

Upton St Leonards Life

incorporating Church News

Issue 56

April 2019



Easter is coming!



What's been happening?

TWYVER WI REPORT FOR 11th MARCH

President Monica welcomed everyone and, after the previous day's show of snow and hail, we all heartily agreed with her that this was the last meeting of winter! A number of notices were given out including a visit to Kew Gardens and a performance of Richard III at St Andrew's Church Hall in Churchdown on 16th May. Members were encouraged to visit the WI Centenary Vintage Village Show on 6th July in Cirencester Park, where entry is just £1.

Sandie Baker spoke to the group about Pennies for Friendship for the Associated Country Women of the World (ACWW) and the Women Empowered Fund. Projects relating to Education, Nutrition, Sustainable Agriculture, Income Generation, Sustainable Water, Sanitation and Energy and Maternal and Reproductive Health all need funding. By supporting just one of these projects, huge improvements can be made to communities around the world.

Millie Barnes also addressed the membership regarding the Healthy Living Group and posed a number of questions. The audience were invited to attend tomorrow night's meeting where the answers would be revealed.

The next meeting will be held on Wednesday, 10th April in the Pavilion at 7pm, where attendees discuss a wide range of health related topics.

Five years ago one of our members succumbed to Pancreatic Cancer. A Charity Line Dancing Event has been held annually to support further research. To complement this fundraising, Jackie Hunt ran a lucky dip raising a further £20.

Our speaker for the evening was Joanna Mckerlie who entertained us with her 'Humorous Readings' from Pam Ayres, Stanley Holloway and Joyce Grenfell, to name a few. Joanna was a natural story teller and delivered her prose with precision timing! The vote of thanks was given by Penny Owen.

Our next meeting will be held on Monday, 8th April in the Village Hall at 7.30pm when Christina Snell will talk to us about the work of a Community Celebrant.

New members are always welcome.

ABBEYDALE GARDEN CLUB

Our speakers for the meeting on February 18th were Sue- n- Sue who gave us a fascinating talk on "Wild Flowers in the Cotswolds".



We were amazed by the number and variety of plants, and Sue explained how some were used in early medicine. Their talk was illustrated with some wonderful photographs, some being available in a range of greeting cards.

Our speaker at our next meeting on Monday April 15th is Jan Mason who will be giving us tips on Spring Gardening. Visitors and new members are most welcome to our meetings which are held at 7.30pm in the Village Hall.

Maureen Freshney



BMI Spring Quiz

The BMI quizzes are proving to be more popular than ever with over 80 quizzers in 20 teams competing on Saturday 16 March. The booking sheet was actually full two weeks before!

Wilkie's Wonders were the winners once again with a score of 214. Well done to them, and there were many teams who were not too far behind. *The Captain's Table*, being the team with the lowest total, were in fact "winners", as they qualified for a free drink each!

Including a raffle on the night, a total of £208.05 was raised. This has been added to the BMI charity for 2018-2019. To date the amount raised for CLIC and Prostate Cancer is over £1000 and we hope it will be over £1500 before the end of May.

We are always grateful to Eric for compiling the quiz and to everyone who attends. The next quiz will be in June.

What's been happening? continued

Successful raffle!

At a recent regular Monday coffee morning, a raffle was held in support of the BMI charities for this year, Prostate Cancer and CLICK,. The amount of £120 was raised. A wonderful effort by all who donated prizes and purchased tickets.

UPTON ST LEONARDS WI - MARCH REPORT

President Lynne welcomed all ladies and read the minutes of the previous meeting. We received a thank you letter from the secretary of SS Great Britain Society, also asking for volunteers to help at the Bristol based museum. Our summer outing on July 9th takes us to see Brunel's masterpiece. On Friday 21st June Angela is hosting another strawberry tea in her garden on Upton Hill. The lunch club meet at Rose Tree Farm Kingsway on March 19th. A reminder about Upton Spring Show on 30th March where our entry is a knitted garment to be donated to Eastwood Park mother and baby centre. Schedules available from the village shop. Reminders also about our visit to Kew Gardens, Judy's workshop and the AGM in Cheltenham. On October 5th we are holding a fund raising evening with the Gloucester Ukelele Band, tickets available soon. A Christmas Lunch at Highgrove is also being planned.

An evening of fun followed when we played Beetle, followed by a quiz. Hilarity from the start with shouts of laughter followed by a call "beetle" had us in uproar. Some serious players were on board moving around the room, others just staying put. The quiz, set by Helen, got our thinking caps on with some difficult questions and some partial adverts to identify. Sharing good company, fun and conversation is what the WI is all about.

We meet again on Monday 1st April at 7.30pm when our speaker Mike Bottomley will give us a talk on Katherine Parr, last wife of Henry VIII.

All ladies are very welcome

Kathy Quant

RENTACROWD

We are told it was one of the best Rentacrowds for a while. Pictured here are "Happy Hour", "Time for Bed" and "Doing Time Inside", all, of course, on the theme of time. The winners for the best group were "Time for Bed". Sue Merigold and Richard Merigold, both in "Happy Hour" won best lady and best man.



What's been happening cont'd

LIFELINK COMES TO THE COFFEE CLUB

On Monday mornings when the Coffee Club meets at the BMI sometimes we have a visitor to give us useful information. It was Laura from LIFELINK who came along on 4th March. She spoke about a service for people who might be alone at home and need help in an emergency. As I missed her talk myself, and maybe others did too, I asked LIFELINK to send a brief outline of what their company can offer. *Barbara Swindin*



Complete peace of mind for you and your family from as little as 53p a day:

with a free alarm and installation included, Lifelink ensures at a push of a button help is with you 24/7 through our dedicated call centre service, so you and your family know that someone is there for you when you need it most.

From as little as 89p a day:

we also provide a 24/7 Responder service through a fully trained team, who will act as an emergency contact.

Our First Responders are:

- " Fully trained in first aid and manual handling
- " Fully equipped vehicles with first aid and lifting equipment
- " Fully Insured

To ensure we can assist you back on your feet after a fall.

Contact us for a no obligation visit on www.lifelink.uk.com, call 01452 833133 or email info@lifelink.uk.com

Lifelink Responder Pauline says "We know that as loved ones get older or experience health problems this can become a real worry for them, their friends, family and carers"

MOG'S HAPPY DAYS PRIVATE HIRE
"Why drive when you can be driven?"

LEWIS MORGAN
Chauffeur

07814 947587
lewismorgan58@live.co.uk

Hi! I'm Lewis Morgan, Gloucester born and bred family man. I've been driving safely for 40 years.

Independent Private Hire for up to 4 persons plus ample luggage space.

UK Holiday destinations, Airports, Weddings and Parties. Cheltenham and Chepstow races, shopping trips, hospital appointments.
OAP discount.
Just ask for what you need and see if I can help!

07814 947587
www.mogshappydaysprivatehire.co.uk

Brothertons
Accountants & Tax Advisors

Personalised, friendly service to local business owners and individuals

All Aspects of Accountancy:

- Self Assessment Tax Returns
- Sole Trader Accounts
- Limited Companies
- VAT
- Payroll
- Bookkeeping

*Local family firm
Established 1998
Free initial meeting
Fixed quotes*

2 Abbeymead Avenue, Gloucester GL4 5ER
01452 311711
www.brothertons.co.uk
email info@brothertons.co.uk

 **John Weygang**
OPTOMETRIST

Your local practitioner, providing the highest quality eye care, including **FREE NHS Eye Tests**, specialised products and services for you and your entire Family

Please contact our Churchdown practice if you would like to arrange a Home visit

LOCATIONS : ABBEYMEAD 01452 306807
CHURCHDOWN 01452 855484 | GLOUCESTER 01452 522118
HUCCLECOTE 01452 619100 | QUEDGELEY 01452 721108
www.weygang.co.uk

What's been happening? continued

40 years of The Upton St Leonards Progressive Supper



The week commencing 21st of January 2019 saw chefs in all parts of Upton St Leonards planning menus, collecting ingredients, setting splendid tables and arranging flowers. All in celebration of the 40th anniversary of the "Progressive Supper".

The original "Progressive Supper" was held on the 31st March 1979. Organisers then were Nick and Libby Rowles and 21 couples took part. So popular was this event that from 1979 to 1993 two "Progressive Suppers" were held each year. By 2013 the use of computers and spreadsheets had made the task of the organisers a little simpler.

For those who have never experienced this delightful event - the evening brings together people from all over the village to enjoy good company and delightful food and drink. The evening commences at the home of the organisers with drinks and nibbles. It is here that envelopes are handed out to each couple, giving the details of where they will be partaking of their various courses i.e. Starters, Main Course, Desserts (*including cheese*) and coffee. If it all works as it should, each couple dines with different participants at each course usually in groups of six or eight.

Helpful accoutrements are stout shoes, torch, umbrella and warm coats. Footwear can always be carried and then changed at each destination. At this year's "Progressive" it was nice to see two couples who participated in the first event – Sue and Paul Mantle and Pauline and Richard Sugdon.

Many thanks to this year's organisers, Gill and Steve Mew, well done and no one got lost.



If you would be interested in taking part in 2020 then Steve and Gill are happy for you to contact them . Looking forward to seeing you next year. Cheers 'til then.

Teresa Clarke

MICHAEL TUCK
Your LOCAL ESTATE AGENT

SOLD IT!

FREE VALUATIONS CARRIED OUT WITHIN 24 HRS IF REQUIRED

01452 612020
www.michaeltuck.co.uk

 **CHORLEY'S**

GLOUCESTERSHIRE'S FINE ART AUCTIONEERS

Free auction valuations
Regular fine art & antiques sales
Insurance & probate valuations
01452 344499
enquiries@chorleys.com
www.chorleys.com
PRINKNASH ABBEY PARK GL4 8EU



Rachel Harris
Dip CFHP MPSPract
Foot Health Practitioner
Home visits for all your footcare needs
Professional and courteous service
In the Gloucester area

07791 901 220
rachelh391@googlemail.com

What's coming up?

Entertainment Nights at the BMI

From 8.00p.m.

Saturday 13th April

"Ian Oliver"

Saturday 11th May

"Paul Keyse"

Open to club members and signed in guests



SUMMER SKITTLES AT THE BMI

It won't be long until the summer skittles competition will begin once again at the BMI. This is always a friendly competition and takes place during June and July with the final at the beginning of August.

The booking sheet is on the notice board in the BMI, and there may still be time to enter your team. There is a maximum number of 16 teams.



The Royal George, Birdlip

The Royal George presents
Sat 20 April 9pm-late
★ **Tribute Night** ★
Edward Jackson's
Tribute to
Michael Jackson

Live Music every Friday night 9pm-11pm
Quiz Night every Wednesday 8.30pm
Tribute Nights - keep an eye out for some great artists throughout the year. 01452 862506





Courtlands Dental

Set in the heart of Gloucester, Courtlands Dental Practice offers the care and attention you would want from your dentist:

- Welcoming and friendly practice with a relaxed atmosphere
- General, restorative and cosmetic dentistry, including implants. We cater for NHS, private and Denplan patients
- Payment plans to help you budget for your dental care
- Facial aesthetics - botox

01452 304800 reception@courtlandsdental.co.uk
www.courtlandsdental.co.uk
Come and see us at:
208 Painswick Road | Gloucester | GL4 4PH

Bring this advert with you and you'll be entered into our monthly prize draw for half-price tooth whitening.
(Valid until March 2019 and on sign up to Denplan. Treatment not suitable for all patients)

 Courtlands Dental

What's coming up? continued

A date for your diary

The UpStagers Drama Group's next production

Special Features

a comedy by Nick Broadhead

June 6th, 7th & 8th 2019

at Upton Village Hall

More details next month

CHURCH COFFEE CLUB

I'm sure you all know about the Monday morning coffee club at the BMI. People perhaps aren't quite so familiar with the other Village coffee morning that meets every Tuesday morning in the Church. It is just as friendly, a place to come and chat and meet old friends and make new ones. Not quite so noisy as the BMI! Tea and coffee served from 10am until 11.30 and you are very welcome to turn up any or every Tuesday. All profits are divided between the Church Fabric Fund and Christian Aid. Refreshments are preceded by a short morning prayer service starting at 9.30am to which all are also welcome.




WANTED
PATRICK OLIVER ANTIQUES

Furniture, clocks, silver, jewellery, books, watches, medals, toys, pens etc.
COMPLETE HOUSE CLEARANCES
4 Tivoli Street, Cheltenham, GL50 2UW
LAPADA member
Valuations for insurance, probate & dispersal
Tel: 01242 519538 / Mob: 07970 052808

A La Carte Private Hire

Mobile: 07748 235164
sandravalklett@gmail.com
Sandra Walklett
Any distance
Airports, Seaports, etc
Quotations without obligation


Parish Council News



The **Adult Gym** has been installed at our Recreation Ground and on **Monday 29 April** we will have a short **Opening Ceremony at 6.30pm** led by Keith Pearson as Chairman of the Parish Council. Come and see it then, if you haven't already.

We hope to have Keith Rippington in attendance (our County Councillor) who was very supportive in getting match funding for our initiative.

There will be tea/coffee/soft drinks available in the Pavilion after the brief ceremony.

Monday 29 April - The Parish Council Annual Meeting

The **Annual Parish Council Meeting** is on **Monday 29 April at 7.00pm in the Pavilion**. All residents are most welcome, and encouraged to attend. It's your chance to hear about all the business of managing the Village. There will be reports from Parish, District and County Councillors and reports from other Village organisations such as the school, USCAN, USL Life, the Village Hall. You get the chance to ask your Parish Councillors about any matter relevant to them.

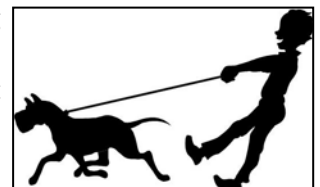
REMINDER!

Monday 15 April USL LIFE AGM at 7.30pm followed by USCAN AGM at 8.15pm in the Pavilion

Tuesday 16 April VILLAGE HALL AGM at 7.45pm in the Village Hall Annexe

Jubilee Nature Reserve & dogs

In last month's newsletter there was a mention of a new gate between the dog walking area and the Jubilee Nature Reserve. People have been concerned that this means dogs can easily get into the reserve. It's fine, of course, to visit the reserve with your dog, but it must be on a lead, and make sure that gate is shut behind you. If it looks as if dogs are getting into the reserve un-leashed, the gate will be locked. The reserve only remains a true reserve if it is relatively undisturbed and treated with care and respect.



The BMI Club

(Est 1898)

Bondend Road
Upton St Leonards

Members Club, new members welcome.

Two bars, wide screen TV with Sky/BT Sports. Snooker /Pool Tables. Skittle Alley.

Regular entertainment nights.
Function room hire.

Annual Fee £10 plus £5 joining fee.
Senior Citizens half price

To join just call in and see Alec our Steward for details.
Open Mon-Fri lunchtimes & evenings.
Sat-Sun Open all day.
<http://www.bmiclub.co.uk/>
Tel. 01452 616384

Hill Farm Cottages

Upton Hill, Upton St Leonards, GL4 8DA

Self-catering cottages well furnished and equipped with the comforts that will make a stay in the Cotswolds one to remember fondly. Each cottage has full central heating and a colour television in the lounge. Towels, tea towels and attractive bed-linen are all provided for you; all you need to bring is food.

01452 614081

hillfarmcottages@hotmail.co.uk



J. BIRD CHIMNEY SWEEP

Traditional and Power Chimney
Sweeping from £40

Open Fires, Boilers, Cookers and
Stoves Serviced

Chimney Pots, Cows and Bird Guards Fitted
Flue Liners and Stoves Installed to
Latest Regulations

Cctv Chimney Camera Surveys

PHONE ME TODAY FOR AN APPOINTMENT

01452 521732

07973 905151

sootybloke@blueyonder.co.uk





St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Priest in charge:	Rev. Clodagh Ingram
Curate:	Rev. James Turk



Rev Clodagh Ingram Writes

The Prodigal Son – The Prodigal Daughter

Christians in Upton and around the world are marking the season of Lent, the 40 days which lead up to Holy Week and Easter when we remember the events surrounding

Jesus death and resurrection. Within this season we acknowledge our sinfulness and recognise that without forgiveness there is only death, death of our spiritual life when we do not turn to God and death of loving relationships when we are hard hearted towards others.

Last week as part of our bible reading challenge I read Luke Chapter 15 which contains three stories about something precious that was lost and then found and the rejoicing that takes place when the lost has been found and restored to its rightful place. Jesus was giving us a glimpse into God's heart – he loves sinners and he is waiting for them to return to him. God is more interested in repentance than punishment. Jesus tells the same story in three ways, the lost sheep, the lost coin and the lost son, otherwise known as the prodigal son – the word prodigal means unwise squandering of a precious resource

As I read the story of the prodigal son something struck me very powerfully. What if I re-read the story and replaced the nameless boy with the name Shamima Begum. The week before the young woman's story and the birth of her son had been in the news. At the time I had been surprised by the lack of compassion there appeared to be for her situation and I had been thinking about her and the many other young people whose lives have been irrevocably changed by their entanglement with the Islamic State Group. I had also been thinking about the impact on their families and communities. During that same week I had been reading Michelle Obama's biography, 'Becoming'. Michelle had been in the glare of the world media married to one of the most powerful men in the world and she was not protected from hatred and prejudice and lies being told as truth. The two women's stories are very different but it seemed very clear to me that despite the amount of news and media coverage any story receives we often do not know the whole truth of a situation.

I invite you to look at the sky news report

<https://news.sky.com/story/is-bride-shamima-begum-gives-birth-in-syria-11640060> at the very end of the report Shamima is asked what she would say to her family right now if she could, she says: "Please don't give up on me, I want to come home". She also says, "I need their help (family) ... I am sorry

for leaving" Those words have not been part of any of the headlines that have lead the coverage of Shamima's story as far as I have been aware.

I now invite you to read the story of the prodigal son (written below) and then reread it putting Shamima's name or the name of someone whom you are struggling to forgive into the story and notice how that makes you feel. If you would like to talk about forgiveness and the lack of it do get in touch with me or Rev Turk and we would be pleased to talk with you.

Clodagh

The Parable of the Lost Son

Luke 15 vs 11-31 New International Version

- 11 Jesus continued: "There was a man who had two sons.
- 12 The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them.
- 13 "Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living.
- 14 After he had spent everything, there was a severe famine in that whole country, and he began to be in need.
- 15 So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs.
- 16 He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything.
- 17 "When he came to his senses, he said, 'How many of my father's hired servants have food to spare, and here I am starving to death!
- 18 I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you.
- 19 I am no longer worthy to be called your son; make me like one of your hired servants.'
- 20 So he got up and went to his father. But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.
- 21 "The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'
- 22 "But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet.
- 23 Bring the fattened calf and kill it. Let's have a feast and celebrate.

Continued on page 10

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Church Calendar for April

Sun 7	8.00 am	Holy Communion service
	10.00 am	Celebration Service
Mon 8	4.00 - 4.30	Evening Prayer
Tue 9	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 10	4.00 - 4.30	Evening Prayer
Sun 14	10.00 am	Palm Sunday
		Communion Service
Mon 15	4.00 - 4.30	Evening Prayer
	7.00 pm	Holy week reflection
Tue 16	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
	7.00 pm	Holy week reflection
Wed 17	4.00 - 4.30	Evening Prayer
	7.00 pm	Holy week reflection
Thur 18	7.00 pm	Maundy Thursday
		"Do this in remembrance of me"
Fri 19	10.00 am	Good Friday
		Walk to Prinknash Abbey and follow the unfolding story
	2.00 pm	Hour at the Cross
Sun 21		Easter Sunday
	8.00 am	Holy Communion
	10.00 am	Easter Praise and Communion
Mon 22	4.00 - 4.30	No Evening Prayer
Tue 23	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
Wed 24	4.00 - 4.30	Evening Prayer
Sun 28	10.00 am	Communion Service
	4.00 pm	Word & Worship
Mon 29	4.00 - 4.30	Evening Prayer
Tue 30	9.30 - 9.50	Morning Prayer
	9.50 -12.00	Coffee & Chat
1 st May	4.00 - 4.30	Evening Prayer

Continued from page ??

- 24 For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.
- 25 "Meanwhile, the older son was in the field. When he came near the house, he heard music and dancing.
- 26 So he called one of the servants and asked him what was going on.
- 27 'Your brother has come,' he replied, 'and your father has killed the fattened calf because he has him back safe and sound.'
- 28 "The older brother became angry and refused to go in. So his father went out and pleaded with him.
- 29 But he answered his father, 'Look! All these years I've been slaving for you and never disobeyed your orders. Yet you never gave me even a young goat so I could celebrate with my friends.
- 30 But when this son of yours who has squandered your property with prostitutes comes home, you kill the fattened calf for him!'
- 31 'My son,' the father said, 'you are always with me, and everything I have is yours.
- 32 But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.'

Maundy Thursday

18th April

Do this in remembrance of me



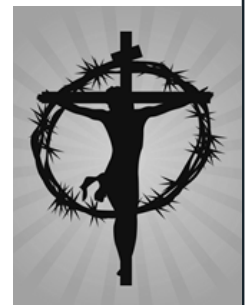
Maundy Thursday Service will begin at 7.00 pm at the BMI with a simple Passover Meal. If you wish to attend please sign up in Church or by contacting Rev Ingram.

There will be a charge for the meal to cover its cost.

Good Friday

19th April

The walk on Good Friday will start at the church gate and will be mostly off road and suitable for families. For those who would like to participate but are unable to undertake the walk there is the opportunity to meet at Prinknash for the final part of the Good Friday Story and refreshments to include hot cross buns. The whole event will be taking place out of doors.



Mothers' UNION

2.00 pm at St Oswald's Church
Maundy Thursday April 18th 2019
Communion Service

Bell Ringers Practice Night

Every Wednesday Evening
At the Bell Tower
7.30 pm until 9.00 pm
Anyone interested in joining us please contact
Charlie Burnett
Newcomers welcome no experience necessary

St. Leonard's Church News

Website: www.uptonstleonardschurch.co.uk

Notice of Annual Meeting of Parishioners (AMP) to appoint Church Wardens

Everyone on the Church Electoral Roll or resident in the village is invited to attend followed by Annual Parochial Church Meeting (APCM) open to those on the Church Electoral Roll both to be held at St Leonard's Church on Sunday 7th April 2019 at 12.00 noon

Alpha Course

Wednesday May 1st to

Wednesday 26th June

7.30 pm - 9.00 pm

at

Upton St Leonard's Primary School

Alpha is a series of sessions exploring the Christian faith

Contact Rev Ingram if you are interested in coming along or if you would like more information

07583754960

rev.clodaghingram@gmail.com

Clodagh is available to be contacted Sundays through to Wednesday



Some comments from our last Alpha Course

The Alpha Course is an Evangelistic Course which seeks to introduce the basics of the Christian faith on which all denominations are in general agreement. Through a series of talks and discussions, they can be run in Churches, homes, workplaces and a wide variety of other locations and work through Jesus' birth, life and resurrection.

Each week we watched a film presented by Nicky Gumbel, we studied the life and teaching of Jesus. I found Nicky very inspirational and made me keen to learn more about my faith.

Made me more receptive to whatever may come next.

Great to get to know our church family

I took something positive away from every session.

Affirmed things I had been feeling and gave me plenty more to think about!

After the film each session, we had discussion time, and they have shown me how much I have yet to learn about my faith, and this has encouraged me to purchase a new Bible and spend time reading passages that I was really not familiar with.

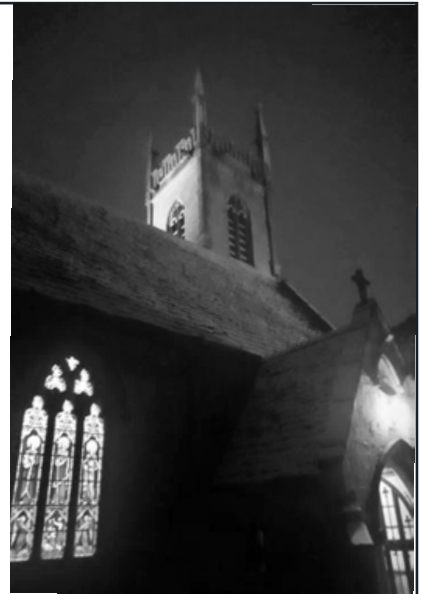
I enjoyed listening to two young people who spoke with others around the world, whether they believed in God and the teachings of Jesus. These two journeyed through the Holy Land, and their thought provoking reflections, reminded me of my own visits there.

Tower Floodlighting

On Mothering Sunday, the Tower Lights were lit in remembrance of Joy Hill, as well as on the 3rd March on what would have been her 91st birthday, a dearly loved Mother to Carl, Mother-in-law to Jenny and Grandmother to Rebecca.

On the 27th April, the Tower Lights are lit in remembrance of Norma Brinkley, whose birthday it would have been on this day. Kindly sponsored by her Son, Alan.

If you or your family would like to have the Church Tower Floodlights lit to celebrate a special event such as a birthday/anniversary/ Baptism or in remembrance of a loved one please contact Jenny Cunningham for more details. There is no set amount for this, just what you would like to gift to the Church in order to help cover running costs. If you are able to Gift Aid your donation this will help us too. Please note that the deadline of the Church News is the 10th of the preceding month.



Who's who at the Parish Church

<p>Priest in Charge: Rev Clodagh Ingram</p> <p>Curate: Rev James Turk</p> <p>Churchwardens: Keith Robbins Rachel Hall</p> <p>PCC Secretary Sarah Kent pcsecretary@uptonstleonardschurch.co.uk</p> <p>Church Treasurer</p>	<p>Baptism & Wedding Enquiries: Church Administrator - Jenny Cunningham</p> <p>Deanery Synod Representative Dorothy Cox</p> <p>Bell Tower Captain: Charlie Burnett</p> <p>Mother's Union Rachel Hall</p> <p>Church Cleaning Rota Claire Appleyard</p> <p>Church Flowers Jenny Cunningham</p> <p style="text-align: center;">Vacancy</p>
---	---

Your qualified village electrician

MJBoon

Electrical

☎ 07773 626241

✉ matt@mjboonelectrical.co.uk

- Free estimates and advice
- All aspects of electrical work undertaken

DOMESTIC INSTALLER

LAWNMOWERS

SERVICED - SHARPENED - REPAIRED

ALSO: RIDE-ON MOWERS, CHAINSAWS,
ROTAVATORS, STRIMMERS, HEDGE
TRIMMERS ETC.

COLLECTION & DELIVERY AVAILABLE

CHELTENHAM MOWERS LTD

01452 616169

Unit B3, Nexus, Hurricane Road,
Gloucester Business Park, GL3 4AG

Visit and buy on-line www.mowers-online.co.uk

N.T. Boothroyd

Plumbing & Heating

Est. 1986

All Plumbing & Heating Work
Undertaken & No Job too small !

Boiler & Fire Servicing
Central Heating Systems
Landlord Certificates, etc.

Glos: 01452 552192
Chelt: 01242 250497
Mob: 07816 103709
ntboothroyd@hotmail.co.uk

A NEW DISCUSSION GROUP IN UPTON ST. LEONARDS

DISCUSSING DYING may not seem to be a very pleasant topic, but a few brave people turned up at Mary Russell's to discuss the idea of forming a wider group to help villagers get to grips with this subject that so many of us find hard to contemplate even though it is something that will affect us all in due course if it hasn't already done so. As Mary had already indicated in her note entitled **Quality of Death** in the February edition of USL Life, there are many topics and issues related to the subject of death, and it is our hope that a discussion group may not only inform but also support anyone who needs help or thinks they might need assistance in the future.

The atmosphere at the initial meeting was far from sad. We shared a few experiences and expressed our concern about aspects of death and dying that might have been easier to understand if we had had more knowledge at the time. So we hope that some more people in our community might come and join us for our inaugural discussion group meeting:

WEDNESDAY 24 APRIL

2.00pm - 4.00pm

at the Pavilion

We will be welcoming Andrew Wasley from the Coroner's Office to stimulate awareness and dispel misunderstanding about the Coroner's role.

Active discussion and the sharing of ideas and experiences will be encouraged as well as suggestions for future topics and individual or small group research.

It is anticipated that future sessions might include a representative from a range of organisations and communities to allow us to question what we do and why we do it around death and dying.

If you want to know more please contact Mary Russell.



**David
Cridland
Contracting**

Fencing, Ground
maintenance and
groundwork contractor

3 Ton mini-digger with driver available

All types of fencing supplied and erected.
Hedges cut. Trees pruned. Ground cleared.

From small gardens
to farms, no job too small.

Service and reliability guaranteed

Fully insured 20 years experience

01452 311215 or 07836 279974

COMMELINES MILL FARM

UPTON ST LEONARDS GL4 8EG

Roger Brown

*Painter and Decorator
Free Quotations*

Telephone 01453 454724

Mobile 07554 637175



Family Run Business
Est. In 1968



*Fast, Friendly
& Dedicated Service
In Your Local Area*



CEDAR MOTOR HOUSE LTD

Grove Court, Upton Hill
Gloucester GL4 8DA

01452 617240 or 07976 322735

MOT TESTING WHILE YOU WAIT FOR PETROL
AND DIESEL VEHICLES

Diagnostic Fault Code Reading.

Vehicle Servicing & Mechanical Repairs.

Clutches & Timing Belts Replaced, Top Quality Tyres,

Batteries & Exhausts Fitted AT Competitive Prices.

Insurance & Accident Repairs.

Welding Service.

Servicing for New & Used Vehicles Using Genuine Parts

If Required, at Much Lower Rates than Main Agents. All

Parts and Repairs Complying with Manufacturers

Warranty Requirements.

Lube Service from £89 incl VAT

Interim Service from £129 incl VAT

Full Service from £175 incl VAT

*We are situated on Upton Hill in Upton St Leonards.
Grove Court is 100 yards past the Kings Head Pub on the
right hand side. Collection service available.*

GLOUCESTER FOODBANK - HELPING LOCAL PEOPLE IN CRISIS



To all those very kind people who support the Gloucester Branch of The Trussell Trust Food Bank, a very big thank you.

We don't think anyone in our community should have to face going hungry. That's why we provide three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis. We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK. (From Gloucester Food Bank Website)

One in five people in the UK live below the poverty line. These contributions are a life line to many people, from the young to those in their mature years. Your contributions help to provide them to get a balanced and nutritional diet for three days. There has been a greater demand with the introduction of Universal Credit and the associated difficulties in having to wait at least five weeks before payment.

Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference, with foodbanks helping prevent crime, housing loss, family breakdown and mental health problems. (From Gloucester Food Bank Website)

"Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher. Foodbank clients bring their voucher to a foodbank centre where it can be redeemed for three days' emergency food. Volunteers meet clients over a warm drink or free hot meal and are able to signpost people to agencies able to solve the longer-term problem." (Taken from Foodbank website)

I deliver to the Gloucester Food Bank from the contributions of non perishable (tinned /packets/long life milk or fruit juice) food and toiletries left in the Village Shop and Post Office and St Leonard's Church I will also collect from individual homes if they find these locations difficult to access. My thanks go to Raul and Seeta for their continued support from the shop and as acting as a collecting point of food.

During 2018 the following was delivered:

296.5Kg from the Village Shop and Post Office

249.36Kg from St Leonard's Church

253.8Kg provided by St Leonards C of E Primary School Harvest Festival

In addition to this I delivered the harvest from Chipmunks Harvest Festival to The Family Haven.

A splendid offering! Thank you to everyone who has contributed to these collections and your ongoing support is greatly appreciated by those helped by the food bank.

More information can be found on the Gloucester Food bank website.

Dorothy Cox

Trucuts

Trucuts welcomes "Flawless Beauty" by Jess, to the salon from April 10.

Jess will be working on Wednesdays and Saturdays, with the intention of building up to further days.

Jess is a qualified Beauty Therapist offering a range of professional treatments, ranging from facials, waxing, massage and nails, all at competitive prices.

We thank the village for its continued support and know you will welcome

Jess with the same warmth. **Please come and meet Jess on Saturday 4 April at 4pm** for her launch party, where you can ask her questions and find out more, see our refurbished beauty room and nail bar area.

Trucuts - Churchfield Road - Phone 619920



A GHOST'S DEN

by Ann Pearson

*Written in November 1986 (aged 10)
after a school trip to a mine in the Forest of Dean*

Forty eight hours I was down there,
That's two days in all,
Just one tiny cheese sarny and nothing to drink at all,
The drip, Drip, Drip of water,
The dirt and the cold,
Were all had to cheer me up,
No laugh or talking with me mates,
There was just me and the Ghosts.

I thought of all the other men,
That might have been like me,
Trapped in the mines,
And without their cold tea,
That's what I could do with now,
To soothe the aches and pains,
When suddenly I heard a noise,
The wall above me fell,
I saw a friendly face stare in,
It said "Come on out then Bill",
I'd been saved after all,

But what about those other men who lay dead,
In what might be a Ghost's den.

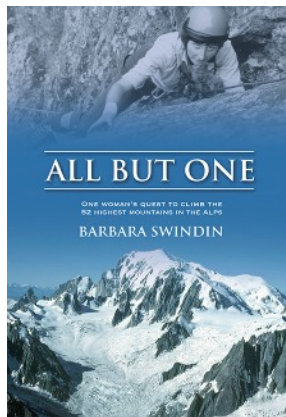
BOOK REVIEW

Here we highlight a book written by an Upton St Leonards' resident and one of our USL Life editors:

All But One by Barbara Swindin

The book, published in 2012, highlights Barbara's attempt to become the first British woman to climb the 52 highest mountains in the Alps. The challenge is to reach the summit of the Alpine Four-thousanders. These are mountain summits at least 4,000 metres (13,123 feet) above sea level. Although climbing these peaks does not require an expedition to be mounted, knowledge and experience of high altitude climbing is a prerequisite for attempting them.

Barbara's delight in climbing in the Alps permeates her writing. She also describes the 'petticoat pioneers' who tackled alpine routes in previous decades when mountaineering was considered to be strictly a masculine endeavour. The title of the book clarifies that Barbara successfully completed 51 of the 52 climbs. We salute our local hero and recommend All But One to you.



WALKIES

by Val Doll, Churchfield Road resident

Life is pretty good when you're in the right place
Naughty titbits and a nice easy pace
When you've reached middle age you just want to relax
Another half hour on the sofa perhaps.
I open one eye and see the cat on the chair
And roll on my back four legs in the air
The blanket is warm and the cushions are soft
And I can feel myself gently drifting off.
Don't know where they'll sit when they finish their tea
Hope they shove the cat off and not me
For I'm cosy and snug and most content
After chasing the ball - another busy day well spent.
"Walkies, Fido" I hear the dreaded call
The sound of activity in the hall
The pulling on of boots and the jingle of the lead
How many walks do these people need!!
At my mature years one stroll is enough
We go 'round the block and I'm quite out of puff
So let's get back quick and onto the chair
I'll stretch out again - no Kitty I'm not going to share!

**HAIKU - three line, seventeen syllable
Japanese poems by Ann Morphew**

The sun shines, the birds sing
I listen
And do not weed the garden

Ash tree grows in the garden
Keys fall, a forest grows
Garden disappears

Goldfinches feed on the bird table
Pigeons feed below
Rats clear the scraps

FIT TO DROP

by Ted Gardner, High Street resident.

'Tis another Sunday morning and it's chucking it down again!
And there goes another jogger panting up the lane.
That's five I've seen this morning, they must be going mad,
If this is all the fun this weekend holds it must be really sad,
To run around our village in the pouring rain
And then come back next weekend and do it all again.
They park up by the village hall and put on their running pumps
And off they go through rain and snow around the potholes and
the humps.
I suppose they do it to keep fit, though I've often wondered why
Because waking up each morning is keep fit enough for !!

Our Village Green

All villages have a village green, don't they? We have one, and last month's cover showed a wonderful photo of it taken a year or so ago by our photographer Jim Browne. Surprising as it may seem, however, it isn't an ancient historic village green one imagines it must be by its location and its look. Anyone who lived in the village before about 1965 will be able to tell you - there wasn't a green there! The place we now call the Green was part of the garden and a paddock belonging to Mr & Mrs McLean who lived in Churchfield House. When the new houses were built, from about 1967 onwards, the McLeans donated the land to the Village. What a magnificent gift! The Parish Council at the time then installed a small garden, with a bench, small walled rose beds and two commemorative stones at the corner of Bondend Road and Churchfield Road, with a hedge behind, and the rest of the area was more or less unused and unseen. In 1999 the Village Sign, designed by David Hoare of the Wheatway, was put up as part of the Millennium celebrations.

Then in about 2013 Carol Evans and others realised we were missing a trick. The hedge was removed, the bench and commemoration stones were moved some way back, the raised beds were removed and replaced with flat paving and a wonderful Village Green opened up in time for the Village Day 2014. It was a pleasure to report the "opening" of the Green in the first edition of this newsletter.

The map here is taken from the Ordinance Survey map dated about 1900; the area we now call the Village Green is marked by white lines.



Do you need help around your home?

"Being local, I'm a very Handy Man!"

With over 30 years experience, here are just some of the jobs that I can do to help you improve and maintain your home.



Tiling

SPECIALIST



Bathroom installations



Hall, stairs & landing



Painting & decorating

Friendly, Caring, Trustworthy Service from a Friendly, Caring Person at Really Friendly Prices.

For a FREE quotation please ring me, David Holder on
Tel: 01452 611866 Mobile: 07977 099996
or Email: holdermaxine@aol.com

DJH Home Services, Gloucester Established 1984

Rhys James Fencing

All types of fencing and gates supplied & fitted. From minor repairs to complete new fence, I offer a fast & friendly service.

Local contractor, fully insured, established over 20 years.

Garden work undertaken. Trees removed, stumps ground, hedges cut. All waste responsibly disposed of.

The Lodge
Rance Pitch
Upton St
Leonards

07931 380463 / 01452 372051

rhysjames64@outlook.com

and on facebook

Approved Contractor to Local social housing Association and the Diocese of Gloucester

TURN TO US FOR HELP AND SUPPORT

In your time of need we'll take care of all the funeral arrangements.

Call us 24 hours a day.

- Funeral Pre-payment Plan
- Memorials

SELIM SMITH & CO FUNERAL DIRECTORS

HERON LODGE, PAINSWICK ROAD
GLOUCESTER GL4 4QJ

01452 502685



Part of Dignity plc. A British Company

We have put as much in here as space permits.
 Events happening weekly are only shown for
 the first month or so

VILLAGE DIARY

APRIL

1	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
1	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
1	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
1	Mon	Yoga.....	Pavilion.....	5.30p.m.
1	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
1	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
2	Tue	Recycling and Food Waste Week		
2	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
2	Tue	Junior Jujitsu.....	Pavilion.....	4.00p.m.
2	Tue	Brownies.....	Pavilion.....	5.30p.m.
2	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
3	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
3	Wed	Bingo.....	BMI.....	8.00p.m.
3	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
3	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
4	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
4	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
4	Thu	Fitness.....	Pavilion.....	6.00p.m.
8	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
8	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
8	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
8	Mon	Yoga.....	Pavilion.....	6.30p.m.
8	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
9	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
9	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15p.m.
9	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
10	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
10	Wed	Healthy Living.....	Pavilion.....	7.00p.m.
10	Wed	Bingo.....	BMI.....	8.00p.m.
10	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
10	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
10	Wed	Copy Date for May issue of USL Life		
11	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
11	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
11	Thu	Fitness.....	Pavilion.....	6.00p.m.
13	Sat	Entertainment Night.....	BMI.....	8.00p.m.
15	Mon	Coffee Club.....	BMI.....	10.00-12.00p.m.
15	Mon	Yoga.....	Pavilion.....	6.30p.m.
15	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45p.m.
15	Mon	USL Life AGM.....	Pavilion.....	7.30p.m.
15	Mon	USCAN AGM.....	Pavilion.....	8.15p.m.
16	Tue	Recycling and Food Waste Week		
16	Tue	Needles and Pins.....	Village Hall Annex.....	9.45-12.15p.m.
16	Tue	Village Hall AGM.....	Village Hall Annex.....	7.45p.m.
16	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
17	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
17	Wed	Bingo.....	BMI.....	8.00p.m.
17	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
17	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
18	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
18	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
18	Thu	Fitness.....	Pavilion.....	6.00p.m.
18	Thu	Pavilion.....	Ramblers.....	7.30p.m.
22	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
23	Tue	Rubbish and Food Waste Week/Garden Waste for those with Brown Bins		
23	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
23	Tue	Junior Jujitsu.....	Pavilion.....	4.00p.m.
23	Tue	Brownies.....	Pavilion.....	5.30p.m.
23	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.
24	Wed	Ladies Probus.....	BMI.....	10.00a.m.
24	Wed	Stitchers.....	Pavilion.....	10.00-12.00p.m.
24	Wed	Discussing Death.....	Pavilion.....	2.00-4.00p.m.
24	Wed	Bingo.....	BMI.....	8.00p.m.
24	Wed	Upstagers Amateur Dramatics.....	Village Hall.....	7.30-9.30p.m.
24	Wed	Bell Ringing Practice.....	Bell Tower.....	7.30-9.00p.m.
25	Thu	Senior Circuits.....	Pavilion.....	10.00-10.45a.m.
25	Thu	Tai Chi.....	Village Hall Annex.....	9.30-10.30a.m.
25	Thu	Get Together Club.....	Village Hall.....	2.30-4.30p.m.
25	Thu	Fitness.....	Pavilion.....	6.00p.m.
25	Thu	Ramblers.....	Pavilion.....	7.30p.m.
26	Fri	Pilates.....	Vi Hall Annex.....	11.30-12.30p.m.

29	Mon	Yoga.....	Village Hall Annex.....	10.00-11.30a.m.
29	Mon	Coffee Club.....	BMI.....	10.00a.m.
29	Mon	Yoga.....	Village Hall Annex.....	12.15-1.45p.m.
29	Mon	Opening of gym equipment.....	Recreation Ground.....	6.30p.m.
29	Mon	Parish Council Annual Meeting.....	Pavilion.....	7p.m.
30	Tue	Recycling and Food Waste Week		
30	Tue	Needles & Pins.....	Village Hall Annex.....	9.45-12.15p.m.
30	Tue	Junior Jujitsu.....	Pavilion.....	4.00p.m.
30	Tue	Brownies.....	Pavilion.....	5.30p.m.
30	Tue	Badminton.....	Village Hall.....	8.30-10.30p.m.

Regular weekly events not listed below this line

MAY

13	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
16	Thu	History Group - Quaint and Quirky.....	Village Hall.....	7.45-9.15p.m.
17	Fri	BMI AGM.....	BMI.....	Time tba
20	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45p.m.
20	Mon	Lady Downe Charity (date tbc).....	Upton St Leonards School.....	7.30p.m.
22	Wed	Ladies Probus.....	BMI.....	10.00a.m.
27	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
30	Thu	Get Together Club - Summer Lunch.....	Painswick Golf Club.....	12.30p.m.

JUNE

3	Mon	Parish Council Meeting.....	Pavilion.....	7.30p.m.
3	Mon	Upton WI.....	Village Hall.....	7.30-10.00p.m.
6	Thu	Upstagers <i>Special Features</i>	Village Hall.....	7.00p.m.
7	Fri	Upstagers <i>Special Features</i>	Village Hall.....	7.00p.m.
8	Sat	Upstagers <i>Special Features</i>	Village Hall.....	7.00p.m.
10	Mon	Twyver WI.....	Village Hall.....	7.30-10.00p.m.
17	Mon	Abbeydale Garden Club.....	Village Hall.....	7.30-9.45p.m.
19	Wed	Ladies Probus.....	BMI.....	10.00a.m.
22	Sat	Summer Quiz.....	BMI.....	8.00p.m.
24	Mon	Camera Club.....	Village Hall.....	7.00-9.00p.m.
27	Thu	Get Together Club.....	Village Hall.....	2.30-4.30p.m.
29	Sat	USL Life Party - open to all.....	Village Hall.....	Time tba

Contact Paula Quinn to get your event in the diary



The World Land Trust is an international conservation charity, which protects the world's most biologically important and threatened habitats acre by acre.

The Trust has projects all over the world, but only one in the UK. You might think that must be some famous location often featuring in TV documentaries. But it is here in Upton St Leonards! It is at the top of Portway, opposite the rear entrance to Prinknash Park. It is the Kites Hill Reserve.

WLT has created a haven for wildlife at Kites Hill by managing the reserve to restore and maintain natural habitats. With a nature trail and interpretation boards on

site, the reserve is both an education facility and a demonstration of the benefits of habitat management for conservation. The area is important for being ancient beech woodland (as is quite a stretch of the Cotswold escarpment around here). Key animal species present, among others, are marsh tit, wood mouse, wood warbler, serotine bat, common pipistrelle bat, soprano pipistrelle bat.

Do go and have a walk around! You won't be disappointed, though the chances of spotting any of the species listed above must be slim. Perhaps you could let USL Life know if you do.

Computer playing up?

- Virus, Spyware, Malware removal
- Slow Computer
- Printer setup or fault
- Internet or wi-fi problem
- Data Recovery and Data Transfer service
- Software fault diagnosis
- Computer Tuition
- Computer Health Check
- FREE telephone support for minor problems

Call Churchdown Computers

t: Mark on 01452 534668 or 07557 483438
e: mark@churchdowncomputers.co.uk
w: www.churchdowncomputers.co.uk

B.A. Electrical Services

Domestic & Commercial Insured & Registered

For all your Electrical Needs A Professional and Friendly Service

Quality Work at Competitive Prices For a Free Estimate call Bernie

01594 368607 / 07881 981352

USL Village Store

POST OFFICE

Mon-Fri 7am-7pm
Sat 7am-6pm
Sun 7am-12pm

Your Village Store and Post Office

SHOP LOCAL

SUPPORT LOCAL!

Rahul and Seeta
Churchfield Road 01452 618189

HEALTHY LIVING

Thank you to the Parish Council for the the wonderful outdoor gym equipment we now have at the Sports field. It really complements the facilities there. I have used it regularly and love to bits. It so nice to have it outside in the fresh air and everyone can use it for free. It puts Upton at the forefront of healthy living facilities. Well done to those working on our behalf, it is appreciated I assure you.

Millie Barnes

The Healthy Living Forum now has dates for the remainder of the year:

10th April
15th May
11th June
10th July
29th August
18th Sept
9th Oct
13th Nov
11th Dec

Venue: Pavilion 7pm

USL LIFE PARTY

Open to all – put this date in your diary: Saturday 29 June

Songs, Dance and Fun

Professional double act: Ian and Michelle

At the Village Hall. More details in next month's edition

The editor next month is Andrea Dawson

UPTON ST LEONARDS LIFE

Web site: <http://usllife.org.uk>

To contact us, use the website above or the postbox by the Village Hall main door, or use the contact details that appear below:

This month's editor: Barbara Swindin
Editors: Andrea Dawson

Andy Russell
Barbara Swindin
Peter Wilson

Company Secretary: Cliff Alderman

Treasurer: Owen Stinchcombe

Feature writers: Teresa Clarke
Christina Caldwell
Linda Munnoch
Ann Morpew

Church pages: Rachel Middleton

Clubs / Societies Catherine McLean

/ Organisations:

Diary: Paula Quinn

Advertising: Contact: Andy Russell

Admin Support: Janine Black

Distribution: Jenny Cunningham

Photography: Jim Browne

Proof Readers: Carol Hardacre
Christine Ellson
Kate Davies

USL Life is published by USL Life CIC, a Limited Company, and is printed at Leyhill Prison.

DISCLAIMER: USL Life welcomes adverts for goods and services but reminds readers to make their own checks before entering into any contract or other arrangements with advertisers, as USL Life cannot be held responsible for the accuracy of the advertisements.

Little Court Cottages

Cottages for long rent, and self-catering accommodation for short breaks, in Upton St Leonards, perfect for visiting friends and family.

Email: info@littlecourtcottages.co.uk

Tel: 01452 615150

www.littlecourtcottages.co.uk



ANDREW BIRD HEARING LIMITED

FREE HEARING TESTS
now available with Andrew Bird Hearing

Wax Removal
Andrew Bird Hearing is now able to offer a wax removal service.
£10 Inspection Fee
One Ear £40 - Two Ears £60

Centres in Cheltenham and Gloucester

To book your appointment or for information call
01242 262551
Hesters Way Community Resource Centre,
Cassin Drive, Cheltenham. GL51 7SU
www.andrewbirdhearing.co.uk

Gloucester 01452 508800
Cirencester 01285 654875
www.daveylaw.co.uk

- Residential Property
- Wills & Probate
- Lasting Power of Attorney
- Family & Divorce
- Commercial Property
- Employment Law
- Dispute Resolution
- Personal Injury
- Clinical Negligence

**DAVEY
-LAW-**

Solicitors

FOR YOU

YOUR FAMILY

YOUR BUSINESS

9 Pullman Court
Great Western Road
Gloucester GL1 3ND

Contact us today:
01452 508800
enquiries@daveylaw.co.uk

SPORTS REPORT

FOOTBALL

The USL football club's 1st team, in their first season in the dizzy heights of the Gloucestershire Northern Senior League Division 1 are doing remarkably well. At the time of writing they are fifth in the table, having won 13, drawn 1 and lost 9 matches.



The picture was taken at a game last autumn, Upton in the darker shirts.

The 2nd team is having another really good year and looks set to get another promotion. They are currently second in the Stroud League Division 3, with 11 wins, 1 draw and just 2 losses at the time of writing.

CRICKET

Juniors have continued training through the winter, indoors. The adults' training has resumed, and the first games will be played at the end of April.

Once again, the Cricket Club will be running "AllStars", which is for girls and boys aged 5 to 8. It was a great success last year, with over 40 young kids having a great time getting a feel for the game. AllStars sessions will run on Thursdays, 5.15 to 6.00pm, May 16 to July 4. If you know of / have children or grandchildren who'd like to take part, they need to be registered at allstarscricket.co.uk. Kids registered get their own bat, ball, T-shirt and backpack!

With the success of AllStars last year, we think we can start up a team at Under 9 age (school years 3 and 4), but we probably need a couple more adult helpers for this (and for the AllStars). You don't need to be a cricketer to help, you just need to like helping youngsters like this enjoy an exciting sport! Contact Andy Russell if that interests you and for more information about anything to do with cricket!

It was very good to see the new benches installed on the pavilion patio in memory of two of the club's vice-presidents, Brian Hicks, who used to come down to the Rec most Saturdays with his wife Linda to watch the cricket, and Brian Samuels, who joined the club as our umpire about 10 years ago.

The picture was painted a few years ago by David Hunt (reproduced with permission).



TENNIS

Keen players have kept going throughout the winter but now's the time for fair weather players to restart! As always, club night is on Tuesdays from 6pm, and there is also a club morning on Sundays at 10am – just turn up. The club only runs one team nowadays in formal matches, but there are plenty of opportunities to play with your friends; and the great thing about tennis is that (if you become a club member) you can simply turn up when you feel like it, with a friend, and have a game – no need to organise a team or wait for a formal organised game! The contact for tennis is Ilan Leitch.