Jenny Cunningham for more details. There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too. Please note that the deadline of the Church Pages of USL Life is the 10th of the preceding month.



MARY SUMNER 1828 – 1921 On 9th August the Anglican church celebrates Mary Sumner, the founder of the Mothers' Union. Usually members in the Gloucester Diocese join together for a picnic, but this year due to the pandemic this will not be taking place. However, members of the St Leonards Branch hope to meet together informally instead, socially distanced of course!



Born in 1828 near Manchester, Mary Heywood moved to Hertfordshire with her family in 1832. While in Rome concluding her education she met George Sumner, youngest son of the then Bishop of Winchester. They fell in love and were married in Colwall, near Malvern in 1848, 18 months after his ordination.

In 1851, together with their two baby girls, they moved to Old Alresford, which is 9 miles north-east of Winchester. Later the family was added to with the birth of a boy, Heywood, who later became famous in the 'arts and crafts' movement.

Website: www.uptonstleonardschurch.co.uk

Who's Who in the Parish Church

Priest in ChargeSafeguardingRev Clodagh IngramDorothy Cox

Curate:

Rev. James Turk Bell Tower Captain

Charlie Burnett
Churchwardens:

Keith Robbins Mother's Union:

Vacancy Kate Gale

PCC Secretary: - Sarah Kent Church Cleaning Rota:

Claire Appleyard

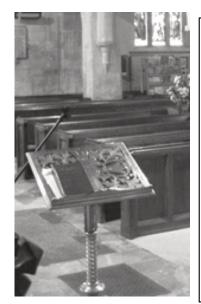
Church Treasurer Vacancy Church Flowers:

Jenny Cunningham

Baptism & Wedding Enquiries

Church Administrator - Jenny Cunningham USL Life (Church pages) and Pew News

Rachel Middleton



August Readings

Sunday 2nd Romans 9:1-5

Matthew 14:13-21

Sunday 9th Romans 10:5-15

Matthew 14:22-33

Sunday 16th Romans 11:1-2a 29-32

Matthew 15: 21-28

Sunday 23rd Romans 12:1-8

Matthew 16:13-20

Sunday 30th Romans 2:9-end

Matthew 16:21-end







The BMI Club

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A historical perspective on Lockdown

Past Lives and Survival in troubled times

Feature by Linda Munnoch with grateful thanks to Mike Stratford and Ann Morphew

So, here we are again, one month on and still the invisible 'mugger' has a grasp. It got me thinking, how did survivors cope in the dim and distant past after the Spanish Flu epidemic and other pandemics, pestilence, crop failures and wars, job losses such as in The Great Slump in the 30's, etc., when there was scant or no food aid, no NHS, and little understanding of epidemiology. Even now, we know very little about how these people went on to live through it. The fact that we are here at all is a marvel and we should be thankful to our ancestors who must have been a tough old bunch! I wondered if it might be a relevant time to peel back the layers of our predecessors' lives, and with that in mind, I called upon our fount of knowledge, Mike Stratford, and asked him if there was ever a workhouse or similar institution in or near the village, or evidence of deprivation and, unsurprisingly, he came up trumps as usual. It appears that there was indeed such a place and, in fact, it stood on the old school ground! His contribution from the archives is much appreciated as always, and a moment to ponder on.

The virus has hit the economy hard, jobs are being lost and futures are in the balance as furloughing is about to end and businesses are closing down countrywide exposing our Achilles heel. Our thin veneer of civilisation is at risk once again and for the moment we are on the back foot. But we are a resilient lot, and in light of the current resurgence in pockets of the population, we can't afford to be complacent or let our guard down yet, but let's be optimistic and live positively and hopefully.

The Poor in Upton

Upton had a workhouse - located in what is now Chipmunks car park. It was demolished before 1850 when the school was built. There is no current information on how large it was or how many people were housed there.

There is one reference to it in 1832 when there was an outbreak of cholera in Gloucester, and in Upton there was a Parish meeting to consider what precautions should be taken. The Overseers of the Poor were requested to purchase brandy, to inform the parish physician of any signs of illness and to pay attention to cleanliness in the Poor House. Parishioners were requested to pay attention to cleanliness in their own homes. When Upton Poor House closed, all the inmates were transferred to Gloucester Poor House in Great Western Road.

In 1662, the Act of Settlement defined the right of settlement within a parish. The parish was responsible for all those who had lived there for a period of 40 days or more. To meet the requirements of the poor the overseer was empowered to raise revenue from landowners and householders. These were the Poor Rates.

Paupers and vagrants were strictly controlled and any apprehended in a parish were examined by a Justice of the Peace to establish their place of settlement. Once this was established, a certificate would be sent to that parish and an order of removal was made out. The parish officers were responsible for conveying the person to this destination.

A person moving into another parish would require a certificate granted by the parish and presented to the churchwardens or justices and this would be kept in the parish chest in the church. This was an attempt to stop people being a burden to the Parish.

A common practice was for the officers of the parish to convey the poor person to the boundary of the next parish and leave them there.



The Influenza November 1918

"The influenza epidemic has reached Upton, few and fortunate are the houses unvisited by it, and the school has been closed for a fortnight. Although the disease is of a particularly virulent type, there has been as yet only one fatal case. Our sincere sympathy is extended to Mr and Mrs Broadstock on the loss of their baby girl Phyllis. (Phyllis was three years old and died on 23rd November.)

The District Nurse, whose untiring services have at this time been quite invaluable, would like it to be known that people requiring a visit should notify her as early as possible in the morning. Otherwise she has often to pay two visits to the same part of the parish, when one journey would have done."

The flu pandemic, wrongly called Spanish flu, originated from a chicken farm in the mid west of America. It spread worldwide via American troops who came to Europe in 1918. The estimate of deaths is 50,000,000 in 1918-1919. Mortality was highest in young people. With no vaccine, control was limited to isolation, quarantine, good personal hygiene, use of disinfectants and limitations of public gatherings.

Does this sound familiar?

Getting back to normal in 2020?

Six members of the editorial team practising social distancing for the first meeting since lockdown.



In time of Plague Thomas Nashe 1567– 1601

Adieu, farewell, earth's bliss!

This world uncertain is:

Fond are life's lustful joys,

Death proves them all but toys.

None from his darts can fly;

I am sick, must die—

Lord have mercy on us.

Rich men, trust in wealth,
Gold cannot buy you health;
Physic himself must fade;
All things to end are made;
The plague full swift goes by;
I am sick, I must die—Lord, have mercy on us.

Beauty is but a flower
Which wrinkles will devour;
Brightness falls from the hair;
Queens have died young and fair;
Dust hath closed Helen's eye;
I am sick, I must die——
Lord, have mercy on us.







Hadwen Health New On-line Booking Service

Hadwen Health is offering its patients a new easy on-line booking system - called eConsult. It enables us to sit at home and enter the information about our request, be it administrative help, general help, help for a child or help with a condition.

It saves us the frustration of waiting on the phone and you get a response back in a timely manner. This may be around 48 hours, it could be an email or a phone call. You may be advised to have a blood test before seeing the Doctor if this is deemed advisable. This saves us time and it ensures Hadwen Health sends our request to the most appropriate clinical staff or administrative staff to deal with our issue. If the doctor wants to see you in person, you will be asked to make an appointment, again this can be done easily online.

The big advantage is this can be done at any time of the day or evening or weekend to suit your needs. You can do it on your phone in your lunch break. You get directed to the member of staff who is best placed to answer your request. Do try out the service next time you need support with your health and encourage others to use it. It's a great way to support our wonderful NHS going forward. Some people don't have the internet and Hadwen Health is very aware of this. The old system of phoning the practice to access services is still available. If the rest of us use the online service it frees up their phone line for those who need phone access. Painswick and Aspen medical practice are also using this system.

Millie Barnes

To all those very kind people who support the Gloucester Branch of The Trussell Trust Food Bank, a very big thank you.

I deliver to the Gloucester Food Bank from the contributions of non perishable (tinned /packets/long life milk or fruit juice) food and toiletries left in the Village Shop and Post Office and St Leonard's Church I will also collect from individual homes if they find these locations difficult to access. My thanks go to Rahul and Seeta for their continued support from the shop and as acting as a collecting point of food.

During 2019 the following was delivered: 350Kg from the Village Shop and Post Office, 250Kg from St Leonard's Church and 250Kg from the Village School Harvest Festival. I also delivered donations from Chipmunks Harvest Festival to The Family Haven.

A splendid offering! Thank you to everyone who has contributed to these collections; your ongoing support is greatly appreciated by those helped by the food bank.

More information can be found on the Gloucester Food bank website.

Dorothy Cox

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The Village Diary is a little longer this month now that some of the restrictions on our lives have been withdrawn.

			AUGUST	
2	Sun		Pavilion	10.0a.m.
	Tue	Recycling and Food Waste Week		
	Tue	Tennis Club	Pavilion	6.00p.m.
	Sun	Tennis Club	Pavilion	10.00a.m.
0	Mon	Copy date for September issue of USL Life		
1	Tue	Rubbish and Food Waste Week. Garden Waste for those with brown bins		
1	Tue	Tennis Club	Pavilion	6.00p.m.
ŝ	Sun	Tennis	Pavilion	10.00a.m.
3	Tue	Recycling and Food Waste Week		
3	Tues	Tennis Club	Pavilion	6.00p.m.
3	Sun	Tennis Club	Pavilion	1000.a.m.
3	Sun	Gnome Hunt	Pavilion	10.00-4.00p.m.
5	Tue	Rubbish and Food Waste Week. Garden Rubbish for those with brown bins		
5	Tue	Tennis Club	Pavilion	6.00p.m.
6	Wed	Healthy Living Group	Pavilion	7.00-9.00p.m.
)	Sun	Tennis Club	Pavilion	10.00a.m.
eas	e note, th	ne details below are still provisional due to coror	navirus	
			SEPTEMBER	
	Mon	Parish Council Meeting	Pavilion	7.30p.m.
	Mon	Upton WI	Village Hall	7.30-10.00p.m.
)	Thu	Copy date for October issue of USL Life		
4	Mon	Twyver WI	Village Hall	7.30-10.00p.m.
9	Sat	Autumn Quiz	BMI	8.00pm.
)	Sun	Sunday lunch jazz	BMI	1.00p.m.
L	Mon	Abbeydale Garden Club	Village Hall	7.30-9.45p.m.
3	Wed	Ladies Probus	BMI	10.00a.m.
ļ	Thu	Get Together Club	Village Hall	2.30-4.30p.m.
3	Mon	Camera Club	Village Hall	7.00-9.00p.m.
3	Mon		Upton St Leonards School	
			OCTOBER	•
	Mon	Parish Council Meeting	Pavilion	7.30p.m.
	Mon	Upton WI	Village Hall	7.30-10.00p.m.
)	Sat	Copy date for November issue of USL Life	-	•
2	Mon	• •	Village Hall	7.30-10.00p.m.
9	Mon	•	Village Hall	•
1	Wed	·	BMI	•
6	Mon		Village Hall	
	Thu		Village Hall	
9				

Please keep Paula informed if you have any classes or events that need to be inserted in the October Diary.

STOP PRESS!
PRINKNASH ABBEY CAFE IS OPEN AGAIN



Comings and Goings

John Warner - 1937 - 2020

John was born at Edge in March 1937.

When he was very young he lost his father, and moved with his mother, sister Phyllis and brother Brian to live at the Wheatridge and attended Upton School. John's grandparents lived at Upton Mill, Bondend - here they kept a herd of milking cows and John enjoyed many happy hours there helping with the animals. After leaving the Crypt school and doing National Service in the R.A.F. John worked at the Forestry Commission headquarters near Lydney. He met Sandra at a dance in 1960 and that year returned to Upton St Leonards to take on a milk round, which he did for 25 years. John and Sandra were married in 1964 at Bishops Cleeve church and, alongside the milk round, they kept sheep for a while. Also running residential letting and stables and grazing – enjoying the freedom and wildlife of the countryside and their home at Portway, where they lived for more than 40 years. John will be remembered as an outdoor man, placid by nature with a good sense of humour, who said that he had always enjoyed every job he had done.

John passed peacefully away on May 14th at Saintbridge House Care Home, where he had been living since August 2017.

Compiled by his loving wife Sandra.





A tribute to John Warner from friends Ted and Graham

'A little more village history by way of a sort of obituary to one more of our stalwarts, gone forever from our village life. John 'Jacker' Warner passed away, leaving his wife Sandra – and joining his brother 'Brimmer'. 'Jacker' as we old village boys knew him, was a very good player for the local football team, and afterwards a reliable benefactor who would always be happy to contribute a premium sum to boost club funds. I use his nickname 'Jacker' with some fondness, he was one of us, by which I mean a village boy. We all had nicknames in those days, I call to mind a few you may know: 'Gilly' Ballinger, 'Ocker' Gobey, 'Nobby' Womack, 'Coxy' Avery, 'Tiger' Wood, 'Melie' Moore, and 'Longey' as he is still known. I was always Ted Gardner, and the other 'Nobby' was my cousin 'Nobby' Hayes, who, along with myself, were the instigators of this small snippet of village history. Long gone but not forgotten.

Don Webb RIP

We have heard that Don Webb died a few weeks ago. Many villagers will remember Don and his wife Audrey, who died a few years ago. Don worked locally in the RAF. One of his legacies to the Village was that he was a founder member of the USCAN footpath group, so as you pass through a gate or climb a stile do pause for a moment in his memory!

And now for a some Happy Events

Two new babies in Churchfield Road!

Alphie Jake born 19th May, son of Garry and Holly Paton and brother to Pippa who was also born in Upton **AND** Martha Elizabeth Kehoe born 1st June to Claire and Adam and sister to Stanley.

Welcome to new residents

Also in Churchfield Road!

Darren and Louise Walding, daughters Emily and Charlotte and their cat, Persephone.

We also have news that Paul and Laura (Paul a former resident of Six Acres) are delighted to announce the arrival of Charlotte Isabelle, born on the 4th July, sister to Penelope.

The Story of an Ash Tree

Haiku. Ash tree grows in the garden, keys fall, a forest grows, garden disappears.



I started life in a hedge dividing two fields in Upton St Leonards. In 1969 one of the fields was sold and I became part of the boundary of one of the new houses.

I was quite old by then and if there were strong winds I tended to shed quite a few old branches as well as all my leaves and ash keys throughout the year. My owners looked after me carefully and kept the ash forest at bay, but more and more branches kept falling, so after a few years I was trimmed and felt much better after that.

Life went on and during the next 20— 30 years I was regularly trimmed and fashioned. My trunk was never straight, I was quite a wayward shape and most of my trunk leant over the neighbouring field where my shade was cast over a public footpath.

In 2015 I suffered a major accident and an enormous bough fell into the garden, luckily not causing much damage. By this time I was the subject of a preservation order, so, after due inspection, it was agreed that my size could be reduced by a third. I felt and looked much better after that! At the same time it was discovered that I had acquired a fungus for which there was no known cure and that my trunk had started to decay. However I soldiered on giving shade to the field; garden birds came and went, but never nested, and a squirrel paid an occasional visit.

2020 came and so did Lockdown. My footpath became very much busier; I did not cope very well in high winds. The tree surgeon came to inspect me: he thought that there was a lot more decay of the trunk on the garden side which was putting more pressure on the part that was leaning over the footpath, the fungus had also increased.

He pronounced me a danger! Emails were sent off, the footpath was closed very quickly and on Bank Holiday Monday, May 25th, an enormous cherry picker drove up the field and the driver and tree surgeon took me down in just a few hours.

It was sad, but I had had a good long life. A little of me remains in the boundary of the garden, and next year my bare stump will be covered by a lovely Clematis Montana.

Ann Morphew











SPORT RESTARTS AT RECREATION GROUND

Some of you will have already seen that cricket games have resumed at the Recreation Ground. Upton 1st or 2nd team will have a game there every Saturday afternoon through August, every Wednesday evening there will be a game involving Upton or Coopers Edge midweek team, and there are youth games most Sunday mornings and Monday evenings.

The tennis club sessions have also resumed. These are on Sunday mornings and Tuesday evenings. You are most welcome to turn up and join!

Do you have any more lockdown stories for us to publish in the next magazine? If so, please send them in to the next editor (see page 19). Perhaps you are one of the many people who spent a lot of time cooking and have a special recipe to share, or maybe you created something new, grew some unusual plants or found some new way of passing the time with your family?

Letter to the editor:

Last month the newsletter mentioned the disregard to others when you burn your garden waste. So what about trimming your hedges and lopping your trees when they overhang neighbours' gardens and pavements? Please remember that it is difficult to keep to social distancing especially if your hedges overhang a footpath. So come on residents of Upton St. Leonards and keep our lovely village tidy and safe to walk around.

From a resident.

UPTON ST LEONARDS LIFE

Web site: http://usllife.org.uk
To contact us, use the website above or
the postbox by the Village Hall main
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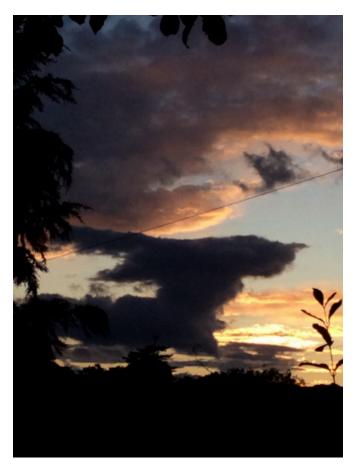
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Glorious sunsets brightened Upton's evenings even for people shielding at home.

Flowers and wildlife were a joy for walkers on Upton's footpaths.







Thanks to Jane for the flowers and to Teresa for the sunsets.